

**2005  
World TA  
Conference**  
see page 3 for details

In the right atmosphere, dough quietly begins to rise. Eventually, it becomes recognizable as bread. As a young child in my grandmother's kitchen, I found this process magical. As a young adolescent, I discovered the even more magical delights of fermentation.

Something similar is happening in the world of transactional analysis. There are a number of quiet but amazing pockets of transformation. In this article, I wish to highlight three.

### Multiplicity and Unity

At the recent conferences in Bangalore and Calgary, Charlotte Sills and Adrienne Lee made outstanding presentations on the growing number of "flavors" of transactional analysis we find today. Each of these constructs has been elaborated for its problem-solving or explanatory usefulness. Each is relatively distinct. In this, they resemble sports: Hockey, lacrosse, bridge, soccer, and chess share certain common features, but no two share all nor necessarily the same ones. Similarly, each of our transactional analysis approaches embraces some but not all of the core concepts Steiner and his colleagues have

delineated. Each offers a way of making sense of what we see and a way to determine how best to intervene, but in some circumstances, one may be more useful; in others, another. Each also brings its own history and its own assumptions and connotations. Some of the latter are quite elastic, making room for creativity—and for misunderstandings.

*"We are in the process of cocreating a postmodern transactional analysis that is typified by multiplicity and second-order reflections on Berne's modernist project."*

In *Beyond the Pleasure Principle*, Freud (1920/1955), wrote, "The difference in our descriptions would probably vanish if we were in a position to replace psychological terms with physiological ones. . . . They may be of a kind that will blow away the whole artificial structure of hypotheses" (p. 17).

bridge the racial/class/language/geographical barriers that have divided us.

At the first SAWID event, 1000 women were invited to attend. On the first day, 1500 arrived, and by the second day the numbers had swelled to 2000. Parties and funerals in Africa, you must understand, are not formal invitational affairs where people are turned away! At the next event, the organizers decided to plan for 2000. In the end, over 4000 women arrived. Such is the level of need and the desire to participate.

## Vuka! Awake!

by Diane Salters

I recently had the privilege of being one of the facilitators of the "Vuka" program, which forms part of the South African Women in Dialogue (SAWID). SAWID is an initiative of Mrs. Zanele Mbeki, spouse of the president of South Africa. She has been working quietly behind the scenes with a dedicated group of women and the support of corporate funders to get women of South Africa together in ways that



Mrs. Mbeki (center standing) and the facilitators of the Vuka program in South Africa (with Diane Salters peeping out from the back, seventh person from the left standing)

## Yeastings

by James R. Allen

Today, we are much closer to that position. For example, the use of permission, empathy, resonance, containment, and corrective interpersonal experiences all seem to modify neural networks subserving models of self with others, largely but not entirely, in the implicit memory of the Child. That is, they influence "lower" brain centers directly. Interpretations of relationships, on the other hand—whether described in terms of response options, transactions between specific ego states, or various types of transference—and the alternation of associations through suggestion have the same goal but work from "top down." Whichever we prefer to use, we seek to influence the neurobiology of intersubjectivity and psychological mindedness or mentalizing. This last term refers to conceptualizing oneself and others as both thinking and feeling. It refers to the implicit and explicit perception and interpretation of the actions of oneself and others as intentional. In fact, intuition is really implicit mentalizing. Psychological mindedness encompasses empathy but is broader, for empathy emphasizes primarily the feelings of the other.

Current research supports the idea that mentalizing first arises in the context of secure attachment (Fonagy et al., 1994). It is mediated primarily by



the prefrontal cortex. Treatment situations have the potential to recreate an interactional matrix of attachment in which it can develop and flourish, as Kohlreiser has described. In response to a high level of harm assessment and arousal, which is mediated by amygdala and limbic circuits, however, this ability may be lost. Consequently, it is useful to respond to clients' high level of arousal with support, empathy, pacing, and respect for their narratives in order to facilitate their experiencing a sense of containment and a secure base. When a client is less aroused, it is usually more useful to use careful reconstruction of events, gentle clarification, leading, and the labeling and elaboration of affect. In the context of better attachment and low levels of arousal, it may be more productive to use interpretation or suggestion, carefully titrating the level to the client's arousal. In fact, interpretation is a model of men-

*continued on page 7*

The whole initiative is characteristic of some of the exciting things people are doing in this country to address past wounds and bring about healing. A measure of how Mrs. Mbeki sees this process is that at the first SAWID event, when a special dinner was held to which participants were invited to wear traditional dress, Zanele—affectionately known as Ma Zanele—arrived in the traditional dress of a white Afrikaner woman, a Boer. Historically, the Boer are seen by most people as the prime architects and implementers of the Apartheid system. For her to appear in such a guise was to shake up all stereotypes and awaken the humanity in us all.

One aspect of the 5-day dialogue, which brings together women from all sorts of organizations from all over the country, is the Vuka program. "Vuka" means "Awake," and it is a call to women to awaken to past oppression, the wounds it inflicted on them, and their power to heal not only themselves, but also their families and their country. This part of the program was devised by Mike Boon, and he leads it—the only man among all those women—but he does have something special to bring to the party. He is, to all intents and purposes, a white Zulu, having been brought up within the Zulu culture. In the SAWID process he also becomes, to all intents and purposes, a male woman, identifying strongly with the role of women in our culture. He is good at being a bridge.

This particular dialogue event took place over 5 days and involved 1000 young women (ages 16-34) from all over South Africa. Some had traveled days by bus to get there. We gathered at the naval training base at Saldanha, which had been

made available to us by the SA Navy. I presume one reason why the Naval base was chosen for this event was to be able to control the number of participants; it is rather out of the way and you have to get clearance to get in!

The part in which I was engaged was the Vuka process. The aim of Vuka is to offer women a chance to explore the cycles of violence and oppression that have occurred in our country. There is the history of slavery, then of the brutal treatment of the Boers by the British, and then of apartheid, with all it meant for black people and any opponents of the regime. Running through all that history, of course, is her-story—the violence against women that is still such a distressing part of our reality.

Our facilitators for the Vuka process were all experienced in organizational work, therapy, or healing. We each had a group of about 25-30 women with which to work. Almost all the 11 official languages were represented, although most women understood English. Speaking in their primary language was, of course, particularly important when talking about deeply personal or disturbing issues. Then either a translator would be called in or one of the group members would assist. There were also blind and deaf people present who needed particular assistance at various times. The breakaway rooms were only just large enough to hold two groups with a psychological rather than an auditory division between them. This was quite a challenge; fortunately, I and the other facilitator and our groups seemed to get into a rhythm with each other as to noise volume.

*continued on page 2*

## Freedom in Community

I am thrilled with the theme “Freedom and Responsibility” set for the upcoming World International Transactional Analysis Conference in Edinburgh, Scotland, this July. I wear a number of hats in this organization, and in each of them I get excited by this theme.

As I write this column, I have just returned from a 4-day meeting with a small group of colleagues from the body psychotherapy community. We gathered from around the United States and Germany to meet and critically examine the status of professional writing and theory in the body-centered community. We work from rather diverse theoretical orientations and spent 4 days engaged in intense, respectful debate. Each of us had submitted a paper—works in progress—as a vehicle for discussing and challenging our perspectives.

What we discovered we most shared in common was that each of us had been deeply involved in radical politics during the 1960s and 1970s, all drawn to Wilhelm Reich’s vision of freedom in sexuality, intellectual pursuit, work, and family life. Each of us talked at length about our disappointments in what has actually unfolded in our lives, the body-centered community, and the world at large. Each of us acknowledged rather profound changes in our thinking about what it means to be “free” and what it means to be truly involved in work, community, and personal relationships.

These issues are brilliantly underscored in the theme of the Edinburgh conference as described by its organizers:

The yearning for freedom, on the one hand, and, on the other, the constraints of living in a shared space, which brings with it the inevitable tempering of self-expression and the need for negotiation—hence responsibility.

When I came home from the body psychotherapy meeting and opened my email (typically just overwhelming, seldom inspiring), I was again thrilled to read Jim Allen’s article for this month’s *Script*. Wow! I wrote Jim to thank him and to tell him I wish I’d written it myself! Jim’s article underscores what it means to have a vibrant professional community that offers its members the freedom to expand theory and practice, the opportunity (responsibility) to communicate and debate with each other, and the richness of community that can evolve when we genuinely embrace diversity. I often hear from colleagues that they copy interviews and articles from *The Script* to give to trainees and colleagues; Jim’s article in this issue should be at the top of that distribution pile.

When I first heard the proposed theme for the Edinburgh conference, I immediately thought of the transcultural, political, and social action/

application aspects of transactional analysis (wearing my hat as *Script* editor). As I mull over the ideas developed by the Edinburgh conference organizers, especially after having read Jim’s essay, I am even more conscious of the implications of this theme for the examination and exploration of the promotion of intellectual freedom and responsibility within the transactional analysis community worldwide and in our interface with colleagues from other disciplines (wearing my hat as a *TAJ* editor).

*“I am conscious of the implications of the Edinburgh conference theme of ‘Freedom and Responsibility’ for exploring the promotion of intellectual freedom and responsibility within the transactional analysis community worldwide.”*

Through the spring months leading up to the Edinburgh conference, *The Script* will devote significant space to articles on the social and political activities of our members around the

world. We start this month with Diane Salters’s article on her work with the South African Women in Dialogue program. Several pieces have already been submitted, and we encourage other readers to send us articles about the social, cultural, and political work you are doing.

In addition, an upcoming special issue of the *Transactional Analysis Journal* will be devoted to papers emerging from the Edinburgh conference. As an editor of the *TAJ*, I urge those of you who will be presenting at that conference to think not only about the workshop/teaching format that you may use at the conference, but also to further prepare your material in written form as an article for the *Journal*.

We look forward to hearing from as many of you as possible.

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### ITAA The Script

**The Newsletter of the International Transactional Analysis Association**  
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Ad Size	Rate	Width	Height
1/16 pg	\$50	2" (5cm)	3" (7.6cm)
1/8 pg	\$90	4 1/2" (11.5cm)	3" (7.6cm)
1/4 pg	\$170	4 1/2" (11.5cm)	6" (15.2cm)
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**Deadlines** for copy and advertising—first of the month prior to the month of publication. (*The Script* is not published in January, May, or September.)  
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## Vuka! Awake!

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The process itself involved the women first sharing their vision of the South Africa they want to see, then looking at the problems and pain we currently deal with, and flowing from that, telling their individual stories of discrimination or abuse, whether racial, gender based, or for whatever reason. The group of women provided immense grounding and support for each other in this process, and many disclosed rapes, abuse, or beatings that they had never talked of before. Some shared their grief at loss of loved ones as children or adults. The devastation of HIV/AIDS on some communities was evident. The level of trauma—often multiple traumas—that women in South Africa have been carrying is astounding. Their capacity for survival and resilience and the speed with which they seize an opportunity for sharing is awesome.

*“Vuka is a call to women to awaken to past oppression, the wounds it inflicted on them, and their power to heal not only themselves, but also their families and their country.”*

Following the clearing process, the group then addressed the values they think necessary for their original vision to become real. This led to a lively discussion about various cultural and historic interpretations of these values. For example, in my group we chose to look at respect and loyalty, words that had cropped up often in the individual stories. Everyone agreed they were important values. The discussion then examined closely what respect meant. Traditionally, respect is highly prized; all elders must be respected, and all men must be respected. Yet this “respect” was the very thing that had often kept women in silence about abuse that was hap-

pening (e.g. beatings by their parents, rape by their older uncle, etc.). Self-respect together with respect for others began to take on different dimensions for everyone. The concept of earning respect through one’s conduct was examined together with the need for intrinsic respect for another’s humanity.

Loyalty, too, was something that had kept these women silent. They had been urged to be loyal to family or comrades or workplace members by remaining silent about abuse of themselves or others. This is, of course, very close to Pearl Drego’s work on the “unhealthy Cultural Parent” that seeks to ensure the maintenance of the cultural status quo and power base, regardless of the needs or health of the individuals involved. Our new South African constitution offers wonderful permissions and protection for a healthy Cultural Parent to emerge in South Africa, but

making that experience real in people’s lives is the challenge. This process makes a potent start.

Finally, the group looked at what was important to us about being African and/or South African. Wonderful, heartening, and often poetic and inspirational chat followed as we sat around an imagined African ritual fire that flamed brightly and from which everyone could take home an ember to light their way, to warm themselves, and to start new fires of light in the darkness of their communities.

Diane Salters is a psychotherapist, teacher, and a member of the ITAA Board of Trustees representing the India/Asia/Africa region. She can be reached at 15 Disa Rd., Murdock Valley North, Simon’s Town 7975, South Africa, or by email at [dsalters@iafrica.com](mailto:dsalters@iafrica.com).

## EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Oral	COC . . . . .	July 7, 2005 . . . . .	Edinburgh, Scotland . .	April 1, 2005
TSTA Oral	COC . . . . .	July 7, 2005 . . . . .	Edinburgh, Scotland . .	Jan. 1, 2005
CTA Written	All Regions . . . .	Your choice . . . . .	Submit to Regional Exam Coordinator after paying \$50 fee to T&C Council	Your choice
TEWs	PTSC . . . . .	July 10-12, 2005 . . . .	Edinburgh, Scotland . .	March 10, 2005
		PTSC . . . . .	Nov. 19-21, 2005 . . .	Hofgeismar, Germany . July 19, 2005

\* COC CTA exam candidates who are doing the COC written case study must submit it no later than six months before the oral exam date. Details/application available from the COC Language Group Coordinators.

**Note: Exams subject to availability of examiners/exam supervisors.** BOC not responsible for expenses incurred when unavailability of examiners/exam supervisors causes exams to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

**To arrange to take a BOC exam,** contact the T&C Council, 436 14th St., Ste. 1301, Oakland, CA 94612-2710, USA. Note: COC people sitting for BOC exams must forward the equivalent of the EATA fee to the T & C Council office. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** \$450 ITAA members/\$600 non-ITAA members payable in US dollars to T&C Council, c/o the T & C Council office, 436 14th St., Ste. 1301, Oakland, CA 94612-2710, USA. **COCTraining Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

# THE WORLD TA CONFERENCE

6-10 JULY 2005 ❖ EDINBURGH, SCOTLAND

## Freedom and Responsibility



The Edinburgh Conference Centre ❖ Heriot-Watt University

### THE THEME

Philosophers, social scientists, teachers, poets, songsters, and psychotherapists from many different traditions have addressed the polarities of freedom and responsibility: the yearning for freedom, on the one hand, and on the other, the constraints of living in a shared space, which brings with it the inevitable tempering of self-expression and the need for negotiation—hence responsibility. Given that we are social beings, we believe these themes are always present in any social interaction at both the micro and the macro levels. We invite you at this conference to consider how these two themes—energies, processes, motivations, or however you conceptualize them—are present and played out in our professional lives, whether we practice as psychotherapists, teachers, or trainers.

### HIGHLIGHTS

- ❖ World gathering of the transactional analysis community
- ❖ Exploration of the theme "Freedom and Responsibility," which is of acute and powerful resonance for our times
- ❖ 500 delegates from across the globe representing all transactional analysis applications
- ❖ Day-long preconference institutes, one for each field: psychotherapy, counseling, organizations, and education
- ❖ 2½ days of workshops and activities with an unrivaled variety of styles, depth, and topics
- ❖ Keynote speakers and institute presenters of world renown
- ❖ Fringe activities: support groups, yoga, meditation, etc.
- ❖ Social program: formal and informal events appealing to everyone's Child
- ❖ A chance to visit parts of Scotland both famous and unfamiliar on pre- and/or postconference optional tours

### EDINBURGH

Edinburgh is a city worthy of its centuries' old status as the capital of Scotland. The impact of its medieval and Georgian architecture side by side with striking modern buildings is breathtaking, with the twelfth-century Edinburgh Castle contrasting with the Scottish Parliament building, which was officially opened by Queen Elizabeth II in 2004. Famous throughout the world as a city of festivals, culture, and the arts, Edinburgh is a celebratory city, whose warm welcome is extended to participants of the 2005 World Transactional Analysis Conference. For more information about the city, visit its website at [www.edinburgh.org.uk](http://www.edinburgh.org.uk).

### THE VENUE

The conference is being held at the Edinburgh Conference Centre at Heriot-Watt University. Situated in a beautiful and tranquil parkland setting 6 miles from the city center, this modern campus offers excellent accommodations and a comfortable working space. There is a choice of single rooms with en suite facilities or single rooms with shared facilities. All rooms have telephones and are serviced daily. The venue is 3 miles from Edinburgh International Airport and is easily accessible by road. Free onsite parking is available. Transport

Organized by  
**The Institute of Transactional Analysis (ITA) in association with  
The Institute of Developmental Transactional Analysis (IDTA)  
on behalf of  
The International Transactional Analysis Association and  
The European Association of Transactional Analysis**

### PROGRAM AT A GLANCE

#### MONDAY 4 JULY

- ❖ ITAA Board Meeting (all day)

#### TUESDAY 5 JULY

- ❖ ITAA Board Meeting (all day)
- ❖ ITAA President's Reception (7-9 pm)

#### WEDNESDAY 6 JULY

- ❖ Preconference Institutes (full day)
- ❖ International Trainers' Meeting
- ❖ Examinations (TSTA)

#### THURSDAY 7 JULY

- ❖ Examinations (CTA and TSTA)
- ❖ Writer's Workshop with TAJ  
Editor Bill Cornell
- ❖ Conference Registration (from 13.00)
- ❖ Exam Celebrations
- ❖ Welcome Party

#### FRIDAY 8 JULY

- ❖ Conference Plenary Opening Session: Speaker ITAA President Jim Allen followed by responses from EATA President Adrienne Lee, ITA Chair Jenny Bridge, and IDTA Chair Julie Hay
- ❖ Workshop Sessions
- ❖ EATA General Assembly
- ❖ Social Program

#### SATURDAY 9 JULY

- ❖ Workshop Sessions
- ❖ Conference Banquet
- ❖ Social Program
- ❖ ITAA Membership Meeting (5:45-6:45 pm)

#### SUNDAY 10 JULY

- ❖ Workshop Sessions
- ❖ Conference Plenary Closing Session:  
Speaker Pearl Drego

to the city center is by taxi or frequent bus. To find out more about the venue and see the accommodations, visit [www.hw.ac.uk](http://www.hw.ac.uk) and click on "Edinburgh Conference Centre."

### CITY CENTER ACCOMMODATIONS

For those who want to experience a stay in Edinburgh's lively city center, we have reserved a number of rooms in a selection of three- and four-star hotels. Booking accommodations in these hotels is being handled through the Edinburgh Convention Bureau. To arrange hotel accommodations, contact [amy.gordon@eltb.org](mailto:amy.gordon@eltb.org) and mention the World TA Conference. Edinburgh is a popular tourist venue and so early booking of hotel accommodations is advised.

### SOCIAL PROGRAM

There will be a diverse social program with something to suit all tastes. Delegates are assured of a warm, festive atmosphere with a variety of music offered. There will be a conference banquet on Saturday night with traditional Scottish music and dancing.

### LANGUAGE

The official language of the conference is English. Options for translation are being explored.

### PRE- AND POSTCONFERENCE TOURS

Scotland is a beautiful country with much to offer: stunning cityscapes, glorious sunsets, ancient castles, glistening lochs, and for the more active, pursuits such as hill climbing, mountain biking, and trekking. Famous for its golf courses, Scotland offers the most challenging links courses in the world. St. Andrews, the home of golf, is a 1-hour drive from Edinburgh and offers a choice of seven golf courses. For those who want to arrive early and discover Scotland or want to stay on afterward to relax and unwind, we are working on offering pre- and postconference tours. Information on these tours will be posted on the following websites: [www.ita.org.uk](http://www.ita.org.uk) and [www.instdta.org](http://www.instdta.org). For those delegates considering an extended stay in Scotland, visit [www.visitscotland.com](http://www.visitscotland.com) for information on a wide range of cultural tours. Golf tours can be arranged through [www.golfscotland.com](http://www.golfscotland.com).



## Opening Plenary

**James Allen, MD**

**"FOR ALL THAT"**

Jim's speech will be an invitation to enter into the yeasting dialectics of stability and adventure, of self and other, of autonomy and social justice. It will be an invitation to come and celebrate the famous dictum of Scottish poet Robert Burns: 'A man's a man for all that.'

*James R. Allen, MD, FRCP (C), MPH, Teaching and Supervising Transactional Analyst, is professor of psychiatry and behavioral science and Rainbolt Chair of Child Psychiatry, University of Oklahoma Health Sciences Center, Oklahoma City, Oklahoma, USA. He also currently serves as ITAA President. Jim is the author and coauthor of numerous chapters and articles and several books, including Therapeutic Journey: Practice and Life (due out in 2005), which he coauthored with his late wife, Barbara Allen. He and Barbara received the 1998 Eric Berne Memorial Award for theory for their work on permissions.*

# Keynote Speakers

## Closing Plenary

**Pearl Drego, PhD**

**"PERMISSIONS IN THE FAMILY:  
TOWARD FREEDOM AND  
RESPONSIBILITY"**



Cultural prejudice affects a group similar to the way contamination clouds an individual's perceptions. TA critiques the family authority that underlies negative scripts and the sociopolitical expectations related to them. Family permission giving empowers individuals to identify existing hierarchies of dominance within the family and works toward lateral partnerships that create a new life-giving Family Parent.

*Pearl Drego studied at the University of Bombay and pursued psychotherapy and group facilitation using transactional analysis. Pearl uses TA skills and strategies with children, families, and poor communities. A founding member of the Transactional Analysis Society of India (TASI) and cofounder/director of TACET Academy in New Delhi, Pearl teaches transactional analysis in various parts of India and internationally. She received the 1993 Hedges Capers Humanitarian Award and the 2004 Eric Berne Memorial Award.*

## Preconference Institutes Wednesday 6 July

### PSYCHOTHERAPY



Erskine



Moiso

**Richard Erskine, PhD, and Carlo Moiso, MD**  
"A Comparative Presentation of Therapeutic Methods and Perspectives"

Carlo will teach/demonstrate his Bernean approach, a cognitive-behavioral-narrative perspective that involves interrogation, explanation, confrontation, and interpretation. Richard will then teach/demonstrate the relational methods of inquiry, attunement, and involvement as well as the methods that relieve intrapsychic conflict and support an effective therapeutic regression. Each will challenge and elaborate on the other's ideas and do a clinical demonstration that will be critiqued by the other. The audience will be encouraged to be actively involved.

*Richard G. Erskine, PhD, Training Director at the Institute for Integrative Psychotherapy, is a clinical psychologist with 3 decades of experience in the clinical practice and teaching of psychotherapy. Each year he teaches in several countries and at other training facilities in the United States. He has written or coauthored four books and numerous articles and is the corecipient with Marilyn Zalzman of the 1992 Eric Berne Memorial Scientific Award and with Rebecca Trautmann of the 1998 Eric Berne Memorial Award.*

*Carlo Moiso, MD, has introduced transactional analysis in Italy and was the first European-trained ITAA Clinical Teaching Member. He received the 1985 Eric Berne Memorial Scientific Award for the concept of ego states in transference. The father of three, Carlo lives on a mountain near Rome and, in addition to doing clinical work, is an international trainer and author and host of a TV program based on transactional analysis with an audience of 6 million people.*

### EDUCATION



Le Guernic

**Agnès Le Guernic**  
"Training, Teaching, Educating: Are These Freud's Impossible Professions?"

Together with participants, Agnès will explore the participants' representations about the importance of knowledge starting with the second-order Parent ego state structure of each person. Participants will examine the multiple contracts in education and will study the psychological level linked to the context in transactions exchanged in training and assessment situations.

*Agnès Le Guernic is a Teaching and Supervising Transactional Analyst (education) who has taught literature and teaching as well as served as an inspector of nursery and elementary schools. She is a member of the French Transactional Analysis Association (IFAT) Council and is the French language coordinator for CTA written exams. Since undertaking transactional analysis training, Agnès has dedicated herself to the care of two associations and to writing. She has published two articles in Actualités en Analyse Transactionnelle and an article for the July 2004 education theme issue of the Transactional Analysis Journal.*

### ORGANIZATIONS



Sell

**Matthias Sell, MA**  
"Berne's Model of Group Dynamics and How We Can Use It in Organizations"

Matthias will show how Berne emphasized responsibility and autonomy in describing the dynamics of organizations and groups. He will discuss the six steps of analysis: the concept of manifest structure, the structure itself, the concept of the imago, the authority concept, the dynamic concept, and the developmental concept. The humanity found in Berne's dynamic, systemic thinking will become clear as a result of understanding how to use these concepts to solve conflicts and misunderstandings in organizations. By helping to establish a productive and healthy atmosphere, we encourage freedom and responsibility.

*A former ITAA vice president of development and current president of the DGTA (the German Association of Transactional Analysis), Matthias Sell has been a Teaching and Supervising Transactional Analyst (organizational) since 1993. He is a psychologist and psychotherapist and director of the INITA in Hanover, Germany, as well as managing director of Matthias Sell Management Training Company.*

### COUNSELING



Hine



Cornell

**Jenni Hine, MA, and Bill Cornell, MA**  
"Applying Transactional Analysis Across the Span of our Lives"

Transactional analysis is rooted in a social philosophy, and transactional analysis counseling uses a broad range of interventions that bridge the individual and the social. Jenni and Bill will distinguish counseling from psychotherapy and present it as a profession that responds to peoples' needs in time of transition or crisis, whatever their age or the complexity of what they are facing. The values, techniques, and goals of transactional analysis counseling will be discussed, especially the essential function of emotions in health and human behavior. A model for counselor contracts and ways of working with emotions will also be offered.

*Jenni Hine is a Teaching and Supervising Transactional Analyst (psychotherapy) and a European-certified psychotherapist (EAP) who currently practices in Geneva, Switzerland. At the Centre TA-Geneva, which she cofounded in 1991, she has trained clinicians and counselors for 15 years. She is also the author of a number of articles in the Transactional Analysis Journal.*

*Bill Cornell is a Teaching and Supervising Transactional Analyst (psychotherapy) and a body psychotherapist who bridges the worlds of transactional analysis, bodywork, and psychoanalysis. He is currently editor of The Script newsletter and a member of the editorial team for the Transactional Analysis Journal. Bill works in Pittsburgh, Pennsylvania, USA, and does training in many countries around the world. He is also the author of numerous articles and book chapters.*

## NOTES for the DELEGATE BOOKING FORM on PAGE 6

The booking form is divided into sections for conference attendance, accommodation, institutes and the conference papers. All workshop delegates and presenters should complete section A. If you do not want residential accommodation you can ignore section B, although you may use this section to book some individual nights and/or meals.

### Section A: Book the conference itself here

You may book a 3-day package or Friday, Saturday or Sunday as individual days. There is a saving when booking the 3-day package. Fees include lunches, tea/coffee and attendance/presenting at workshops.

### Section B: Book residential accommodation and dinners here

For residential accommodation, all rooms at the university are single en-suite, there are no double/twin rooms. You may book a 3-day package for Thursday, Friday and Saturday nights including dinner, bed and breakfast. For the nights preceding and following the conference you can book individual nights bed and breakfast only and dinners separately. Friday 8th and Saturday 9th cannot be booked individually, but are part of a package that includes B&B Thursday night to Saturday night with dinners. For extra nights not shown on the form, please include a second form or note with the details of your requirements.

### Sections C & D: Order your copy of the Conference Papers and book institutes here

There will be all-day Institutes on Wednesday 6th July, choose one only.

## CONFERENCE QUESTIONS

**General inquiries (not bookings):** Contact the conference committee on [edinburgh2005@ita.org.uk](mailto:edinburgh2005@ita.org.uk) or write to ITA Conference c/o CPTI, 86 Causewayside, Edinburgh EH9 1PY, UK.

**Bookings ONLY:** Conference bookings are the responsibility of the ITA Administrator, Charlie King. Please note UK time and where possible avoid contacting outside office hours (9am-5pm). For booking enquiries only contact her on [booking@ita.org.uk](mailto:booking@ita.org.uk) or by telephone 0845 0099 101 (UK) / +44 1697 344091 (international).

**Access:** There is good access to all events and rooms; all residential rooms have en-suite shower and wc. Please address any specific access questions to Mary O'Neill on [edinburgh2005@ita.org.uk](mailto:edinburgh2005@ita.org.uk)

**Payment:** Use of a credit card for payment of booking and other fees is strongly urged to avoid extra charges and/or delays. However, if credit card payment is not possible, a check or electronic bank transfer may be used. Checks must be drawn on a UK bank and cover what is due for booking and any other fees plus any related bank charges. To make an electronic bank transfer directly to the ITA account, visit the ITA website ([www.ita.org.uk](http://www.ita.org.uk)) for details or contact the ITA Administrator: Charlie King by email at [admin@ita.org.uk](mailto:admin@ita.org.uk) (see booking form for additional contact information).

## BOOKING TERMS & CONDITIONS

The following conditions apply to all conference bookings:

1. Member rates apply only to current paid up members of the ITA, IDTA, EATA affiliates and the ITAA.
2. A 10% early booking discount applies to bookings received and paid in full by the 1st March 2005. Bookings received after 20th June 2005 are subject to a late booking surcharge of 15%.
3. Cancellation and Adjustment Charges. Cancellation of bookings: ITA Administrator notified before 1st June 2005 - full refund less £20 admin fee. ITA Administrator notified after 1st June 2005 and before the 20th June 2005 - 50% refund (minimum charge £50). ITA Administrator notified after 20th June 2005 - full fee payable.
4. Alteration of booking: £12 admin fee.
5. Institutes may be booked separately and do not count as a booking alteration; cancellation charges do apply.
6. Conference Papers must be preordered for collection at the conference.



Edinburgh Castle from Calton Hill (copyright of Richard Campbell)

## EATA COC: CTA AND TSTA EXAM UPDATE AND CALL FOR EXAMINERS Edinburgh, Scotland 6 and 7 July 2005

- ❖ TSTA exams are already full, with an established waiting list. To be added to the list, submit all necessary paperwork and fees to Ian Stewart, TSTA Exams Supervisor.
- ❖ We expect to have a waiting list for the CTA exams. Submit paperwork and fees to Sue Eusden, CTA Exams Supervisor, and she will notify you of your status.
- ❖ Language coordinators please complete and submit your paperwork as soon as possible.
- ❖ In an effort to address this problem, the COC is planning a small additional exam site in Lille on 11 November 2005 as well as other possible venues.

**URGENT CALL FOR EXAMINERS:** This is a call for examiners for both the CTA and TSTA exams and also for volunteer supervisees and audiences for the TSTA exams. It is essential for us to know how many examiners will be available so that we can plan effectively. We are asking for as many examiners as possible so that we can examine as many candidates as possible. Thank you!

—Dave Spenceley, Supervising Examiner, email: [dave@ta-psychotherapy.co.uk](mailto:dave@ta-psychotherapy.co.uk)

### CTA and TSTA Exams—Edinburgh, 6 and 7 July 2005

Please send this form to the exams supervisor for either the CTA or TSTA exam.

#### TSTA Exams Supervisor

Ian Stewart  
The Berne Institute  
29 Derby Road  
Kegworth DE74 2EN  
United Kingdom  
[ian@theberne.com](mailto:ian@theberne.com)

#### CTA Exams Supervisor

Sue Eusden  
Stone Cottage, Harley Wood  
Nailsworth  
Gloucestershire GL6 0LB  
United Kingdom  
[sueeusden@blueyonder.co.uk](mailto:sueeusden@blueyonder.co.uk)

**TSTA exams:** Examiners' meeting: Wednesday 6 July 2005, 4 pm. Candidates and volunteers: 5 pm. The first round of TSTA exams will start at 7:30 pm on Wednesday evening.

**CTA exams:** Candidates' meeting: Wednesday 6 July at 5 pm. Examiners: 6 pm.

I wish to participate in the exams and I will be present at the Examiners' Meeting on Wednesday afternoon:

Name (print) \_\_\_\_\_

Address (print) \_\_\_\_\_

Email (print) \_\_\_\_\_

Phone \_\_\_\_\_

Qualification (CTA or PTSTA or TSTA) \_\_\_\_\_

In the psychotherapy, education, organizations, or counseling field? \_\_\_\_\_

I can examine in the following languages: \_\_\_\_\_

I have been examiner in  CTA exams (  as chair)  TSTA exams (  as chair)

I want to be a volunteer supervisee for the TSTA examinations:

CTA supervisee  PTSTA supervisee  I want to be a member of the audience in the TSTA examination

**If at all possible, please fill out conference booking and  
call for proposal forms online at [www.ita.org.uk](http://www.ita.org.uk) .  
Otherwise, use forms on page 6.**

# Freedom and Responsibility

World TA Conference ❖ Edinburgh ❖ 6 - 10 July 2005

## DELEGATE BOOKING FORM

For early booking deduct 10% before 1 March 2005  
Please read the notes on page 5 before completing the booking form

Full Name \_\_\_\_\_  
Address (inc. country) \_\_\_\_\_  
Email \_\_\_\_\_ Telephone: \_\_\_\_\_  
Specific dietary requirements:  None  Other: \_\_\_\_\_  
I am a member of \_\_\_\_\_  
Signature \_\_\_\_\_ Date (dd/mm/yy) \_\_\_\_\_

A. Conference Attendance & Lunch (x choices)	Nonmember	Member	Amount
Attend Full conference (Fri. 8th - Sun. 10th)	<input type="checkbox"/> £205.00	<input type="checkbox"/> £185.00	£ _____
Attend Friday 8th only	<input type="checkbox"/> £89.00	<input type="checkbox"/> £79.00	£ _____
Attend Saturday 9th only	<input type="checkbox"/> £89.00	<input type="checkbox"/> £79.00	£ _____
Attend Sunday 10th only	<input type="checkbox"/> £89.00	<input type="checkbox"/> £79.00	£ _____

Attendance fees include lunch, tea/coffee, but not accommodation or dinners

## B. Residential Accommodation and Meals (same rates for all delegates).

All rooms are single en-suite rooms; there are no double/twin rooms. Saturday is the Celebration dinner to which there are a limited number of places. You can request a room next to one other party here: **I would like a room adjacent to:** \_\_\_\_\_

Rooms are subject to availability and can only be allocated if all parties have booked.

**3 night package** includes en-suite room, breakfast, dinner but not attendance, lunch, tea/coffee. **7-10 July: Thursday, Friday, Saturday night**

	<input type="checkbox"/> En-suite package £169.00	<input type="checkbox"/> Standard package £129.00	£ _____	
<b>Tuesday night 5 July</b>	<input type="checkbox"/> En-suite £36.75	<input type="checkbox"/> Standard £26.40	<input type="checkbox"/> Dinner £10.75	£ _____
<b>Wednesday night 6 July</b>	<input type="checkbox"/> En-suite £36.75	<input type="checkbox"/> Standard £26.40	<input type="checkbox"/> Dinner £10.75	£ _____
<b>Thursday night 7 July</b>	<input type="checkbox"/> En-suite £36.75	<input type="checkbox"/> Standard £26.40	<input type="checkbox"/> Dinner £10.75	£ _____
<b>Fri. 8 July</b>	(package only)	(package only)	<input type="checkbox"/> Dinner £10.75	£ _____
<b>Sat. 9 July</b>	(package only)	(package only)	<input type="checkbox"/> Dinner £38.00	£ _____
<b>Sunday night 10 July</b>	<input type="checkbox"/> En-suite £36.75	<input type="checkbox"/> Standard £26.40	<input type="checkbox"/> Dinner £10.75	£ _____

## C. Institutes on Wednesday 6 July (select one only)

- Nonmember £82.00     Member £74.00     £ \_\_\_\_\_
- TA Counseling (Hine/Cornell)
- TA Educational (Le Guernic)
- TA Organizational (Sell)
- TA Psychotherapy (Erskine/Moiso)

## D. Conference Papers - collect at conference

- Nonmember £TBC     Member £TBC     £ \_\_\_\_\_

## DISCOUNT/SURCHARGE

Please read the booking conditions, do not use this form for Trainee Booking Scheme. 10% discount for bookings paid in full before 1 March 2005. 15% surcharge for bookings received after 20 June 2005

Total Value of Booking	£ _____
Less 10% early discount*	- £ _____
Plus 15% late surcharge*	+ £ _____
<b>Total Amount Due</b>	<b>£ _____</b>

I agree to the booking conditions of this conference and wish to pay the Total Amount Due by:

**GBP Check** - please make payable to ITA and enclose with this form. Post-dated checks are not accepted.

**Card Type:**  Visa     Amex     Master     Maestro (UK only)

**Card No.:** \_\_\_\_\_ **Expiry date:** \_\_\_\_\_

**CSC/SECURITY CODE** (last 3 digits from back of your card, 4 from front if Amex): \_\_\_\_\_

**Start date\*:** \_\_\_\_\_ **Issue no\*:** \_\_\_\_\_

**Name on card:** \_\_\_\_\_ **Cardholder Signature:** \_\_\_\_\_

\* if applicable

**Return to: Charlie King ITA Bookings, PO Box 1101, Wigton, Cumbria CA7 9YH, UK**  
Can be faxed 4pm to 10pm only (UK time) on 0845 0099 101 (overseas +44 1697 344091)  
Email: booking@ita.org.uk (booking forms scanned as attachments or booking queries only)

## WORKSHOP PROPOSAL

Before completing a proposal for a workshop, panel or forum, please ensure you have read the theme published on our website at [www.ita.org.uk](http://www.ita.org.uk) or available by email from [workshops@ita.org.uk](mailto:workshops@ita.org.uk). **If you have internet access, do not use this form; please use the form on our web site [www.ita.org.uk](http://www.ita.org.uk) and return it by e-mail**, this reduces the workload for the committee.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Country \_\_\_\_\_ Post Code/ZIP \_\_\_\_\_  
Day Telephone \_\_\_\_\_ Eve Telephone \_\_\_\_\_  
Email \_\_\_\_\_

## THE PRESENTATION

Title \_\_\_\_\_

Abstract (maximum 100 words) to appear in the program: \_\_\_\_\_

I will present my workshop in:

English     Other language (please specify) \_\_\_\_\_

If you wish to type your abstract, description and biography, please do so on a single sheet of paper within the word limits. **Please complete the remainder of this proposal form.**

## DESCRIPTION OF PRESENTATION: STYLE & THEORETICAL COMPONENTS

(please use a separate sheet if you need more space)

\_\_\_\_\_

## PRESENTER'S BIOGRAPHY

Qualifications you wish to appear in the program: \_\_\_\_\_

Brief biography (maximum 40 words) to appear in the program: \_\_\_\_\_

\_\_\_\_\_

## WORKSHOP DETAIL

I would prefer to present for:     1.5/2 hours     3 hours     All day

I cannot present on:     Friday     Saturday     Sunday

(Whilst the program coordinators will endeavor to meet preferences for time and event duration, they reserve the right to ensure a balance in the program)

**Focus:** Main     Psychology     Counseling     Education     Organization  
Others     Psychology     Counseling     Education     Organization

**TA Knowledge Required:**  None     Basic     101     Advanced

**Maximum Participants:**  None     12     18     25     Other \_\_\_\_\_

**Style:**  Experiential     Didactic     Discussion     Demonstration  
 Panel     Open Forum     Other \_\_\_\_\_

I shall present this workshop     Alone OR     with \_\_\_\_\_

(enclose separate biography; for panels or a forum; please list all members)

I require a     Flipchart stand     Other equipment (if available) \_\_\_\_\_

**TA Qualification/Membership Category:** \_\_\_\_\_

Member of \_\_\_\_\_ (Organization) Country \_\_\_\_\_

Proposers with no TA qualification or TA trainees must have their workshops endorsed by a qualified transactional analyst, please attach such an endorsement if required. If in doubt please contact the Scientific Program coordinator for the conference.

## CONTRACT TO PRESENT

**If my proposal is accepted, I agree to attend the conference and make the presentation here proposed. I understand that to break these commitments will disrupt the conference program, seriously inconvenience the committee and disappoint delegates. I understand that I am responsible for all travel and attendance related expenses.**

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Return this proposal to: Kathy Murphy, 39 Spring Grove, Chiswick W4 3NH, UK**  
Telephone 44 (0)208 995 8929 email: [workshops@ita.org.uk](mailto:workshops@ita.org.uk)

**LAST DATE FOR PROPOSALS IS 18 MARCH 2005**

talizing. In terms of levels of interpretation, mentalizing of transferences is the most complicated.

A neuroconstructivist stance, if I may coin a term, integrates and unifies our various flavors of transactional analysis at two levels: (1) the metapsychological level of constructs and (2) the level of neurophysiological underpinnings. It supports a style of treatment that eschews any particular approach and facilitates invention of a specific treatment for each client—and even for the same client at different stages of treatment or at different levels of arousal.

## Science and Hermeneutics

Whether we like it or not, when we engage in treatment we bring ourselves into the arena of science and outcome studies. In a friendly yet critical critique of institutes and schools of contemporary psychoanalysis, Nobel laureate Eric Kandel in 1998 made a devastating comparison with the situation of the proprietary medical schools that populated the United States at the turn of the century—155 all told. In these schools, students were taught by private practitioners who were busy with their own practices. These practices were not generally backed by science. To examine the problem, the Carnegie Foundation commissioned Abraham Flexner to study medical education throughout the country. His report revolutionized medical education and improved patient outcomes. Indeed, it was only after 1910, it has been claimed, that physicians began to help more patients than they harmed! What psychoanalysis needs today, Kandel argued, is an intellectual force similar to the Flexner Report and a concerted effort to follow up the brilliant insights of the first part of the century with objective confirming studies.

*“Inherent in any interpretive community are the dangers of becoming a discourse and, consequently, the dangers of isolation, the insistence on True Belief, and development of structures of power and hierarchy, and the delineation and unacceptable stances defining who can be accepted as a Truth-speaker.”*

The same criticisms might also be made of transactional analysis. However, both psychoanalysis and transactional analysis do have some very significant research. For example, there are currently at least three ongoing studies of manualized psychodynamic treatment with individuals with borderline personality disorder. One of these has a strong transference emphasis; another, a mentalizing focus; and the third, a more psychoanalytically oriented supportive one. We can point to highly significant studies in attachment and its consequences, such as those of Lyons-Ruth and the important work of such groups as Sandler, Stern, and their colleagues of the Boston Process of Change Study Group (1998). In transactional analysis, we can also point to studies within the cognitive-behavioral paradigm as well as tests of basic concepts, such as Temple's (2004) work on ego states and important outcome studies such as those of Novey (1999, 2002) and Thunnissen, Duivenvoorden, and Trijsburg (2001).

Yet, there is also an entirely different aspect of psychotherapy. This is the hermeneutic. While the logical positivists of the Vienna Circle claimed that the methods and language of physics were the best tools for knowing the world, epistemological hermeneutic philosophers have argued that language and the activity of inter-

pretation are the best methods for understanding the flow of human experience. As human beings, we are interpreting creatures. The ultimate knower is an interpreter, not just a judge of facts. In transactional analysis, this second aspect of our work is encapsulated in the permission to make/find meaning. Because our case histories are narrative constructions, the therapist/counselor/consultant really is an assistant autoanthologist!

In trying to make sense of someone's life or of the life of an organization, we inevitably end with a narrative account. This is an interpretive and hermeneutic proceeding, and we have to choose the usefulness of one possible narrative over another, whether this be relational, developmental, Schiffrin, rededecisional, adaptational, integrative, or San Francisco classical. Each choice privileges some information but neglects other. In the medical college where I teach, the study of literature is becoming a growing part of the curriculum, as it is in a number of other medical schools (Hunter, 1991). A hospital chart consists of multiple warring narratives and may have more than 30 coauthors, none of whom will use the first person in their contributions. Consequently, to better understand their patients, medical students need to learn to appreciate how temporal sequence configures events into a plot, the images that govern the story, and what events have been excluded.

Whether with individuals, groups, or organizations, our work as transactional analysts really involves at least three sets of stories: 1) those of the client; 2) the therapist's, teacher's, or consultant's constructs of understanding; and finally (3) the resulting narratives we coconstruct together.

Rather than conceptualizing the scientific and the hermeneutic approaches as antagonist, we might better regard them as synergetic and dialectic. Each defines, complements, and enriches as well as negates the other. A task before us is this: Can we, as transactional analysts, hold the tension between these approaches or integrate them into something new?

## Reflexivity and Detached Reflexion

Developmentalists such as Fonagy (Fonagy, Steele, Steele, Higgitt et al., 1994) have concluded that one of the characteristic outcomes of secure attachment is the mentalizing ability to see oneself from the outside and to subject even one's most firmly held beliefs to critical scrutiny. With varying emphases, Barnes, Loria, and Jacobs, among others, have examined our transactional understandings. Barnes's article in the April 2004 *Transactional Analysis Journal*, for example, is an important critique. Indeed, as he himself says, it is a kind of psychotherapy of our type of psychotherapy. It certainly has created a groundswell of interest. If, as has been said, one of the marks of postmodern perspectives is the tearing off of the masks of illusions and the opening up of a space for uncertainty and difference, then Barnes's article is a landmark.

So, what is a transactional analyst today? What aspects of the aforementioned are really specific to transactional analysis as opposed to other therapeutic, organizational, or educational approaches?

I would like to suggest, at least as a point of departure, that transactional analysts are characterized by several things. First, we work within a negotiated contractual framework, privileging the analysis of communication—that is, the analysis of transactions, which are conceptualized as manifestations of ego states and as embedded in narratives. Second, we identify ourselves with a particular interpretive community, transactional analysis, and share a common identity, which includes history, future, and a commitment to staying engaged in shared questions and concerns.

Inherent in any interpretive community, however, are the dangers of becoming a discourse and, consequently, the dangers of isolation, the insistence on True Belief, the development of structures of power and hierarchy, and the delineation

of acceptable and unacceptable stances defining who can be accepted as a Truth-speaker. Such dangers make it important that we consider critiques such as those of Barnes and, as Petriglieri has urged (2004), that we participate with other behavioral science organizations and ask people who deal with similar topics from a different perspective to speak at our conferences and contribute to our journal. Most people who become interested in transactional analysis are attracted to it because of its emphasis on autonomy. If we use transactional analysis as an external support, however, rather than as an aid to develop the capacity for autonomy, we run the risk of missing this very goal.

*“One question is whether we will find ways to hold the tension of these apparent antagonisms and thus create something new or whether we will retreat to the comfort of the familiar.”*

At present, we are in the process of cocreating a postmodern transactional analysis that is typified by multiplicity and second-order reflections on Berne's modernist project. His project was aimed at helping people become aware of that which they had been unaware of, expanding Adult functioning, and privileging language and consensual reality. Transactional analysis today, however, is becoming postmodern not in the sense of succeeding and supplanting Berne's modernist emphasis, but in the sense of defining, complementing, and enriching it in a dialectic process. Another question before us is whether we will find ways to hold the tension of these apparent antagonisms and thus create something new or whether we will retreat to the comfort of the familiar.

What would Berne do if he were alive today?

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## Nominations Sought for ITAA Officer and Trustee Positions

The ITAA nominating committee is seeking nominations for the following elected positions:

**Officers** (nominations allowed from any region and elected at large by all ITAA voting members)

President-Elect (2006, serves as president 2007-2009, past president 2010)

Vice President of Development (2006-2008)

Secretary (2006-2008)

**Regional Trustees:** Term of Office 2006-2008 (only voting members from a given region may be nominated and only voting members from a given region will vote for the trustee to represent that region)

1 from Europe

1 from United States/Canada/Mexico

1 from Australia/New Zealand

1 from India/Asia/Africa

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. To be eligible for nomination, trustees may not have already served two consecutive terms of office in any position on the board. Position statements (charters) that describe the function and selection criteria for each of the officer positions are available from the ITAA office. Nominees are encouraged to read and understand these before accepting nomination.

The vice president of training and certification position is also open for nomination this year. A nomination will be made by the T&C Council and submitted to the ITAA Board of Trustees for approval.

Send nominations to the Nominations Committee Chair, Lorna Johnson, 202 40th Ave. SW, Calgary, Alberta, Canada T2S 0X3; email: lorna@thechangeinstitute.ca; phone: 1-403-243-4208; fax: 1-403-243-4209. **The deadline for nominations is 31 May 2005.**

**Election Procedures:** As per the ITAA bylaws (revised 1996), if there is no more than one candidate per position, there will be no ballot, and the results of the election will be announced in *The Script* newsletter. If there is more than one nominee for a position, a ballot will be mailed to all voting members within 60 days of the close of nominations. The deadline for return of ballots is 60 days from the date of mailing. The results of the election will be announced to the candidates within 30 days after the election results are determined and to the voting membership as soon as practical thereafter.

## 2005 Training Workshops

with **Richard G. Erskine, Ph.D.**

### Methods of a Relational Psychotherapy ♦ 5-Day Residential Workshop 22–26 May, Montpellier, France French/English simultaneous translation

The relational methods of phenomenological inquiry, affective attunement, sensitivity to developmental needs and therapeutic involvement will be taught and demonstrated

### Advanced Supervision Group ♦ 4-Day Nonresidential Workshop 20–23 June, Rome, Italy Italian/English simultaneous translation

A supervision/advanced training workshop for psychotherapists who want to enhance their effectiveness in the treatment of obsession, cumulative and acute traumatic reactions, the schizoid process, and relational psychotherapy

### Integrative Psychotherapy in Action ♦ 7-Day Residential Workshop 8–14 August, Kent, Connecticut, USA

A workshop focused on the theory and clinical methods of integrative psychotherapy. Various methods for working both within the therapeutic relationship and in supportive regression will be taught and demonstrated.

#### For information and to register, call or write:

Institute for Integrative Psychotherapy, 500 East 85th St., New York, NY 10028, USA  
phone: 212-734-5291 ♦ fax: 212-879-6618 ♦ email: IntegPsych@cs.com  
website: Integrativetherapy.com

The Institute for Integrative Psychotherapy is approved by the American Psychological Association to offer continuing education for psychologists and by the National Board for Certified Counselors for counselors. Other professional CE credits are also available. The Institute for Integrative Psychotherapy maintains responsibility for the program.

## Integrative Psychotherapy 7-Day Residential Workshop

with **Richard Erskine, Ph.D.**

**Monday 8 August to Sunday 14 August 2005**

This residential 7-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy. Topics that may be taught include: shame and self-righteousness; cumulative and acute traumatic reactions; the schizoid process; and the psychotherapy of dissociation, desensitization, and disavowal. Various methods of working within the therapeutic relationship will be demonstrated and may include contact, inquiry, affective attunement, involvement, and modes of empathy in individual and group psychotherapy. This workshop is for mental health professionals who want to apply theory in clinical practice and to enhance their effectiveness through identifying aspects of contact interruption, life script, and countertransference. There will be opportunities for case consultation. I will teach, demonstrate, and elaborate on the concepts in *Beyond Empathy: A Therapy of Contact-in-Relationship* by Richard Erskine, Janet Moursund, and Rebecca Trautmann (1999, Brunner/Mazel, ISBN 0-87630-963-5).

**Cost:** \$1950 for tuition, room, meals; reservation fee: \$750 nonrefundable

**Location:** Kent, Connecticut (near New York City) at the Old Chestnut Inn, with spacious grounds, gardens, and swimming

**For information and to register, call or write:** Institute for Integrative Psychotherapy, 500 E. 85th St., New York, NY 10028, USA; tel: 212-734-5291; fax: 212-879-6618; email: IntegPsych@cs.com; website: Integrativetherapy.com

*The Institute for Integrative Psychotherapy is approved by the American Psychological Association to offer continuing education for psychologists and by the National Board for Certified Counselors for counselors. Other professional CE credits are also available. The Institute for Integrative Psychotherapy maintains responsibility for the program.*

## The Pilgrimage of Psychotherapy: The Client-Therapist Relationship

A professional continuing education conference to explore the client-therapist relationship, the client's personal development, and the therapist's professional and personal development

**30 June thru 3 July 2005  
Santiago de Compostela, Spain**

The week prior to the ITAA/EATA/ITA conference in Edinburgh, Scotland

Sponsored by the  
**International Integrative Psychotherapy Association**

Held at the  
**Hotel Palacio del Carmen**

This five-star hotel is the beautifully remodeled former Convent Las Oblatas in the center of Santiago de Compostela, the destination of the legendary Pilgrimage

**Simultaneous translation in English, Spanish, Italian, and French**

### All-Day Institutes on Thursday 30 June 2005

*Fundamentals of Integrative Psychotherapy:*

Helene Cadot, Wayne Carpenter, Jesus Cuadra, Joan Lourie, Amaia Mauriz Extabe, Lindsay Stewart, Damon Wadsworth, and Gregor Zvelc

*The Neuro-Psychological Basis of Trauma:*  
Maggie Senior

*Attunement, Involvement, and Attachment Theory:*  
Marye O'Reilly-Knapp

*Relational Group Therapy:*  
Grover Criswell and Kathryn Van der Heiden

### Friday 1 July and Saturday 2 July

*Keynote Presentations:*

David Conlin, Paul Guistolise, and Maggie Senior

*30 Workshops, Clinical Forums, and Supervision Groups*

### Closing Program on Sunday 3 July

#### A Comparative Presentation of Therapeutic Methods and Perspectives

Carlo Moiso and Richard Erskine,  
with commentary by Mario Salvador

For conference, hotel, and registration information  
visit our website at: IntegrativeAssociation.com

Or contact: Alexis DiVincenti, Executive Director, IIPA,  
252 East 51st Street, Suite 3B, New York, NY 10022 USA;  
phone: 212-758-2354; email: IntegrativeAssn@aol.com

### Upcoming TAJ Theme Issue

#### “FREEDOM AND RESPONSIBILITY”

**Editor: Bill Cornell**

**Deadline for manuscripts:**

**1 September 2005**

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## TA CONFERENCES WORLDWIDE

**JULY 7-10, 2005:** Edinburgh, Scotland. World TA Conference sponsored by ITAA/EATA/ITA. Contact: Mary O'Neil at edinburgh2005@ita.org.uk

**OCTOBER 27-29, 2005:** Nashville, Tennessee. USA TA Association Conference. Contact: Suzanne Wilson, 229 Ward Circle, Suite B-21, Brentwood, TN 37027, USA; phone: 615-373-0443; email: psswpc@bellsouth.net