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Highlights of the Presidents' Meeting in Istanbul

by Lucy Freedman

When I joined USATAA General Coordinator Dianne Maki for the TA associations presidents' meeting convened by ITAA President Jim Allen during the Istanbul conference, I had no idea of the rich exchange that was to follow. About a dozen organizations were represented from countries and regions all over the world, among them the ITAA, EATA (Europe), USATAA (the United States), ERTAA (eastern region of the US), Latin America (ALAT), Mexico (IMAT), India (CHILD and others), Russia (SITA), Korea (KTAA), Turkey (TAD), the UK (IDTA, ITA), Australia/New Zealand (WPATA, NZTAA), and Italy (IRPR). As the richness began to emerge, I started taking notes and have assembled this report from the rapidly scribbled results. Apologies in advance for errors and omissions; I hope the participants will take this opportunity to fill in the blanks and correct any errors.

The newest association represented at the meeting was from our host country, Turkey. The Turkish TA Association, TAD, was founded by Fatma Reid, the conference convener. While those of us at the presidents' meeting represented organizations at different stages of development, we share many common issues and resources. It was exciting to connect the dots and understand how we can relate to and help each other and to hear how the leaders in the room are navigating uncertainties and building trust in their countries and regions. It was over 20 years ago when a few of us started the USA TA Association with the vision of allowing ITAA to be truly international, yet we continue to grapple with similar issues even today.

In the 1980s and early 1990s, ITAA set up affiliations with associations around the world. Pangs of growth and change eventually led to the disintegration of formal affiliation agreements as well as questions about the proper charter for ITAA in relationship to other associations. Some saw

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Global Vision Affirmed at 2006 Istanbul Conference

by James R. Allen

As an international organization with members in some 60 countries, the ITAA has a global vision. It provides direct services to our membership and to those areas of the world where transactional analysis is not yet organized. Supporting the diffusion of transactional analysis theory and practice worldwide, it is also a reference point and a vital base for the transactional analysis community as a whole. These functions were affirmed again at our Istanbul conference.

With war, terrorism, bird flu, and other tragedies in the news on a daily basis, the topic of this year's annual conference, "Trust and Uncertainty in the 21st Century," took on a relevance its organizers could not have foreseen. The location—Istanbul/Constantinople/Byzantium—was a highly appropriate place for us. This strategically located city has reinvented itself again and again. In fact, it is said to have had nearly 100 different names. Today, however, it is a metropolis of some 15 million people and one of the greatest—and most beautiful—cities in the world. Turkey itself is a modernizing ancient country, a secular democracy increasingly recognized as a link between civilizations both West and East.

During the past few years, the ITAA Board of Trustees has updated our bylaws, created a vision



TA women on the Bosphorus cruise in Istanbul (from left): Dianne Maki (USA), Gaylon Palmer (USA), Gloria Noriega (Mexico), Lucy Freedman (USA), and Susanna Ifland (Chile)

statement (now available on our Web site), developed the first balanced budget in a long time, and found ways to facilitate the availability of TAJ articles on disk. In Istanbul, we continued the process of transforming the ITAA, creating a number of short-lived working groups to explore ways to restructure the board, encourage membership, enhance resources, increase interactions with our membership, and cocreate relationships with other transactional analysis organizations, including those currently emerging.

During the past year, more new members have joined than has been the case for many years. At present, we have more than 1,400 members worldwide. However, the composition of our membership is changing, for many of the new

members come from areas of the world that receive reduced dues rates (via the Talent program). We are exploring ways to facilitate this process that are both responsible and financially feasible.

We lived within our budget this past year without cutting services. Unfortunately, however, returns on our investments have decreased. As a consequence, we need to explore ways to increase income.

This year, the Eric Berne Memorial Award went to Ted Novey for his research on the effectiveness of transactional analysis treatment, an area that gains importance as third-party payers and

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Looking Back at Istanbul: "Trust and Uncertainty in the 21st Century"

by Fatma Reid

I'm sure some of you have noticed CNN's new program break slogan: "Today's stability is tomorrow's uncertainty." Two years ago, when I came up with the 2006 TA conference theme, I could never have known how topical the word "uncertainty" was going to be. Nor with 15 budget revisions and several program adjustments could I come close to imagining the many implications of this word in the course of planning the conference. We did our window-shopping well in advance for sites and services, we had our professional conference organizers as consultants, we had our international and local team ready to work full speed. But none of these preparations could make the process predictable, with human and technical failures inevitable along the way.

It was at the Bangalore conference in 2004 that Fanita English provided the impulse for the Istanbul conference, which I then happily took up. Regrettably, Fanita found later that she couldn't work the Istanbul conference into her 2006 schedule. Others—such as Jean Illsley Clarke, Carlo Moiso, Robert Drye, and Adrienne Lee—also missed it for their own health reasons or for those of loved ones. And most sadly, we lost Elaine Childs-Gowell just a few weeks prior to the conference. She had not missed an interna-

tional transactional analysis conference in 30 years, and she and I were looking forward so much to seeing each other in Istanbul. We were also expecting three delegates from Lebanon; we were in touch with them until the first day of the bombing and then lost contact.

Our preconference aim had been 400 participants. In the end, we fell a bit short of 200, with 193 delegates from 27 countries. To be exact, we had 44 from Turkey; 21 from the USA; 20 from

the UK; 12 from Japan; 11 each from India, Romania, and the Netherlands; 7 each from New Zealand and Korea; 6 each from Germany and Australia; 5 each from South Africa, Canada, and Italy; and the rest of the countries represented fewer than five each. We think our attendance shortfall was caused by a mix of bird flu worries, Middle East conflict anxieties, and the coincidence of other meetings. But we came out happy

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Conference organizers with Claude Steiner on Bosphorus cruise (from left): Ceylan Demir (Turkey), Cigdem Kotil (Turkey) (very front), Sheyma Dogramaci (Turkey) (back row), convener Fatma Reid (Turkey), and Claude (USA), standing on the terrace of the Armada hotel overlooking the Sea of Marmara with the Blue Mosque in the background

Global Vision

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the public in general become more sophisticated and more demanding of evidence of effectiveness. The Muriel James Living Principles Award went to Carol Solomon, a psychologist who founded a low-cost center for transactional analysis treatment and education in the San Francisco Bay Area, who served as the editor of two special issues of the *TAJ*, and who has been a long-term volunteer supporting our office staff.

This year we again had a special meeting of the presidents of various national, regional, and multinational transactional analysis organizations. With their warm hospitality and generosity, Fatma Reid and the Turkish Transactional Analysis Association made this a conference that was user friendly, hospitable, and memorably sumptuous.

This was the last meeting for several of our board members: Claude Steiner, vice president of Internet; John Parr, vice president of operations; Vern Masse, treasurer; and Jo Lewis, representative for the North American region. We were joined at the Istanbul board meetings by several new board members: Lorna Johnston, secretary; Gloria Noriega, representative for the North America region; Anne de Graaf, representative for the European region; Jan Grant, representative for the Pacific region, and Mohan Raj, representative for the Asia/Africa region.

I want to thank everyone who worked so hard to make the Istanbul conference such a success. First and foremost, of course, are Fatma Reid and her staff; they worked tirelessly, with great attention to every detail so that things would run smoothly and enjoyably for the rest of us. I also want to thank all the presenters and speakers who shared their interesting and stimulating



ITAA Board of Trustees in Istanbul (from left): Günther Mohr (Germany), Lorna Johnston (Canada), Diane Salters (S. Africa), I. A. Mohan Raj (India), Jim Allen (USA), John Parr (Romania), Gloria Noriega (Mexico), Anne de Graaf (Netherlands), Vern Masse (USA), Claude Steiner (USA), and Gianpiero Petriglieri (France)

ideas, the committees and board members who gave of their time to do the association's business, the examiners and T&C members who made sure the exams ran smoothly (and congratulations to all the successful examinees!), and last, but not least, the participants who came to Istanbul to share in what was a highly stimulating gathering with a wonderful feeling of camaraderie.

Now, with fond memories of our time in

Istanbul, we look forward to meeting again next year in San Francisco. Please, plan to join us!

James Allen, MD, TSTA, is ITAA president and professor of psychiatry and behavioral science and Rainbolt Chair of Child Psychiatry, University of Oklahoma Health Services Center. He can be reached at the Department of Psychiatry, Room 3 WP-3070, 920 Stanton L. Young Blvd., Oklahoma City, OK 73104, USA, or by e-mail at james-r-allen@ouhsc.edu.

Looking Back

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except for a budget deficit (despite pulling in 40,000 Euro local sponsorship donations). We loved what we did. And from our local viewpoint, at least, it was a wonderful undertaking. What made it most wonderful were the opportunity to awaken the Turkish psychology community and general public to the workings of transactional analysis and giving our guest delegates a taste of Turkey.

Content: ATA 101 with Servaas van Beekum; preconference institutes by Julie Hay, Abe Wagner, Dolores Munari Poda, Gordon Law, and Bill Cornell; keynotes by Bill Cornell, Gianpiero Petriglieri, and Claude Steiner; and 40 workshop presentations by transactional analysis professionals made the conference content rich and extremely stimulating.

Media Outreach: The conference was well covered in Istanbul print and electronic media. Claude Steiner was featured at length in newspaper and television coverage. Jim Allen, Gianpiero Petriglieri, Abe Wagner, Julie Hay, John Heath, Lucy Freedman, and I also had TV interviews covering just about all aspects of transactional analysis.

Social Events: While many participants missed the stunning view of the Blue Mosque and St. Sophia from a hotel rooftop at the early-bird reception in the old town, as well as the president's wine and cheese party in a remarkably restored Ottoman building with seventh-century Byzantine remains underneath, almost all showed up for the Bosphorus cruise. The gala dinner highlighted the social events, with a folklore exhibition, live music, and a belly dancer who lured onto the stage Jim Allen and Gianpiero Petriglieri, both of whom revealed hidden talents in making marvelous twists and turns. When the live music picked up, however, there were many who could be contestants in a dance floor competition—but definitely my vote went to Bill Cornell! (If I didn't think I was being too selfish, and it hadn't been for the blister on my left toe, I could have danced with Bill all night!)

Right: Gianpiero Petriglieri rises to the belly dancer's challenge to shake it up at the Istanbul Gala dinner

What We Learned: Our cultural differences, habits, rituals, and how we express our feelings provide the frame of reference in our dialogues. It is not enough to know about the Bernean ego states, even though they bring much clarity to our understanding of each other. It is equally important to know what values and meaning are attributed to ways of expressing oneself in a given culture. For example, actions based on respect for privacy and one's freedom in making choices may be viewed by those from another culture as disinterestedness or lack of care, while wanting to be of help may be interpreted by someone else as unnecessary involvement or even controlling behavior. If we ever hope to enhance dialogue globally, we need to know more than the language of other cultures. We need to know their histories and their prevailing value systems. This transactional analysis conference, like our past international conferences, made us feel how much we have in common in spite of our cultural differences, how much more we need to know, and how transactional analysis theory and its basic beliefs bring us together in a community of friendship—all of us eager to learn from each other by being together.

Fatma Reid was the local chair for the 2006 International Transactional Analysis Conference in Istanbul. She can be reached at fr Reid@yahoo.com.



Congratulations to Successful Examinees

Istanbul, Turkey, 26 July 2006

TSTA/TTA

Tatiana Sizikova, STA (psychotherapy), St. Petersburg, Russia (EATA) (Tatiana is now a TSTA, having passed her TTA in Edinburgh in 2005)

Colin Brett, TTA (organizational), Seapoint, South Africa

Alison Ayres, TSTA (psychotherapy), Edinburgh, Scotland (EATA)

Lis Heath, TSTA (psychotherapy), Penrith, UK (EATA)

Jo Stuthridge, TSTA (psychotherapy), Dunedin, New Zealand

Noriko Takahashi, TTA (psychotherapy), Sendai, Japan

Exam Supervisor: Charlotte Daellenbach

Process Facilitators: John Heath, Lorna Johnston

TSTA/TTA Examiners (C for chairs): Jim Allen, Marco Mazzetti, Sashi Chandran, Günther Mohr, Charlotte Daellenbach (C), Rosemary Napper (C), Jan Grant (C), Trudi Newton, Julie Hay (C), Gloria Noriega, Yoen Ishiyama, Gaylon Palmer, Gordon Law, Thomas Steinert (C), Elana Leigh (C), Maria Teresa Tosi (C), P. K. Saru, Servaas van Beekum (C), Sr. Annie Maria

Supervisees: Tomoko Abe, Karen Pratt, Anne de Graaf, I.A. Mohan Raj, Susan George, Julija Tarasova, Sharon Kalinko, Rosemary Taylor, C. Suriyaprakash, and Anne Tucker

Translators: Olga Samarova, Misao Shimamoto

CTA

Fusun Akkoyun, CTA (psychotherapy), Ankara, Turkey, and Berkeley, CA

Anna Chandy, CTA (counseling), Bangalore, India

Jan Grant, CTA (counseling), Chippendale, Australia

Deborah J. Robinson, CTA (organizational), Woodbridge, UK

Exam Supervisor: Trudi Newton

Process Facilitator: John Heath

CTA Examiners (C for chairs): Tomoko Abe, Annie Murray, Anne de Graaf (C), John Parr, Theo van der Heyden (C), C. Suriyaprakash (C), Susan George, I. A. Mohan Raj, Lorna Johnston (C), Diane Salters, Sharon Kalinko, Rosemary Taylor, Marijke Wusten

ITAA The Script

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On Receiving the 2006 Muriel James Award

by Carol Solomon

The following is the written version of the acceptance remarks made by Carol Solomon on receiving the 2006 Muriel James Living Principles Award during the Istanbul conference.

I can't begin to tell you what a surprise and great pleasure it was to be nominated for this award and what an honor it is to receive it. It has given me the opportunity to look back on my involvement with transactional analysis over the past 40 years and to really appreciate all that I've been given and all the opportunities that I have had to give back.

I first learned TA from Eric Berne when I was in therapy with him beginning when I was 19. He was the one who showed me how to leave behind a destructive life script and, in his words, "to put a new show on the road." He told me to "plug in my Adult, use my Nurturing Parent to make sure things are safe, and let my Child out to have fun." And this advice has been, for the past 40 years, an excellent formula for living. Eric encouraged me to be a therapist and to be effective in my work.

Some others who influenced me greatly are Muriel James and Bob and Mary Goulding. I thank Muriel for being such a wonderful role model, sounding board, and giver of advice. I

"I encourage those of you who want more challenge, more personal growth, and a greater sense of community to become involved in volunteering for the ITAA or your local transactional analysis organization."

thank Bob and Mary for giving me the opportunity to train with them at Mt. Madonna even though I was only 23 and did not yet have any of my degrees! Their teaching still forms the foundation of all my clinical work.

But just as meaningful as what I've received is what I've been able to contribute. I have had so many opportunities to work, to give, and to grow. A few experiences really stand out for me.

Two of those are the times I have guest edited the *TAJ* and had the opportunity to work so closely with Robin Fryer, our managing editor. I don't think I have ever met anyone who shares her knowledge and expertise with as much gentleness and commitment as Robin. Working with her and with the authors, mostly members from our organization, has been truly a delight.

My current job is, by far, the most personally rewarding of all my work with the organization.

I am the "staff liaison" and I serve as the link between the president of ITAA and the staff. My role has changed over the years, from being called in to troubleshoot when problems arose to the present, when I am more involved in the operations and making sure the office is well staffed with talented people who get along and work efficiently together. Seeing this happen, and having relationships with all these wonderful people, has been a tremendous experience. I thank Jim Allen and each president of the ITAA who has called on me to help in this capacity.

I know that each one of you is here because of how meaningful transactional analysis is to you. I encourage those of you who want more challenge, more personal growth, and a greater sense of community to become involved in volunteering for the ITAA or your local transactional analysis organization. There are many things that still need to be done!

On a personal note, my son, Jake, is here at this conference with me. He has benefited from all that I've learned through transactional analysis, and I have him to thank for my greatest joys. I am delighted to see him have a solid Adult ego state, a fair and giving Nurturing Parent ego state, and to know when to let his Child out to



ITAA President Jim Allen presents the 2006 Muriel James Living Principles Award to Carol Solomon

play! Thank you, Jake, for coming all this way with me!

I hope I have succeeded in giving you a very brief glimpse into my experience with transactional analysis over the past 40 years and that you understand how important our theory and our organization is, and has been, to me. I thank you for nominating me for this award and for choosing me as this year's recipient.

Carol Solomon, PhD, TSTA, is a psychologist in private practice in San Francisco and Oakland, California, USA. She can be reached at drcsol@pacbell.net.



by Jean Illsley Clarke and Victoria Heemstra

Our transactional analysis community recently lost a brilliant, wise woman: Elaine Childs-Gowell. She was born in Africa. Her parents—missionary educators in a remote area of Angola—had been trying, unsuccessfully, to convert neighboring villagers to the Methodist faith. Shortly after Elaine's birth, the elders of the village arrived, dressed in full regalia, to see the baby. The chief sat down under a tree, held the infant in his arms, and stared intently at her. The others in the party also looked carefully at the child. After a short conference, they returned Elaine to her anxious mother and announced that this baby was the new queen of their tribe. It seems that the chief's wife had died a few days before. The one who was supposed to know about such things had told the chief that his wife's spirit would return in a white baby, and Elaine was that child. She was honored by the tribe as such until she went to boarding school in Johannesburg. Imagine her culture shock in moving from her Angolan friends into apartheid!

That was one of many stories we heard on 30 July at the Memorial Celebration of Elaine's life

IN MEMORIAM

Elaine Childs-Gowell, 1927-2006

at the Edmonds Conference Center in Edmonds, Washington. Elaine died on 26 June 2006, just a month before the ITAA conference in Istanbul—the first ITAA conference she had missed in 30 years.

Elaine was instrumental in starting and sustaining organizations for change. Corrective Parenting, a new model for treatment, helped hundreds of people and trained numerous therapists in the Pacific Northwest and beyond. Both *In Depth*, with a local focus, and *New Directions in Education and Psychotherapy*, a national organization, supplied needed training and support for practitioners using developmental theory and regressive therapy in their practices during a period when that support was sorely needed.

Elaine also contributed with her writings. Her books included *Reparenting Schizophrenics: The Cathexis Experience* (1979), which built on her doctoral studies in anthropology; *Bodyscript Blockbusting* (1979); *Healing Your Inner Child: Stages of Ages; Rechilding and Regressions* (1983); and *Regression and Protection* (2000), her fine description of therapeutic holding that is safe for the client and the therapist. In recent years, Elaine traveled around the world presenting workshops on grief using her book *Good Grief Rituals* (1992) and encouraging us to remember that "rituals help us walk in balance and reverence."

A perpetual student, Elaine's insatiable curiosity meant she was always visiting unfamiliar countries and cultures and always studying something new. With transactional analysis as her grounding base, her explorations took her into a wide variety of studies, from EMDR to hypnotherapy, EFT, TFT, Reiki, parapsychology, the history of the Knights Templar in Scotland, shamanism in South America, and crop circles in England, to name only a few. Elaine always

saw the bigger picture. For her, nothing was separate; everything was connected.

Elaine was passionate about expanding the pre- and paranatal movement and was always an activist for civil rights. During the stormy years of desegregation, she was a public health nurse in the South of the United States, where she secretly taught poor, black women (mostly Catholic) about birth control and pride in themselves. She was the first white instructor at Dillard Univer-

"Elaine made a large footprint on the planet—a gentle, soft, indelible footprint, one that is impossible to fill."

sity in New Orleans, and she took the black chaplain out to lunch at the "whites only" lunch counter. She fought injustice in all forms wherever she was. In 1983 she chained herself to the fence of the Bellevue Temple with a group called Mormon Women for the ERA and was arrested. She was a warrior for peace. Her concerns for political issues covered a broad range, as any of you who were on her e-mail list know.

Elaine loved ideas, people, travel, and ski trips. She was loving and gentle and humble. She was also "crusty" and proud of it. Always one to speak her truth, however unpopular or embarrassing it might be, Elaine challenged us to think and rethink. She made a large footprint on the planet—a gentle, soft, indelible footprint, one that is impossible to fill.

Elaine will be missed by her family: her son, Steven Gowell; her grandchildren, Ryan and Kayla Gowell; her daughter-in-law, Karin Lee; her daughters, Alycia and Natalie Spada; and the

rest of her extended family. She will also be missed by her friends, colleagues, and the hundreds who remember her with love and appreciation as well as by those we touch with the lessons we have learned from her.

Many friends, many people whom Elaine trained to be therapists, and many people who put broken lives back together with her help, sprinkled rose petals by her picture at her memorial celebration. We shall miss this dear friend.

Victoria Heemstra, a long-time cotherapist and friend of Elaine's, is currently writing Elaine's biography. If you have a story you want to share, please e-mail her at victoriahee@qwest.net.

TA CONFERENCES WORLDWIDE

17-19 NOVEMBER 2006:

Sydney, Australia. 18th Australasian TA Conference. Contact: Nadine Emmerton at nemmerton@primusonline.com.au

8-12 AUGUST 2007: San Francisco, California, USA. ITAA/USATAA Conference. Contact: Felipe Garcia at conference@usataa.org or visit www.usataa.org/conference

12-13 OCTOBER 2007: Singapore 3rd International Conference (organized by the Singapore Transactional Analysis Association and the Berne TA Center of Singapore). Contact: Berne.Spore@pacific.net.sg; Web site: www.staa.org.sg

Introducing New ITAA Board of Trustees Members

Moniek Thunnissen, Vice President of Research and Innovation

I am a psychiatrist currently working as the coordinator of psychiatrist training in a mental hospital in Bergen op Zoom, the Netherlands. I am training a group of about ten medical doctors to become psychiatrists. In my supervision and teaching for the regional group of psychiatrists-in-training, I use transactional analysis concepts.



This year I hope to finish my doctoral thesis on a research project on the long-term results and effects of aftercare following a 3-month inpatient psychotherapeutic program in which transactional analysis is the main method of psychotherapy. This program admits patients with personality disorders who have had prior unsuccessful treatment but who are motivated and capable of joining such an intensive program. The results have been good: Two years after the program, 72% of the patients were functioning at a normal level with regard to symptoms, 80% had a paying job, and 60% no longer needed psychotherapy. I will publish these results in international psychiatric journals and in the *TAJ*.

I have been a TSTA (clinical) since 1996, and I run a training program in the Netherlands with my colleagues Marijke Arendsen Hein, Marijke Wusten, Maarten Kouwenhoven, and Bea Verzaal. We have a 3-year program with about 15 students in each year. I have also helped run (with Jenny McNamara, Marijke Wusten, and others) a training program in St. Petersburg, Russia. In the last 2 years, the first trainees from this program—Tatjana Sizikova and Vladimir Goussakovsky—passed their TSTA exams.

So, I have my heart in two different worlds: on the one hand, the world of official psychiatry, with all the new developments around neurobiological and genetic research, development of a new system of classification to replace *DSM-IV-R*, and efforts to integrate different models of psychotherapy and psychotherapeutic and biological approaches; and on the other, the transactional analysis world, with the use of TA in an international community, as an effective method of psychotherapy, communication, and analysis of processes in work with individuals, groups, and organizations; and efforts to give transactional analysis its rightful place in the professional world.

From this background I hope to use my knowledge and energy to stimulate research and innovation within the ITAA. One of our challenges is to find ways to promote research in transactional analysis. Research is expensive, and the requirements for research that can be published in international scientific journals are high. Increasingly, it becomes clear that about 70% of the effectiveness of psychotherapy is due to general, nonspecific variables, such as the therapeutic relationship, empathy, and authenticity of the therapist; consensus between therapist and patient about the goal of therapy; feedback by the therapist; self-disclosure and dealing in an effective way with countertransference; and the therapist's ability to repair ruptures in the therapeutic relationship. Different models of psychotherapy contribute less than 10% to the success of psychotherapy. Considering these figures, one could question whether research into the effectiveness of transactional analysis as a method of psychotherapy, counseling, or communication should be our goal or whether we must aim at different tar-

gets. One could think of research into the process of psychotherapy or into the question of what makes a therapist effective.

I look forward to thinking together with the other members of the research and innovation committee (currently Helena Hargaden, Bill Cornell, Frederick Boholst, and Gudrun Stummer) about these and other topics. And I invite readers who have questions or comments or who would like to volunteer for one of the tasks of the research and innovation committee to contact me at m.thunn@xs4all.nl.

C. Suriyaprakash, Vice President of Operations

I deem it a privilege to serve on the ITAA Board of Trustees as vice president of operations. As an immense benefactor of the creative theory and value-based practice of transactional analysis, I see this as an opportunity to serve its interests at this crucial phase in its development.



Transactional analysis attracted me 15 years ago with its basic philosophy of OKness. It resonates with the Indian philosophy of innate equality, and I found it touched people's lives more powerfully than anything else I knew. I experienced the power of transactional analysis throughout my training as a CTA and in the impact it had on my organizational clients. Its profound ability to help individuals as much as groups and organizations amazes me every time I encounter the moments of truth in my work and personal life. My mission in joining the board is to exploit the power of this basic philosophy to bring ITAA to its rightful place in the transactional analysis community worldwide.

What is that rightful place, and how do we get there? These are the most crucial questions I am

hoping to answer during my tenure on the board. I joined the ITAA because it gave me access to a worldwide community of professionals and practitioners; it had a rich and rigorous training and certification process that produced world-class professionals; it operated from a position of abundance and generosity; it lived the basic philosophy it preached; it touched individuals, groups, organizations, and society, and it improved lives. I think if we could provide these to the world, then ITAA will flourish again. For this, it may have to redefine its role and scope and chart a path of its own. That will require some bold and objective decisions. I believe we have a theory strong enough to guide us in this process. With a young and dynamic board in place, I am confident we can do it.

On a personal note, I hail from Tamilnadu, a southern state of India. I live with my wife, Anitha, in Coimbatore. I have an MBA, MPhil, and am a PTSTA (organizational). I am codirector and facilitator of Relations Institute of Development and secretary-counsellor of Asha Counselling and Training Services. My professional mission is to help people realize their potential for personal and professional autonomy and to improve their quality of living. I enjoy teaching, traveling, reading nonfiction, cooking, and connecting with people.

Dan Cauble, Trustee Representing the North America Region

I am a licensed clinical social worker in private practice in Scottsdale, Arizona. My wife, Cassandra, and I practice together under our business name of AZCounseling. We have been in private practice together since February of 2000. Our clinical work is primarily within a brief therapy model as the



insurance companies we contract with unfortunately limit the number of sessions our clients are allowed.

My previous clinical experience included working the graveyard shift at a suicide hotline, completing assessment and discharge planning at an inpatient psychiatric hospital, and providing psychotherapy as an employee of a large managed care insurance company. My ultimate goal was to work in private practice delivering state of the art treatment with the objective of facilitating cure for my clients.

Practicing psychotherapy was a career change for me. I returned to school to obtain my social work degree at the age of 36 after working for 15 years as a commercial real estate broker. My motivation for a new career was driven by my desire for personal autonomy and professional competency in a helping profession. In Arizona, to provide mental health services in a private practice setting, a clinician must first complete 6 years of college followed by 2 years of postgraduate supervision. In my own experience as well as my wife's, there was no exposure to transactional analysis within any of that 8-year period.

My first exposure to transactional analysis as a clinician was at the 2003 brief therapy conference in San Francisco, where I attended a presentation by Vann Joines on personality adaptations. The information presented was important to me at that time because I was dissatisfied with my psychotherapy career because my practice did not embrace the concept of cure. To that date, I had been primarily exposed to a psychopathology framework, while the information Vann presented provided me with a new conceptual framework with which to facilitate cure.

Since that initial exposure to transactional analysis, both Cassandra and I began and completed training in redecision therapy with Vann at the Southeast Institute. We are now both certified redecision therapists, and I work within a clinical conceptual framework that fulfills my goal of facilitating cure.

For the 2+ years we were immersed in our training, my wife and I did little else but read transactional analysis literature, review clinical tapes, see clients, and internalize the redecision therapy conceptual framework. Now we hope to reacquire ourselves with vacations; trips to Maui and Mexico are on the horizon as are road trips to California and perhaps Nevada.

I look forward to serving on the ITAA Board of Trustees in order to explore options to increase awareness of transactional analysis in the United States. My rationale for the minimal awareness of TA in the United States is primarily threefold:

1. The lack of exposure to transactional analysis in the traditional 6-year educational system
2. Lack of in-print transactional analysis literature
3. The inherent constraints of working within a managed health care environment that invites clinicians to practice with limited clinical sessions per year, inadequate compensation, and a clinical focus on pathology

I think it is important for the ITAA to explore options to reach out to both current and future clinicians in the United States who otherwise may never be exposed to the wealth of valuable clinical knowledge that transactional analysis offers.

WELCOME TO NEW MEMBERS

NEW MEMBERS	MEMBERSHIP SPONSOR	NEW MEMBERS	MEMBERSHIP SPONSOR
May 2006		July 2006, cont'd	
Ronnie Anderson, United States	—	Franca Ferrante, Italy	Maria Serena Barreca
Irene Bernadette Connolly, United Kingdom	—	Raffaella Guglielmo, Italy	Maria Serena Barreca
Ede Lanir Ferreira Paiva, Brazil	—	Linda Karma, France	—
Noel Machado, India	—	Annalisa Leo, Italy	Maria Serena Barreca
Sumika Moriya, Japan	—	Isabel Martinez, Mexico	—
Junko Naoi, Japan	—	Foluso Orebiyi, United Kingdom	—
Bolanle Ogungbamila, Nigeria	—	Ana Laura Sosa, Mexico	Gloria Noriega
Alva Ramirez, Mexico	—	Shirley Steinberg, Canada	—
Gloria Santos, Brazil	—	Alejandro Velez, Peru	Gloria Noriega
Christopher Watkins, New Zealand	—	Martyn Watson, United Kingdom	—
June 2006		August 2006	
Gordon Driver, Australia	—	Shirley A. Barnes-Kilpatrick, England	—
Danna Hallmark, United States	—	Helen Rutherford, Australia	—
Ovidiu Harasemiuc, United Kingdom	—	Philip Neil Harrison, England	—
Paula Howe, New Zealand	—	Cholena Mountain, England	—
Geraldine Kelly, United States	—	Beula Nandakumar, India	Sashi Chandran
P. Vijayan, India	—	Devaraj B.A., India	Sashi Chandran
Margaret Webb, Scotland	—	Nalini Shanmugham, India	Sashi Chandran
Bob Weinstein, United States	—	Rangaraj R., India	Uma Priya R.
Ali Babae Zad, Iran	—	Gnanasekarn A., India	Sashi Chandran
July 2006		Senthil Kumar N., India	Uma Priya R.
Ignacio Calvillo, Mexico	Gloria Noriega	Surekha Nair, India	Uma Priya R.
Elsa Colella, Italy	Maria Serena Barreca	Jayaraman Sharada, India	P. K. Saru
Maria Rosaria Di Paolo, Italy	Maria Serena Barreca	Subramaniam Tamilselvi, India	P. K. Saru
R.N. Elangovan, India	—	Jerneja Lisjak, Slovenia	—
Suzanne Eusden, United Kingdom	—	Ian J. Argent, England	—
		Chander Ram Maddela, India	—
		V. Bristow, India	—

MEMBERS' FORUM

ISTANBUL APPRECIATION

Dear Editor:

Having just returned from the Istanbul conference, I want to let you know what a wonderful meeting it was.

On 28 July, a group of us from Japan asked Jan Grant, TSTA (education)—who passed her CTA exam in counseling on 26 July (congratulations, Jan!)—to arrange a transactional analysis session for our group. She talked about the qualities of an effective leader of adult learning groups, which was an experimental session and very informative and interesting.



(From left): Kazuko Ikemoto, Claude Steiner, Masumi Aonuma, and Noriko Ishida taken in Istanbul after Claude's presentation

Noriko Ishida, one of our group members from Osaka, sent me a letter about her experience in Istanbul. In it she wrote, "The conference in Istanbul was a wonderful and heartwarming experience. We participated in some workshops given by famous transactional analysis 'gurus' and took pictures with them, which were some of the most exciting moments of this trip. I gave myself a big stroke for having studied transactional analysis for over 2 years and for deciding to come to the conference. I will continue to study transactional analysis with my colleagues and instructors, who were with me this time."

We all had a great time and experiences. Thank you to all the people involved and to everyone we met at this perfect/perfect conference in Turkey.

Tomoko Abe, Osaka, Japan

RESPONSES TO DRYE ON NO-SUICIDE DECISIONS

Dear Editor:

I am writing in response to the article by Robert Drye, "The No-Suicide Decision: Then and Now," in the August 2006 *Script*.

I believe the no-suicide contract and no-suicide therapy would be clearer if the words "contract," "decision," and "redecision" were standardized:

- A contract is a commitment and a goal made by a client with the therapist as witness. It is an Adult contract, with other ego states agreeing.
- A decision in transactional analysis is an adaptation usually made in childhood in order to be safe and/or to be approved of by parents. Of course, the word "decision" is used outside of transactional analysis therapy to mean a conclusion or resolution. A "no-suicide contract" is not a conclusion or a resolution.
- A rededecision is made by the Natural Child with other ego states approving and is a freeing of the self from old pathology.

I think that a "no-suicide contract" without immediate therapy to resolve the pain, depression, and feelings of worthlessness inherent in a desire to die prematurely is perhaps reassuring to the therapist, but it is cruel to the client. I prefer a "no-suicide contract" of no more than a month. I explain to a client, "We both need this time, without you obsessing about killing yourself or not killing yourself, in order to do our best work." Because I work very quickly, the client has usually made the rededecision to live in a week or two, if I am seeing the client daily during this period. (I cannot imagine NOT seeing the patient daily during times of crisis!) I speak of rededecision because it is the therapy that I use; therapists will, of course, use whatever therapy they choose. I would hope that all therapists know how to use brief therapy in a crisis, and the desire to murder self or others demands crisis intervention even if the suicidal ideation has gone on for years.

Then the next step is to work with whatever will fortify the rededecision: learning to make friends, to trust, to get or hold a job, to create a more fulfilling marriage, and so on. These are new, doable contracts once a client is no longer suicidal.

I am writing this to beg therapists to use the no-suicide contract as a first step in curing the suicidal patient.

I would add a postscript: Suicide is not always a negative decision. When life is intolerable and cannot be made tolerable, suicide is an honorable way to take charge of one's own death.

Mary Goulding, San Francisco, USA

Dear Editor:

I submit my response to the article by Bob Drye in the August 2006 *Script*. I appreciated Drye's excellent article about no-suicide decisions and the contexts in which such a decision is valuable. As a result, I reviewed my original 1973 presentation and article entitled "Shut the Escape Hatch," which was published in the Monograph Series of the Midwest Institute for Human Understanding. It actually preceded the publications by Boyd and Cowles-Boyd cited by Drye in his article.

In my article, I proposed that the script was based on a "Don't Be X" injunction combined with a "solution" in the form of ". . . and when



Taken at the transactional analysis advanced training session presented by Jan Grant for Japanese participants in Istanbul (second row from left): Masumi Aonuma, Tomoko Abe, Naoki Matsui, Yoeri Ishiyama, Michiharu Asai, Noriko Ishida; (front row from left): Rosemary Napper, Jan Grant, Kazuko Ikemoto, and Chiho Asai

the situation gets unbearable, I can always: (1) kill myself, (2) kill others (them), or (3) flip out (go crazy, drop out, etc.)." I also referred to the decision, not a contract, to close an escape hatch when evaluation revealed the presence of a "destiny choice" other than "getting better."

I referenced the 1963 article by Haiberg, Sefness, and Berne entitled "Destiny and Script Choices." In that article, the four destinies were: (1) getting better, (2) getting rid of people, (3) psychosis or criminality, and (4) despairing self-destruction. The article did not elaborate on the destiny of "psychosis or criminality."

When and how the idea and practice of initiating therapy by "checking the escape hatches" began is unknown to me. I do not have the Boyds' articles, which seem to be the basis for that idea.

I also concur with Drye's doubts about the utility of similar decisions in the case of psychosis.

My suggestion of the escape hatch "flip out" was not a reference to psychosis. It was based on experience with two patients under severe stress of script compliance, who on more than one occasion had had brief episodes of acute dissociative reactions (going crazy). I had also ob-

served that some patients, faced with similar stress, chose to abruptly depart from the situation in a manner that was "self-diminishing" (dropping out). Closing this type of escape hatch was intended for this type of situation, not for psychoses with possible biological bases.

It was my choice to use the terms "flip out" and "drop out" because they were then common expressions in use by the population from which my patients came.

Bill Holloway, São Paulo, Brazil

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- Holloway, W. (1973). Shut the escape hatch. In M. M. Holloway & W. H. Holloway, *The monograph series: Numbers 1-X* (No. IV, pp. 15-18). Medina, OH: Midwest Institute for Human Understanding.

MOURNING ELAINE CHILDS-GOWELL

Dear Editor:

I was very sad to hear of the death of Elaine Childs-Gowell. It is a real loss for the world and for the transactional analysis community.

Elaine, and her Good Grief Rituals workshops, were immensely helpful to me personally. In addition, she was very generous professionally with me, giving me permission to run grief workshops based on her work and to call them "Good Grief Rituals©." I have also found her approach to griefwork helpful in my individual client work.

Most of all, I will remember Elaine at transactional analysis conferences around the world, including in Mexico and Romania. She was always ready with a smile and willing to talk. As wonderful and special as she was, she managed to stay "ordinary"—an inspiration for us all.

Ann Heathcote, Manchester, England

Transactional Analysis Publications

In response to our call in the May-June 2006 *Script* for information about transactional analysis publications, especially textbooks or chapters in textbooks on transactional analysis, we received the following information from Laurie Hawkes (thanks, Laurie!). If you know of a textbook or chapter—or have information about other books, articles, and chapters about transactional analysis (especially those published in non-transactional analysis journals or books)—please send us the book title/subtitle, the chapter title and inclusive page numbers if relevant, name(s) of author(s), year of publication, and name and city of publisher. E-mail the details to robinfryer@aol.com.

CREPELLE, ISABELLE. (2003). L'analyse transactionnelle [Transactional analysis]. In M. Elkaim (Ed.), *A quel psy se vouer? Psychanalyses, psychothérapies: les principales approches* [In What Shrink's Hands Should You Put Yourself? Types of Psychoanalysis or Psychotherapy: The Main Approaches] (pp. 239-278). Paris: Editions du Seuil.

HAWKES, LAURIE. (2005). L'analyse transactionnelle [Transactional analysis]. In T. Nguyen (Ed.), *Pourquoi la psychothérapie? Fondements, méthodes, applications* [Why psychotherapy? Foundations, methods, applications] (pp. 123-134). Paris: Dunod (a publication of the Fédération Française de Psychothérapie).

LE GUERNIC, AGNÈS. (2004). *Etats du moi, transactions et communication: Savoir enfin que dire après avoir dit bonjour!* [Ego states, transactions and communication: Knowing at last what to say after one says hello!]. Paris: Dunod

MOISO, CARLO, & MICHELE NOVELLINO. (2004). *Analyse transactionnelle: Retour aux sources* [Transactional analysis: Back to the sources] [original Italian title in 1982 *Stati dell'io: Le base teoriche della analisi transazionale integrata*] (Hélène Cadot, Trans.). Caluire, France: Editions d'Analyse Transactionnelle.

ITAA WEBSITE:
www.itaanet.org

Presidents' Meeting

continued from page 1

the dropping of affiliations as a failure of the idealistic and logistical work done by the ITAA long-range planning committee, but perhaps we need to see the development process as even longer range than we thought.

Each country has had to deal with internal politics, and regional organizations such as the European Association for Transactional Analysis (EATA) face challenges with regard to divergent cultures and needs, translation, volunteer management, certification, and so on. Sometimes the evolution of local expertise has created difficulties related to territoriality and competition, especially when the "new" generation of trainers begins to offer training programs. And some local members do not feel the need for regional or worldwide interactions, preferring activities close to home in their own language and culture. Nevertheless, the desire for relationship, teaching, and learning with each other and organizational support is strong. As proof of this, delegates from 27 nations attended the conference in Turkey.

It was exciting and hopeful to listen to the various association representatives describe the transactional analysis activities and development in their countries and regions. I offer here a few of the highlights.

Fatma Torun Reid told us that Turkey's new association (TAD) has about 50 members and has worked through the complex process of registration with the government. This has been a big challenge due to many requirements, and they are now ready to grow.

Sharon Massey described new initiatives in the Eastern Regional TA Association (ERTAA) in the US to be more inclusive of other modalities in their continuing interest in advanced professional development. They are considering sponsoring workshops with Anne Teachworth and joint events with professional groups outside of transactional analysis.

Bill Cornell attended the meeting in his role as *Script* editor and *TAJ* coeditor and discussed the history of ITAA's efforts toward licensure and degree programs, which provided perspective on the needs of professionals and the standing of transactional analysis among other therapeutic approaches.

Vladimir Goussakovsky, president of SITA in Russia, told us about the history of transactional analysis coming to St. Petersburg with Tom and Delphine Frazier, among others, and the growth of a new generation of trainers who have spread training to Moscow and elsewhere. They are



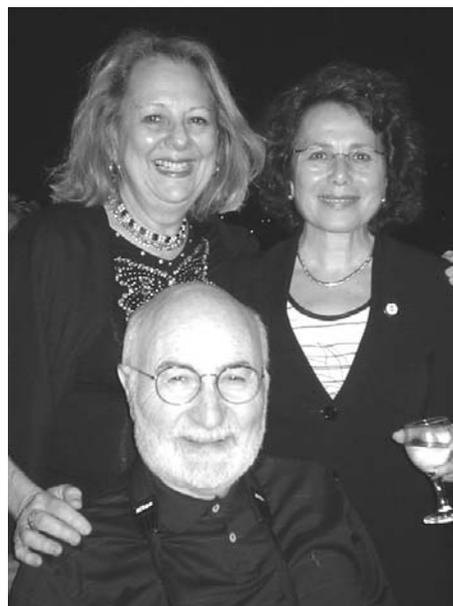
Charlotte Daellenbach (New Zealand), Susanne Hofmeier (Switzerland), Charlotte Christoph-Lemke (Germany)

dealing with issues of government recognition as the political scenario has gone through major changes as well as some difficulty with multiple relationships when some people in a peer group become trainers and others do not. Vladimir currently offers transactional analysis training in the Ukraine. Despite economic disparities, he is interested in finding ways to offer training in other areas of the world and to give back to the larger community.

P. K. Saru, who convened the successful 2004 international conference in Bangalore, India, and Sister Annie Maria, who has trained thousands of people in TA 101s in India and has written six books despite very limited resources, reflected the vibrancy of transactional analysis in both North and South India. Sister Annie Maria described their 2-year program leading to the credential called CSTA, or Certified Specialist in TA. Next year there will be a conference in Coimbatore and in 2009 there will be one in Kerala, India.

Maria Teresa Tosi of Italy described the six associations in her country; one of Italy's organizations, IRPIR, has about 1,000 members at present. As the incoming president of EATA, she also talked about the current evolution and interests of the 7000 members of the European TA Association. EATA's experiences with setting standards and allowing autonomy in their constituent associations are informative, such as offering a set of ethical standards and allowing each association to use EATA's or to develop their own.

The contributions of European transactional analysis people to current theory and practice are continuing to grow rapidly in all fields. It was exciting to think about how to bring European trainers to the United States, thus infusing new life into the birthplace of transactional analysis. As USATAA is launching (with ITAA's support) its Education Project for invigorating professional training nationwide, it



Susanna Iland (Chile), Istanbul conference convenor Fatma Torun Reid (Turkey), and conference institute leader Abe Wagner (USA) on the Bosphorus Strait cruise

could invite European trainers to be involved by covering travel expenses. Maria Teresa also emphasized that Europeans will be more attracted to the 2007 San Francisco conference if there are state-of-the-art presentations from professionals who are well-known outside of transactional analysis. This and other conversations in Istanbul are expanding the vision of the San Francisco conference.

Annie Murray, from the Institute of Developmental Transactional Analysis (IDTA) in the UK, explained distinctions of the developmental approach, for example, differentiating teaching transactional analysis in organizations from the field of organizational TA. Their goal is to mainstream transactional analysis, especially in business and education. The institute now offers three types of certificate programs. In one, young people earn a certificate by attending a transactional analysis learning program that brings together kids with major family challenges with those who are not having such difficulties. The program helps them build confidence and relationship skills at a crucial time in their lives. More information about innovative IDTA activities can be found on their Web site at www.InstDTA.org, and a conference is coming up in October. The UK also has several other transactional analysis organizations, including the Institute for Transactional Analysis (ITA), which has been active for some time and which cosponsored last year's Edinburgh conference.

New connections were made with the Korean TA Association (KTAA) and its representative Hwa Soon Wong, who has retired from senior management in industry and is engaged in various service activities. Transactional analysis was brought to Korea in the late 1980s by Sam Park, who attended a program with Abe Wagner. Transactional analysis courses were brought into a Korean university in the 1990s by a professor who trained about 70 people before he unfortunately passed away in 2003. Hwa Soon and others reactivated KTAA in 2005. Hwa has numerous contacts at high levels of the military and is exploring ways to bring transactional analysis to the 700,000-member South Korean standing army. We recalled that transactional analysis was widely taught in the US military in the 1970s and 1980s, which was useful information to share. We learned that Turkey and Korea have a bond dating from the Korean War, as Fatma and Hwa Soon put the pieces together for us with fascinating regional history.

Jan Grant from Australia spoke of developments in Australia, New Zealand, and other parts of the Pacific region. Their challenges and opportunities include maintaining contact over great distances and between cultures.



Top: Christina Pock Rosei (Austria) and Felipe Garcia (USA) enjoying the Saturday night Gala. Above: Alex Demian (Romania), Tom Nissley (USA), and Julie Hay (UK)

Gloria Noriega represented three organizations: the Americas Transactional Analysis Association (ATAA), the Latin American TA Association (ALAT), and IMAT. She distributed brochures about the September ALAT conference in Bahia, Brazil, and also gave us background on the development of transactional analysis in Mexico, including her own institute, IMAT. She and others are working on developing a professional credential program that falls between the TA 101 and Certified Transactional Analyst levels. More on that will come from a task force appointed by ITAA's board of trustees. Mid-level credentials are an interest shared by a number of the associations, including USATAA and EATA.

I hope this report conveys some of the incredible talent and enthusiasm in the transactional analysis community around the world, which to me demonstrates that while we continue to experience cycles of growth and change, our commonality and diversity make it worthwhile to keep TA people connected worldwide. There will be a TA associations presidents' meeting in San Francisco in August 2007, and more important, opportunities throughout the conference to exchange friendship and ideas with people from all over the world. As we prepare for the San Francisco conference, which is cosponsored by USATAA and ITAA, we hope to continue the momentum of mutual understanding and stimulation that was so evident during the TA associations presidents' meeting as well during as the Istanbul conference as a whole.

Lucy Freedman is director of Syntax Communication Modeling Corporation and a former president of the ITAA. She is also a cofounder of USATAA and currently serves as its coordinator of communications. Lucy was a member of the ITAA long-range planning committee that developed the organization's governing structure as well as the affiliation plan. Currently, she is one of the organizers of the 2007 ITAA/USATAA international conference in San Francisco. She can be reached at lucyl@syntax.com or at PO Box 2296, Los Gatos, CA 95031-2296, USA.



Diane Salters (S. Africa), P. K. Saru (India), and Marijke Wusten (Netherlands)

KEEPING IN TOUCH

E-MAIL CORRECTION

Mary Westphal's e-mail was incorrect in the July *Script* article about USATAA developments. She is developing a database of US schools where transactional analysis is taught. If you have information about such courses, please contact her at mwestsbt@netscape.net.

ALL REGIONS

The *Journal of Redecision Therapy* invites submissions for their next issue, which they hope to publish in time for the 8-12 August 2007 ITAA/USATAA International Transactional Analysis Conference in San Francisco. Send submissions to redecisionjournal@swbell.net.

NORTH AMERICAN REGION

Bill Cornell served as a discussant on 13 October for a program presented by The Pittsburgh Psychoanalytic Society and Institute in conjunction with the film studies program of the University of Pittsburgh about the film *WR: Mysteries of the Organism* as part of a program regarding Wilhelm Reich and the corruption of ideals. Bill's codiscussant was Lore Reich Rubin, MD, psychoanalyst and faculty member of the Pittsburgh Psychoanalytic Society and Institute. The program was a rare opportunity to

view director Dusan Makavejev's 1971 Cannes Film festival prize-winning film on Wilhelm Reich, a film that is out of print and has long been unavailable. Reich, one of the most controversial figures in the history of psychoanalysis, was the originator of the body psychotherapy movement and the author of many books containing psychoanalytic-political insights into the origins of fascism. Bill studied Reichian theory before becoming a Clinical Training and Supervising Transactional Analyst and body psychotherapist.

Richard G. Erskine, PhD, Clinical Transactional Analyst Instructor and Supervisor, has been licensed by the State of New York as a psychoanalyst. Richard happily reports that this is the culmination of 20 years of training in psychoanalytic self psychology and object relations theory. Part of the documentation for his licensing process included his clinical certification as a transactional analyst. Richard established with the NY State Education Department that transactional analysis was a form of psychoanalysis because it met the state's definition and scope of practice for psychoanalysis. At heart, Richard says he remains a transactional analyst and is grateful for all that he has learned from Eric Berne's theories.

Jan Morrison, coeditor of the *Transactional Analysis Journal*, recently won the grand prize (a new computer) in a local contest for her photograph entitled "Sea Grass at Old Prospect." As the judges said, "It is a very unique and moving photo that depicts the raw, natural beauty of

nature here in the communities of Prospect [Nova Scotia, Canada]." To view the photo, visit prospectcommunities.com. Our congratulations to Jan, a multitalented woman, to say the least!

EUROPEAN REGION

EDITOR'S NOTE: We read in the June 2006 EATA Newsletter about several interesting upcoming meetings that we think will be of interest to the worldwide transactional analysis community. Our thanks to Editor Jan Hennig for permission to reprint the information here.

An EATA International Colloquium is planned for 14 November (10am-6pm) in Frankfurt Main, Germany. The theme is "European Routes to a Relational Approach in Transactional Analysis" and presenters include Helena Hargaden, TSTA, London; Matthias Sell, TSTA, Hanover; and Charlotte Sills, TSTA, London. Moderation will be provided by Ulrike Müller, TSTA, Freiburg. English/German translation will be offered. This will be the first in the series of international colloquia organized by EATA to offer a platform to strengthen professionalism and internationalism and to develop new theories, models, and methods. EATA members at CTA level and above are invited. For information and registration please contact Nevenka Miljkovic, EATA Vice President, by e-mail at nevenkamiljkovic@t-online.de.

A conference on "TA and Art" will be held in Dessau, Germany (language: German) on 2-3

Upcoming TAJ/Theme Issue

"TRANSACTIONAL ANALYSIS AND THE BODY"

Coeditors:

Jan Morrison and Mary Goodman

Deadline for Manuscripts:

1 January 2007

Please follow the instructions to authors on the inside front cover of any recent issue of the *TAJ*. Please e-mail manuscripts to *TAJ* Managing Editor Robin Fryer, MSW, at robinfryer@aol.com.

February 2007. The venue is the famous "Bauhaus." The conference is organized by Hilde Anderegg of Switzerland and Matthias Sell of Germany and is sponsored by EATA, DGTA, and INITA. It will offer an interesting mix of theory and practice related to transactional analysis and the arts. For information and booking, contact INITA, Langensalzstrasse 5, D-30169 Hannover, Germany; tel: 49(0)511-9

George Kohlireser reports that his book, *Hostage at the Table: How Leaders Can Overcome Conflict, Influence Others, and Raise Performance*—initially released in early June 2006 by Jossey-Bass—is already in its second printing and is being translated into Chinese.

New Program Builds Bridges between ITAA and ALAT

by Gloria Noriega

A number of people from Peru and other countries in Latin America who are certified by the Asociación Latinoamericana de Análisis Transaccional (ALAT) have become interested in training and becoming certified following the international standards of the Training and Certification Council of Transactional Analysts (T&CC).

ALAT was founded by Roberto Kertesz in the early 1970s in Argentina. He did a wonderful job of spreading transactional analysis in Latin America and also made some changes and adaptations of original transactional analysis theory by dividing it into "10 Instruments" to be used in a more behavioral way. Since then, most transactional analysis people in Latin America have done their training and certification following this methodology, and partly as a result, this part of the world has remained isolated from the international transactional analysis community. Another problem has been the lack of translations of transactional analysis literature, because many people in Latin America do not speak or read English.

After a very successful ALAT conference in 1995—organized in Lima, Peru, by Angela Melgar—a group of ALAT members and others developed an interest in becoming more involved in the international transactional analysis community. Alejandro Velez, an ALAT PTSTA, together with Alejandro Meza and some other ALAT members, decided to support this project by leading a group and inviting me to start with a TA 101. This has now been followed by an ongoing training and supervision program every 3 months. Most of the people in this group are from Peru (Lima, Arequipa, and other cities) with two more people from Chile. The group is open for people from all the countries of Latin

America who want to join and fulfill the T&CC training requirements.

Alejandro Velez is the director of Asociación Psicológica de Desarrollo Humano (APDEH). Those who might be interested in this program can visit their website at www.apdeh.org or contact me at gnoriega@imat.com.mx.

This is an enthusiastic and interesting group of people because most of them already know a good deal of transactional analysis, so much of what we are doing is based on discussions about advanced theory. My hope is that this program

will help build a bridge to our Latin America colleagues so that they will join the ITAA. At the same time, I hope we all continue having a rich interchange of practical applications of transactional analysis theory, useful for enhancing the professional application of transactional analysis in all parts of the world.

Gloria Noriega, PhD, TSTA, is the director of IMAT in Mexico City, a former president of the ITAA, and current vice president of the Latin American TA Association (ALAT). She can be reached at gnoriega@imat.com.mx.



The Lima training group (first row, from left): Irma Tolentino, Pedro Siancas, William Angulo, Alejandro Meza; (second row, from left): Alejandro Velez, Gloria Noriega, Karol Caverro; (third row, from left): Maritza Calocero, Gloria Santos, Sandra Riquelme, Ana García, Hilda Melgar, Rosi Torres, Lucía Gibu; (fourth row, from left): Adela Landeo, Fabián Montoya, Raúl Yaez, Carmen Lucar, and Victor Manuel Alva



Alejandro Velez and Alejandro Meza, leaders of the ALAT training group, with Gloria Noriega

A Note from Alejandro Velez, PTSTA of ALAT: "We are the first group in Latin American promoting a link between ITAA and ALAT. We are doing that by inviting Gloria Noriega to train us following the standards of the T&CC. The meaning for us is that we are open to increasing our knowledge, awareness, Adult ego state thinking, and intuition, knowing that our Parent ego state is protecting us in reaching the goal of becoming CTAs in the ITAA. Many of the members of our group are CTAs and a few are Teaching Members in ALAT, so it is not always easy to accept that we are "only" students and not yet ITAA certified members. However, our willingness to do this is, I think, proof of our OKness. Studying Berne's books again has been a clarifying experience. The problem comes when we mix the transactional analysis concepts of ALAT with those of the ITAA, both in our own ALAT training groups and in preparing for T&C exams. Perhaps it is like when you study a new language or the same language with different accents, like British and American English. Things have nearly the same meaning, but sometimes different words for similar things, such as "movie" and "cinema." And if you change the way you say it, you may change the meaning and then the interpretation is different."

Integrative Psychotherapy 10-Day Residential Workshop

with **Richard Erskine, Ph.D.**

Friday 27 July to Sunday 5 August 2007

Plan to attend the
**ITAA/USATAA
International TA
Conference in San
Francisco 8-12 August,**
right after the Kent
workshop.

This residential ten-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy.

Topics that may be taught include: shame and the effects of envy; psychological splitting and the schizoid process; and the psychotherapy of obsession and repetitive phantizing. Various methods of working within a supportive regression and/or an involved therapeutic relationship will be demonstrated: contact, inquiry, affective attunement, normalization and modes of empathy in individual and group psychotherapy.

This workshop is for mental health professionals who want to apply theory in clinical practice and to enhance their effectiveness through identifying aspects of contact interruption, life script, and countertransference. There will be opportunities for case consultation. I will teach, demonstrate, and elaborate on the concepts in *Beyond Empathy: A Therapy of Contact-in-Relationship* by Richard Erskine, Janet Moursund, and Rebecca Trautmann (1999, Brunner/ Mazel, ISBN 0-87630-963-5).

Cost: \$2850 for tuition, room, meals; reservation fee: \$850 nonrefundable

Location: Kent, Connecticut (near New York City) at the Old Chestnut Inn, with spacious grounds, gardens, and swimming

For information and to register, call or write: Institute for Integrative Psychotherapy, 500 E. 85th St., New York, NY 10028, USA; tel: 212-734-5291; fax: 212-879-6618; email: IntegPsych@cs.com; website: Integrativetherapy.com

The Institute for Integrative Psychotherapy is approved by the American Psychological Association to offer continuing education for psychologists and by the National Board for Certified Counselors for counselors. Other professional CE credits are also available. The Institute for Integrative Psychotherapy maintains responsibility for this program and its content.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA EXAM	BOC	9-11 Oct. 2006 . . .	Tokyo, Japan	9 July 2006
	WPATA	16 Nov. 2006	Sydney, Australia	16 Aug. 2006
	COC	16-17 Nov. 2006 . . .	Neustadt, Germany	1 Aug. 2006
	COC	1 Dec. 2006	Montpellier, France	1 Sept. 2006
	BOC	8 Aug. 2007	San Francisco, USA	8 May 2007
	COC	16 Nov. 2007	Neustadt, Germany	1 Aug. 2007
TSTA EXAM	COC	16-17 Nov. 2006 . . .	Neustadt, Germany	1 May 2006
	COC	1 Dec. 2006	Montpellier, France	1 Sept. 2006
	BOC	8 Aug. 2007	San Francisco, USA	8 Feb. 2007
CTA Written	All Regions	Your choice	Submit to Regional Exam Coordinator after paying \$50 fee to T&C Council	Your choice
TEWs	PTSC	4-6 Dec. 2006	Montpellier, France	4 Aug. 2006

* COC CTA exam candidates who are doing the COC written case study must submit it no later than six months before the oral exam date. Details/application available from the COC Language Group Coordinators.

Note: Exams subject to availability of examiners/exam supervisors. BOC not responsible for expenses incurred when unavailability of examiners/exam supervisors causes exams to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

To arrange to take a BOC exam, contact the T&C Council, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA. **Note:** COC people sitting for BOC exams must forward the equivalent of the EATA fee to the T & C Council office. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** \$450 ITAA members/\$600 non-ITAA members payable in US dollars to T&C Council, c/o the T & C Council office, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

Award Nominations Sought

Eric Berne Memorial Award

Nominations Deadline: 1 December 2006

Hedges Capers Humanitarian Award & Muriel James Living Principles Award

Goulding Social Justice Award

Nominations Deadline: 1 January 2007

See the ITAA Web site at www.itaanet.org or contact the ITAA office for details on making nominations for these awards.

International Transactional Analysis Conference



Sponsored by the ITAA and USATAA

CALL FOR PROPOSALS

Deadline: 15 February 2007

8-12 August 2007 ▼ San Francisco

Preconference Institutes and TA 101: 7-8 August

We invite you to submit your program ideas for consideration. The program committee encourages proposals of new, innovative applications of transactional analysis as well as vintage, proven applications. Please provide all information requested below using this form, a printed PDF version from the Web site, or by filling out the form online. The Web site address is: www.usataa.org/conference

Title of Presentation

Name and Academic Credentials, ITAA Certification

Street Address

City/State/Postal Code/Country

Phone

E-mail

Copresenter(s) Name(s) & Credentials

ABSTRACT: Provide an abstract of about 50 words describing your presentation. The abstract will be used in conference publicity. (If your presentation is in a language other than English, please include an English translation of the title and 50-word description.)

OBJECTIVES: Please write three learning objectives for your presentation.

FORMAT: (lecture, discussion, panel, experiential, etc.)

DURATION: (check one) 1.5 hours 3 hours 50 minutes (paper)

PRESENTATION LEVEL: Beginner Intermediate Advanced

AREA: Clinical Counseling Organizational Educational

SIZE LIMIT OF GROUP: 20 30 40 No Limit

LANGUAGE OF THE CONFERENCE: The primary language of this conference is English. Please indicate if you are planning to present in another language and what your interpretation needs will be.

BIOGRAPHICAL SKETCH: Provide a brief, 20-word personal description (in English). A recent photograph will be requested later.

OUTLINE: Provide an outline of up to two pages describing what will happen during your presentation. In particular, if your presentation is experiential or involves the audience, please address the issues of safety and protection from intense emotional or physical experience.

FEES: Presenters attending the full conference pay the full fee. Presenters attending only to present pay a one-day fee.

EQUIPMENT: Conference rooms have movable chairs and flip charts. You are responsible for providing any additional equipment.

HOST HOTEL: The Westin San Francisco Hotel, 1 Old Bayshore Highway, Millbrae, CA 94030, USA; phone: (650) 872-8115

AUDIOTAPING: Some presentations may be audiotaped. Please check this box if you do NOT wish to give the conference permission to audiotape your work and for ITAA & USATAA to offer the tapes for sale.

FOR FURTHER INFORMATION, CONTACT: Janet Lee O'Connor, EdS, & Del Worley, MC, Program Coordinators, USATAA Conference, 2012 South Augusta Place, Tucson, AZ, 85710-7905 USA; telephone: (520) 360-0007 or (520) 909-8585; e-mail: TAsanfrancisco2007@cox.net