

## Cradled by Culture: The Journey of Humankind

2008

World TA Conference

Johannesburg, South Africa  
7-10 August 2008

Conference  
Scholarship Fund

Some of the local people who want to attend the Johannesburg 2008 World TA Conference are working in sectors that are poorly paid in South Africa, for example, NGOs involved in early childhood development, abuse prevention, and the counseling/care of people infected or affected by HIV/AIDS. Making it possible for these individuals and also students to attend the conference would not only benefit them but enrich the conference for everyone. Therefore, a scholarship fund has been established. Conference attendees in San Francisco last August generously donated to it, and other individuals and institutions have since contributed. The main recipients of scholarships will be staff of local NGOs, many of whom have already had some exposure to transactional analysis. For example, we have strong links with AIDS Response, an organization running a "Care for the Carers" program; ELRU (Early Learning Resource Unit), which works with the development of preschool education; and FAMSA, which provides counseling and family support. Application will, of course, be open to anyone who is interested. If you would like to contribute—especially if you are unable to attend the conference and would like to help make it possible for a local delegate to participate—please contact Ken Fogleman at the ITAA office ([ken@itaa-net.org](mailto:ken@itaa-net.org)) or the SATAA conference committee (e-mail Sharon Kalinko at [skalinko@global.co.za](mailto:skalinko@global.co.za) or Diane Salters at [dsalters@iafrica.com](mailto:dsalters@iafrica.com)). THANK YOU!



Conference Early-bird Registration  
Deadline: 1 May 2008

Conference Registration and  
Details: [www.2008taconference.org](http://www.2008taconference.org)

## All in the Mind

by David Midgley

I once attended a training workshop whose presenter declared, "If you have a client who says he has a mission in life, write on his case notes, 'Query psychotic.'" I do not remember who the presenter was, but by his criteria, I am possibly psychotic! In a profession whose humanistic orientation I subscribe to, I nevertheless feel a commitment—a "mission," if you like—to emphasize the spiritual dimension in life, particularly when addressing transactional analysts, whatever their speciality. Spirituality is not necessarily the same thing as religion, in the institutional sense, even though well-established religious beliefs, rituals, and fellowship have proved to be a reliable and rewarding route to it for millions of people, including me.

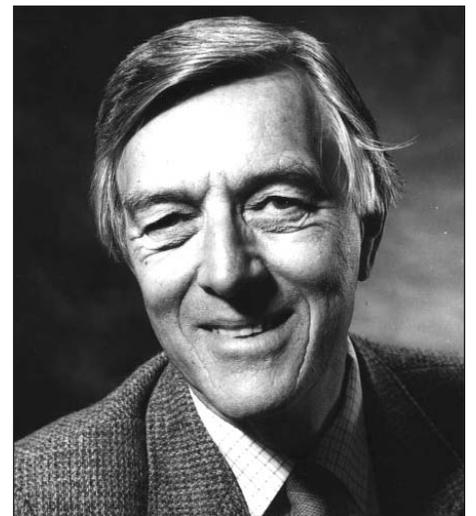
Surprisingly, perhaps, my commitment to this mission is attributable neither to the Methodism that underpins my whole modus operandi nor to the transactional analysis to which I owe so much for my personal growth and professional work as a counselor and psychotherapist. It is attributable to quantum physics, of all things. But do not be unduly alarmed by this; most of my sources have been predigested for the consumption of nonscientists like me—and possibly you.

### Synchronicity?

This development in my outlook might have been initiated by *The Script's* December 1980 theme issue on transactional analysis and spirituality, which included articles by Marge Reddington and Iris Pearce and others. That was followed in the December 1982 *Script* by Marilyn Ferguson's "The Aquarian Conspiracy: An Update," which dealt with spiritual matters. I came across both issues and a few others (by chance, if you insist!) while writing this article, so I have read them again recently.

*"In a profession whose humanistic orientation I subscribe to, I feel a commitment to emphasize the spiritual dimension in life, particularly when addressing transactional analysts."*

It was Marilyn Ferguson who first introduced me to biologist Rupert Sheldrake's (1987) theory of morphogenesis and his claim that "everything that happens either sets up or feeds into an invisible causative field, which he calls the morphogenetic field" (Sheldrake as cited in Ferguson, 1982, p. 1). I found this idea reinforced by Zohar and Marshall (2000), an Oxford physicist and a Jungian psychotherapist, whose book *SQ: Spiritual Intelligence*, I reviewed for the *Transactional Analysis Journal* (Midgley, 2001). They say, in describing the Hindu chakras, "In the East, as in the quantum field theories of 20th century physics . . . things are held together by a permeating centre that cannot be seen or expressed" (Zohar & Marshall, 2000, p. 152). And Fritjof Capra (1975), in *The Tao of Physics*,



David Midgley

*continued on page 2*

## TAJdisk Copies Donated to Developing Countries

The transactional analysis community has been given a wonderful gift that will help make 35 years of the *Transactional Analysis Journal* available to people in developing (i.e., economically disadvantaged) countries who might not otherwise have access to it. Graeme Summers of the United Kingdom, who created the TAJdisk, has generously donated 50 copies of the CD to the ITAA to distribute to those who might need them the most.

The TAJdiskv2 is designed to run on a Windows PC and has the following features:

- Includes 1600 TAJ articles from volumes 1-36 (i.e., from 1971-2006 inclusive). (A small number of pre-April 1993 articles will not be included where authors have refused permission to republish.)
- The collection of articles can be searched by title, author, year, or content. A search result will show a list of all articles found.
- Each article can be viewed, searched, or printed for personal use.

The ITAA is now interested in hearing from training institutes and groups who might serve as the conduit for making these copies of the TAJdisk available to people in their regions. The hope is that the TAJdisk can be shared among trainees, trainers, students, and interested others, for instance, on an institute computer or in a group's office or library.

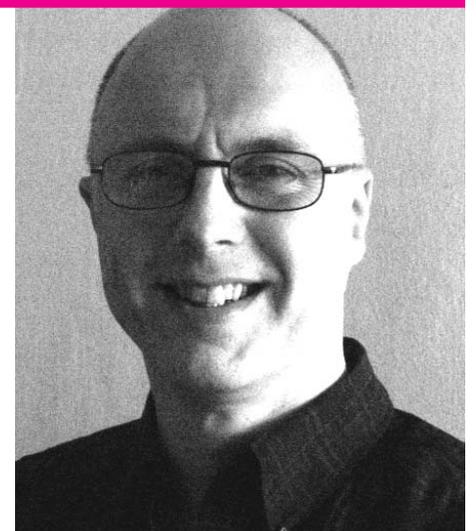
If your institute or group is interested in obtaining one of these free copies of the TAJdisk, please send an email (to [itaa.admin@itaa-net.org](mailto:itaa.admin@itaa-net.org)) that provides the following information:

- Name and brief description of your group or institute
- Location served
- Name of an ITAA member who agrees to be responsible for the project in your area
- Brief statement of how you will make the TAJdisk available as widely as possible in your area
- Name and address where the TAJdisk should be sent

If you are a transactional analysis trainer who occasionally travels to a developing country or region to do training and you think the group there would benefit from having a copy of the TAJdisk, please urge them to contact the ITAA office right away with the answers to the above questions. *The deadline for applications is 1 July.*

For this purpose, the list of developing countries includes, but is not limited to, the following TA-ent countries: Argentina, Bahamas, Bangladesh, Barbados, Belize, Bolivia, Brazil, Bulgaria, Burma/Myanmar, Canal Zone, Chile, China, Colombia, Costa Rica, Croatia, Curacao,

*"Graeme Summers's generosity will support transactional analysis training, theory development, research, and practice applications in the worldwide TA community for years to come."*



Graeme Summers

Dominican Republic, Ecuador, El Salvador, Ghana, Guatemala, Honduras, Hungary, India, Indonesia, Iran, Jamaica, Kenya, Malaysia, Mexico, Mozambique, Namibia, Nepal, Nigeria, Pakistan, Panama, Paraguay, Peru, Philippines, Poland, Romania, Russia, Rwanda, Serbia, Slovenia, South Africa, Sri Lanka, Thailand, Turkey, Ukraine, United Arab Emirates, Uruguay, Venezuela, Virgin Islands, West Indies, and Zaire.

Our sincerest thanks to Graeme for creating the TAJdisk in the first place and for now donating the 50 copies for developing areas around the world. His generosity will support transactional analysis training, theory development, research, and practice applications in the worldwide TA community for years to come.

**Note:** For others who might wish to purchase a copy of the TAJdisk, details and ordering information can be found at [www.tajdisk.co.uk](http://www.tajdisk.co.uk).

# All in the Mind

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speaks of “interconnections in an inseparable cosmic web” (p. 214), which the Hindus call “Brahman” and Western theologians, like Bishop John Robinson (1963), in *Honest to God*, now refer to as “the ground of our being” (p. 22). This same image emerges also from modern atomic physics.

Lynne McTaggart (2003), in her book *The Field*, explores the mysteries of quantum physics; she writes, “The world, at its most basic,” exists “as a complex web of interdependent relationships, forever indivisible” (p. 13). A word that occurs repeatedly in consideration of the quantum world, and also Eastern philosophy, is “dynamic” (p. 8). Capra (1975) tells us that “the word *Brahman* is derived from the Sanskrit root *brih*—to grow—and thus suggests a reality which is dynamic and alive” (p. 199). It could be that Eric Berne was well aware of the “zero point field” that McTaggart (2003) described. Berne (1947/1977), however, preferred the equally dynamic Greek philosophical concept of *physis*, describing it as “the force of Nature which eternally strives to make things grow and to make growing things more perfect” (p. 98).

McTaggart is not a scientist but a respected journalist who did a huge amount of research among leading scientists before writing her book. Dr. Wayne Dyer, on the book cover, says, “McTaggart presents the hard evidence for what spiritual masters have been telling us for centuries.”

## Natural or Supernatural?

The one consideration that prevents many humanists from taking religion seriously

(except, perhaps, as a feature of the pathology to be addressed) is its dependence on “miracles” and supernatural “revelation” as the authority for its teachings and rituals. But my inquiries into the theories of quantum physics and formative causation strongly suggest that much that we have been accustomed to regarding as supernatural or paranormal is now amenable to scientific investigation. Among these widely experienced phenomena—often dismissed as merely anecdotal—are telepathy, clairvoyance, remarkable “coincidences” (or “synchronicity,” as Jung [1973] called it), healing at a distance, *déjà vu*, remote viewing, and other paranormal experiences. There is now widely accepted scientific evidence for many of these phenomena.

One of the most remarkable developments is the random number generator designed by Helmut Schmitt at Boeing Scientific Research Laboratories in Seattle, Washington. It shows that the random decay of a certain radioactive isotope can demonstrably be altered by the power of human thought. The influence is usually quite small but has been shown to be statistically significant and so has been the means of researching phenomena previously lacking in scientific objectivity (see McTaggart, 2003, p. 135).

The most readily available resource for further details of this work is McTaggart’s (2003) book mentioned earlier. Some *Script* readers may know of the film *What the Bleep Do We Know?* (Vincente, Chasse, & Arntz, 2004/2005), in which many eminent scientists and other specialists worked with filmmakers to produce a remarkable account of some quantum phenomena using drama, computer graphics, cartoons, and so on to present advanced scientific work in a way that is accessible to anyone with an open mind.

## The Paradigm of Science

The whole area of spirituality continues to be of growing interest, not only in our professional field but also among the general public. The sticking point for many people—especially those who judge all such things at the bar of reason and logic—is the prevailing paradigm of science, which declares (as a matter of common sense, for which “proof” is neither possible nor necessary) that the universe is a closed mechanical system of cause and effect, other than which there is nothing. Orthodox, classical science is essentially concerned with objective atoms and molecules as the basis of reality and regards all subjective experience as “all in the mind” and, by implication, not “real.” But transactional analysis is inescapably about what goes on in the mind, and, experientially, this is, for us, the basis of reality.

## Personal Experience

I have described my personal experience of what goes on in my own mind in my book *Dying to Live: Spiritual Case Story of a Secular Counsellor* (Midgley, 2006). I do not know whether any transactional analysis therapist has risked so much self-revelation before! My own “case” is presented as a narrative story rather than as an academic case history, and in writing it I had two essential purposes. The first was to identify those life events, attitudes, and relationships that had contributed significantly to my own very negative, nonwinner life script. The second was to record what happened, mainly through transactional analysis, as I emerged from my script to claim the winner status, which had perhaps been the potential “me” from the beginning. This involved personal work with many well-known transactional analysts, particularly Ian Stewart, who eventually became my sponsor.

The book includes some dramatized accounts of personal therapeutic work and of two (!) final exam boards, facilitated by tape recordings made at the time. I was deferred the first time round (as my script required), and there is an account of the appeal procedure, as a result of which I was allowed to take the exam again without further cost. After the second final exam—at Bad Soden, near Frankfurt, Germany—

when I at last qualified as a Certified Transactional Analyst, Gabor von Varga, a Hungarian colleague who was a member of my exam board, told me, to my astonishment, “You have power, David, do you know that? It is something in your voice, in your bearing.”

I have often wondered what course my life might have taken if someone like Gabor had told me about this power in my youth, instead of at the age of 61! Perhaps it is just as well that no one did. Others must have reacted to this presumably innate power during most of my life, which might account for my otherwise inexplicable success in military intelligence, TV and radio presenting, probation and prison work—and, eventually, after transactional analysis had sorted me out, in counseling and psychotherapy. My nonwinner script had even ensured that I failed my school certificate in 1943 on the first attempt (although I tried again with success), just as I failed my final TA exam board the first time round. Scripts are like that.

But I could see, while writing the book, that personal strengths—unrecognized by me—must have made it difficult for certain important people to relate to me, perhaps because they found me more than they could cope with. At the time, of course, both in transactional analysis training and professionally, I simply did not realize what was going on. Actually, my only ambition from the age of 10 was to be a writer, and this became a reality only after motor neuron disease (ALS) had rendered me unable to either walk or talk and had effectively put a stop to everything else!

The book records how I set up in private practice, including contact with referral agencies representing industry and the professions, and how, in particular, I responded to the need of many clients to deal with spiritual issues in which institutional religion had no significant part. As an accredited Methodist lay preacher and an experienced psychotherapist, I was, I suppose, particularly well equipped to do this. The final chapter tells how I was (and am) getting on with the business of dying. MND/ALS is “terminal” (as is old age!), but in my case, it is taking a long time!

My story, presented against a background of the ups and downs of a normal and very happy family life, is described as an autobiography. But an entirely unsolicited review on the Internet says that the book “contains an amazing amount of precise clinical detail”; a Methodist journal describes it as “a rich ground for understanding the way spirituality develops”; and transactional analyst Jane Cross (2006), reviewing it in the *ITA News*, said that “the book potentially has wide appeal for both transactional analysts and other counseling professionals” (p. 10).

I hope she is right!

David Midgley, now a Regular Member of ITA and EATA, having relinquished CTA status due to age and ill health, can be reached at 52, Limestone Road, Burniston, Scarborough YO13 0DG, United Kingdom; or e-mail him at David@newdirections.yorkshire.net.

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## TADATA 5.0

### A Complete Reference Guide to the Transactional Analysis Literature

This database includes about 15,000 keywords covering the *Transactional Analysis Bulletin* (1962-1970), the *Transactional Analysis Journal* (1971-2006), essentially all books (not pamphlets) on transactional analysis in English from 1947-2006 (123 books), and 490 journal articles from the APA PsycINFO database covering abstracts from some 1300 journals worldwide (1967-2006), including 304 research article references to transactional analysis and 152 research dissertations. The system includes three search programs, the results of which can be output to monitor, printer, or file storage. TADATA 5.0 is provided on a CD disk in IBM-compatible format. There are no articles or book excerpts on this CD. Two megabytes free hard disk space are required. Standard price: \$60 for ITAA members, \$70 nonmembers, which entitles the purchaser to register as a user and to obtain updates for \$15. ITAA members whose dues are set using the TAlent system may have the price of this product prorated on the same basis as their dues. For further information, see [www.ita-net.org](http://www.ita-net.org) or contact the ITAA, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA; phone: 925-600-8110; fax: 925-600-8112; e-mail: [itaa@ita-net.org](mailto:itaa@ita-net.org). Copyright © 1995, 1997, 1999, 2003, 2007 Theodore B. Novey, PhD

## Upcoming TAJ/Theme Issues

### “Sexuality”

Coeditors:

Bill Cornell and Carole Shadbolt  
Deadline for Manuscripts: 1 July 2008



### “Transactional Analysis Training”

Coeditors:

Trudi Newton and Rosemary Napper  
Deadline for Manuscripts:  
1 January 2009



### “Ethics”

Coeditors:

Bill Cornell and Sue Eusden  
Deadline for Manuscripts: 1 July 2009

Please follow the instructions to authors on the inside front cover of any recent issue of the TAJ. Please e-mail manuscripts to TAJ Managing Editor Robin Fryer, MSW, at [robinfryer@aol.com](mailto:robinfryer@aol.com).

**ITAA The Script**

The Newsletter of the International Transactional Analysis Association  
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Deadline: 1 March for the April issue; 1 May for the May-June issue.

**Note:** Publication of advertising in *The Script* does not imply endorsement by the newsletter, the editor, or the ITAA.

*The Script* (ISSN 0164-7393) is published monthly except January, May, and September by the International Transactional Analysis Association. The subscription rate is \$10/year as part of dues for all classes of membership. For information on dues rates for various membership classifications, contact the ITAA office at the above address. Periodicals postage paid at Pleasanton, California, and additional mailing office. POSTMASTER: Send address changes to *The Script*, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775. © 2008 International Transactional Analysis Association, Inc.

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# AFTER HE SAID HELLO

## Eric Says "Hello Up There!"

by Pam Levin

The following is a summary of an interview Pam did with Steve Karpman.

Eric Berne once joked that a good tombstone for him would say, "Hello up there!" Now there's a possible way of his doing it.

In the last few months, a project has begun to digitize old audiotapes and videotapes of Eric Berne. Spearheaded by Steve Karpman, the whole thing began when a friend of his who works at the University of California at San Francisco (UCSF) wandered up to the UC Archival Library to look at the Eric Berne archives. Among the materials they showed him were boxes containing 108 audiotapes made from 1958 to 1970. On the boxes were notations written by various people, including Eric himself, indicating the contents. In addition to the audiotapes and some videotapes, the boxes include patient records, Eric's writings, letters, photographs, and mementos. Over the last three decades, people—largely his family—have added professional effects to the collection so they can be protected at archival temperature and humidity.

In these materials there was a video recording of Eric made for a public television program movie in 1967, when *Games People Play* was at the height of its popularity. The first half hour of the tape is about theory and the second half about the practice of transactional analysis. The exciting news is the videotape is now digitized

on a DVD with a nicely designed package with Carmel on the front, a picture of Eric Berne on the back, and photos of original seminar members on the inside.

Thanks to the initiative of Steve and the help of a few others, a project is now underway to digitize the 108 audiotapes as well. The Eric Berne Heritage Fund has been set up by Steve to solicit donations to help finance the preservation of these historic records before they are lost to decay. Magnetic reel tapes can separate over time and mold or rot (some of the tapes at UCSF

*"If we act quickly, we will save for posterity Eric's voice, his public professional lectures, his lively seminars, his matchless point of view, and the vocal contributions of the original people in the seminar."*

look like they are already separating), so no one can listen to them and they are thus lost to history. The library at UCSF has agreed to the digitization project, but they do not have the equipment to do it themselves. They are receiving information regarding the scope of the work and the estimated cost while the vendor, Media Solutions (a nearby company that has all the necessary technological resources and is expert in this kind of work), examines the tapes.

Currently, over \$5,000 in donations have been received internationally, and the hope is that we can reach the \$19,000 estimate for the first phase of the project so that the selected 47 tapes for phase 1 can be completed soon. UCSF may be able to provide some additional funds in the future from grant money, but funding, as with the ITAA, may be difficult or delayed.

If you are interested in contributing to this important project to preserve these tapes of Eric Berne, please visit Steve's Web site at [www.Karpmandramatriangle.com](http://www.Karpmandramatriangle.com). On the left, click on "Eric Berne Heritage Fund"; there you will find a description of the project, a list of the tapes with brief descriptions, photos of the UCSF library, an estimate of costs (between \$30,000 to \$40,000 for the 375 hours on the 108 tapes), and payment options.

The easiest way to donate for both the donor and the fund is to use PayPal, with Steve's e-mail Web site address as [Scriptfree@AOL.com](mailto:Scriptfree@AOL.com). Or you can contact Steve directly at the same e-mail. People in the United States or who can arrange for US funds drawn on a US bank can send a check with a note to Steve at 4333 California St., San Francisco, CA 94118, USA. In addition, please let Steve know if you are aware of any charity funds or nonprofits that might be interested in supporting this project.

If you are inspired to participate in this project, we urge you to send your donations to the Eric Berne Heritage Fund as soon as possible, because delays mean we could lose these priceless resources forever. If we act quickly, we will



Steve Karpman

save for posterity Eric's voice, his public professional lectures, his lively seminars, his matchless point of view, and the vocal contributions of the original people in the seminar.

*We would like to hear how Eric Berne has spoken to you either in person or through his writings and theories. Please send your thoughts/reflections to Pam Levin at [perfectbones@pacific.net](mailto:perfectbones@pacific.net).*



### South Asian Association of Transactional Analysts (SAATA) Conference 2008

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*"I exist, I am not alone, and I act!"*

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### TRANSACTIONAL ANALYSIS CONFERENCES WORLDWIDE

**27-30 MARCH 2008:** Keele, Staffordshire, UK. Institute of Transactional Analysis (ITA) Conference. Contact: [www.ita.org.uk](http://www.ita.org.uk) or Barbara Clarkson at [conference@ita.org.uk](mailto:conference@ita.org.uk).

**5 JULY, 2008:** London, England. Relational Transactional Analysis Conference. Contact: Metanoia Institute at 020 8579 2505 or see [www.metanoia.ac.uk](http://www.metanoia.ac.uk).

**25-27 JULY 2008:** Bangalore, India. South Asian Association of Transactional Analysts Conference. Contact: Ms. Annie Cariapa at [anicariapa@yahoo.co.uk](mailto:anicariapa@yahoo.co.uk).

**7-10 AUGUST 2008:** Johannesburg, South Africa. TA World Conference sponsored by ITAA/EATA/WPATA/SATAA. Contact: [TA2008conference.org](http://TA2008conference.org).

**30 OCTOBER - 2 NOVEMBER 2008:** Australasian TA Conference. Rotorua, New Zealand. Contact: Mandy Lacy at [starpotential@xtra.co.nz](mailto:starpotential@xtra.co.nz).

## Nominations Sought for the ITAA Board of Trustees

The ITAA is seeking nominations for the following elected positions:

**Officers** (nominations allowed from any region and elected at large by all ITAA voting members)

President-Elect

Vice President of Development

Secretary

**Regional Trustee** (only voting members from a given region may be nominated and only voting members from a given region will vote for the trustee to represent that region)

Australia/New Zealand: 1 position

There are also two vacancies on the board that can be filled by board appointment for the remainder of the terms of office: vice president of Internet and treasurer. If you are interested or wish to suggest someone else to fill either of these vacancies, please contact ITAA Secretary Lorna Johnston (see below for contact information).

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination.

To be eligible for nomination, trustees may not have already served two consecutive terms of office in any position on the board. Position statements (charters) that describe the function and selection criteria for each of the officer positions are available from the ITAA office or in the Guidelines (part of the official documentation) on the ITAA Web site at [www.itaanet.org](http://www.itaanet.org). Nominees are encouraged to read and understand these before accepting nomination.

Send nominations to the ITAA Secretary and Nominations Committee Chair Lorna Johnston at [thechangeinstitute@shaw.ca](mailto:thechangeinstitute@shaw.ca) or fax to her at 1-403-243-4209. **The deadline for nominations is 31 May 2008.**

**Election Procedures:** As per the ITAA bylaws (revised 1996), if there is no more than one candidate per position, there will be no ballot, and the results of the election will be announced in *The Script* newsletter. If there is more than one nominee for a position, a ballot will be mailed to all voting members within 60 days of the close of nominations. The deadline for return of ballots is 60 days from the date of mailing. The results of the election will be announced to the candidates within 30 days after the election results are determined and to the voting membership as soon as practical thereafter.

## Welcome to New Members

### NEW MEMBERS MEMBERSHIP SPONSOR

#### July 2007

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#### August 2007

Pierluigi Andreassi, Italy	—
Alan Blacker, UK	—
David J. Carter, USA	—
Maryke Dekkers, Netherlands	—
Mary Holland, Belgium	—
Thomas Lai Voon Khan, Malaysia	—
Nobuyoshi Kuranari, Japan	—
Benedetto Mellacqua, Italy	—
Chaundra Prehara, USA	—
Jean Pring, UK	—
Ralph Rawsthorne, UK	—
Kerrylea Sampson, New Zealand	—
Ed Sarrett, USA	—
Anneke Schagen, Australia	—
Gary Tartaglia, USA	—
Vicki Weatherford, USA	—
Patricia Whitehead, New Zealand	—

### NEW MEMBERS MEMBERSHIP SPONSOR

#### September 2007

Jeremy St. John Ginifer, UK	—
Nicola Glover, Australia	—
Eilidh Kennedy, Scotland	—
Helen Christine King, England	—
Dr. Swarup K. Mohanty, India	—
Nadia Murgioni, Italy	—
Effrosyni Papadopoulou, Greece	—
Sumithra Sharatkumar, Singapore	—
Sili Zhou, China	—

#### October 2007

Elizabeth Gell, USA	—
S. Girija, India	P. K. Saru
Ian Guy, UK	—
Gomati Ramachandran, Turkey	—
Azita Rezaei, USA	—
Marcella Tam, Netherlands	—
Linda Weijers, Netherlands	—

#### November 2007

Jan Cook, New Zealand	—
Nelson Kung, Canada	—
Teresa McFelin, New Zealand	—
Rita Mueller, USA	—
Nandlal Narayanan, India	—
Suma Nedungadi, India	—
Irina Rusu, Romania	—
Themis Thomas, Australia	—
Anastasia Titova, Russia	—
Michelle Wickes, England	—

#### December 2007

Danilevskiy Ivan Anatoliyovych, Ukraine	—
Heather Atkin, Australia	—
Wai Hung Choi, Canada	—
Marjo Knapen, Netherlands	—
Corlan Nicoleta, Romania	—
Gary Robert Outten, Australia	—
Bhavika Parbhu, New Zealand	—
May Sahar, New Zealand	—
Patricia Anne Senior-Karl, Australia	—
Dianne Stapleton, New Zealand	Gordon Hewitt
Akiko Suzuki, Japan	—
Nick Tingle, England	—
Raissa Verdult, Netherlands	—

#### January 2008

Shirin Afraz, Iran	—
Tom Carey, Ireland	—
Wayne D'Souza, India	—
Farzaneh Gehzadi, Iran	—
Markus George, Germany	—
Joelle Gilmour, Canada	Donna Marie Perry
Jacqueline Gordon, Scotland	—
Tyrrell Sage Hand, USA	Patricia D. Allen
Benie MacDonald, UK	—
Manda Moyo-ncube, UK	—
Sergio Nazzi, Italy	—
Stella Rodgers, Australia	—

## DVDs on Transactional Analysis Available from the ITAA

**Conflict Management: The Art of Making Peace—with George Kohrieser.** Price: \$45 members, \$55 nonmembers, plus \$5 for PAL version, shipping included. Also available on video: \$25 members \$35 nonmembers, plus \$5 for PAL version, plus air shipping \$5 US, \$10 international, while supply lasts.

**Couples Therapy: Strategies for Treating Affairs and Passive Aggressive Behavior—with Elynn Bader and Peter Pearson.** Price: \$45 members, \$55 nonmembers, plus \$5 for PAL version, shipping included. Also available on video (PAL version only): \$30 members, \$40 nonmembers, plus air shipping \$5 US, \$10 international, while supply lasts.

**Contracts with Muriel James, Permissions with Fanita English, Strokes with Claude Steiner, and Redecisions with Mary Goulding** (2 DVD set). Price: \$90 members, \$100 nonmembers, plus \$5 for PAL version, shipping included. Also available on individual video: \$25 members, \$35 nonmembers, plus \$5 for PAL version, plus air shipping \$5 each video US, \$10 each video international, while supply lasts.

**TA 101** (6 DVDs w/Spanish or English Options). Price: \$90 members, \$100 nonmembers, plus \$5 PAL version, shipping included. Also available on individual video, set of 4 for \$45 members, \$55 nonmembers, plus \$5 for PAL version, plus air shipping \$9 US, \$17 international, while supply lasts.

**Codependency: Diagnosis and Treatment Planning with Gloria Noriega** (English & Spanish, 2 DVDs). Price: \$40 members, \$50 nonmembers, plus \$5 PAL version, shipping included. Also available on video (PAL only) English or Spanish: \$25 members, \$35 nonmembers, plus air shipping \$5 US, \$10 international, while supply lasts.

**Observation of Bernean Group Therapy—with Carlo Moiso and Isabelle Crespelle** (French w/English Subtitles). Price: \$45 members, \$55 nonmembers, plus \$5 PAL version, shipping included. Also available on video (NTSC only): \$25 members, \$35 nonmembers, plus air shipping \$5 US, \$10 international, while supply lasts.

**Redecision Therapy—with Bob and Mary Goulding.** Price: \$45 members, \$55 nonmembers, plus \$5 for PAL version, shipping included (only available in DVD).

**Diagnosis and Treatment Planning from a Transactional Analysis Framework—Vann Joines.** Price: \$45 members, \$55 nonmembers, plus \$5 for PAL version, shipping included (only available in DVD).

**The Forces within Us: Acknowledging the Impact of Unconscious Drives in Practicing Transactional Analysis—with Fanita English.** Price: \$45 members, \$55 nonmembers, plus \$5 PAL version, shipping included. Also available on video: \$25 members, \$35 nonmembers, plus \$5 PAL version, plus air shipping \$5 US, \$10 international, while supply lasts.

For more details and ordering information, see [www.itaanet.org](http://www.itaanet.org) or contact the ITAA office at 925-600-8110 (tel) or by e-mail at [itaa.admin@itaanet.org](mailto:itaa.admin@itaanet.org).

### Committee Members Wanted

We are looking for individuals to join two of the ITAA's most important committees: the scholarship grant fund and the Eric Berne Fund for the Future. These committees are responsible for reviewing applications/proposals and determining disbursement of funds. If you are interested in volunteering on one of these committees, please contact ITAA Vice President of Operations C. Suriyaprakash at [suriya.sunshine@gmail.com](mailto:suriya.sunshine@gmail.com) by 1 April 2008.

## More on TA, CBT, and How Transactional Analysts Present Themselves

Dear Editor:

Having read Michele Novellino's (2007) reply to Fanita English's (2007) article, I sent him the following letter, which I would like to share with you as well.

Dear Michele:

I found that your reply to Fanita to be clear, precise, and coherent, showing respect for the other and for yourself. Respect for transactional analysis, the urge and the importance of recovering a healthy and Adult sense of belonging, clearly emerge. Fine is the conclusion of your writing: "Many of us have embraced Berne's work because we grasped its inherent message of respect for individuals, and I am certain that many of us will continue to reject the prevailing climate of pressure toward a medicalization of our endeavors" (p. 2).

I agree! And I want to add that today I am recommitting myself to belonging to transactional analysis—in a more mature and conscious way but with the same enthusiasm of 20 years ago—because, as you well know, people and their welfare are important for me. Respect for the other, who must not be exploited for our own use, is my "gospel."

I am proud to be a transactional analysis psychotherapist! I say this with the enthusiasm of my Child, joined with the awareness of my Adult, who well knows how important it is to acquire competence and method, not leaving out the sense of responsibility of the Parent toward people who come to me.

As you affirm, without a method, we are adventurers. I would add, without an authentic sense of belonging, we are at the mercy of the streams and the winds.

*Laura Bonanni, Rome, Italy*

### REFERENCES

English, F. (2007). I'm now a cognitive transactional analyst, are you? *The Script*, 37(5), 1, 6, 7.

Novellino, M. (2007). I have always been and shall remain a transactional analyst. *The Script*, 27(9), 1, 2.

*The original version of the following letter was published in the ITA News and is republished here with permission.*

Dear Editor:

I very much enjoyed Fanita English's (2007) and Bill Cornell's (2007) articles in recent issues of *The Script*. I thought they were both really useful contributions to our thinking about what we do and how we present ourselves.

I advertise my clinical practice locally with the phrase "cognitive behavioral techniques" (lower case) as well as citing my formal transactional analysis qualifications and UK Council of Psychotherapy registration. I decided to do this a couple of years ago because local general medical practitioners (GPs) recognize the phrase CBT (cognitive-behavioral therapy) as being "endorsed by NICE" (the UK National Institute for Clinical Excellence, which is tasked with ensuring best value for drugs and treatment in the national health service) and not infrequently refer patients to me on this basis. I am careful not to claim formal training in CBT or that I am a fully fledged CBT practitioner, but I believe I can ethically and logically claim to use some of their techniques. However, when appropriate I also explain that I don't think a cognitive and/or behavioral approach provides the complete answer, particularly for clients in the middle of grieving or who are traumatized. As Bill said in

his article, we have a model that is more subtle and complex and can adapt it for the client's needs.

I have always understood that much of CBT theory is rooted in transactional analysis. I may also advertize myself as offering psychodynamic counseling (small p and c), because I believe transactional analysis is rooted in psychoanalytic theory and has a strong psychodynamic pedigree alongside its humanistic philosophy. As Bill says, in his opinion, transactional analysis has much in common with contemporary psychoanalysis.

Finally, I often refer to myself as offering an integrative approach (small I, to distinguish myself from someone who took an integrative course of study), because as well as transactional analysis, I am qualified to use Jungian typology and applied counseling skills as well as various other tools and techniques. My personal view is that the way transactional analysis is applied (cognitively, relationally, classically, etc.) more likely relates to the practitioner's personality type than to any other factor.

So, depending on where, and to whom, I am advertising my clinical practice, I may use any of the above phrases alongside citing my transactional analysis qualifications. I do the same when advertising as a coach.

I was also particularly glad to read Fanita's view of how Berne created a qualifying process that can often appear excluding and exclusive. I've been very conscious of how as transactional analysts we can find ourselves—if we're not very aware of the dangers—of appearing to project an I+U- attitude toward other modalities because our training process is so extended, rigor-

ous, and, frankly, at times seems to comprise a series of obstacles designed to make life difficult. To anyone outside our community, our qualification route to CTA—let alone TSTA—is extraordinarily challenging, expensive, and time consuming. I've heard it said that other modalities "envy" the rigor of our qualifying process. They might do, but in my experience, they don't want to adopt it!

All this is set against the context that research demonstrates over and over that the single most important factor in successful therapy is the relationship between client and therapist. I think this is probably true for all other developmental activities. The advert for teaching ("everyone remembers a good teacher") speaks for itself. I think Fanita summed this up exceedingly well and went on to make some pertinent comments about the lack of university accreditation for transactional analysis and the reasons for it.

So, while I agree with Bill's conclusion about retaining our identity as transactional analysts, I also think we need to be flexible in describing it.

*Joanne Garner, Crawley, United Kingdom*

### REFERENCES

Cornell, B. (2007). No Fanita, I'm not a cognitive transactional analyst. *The Script*, 37(5), 2.

English, F. (2007). I'm now a cognitive transactional analyst, are you? *The Script*, 37(5), 1, 6, 7.

Dear Editor:

I would like to comment on the open letter from Fanita English (2007) to Bill Cornell published in the November 2007 *Script* regarding the proposition that transactional analysis relabel/remarket itself as a cognitive therapy. For all the

good reasons put forward by Fanita and more importantly for it to *survive* and *grow*, I think we must (yes, I mean must) be prepared to relabel ourselves. Friends of mine who live in America and in this country (United Kingdom) have said how transactional analysis is regarded as a forgotten therapy—outdated and not mentioned these days. I undertook hypnotherapy training last year with a well-known American psychotherapist, Dr. Michael Yapko, who, when I mentioned transactional analysis, also commented that today it is not regarded as effective in the United States either.

So, what's wrong with marketing ourselves better? Are we afraid of success? I have colleagues who, even though they are qualified, proficient transactional analysts (psychotherapy) are now going off to do cognitive-behavioral therapy (CBT) training because it is known and talked about throughout the National Health Service. And that's not because it is more or even as effective as transactional analysis, it's because it has been marketed better.

There is another discussion that I would like to begin, and that is about being called—after 4+ years of training and personal therapy and being awarded a master's degree—a certified transactional analyst, which gives no indication of the extent of the standards required to reach that level of competency. Why isn't our qualification at least referred to as a "diploma in psychotherapy," which most people realize means a level of education and training competence, whereas being certified has connotations of being "crazy"?

I agree with Fanita that we keep playing the "Ain't It Awful" game, and I want to start promoting "Ain't We Effective!"

The cost of my training leads me to wonder if it was worthwhile in terms of the therapeutic community and how we are being left behind. This also, of course, means that I am less likely to earn a living as a transactional analyst in this country. However, my clients quickly assimilate the classical theories of transactional analysis and frequently begin to use them after the first session, even though TA is not mentioned/recognized sufficiently in the necessary professional circles.

*Please*, can we have a debate on this point? Or will we continue to argue among ourselves while others (often with less to offer) get acknowledged and—even more importantly—well paid for their skills?

This is a very quick response to Fanita and Bill's discussions, so it may not be as well thought out as it could be. But I do think we need to debate this issue. I would certainly like to be able to call myself something other than "certified."

*Carole Middleton-Lowe, Bronllys (near Brecon), Wales*

### REFERENCE

English, F. (2007). Open letter to Script editor Bill Cornell. *The Script*, 37(8), 5.

## Relational TA Conference

Exploring themes of the  
RELATIONAL UNCONSCIOUS



Keynote Speakers:  
Helena Hargaden and Charlotte Sills  
Winners of the 2007 EBMA Award

Saturday 5th July 2008  
Venue: NCVO, London,

The conference will focus on themes of the Relational Unconscious and amongst other relational conversations will include:

- Tapping into the unconscious imagination;
- Finding the meaning between the words;
- Exploring the dynamic interplay between internal and external worlds.

Morning and afternoon groups will be led by a number of TSTA and PTSTA facilitators including: Heather Fowlie, Geoff Hopping, Gun Isaksson-Hurst, Ray Little, Rosemary Napper, Steff Oates.

For further information please contact:

**Metanoia Institute**  
13 North Common Road, Ealing, London, W5 2QB  
**020 8579 2505** **www.metanoia.ac.uk**

## 2008 WORLD TA CONFERENCE PHONE NUMBER

Some of the contact information for the South Africa conference, as published in the January-February 2008 *Script*, was wrong. The correct information is as follows:

Phone: +27 11 482 2835  
Fax: +27 11 482 2836  
Local: 086 616 1575  
E-mail: info@ta2008conference.org

# Learning Redecision Therapy

by Dawn McBride and  
Cholena Mountain

**B**y the beach at a lovely spiritual retreat center in Swords, Ireland, was the setting for 13 people to study rededecision therapy under Vann Joines. This training event occurred 1-6 October 2007 and was attended by both ITAA members and people new to transactional analysis. We wrote this article to share our insights and reflections about attending this wonderful training event. It was 6 days packed full of professional and personal development opportunities along with ample evening social activities given the majority of students stayed at the Emmaus Retreat Centre.

A valuable way to begin the training event was Joines introducing the cooperative contract by Steiner and Wycoff (as revised by Joines). The operating premise behind the contract is to use cooperation, rather than competition, to get one's basic needs met while in a group (e.g., air time, attention from the instructor, etc.). The contract outlines five expected behaviors (e.g., no rescuing, ask for what you want, do not lie) and five ways to process conflicts among group members.

The first morning was spent on providing the group with a solid and useful review of the transactional analysis basics and the history associated with rededecision therapy (RT). Thereafter, the remaining 5½ days evolved around understanding

and practicing the five types of RT work: (1) contracting; (2) decontamination, deconfusing, and restructuring; (3) impasse clarification; (4) facilitating a rededecision; and (5) implementing and reinforcing the rededecision.

It was a surprise to us how important the contract was in the RT process. Our previous training had discussed contracts, but neither of us had a clear understanding of the therapeutic power of a good contract. With Joines, a full day was spent on dissecting contracts and then facilitating crisp contracts with each other. The need for contracting was readily apparent to us when the work of trying to find the early scene and/or the early decision would falter whenever the contract was ambiguous. Sometimes, we would also forget to adhere to Joines's advice to keep a boundary around the contract stage as we found it was fairly easy to become distracted by the client's story and move into gathering details about his or her past without finishing the contract. Regardless of how often we "messed up," Joines would patiently guide us back to reestablishing a contract so facilitating a successful rededecision could be obtained.

At each of the stages associated with RT, Joines offered us a prompt sheet and suggested phrases to use to move the work forward, which was very helpful in learning the steps of RT as there was so much to pay attention to when aiming for a rededecision. We also learned to beware of the first con and how to confront it. We found it challenging to continually use active present



Participants on rededecision therapy workshop with Vann Joines in Scotland (from left): Elizabeth Gall, Dawn McBride, Gillian Nesh, Joe Daly, Vann Joines, Emily Nolen, Phil Hynes, Annie Baker, Cholena Mountain, David Gibson, Helen Gregory, Janet Sahafi, and Sally Howard

tense to keep the client in the Child ego state, particularly when the client did not match the tense. However, when we kept the tense in its active present form and used word phrasing suitable to the Child ego state, the therapeutic work became much more efficient.

Each of us had an opportunity to engage in therapeutic work with Joines, which demonstrated to us the power of the work from a client perspective. Joines helped Dawn with a reoccurring nightmare; it lost its fear for her once he invited her to use active present tense to describe the dream. This process, completed within minutes, helped Dawn uncover the message (decision) associated with the dream. Cholena also experienced the power of the rededecision process as "life changing" since she was able to change an early decision that was helpful to her as a child but prevented her from fully experiencing all her feelings. From a client perspective, Cholena deeply appreciated how Joines skillfully held the boundary so the work did not progress outside the contract and that each step of the rededecision process was explained in advance. Cholena, to this day, receives comments on how much more "alive" she looks since making this rededecision.

To keep adult students motivated, curious, and open to risk taking—particularly over 6 days—requires the instructor to cater to the four common learning styles and to use a variety of teaching strategies. In terms of the latter, Joines used instant video playback after each role play (client/counselor) with him providing detailed commentary on what worked and what the counselor could have done differently to create a different outcome. One of the most common sources of feedback we received tended to focus on needing to observe the client's body language and bring it to the client's attention at opportune times as it often parallels the experience the client is processing. For example, when clarifying an impasse with a client, if the therapist were to notice the client's foot in the position of depressing a gas pedal, the therapist might invite the client to give voice to the foot that wants to flee and the other foot that is willing to stay and work things out. Sometimes, it is more meaningful to engage about the "foot" than the actual issue as it is safer since it is an externalized conversation.

Another way Joines kept the group motivated and open to learning was constantly asking if we needed more clarification and/or more examples. This simple willingness to go into as much detail as the participants needed was deeply appreciated as it catered to our learning styles.

For example, we witnessed how some people tended to learn by jumping immediately into action and wanting feedback as they were in the midst of a role-play counseling RT session. Others wanted ample information on the topic before feeling ready to engage in the role plays to practice. In addition, Joines's demonstrations at the introduction of each new component of the rededecision process also benefited those who need to see "the big picture" before being able to learn the topic. Some of the demonstrations were brief; others mimicked counseling sessions. Joines's demonstrations were even more valuable when he used the instant video playback, giving us insight into what he was thinking and why at nearly every moment of his session. Further, he was constantly sharing examples from his clinical practice to make the topic come alive and to help us learn how to navigate out of tricky RT moments.

Special moments during the course often occurred after a full day of learning and practicing RT when the group would gather to participate in pre-dinner beach walks and after-dinner socials. We were fortunate to have a local in the training group (Joe Daly) escort us to some incredible beaches for long sunset walks and to pubs offering live Irish music. The last night together included a dance party with each of us taking turns leading songs often connected to our youth and country of origin. At the end of day 6, the course concluded with a group picture and presentations of certificates created by the organizer of the event (David Gibson). The framed certificates hang proudly in our offices, and glances at them remind us of a joyous time with people from different parts of the world coming together to learn transactional analysis under the guidance of a very skilled TA clinician.

Dawn McBride, PhD, is a clinical psychologist and a student at the University of Lethbridge, Lethbridge, Alberta, Canada; she is a student member of the ITAA and can be reached at dawn.mcbride@uleth.ca. Cholena Mountain, MA (counseling studies), MBACP, is also a student member of the ITAA and lives in Coventry, West Midlands, UK; she can be reached at cholena@cholenamountain.co.uk.

## Therapeutic Journey: Practice and Life



by James Allen  
and  
Barbara Allen



"This extraordinary book is a must read! From an introductory guide to the therapeutic encounter for the novice to clear and accessible expositions of such topics as constructivism and the inner neurobiology of intersubjectivity, it does, indeed, offer us a therapeutic journey full of insight, wisdom, and joy."

Mary Goulding, MSW

This book is a collection of papers by Jim and Barbara Allen, who spent 40 years integrating mental health principles into their public and private lives and their teaching. The topics they write about range widely and include what to do after meeting the patient, types of treatment, trauma, social constructivism, working with children and adolescents, the biological underpinnings of transactional analysis and mental health interventions, family therapy, transference, rededecision therapy, and social issues related to drug use, American Indian adolescents, the Oklahoma City bombing, war, and the Tulsa race riots of the 1920s. While neither solely a textbook nor a memoir, these papers can be used by both beginning and experienced practitioners.

Price: \$35

Shipping: Surface: USA: \$13, International: \$20

To purchase, contact the ITAA, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA;

Phone: 925-600-8110; Fax: 925-600-8112; E-mail: itaa@itaa-net.org;

Web site: www.itaa-net.org

# Training and Certification Council Update

The T&CC Update is the e-bulletin of the Training and Certification Council of Transactional Analysts. Through the T&CC Update we want to inform you about new developments and decisions concerning training, exams, standards, regulations, and so on. The T&CC Update appears whenever important discussion is going on or decisions have been made by the T&CC or the Transactional Analysis Certification Council (TACC). We urge you to share this information with your trainees and colleagues and also send us your views and comments.

Please note that the T&CC Update is not an alternative to the *ITAA Script* or *EATA Newsletter* but offers specific information that sometimes may also be found in those publications. If you have requests or comments about what you read here, please send them to C. Suriyaprakash, Executive Editor—T&CC Update, e-mail: [suriya@asha-net.com](mailto:suriya@asha-net.com).

## Thank you Servaas!

The T&CC expresses its profound thanks to Servaas van Beekum, who served two terms as its chair, for the illustrious leadership he provided to the council.

In this bulletin, we present the news and decisions from the meetings of the T&CC and TACC during the San Francisco Conference in August 2007.

## News

- **Pilot study:** The first international Continuous Evaluation Workshop (CEW) will be conducted in July 2008; the coordinator is Nicole Pierre (France). This is part of a pilot research project undertaken by EATA for alternate routes to Teaching and Supervising Transactional Analyst (TSTA) certification. Details can be found on the EATA Web site.
- **Training Preparation Workshop (TPW):** A new format for the Training Endorsement Workshop (TEW) was tested in the United Kingdom (UK) and evaluated for the next year; the test was extended until 2013. This is part of a pilot research project carried out by EATA. More details can be found on the EATA Web site.
- The TACC will soon introduce an examiners' reward system. Details will be decided shortly.
- To improve examiner/exam quality, EATA has taken the following actions:
  - ▲ There will be Council of Certification (COC) exam observers in each local exam.
  - ▲ The examiners' meeting will be designed as an examiners' training before the exams. This will be open for all examiners as part of Continued Professional Development (CPD).
  - ▲ There will be a formal debriefing after the exams.

- ▲ There will be a task force for designing an examiners' training.
- ▲ The examiners' training is part of the TEW/TPW.
- The Certified Transactional Analysis (CTA) organizational written exam questions are being revised. A task force was created that will present its proposal to the TACC soon.

## Office Holders in T&CC

Beginning 1 January 2008, the following people will fill positions in the T&CC:

**T&CC chair**—Trudi Newton, UK

**Board of Certification (BOC) members**—Trudi Newton (cochair), Lorna Johnston (cochair), and regional exam coordinators Jan Grant, Australia; Lorna Johnston, North America; Judith Kime, New Zealand; Chie Shigeta, Japan; and Radhakrishnan T S, India. Training Standards Committee (TSC) members: Tomoko Abe (cochair), Susan George (cochair), Elana Leigh (TEW coordinator), Lis Heath, Colin Brett, Suriyaprakash C, and Anita Mountain.

## Decisions

1. **Extension for field to CTAs:** The TACC has decided to stay with the current process. If a CTA wants to add a new field of application, she/he must pass through the whole process (2000 hrs + written and oral exam). A task force was set up to revise the process and create a proposal by the next meeting in August 2008.
2. **TA 101 outline revision:** The TACC created a task force to create a proposal for the new TA 101 outline by the end of February 2008. The members of the task force include Servaas van Beekum (chair), Claude Steiner, Milli de Michele, Mark Widdowson, Suriyaprakash C, Ian Stewart, Richard Erskine, and Charlotte Sills.
3. **CTA (P) oral exam group tape:** The TACC has decided to stay with the group tape requirement for CTA exams in psychotherapy. There is some flexibility, however, and exceptions can be requested.
4. **TSTA exam scoring criteria:** The ethic item on the TSTA exam (theory, organization, and ethics) form will be amended to include awareness of ethical considerations in different contexts (supervision, teaching,

training, transactional analysis organizations, and the wider community). The rating scale will be:

- 5 Is aware of values and ethical principles and analyzes situations accordingly
- 3 Some awareness of values and ethical principles, including their distinction
- 1 Little information about values and ethical principles

The handbook will be updated soon with this change.

5. **CTA written exam:** Regarding the anonymity of the candidate, candidates should not identify themselves or the names of their trainer(s) and supervisor(s) or training institutes in their written exam to avoid bias of any kind. They are encouraged to write about their direct cultural and geographical context, which is relevant for a marker to know about.
6. **CTA education written exam:** The TACC ratified the new set of guidelines for the Parts A, B, and C and introduction to Part D of the CTA education written exam. The same will be published in the handbook soon.
7. **Course outline:** The TACC confirmed that the responsibility for a curriculum or course outline toward CTA examination is delegated to the PTSTAs and TSTAs. It is not a TACC task. The TACC has set the core competencies in each of the fields of certification, and a PTSTA/TSTA needs to take that into account when designing a curriculum.
8. **TSTAs serving as examiners:** Because of the difficulties in finding examiners for TSTA exams, the TACC decided to add a clause to 12.6.9. The TSTA supervisor declares that he/she has examined at least three times during the last 5 years, giving dates and venues. The TACC stresses this aspect in the TSTA contract and emphasizes the need for TSTAs to serve as examiners as part of their continuing education.

Please note that all changes made by the T&CC/TACC come into immediate effect. However, candidates have the choice to follow the old guidelines for up to 1 year from now.

I look forward to your valuable feedback.

C. Suriyaprakash for the T&C Council,  
e-mail: [suriya@asha-net.com](mailto:suriya@asha-net.com)

## Examiners Sought for 2008 South Africa Conference

Plans are already in hand for exams to be held at the site of the 2008 World TA Conference in South Africa. Exams will be held on Wednesday 6 August, with institutes the following day and the conference opening on the evening of Thursday the 7th. We want to honor the importance of our exam process, along with recognizing the significance of the first transactional analysis conference on the African continent. Candidates for TSTA exams are already applying for places, and no doubt CTA candidates will soon follow. Our intention for the 2008 exams is to do as much preparation as we can beforehand by recruiting examiners and supervisees and planning potential boards and supervisions. If you are a TSTA and are planning to attend the World Conference in Johannesburg and are willing to examine, please let me know! I also want to hear from CTAs or PTSTAs who want to examine or be a supervisee or audience member.

—Trudi Newton, BOC Cochair, can be reached at [trudi.newton@btinternet.com](mailto:trudi.newton@btinternet.com).

## Gain Advanced Transactional Analysis Training Hours via Correspondence with the Gregory Institute for Transactional Analysis

This is done via DVDs (or videos) of live training lectures with Linda Gregory, TSTA, in Perth, Australia.

You can use these hours to add to the training you are doing or do the complete training to CTA level via correspondence.

For more information, see [www.drlindagregory.com.au](http://www.drlindagregory.com.au)

Linda Gregory, Ph.D.  
[lgregory@iinet.net.au](mailto:lgregory@iinet.net.au)  
61 8 0409 687 926

## EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
<b>CTA EXAM</b>	COC	27 Mar. 2008	Keele, England	1 Dec. 2007
	COC	3 July 2008	Slovenia	1 April 2008
	BOC	6 Aug. 2008	Johannesburg, S. Africa	6 May 2008
	BOC	30 Oct. 2008	Rotorua, New Zealand	30 July 2008
	COC	14 Nov. 2008	Neustadt, Germany	1 Aug. 2008
<b>TSTA EXAM</b>	COC	27 Mar. 2008	Keele, England	1 Sept. 2007
	COC	3 July 2008	Slovenia	1 Jan. 2008
	BOC	6 Aug. 2008	Johannesburg, S. Africa	6 Feb. 2008
	COC	14 Nov. 2008	Neustadt, Germany	1 May 2008
<b>CTA Written</b>	All Regions (Non-Europe)	Your choice	Submit to Regional Exam Coordinator after paying \$50 fee to T&C Council	Your choice
<b>TEWs</b>	BOC	August 2008	Johannesburg, S. Africa	April 2008
	BOC	2-4 Nov. 2008	Rotorua, New Zealand	1 July 2008

\* COC CTA exam candidates who are doing the COC written case study must submit it no later than six months before the oral exam date. Details/application available from the COC Language Group Coordinators.

**Note: Exams subject to availability of examiners/exam supervisors.** BOC not responsible for expenses incurred when unavailability of examiners/exam supervisors causes exams to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

**To arrange to take a BOC exam,** contact the T&C Council, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA. Note: COC people sitting for BOC exams must forward the equivalent of the EATA fee to the T & C Council office. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** \$450 ITAA members/\$600 non-ITAA members payable in US dollars to T&C Council, c/o the T & C Council office, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

# KEEPING IN TOUCH

## European Region

**George Kohlrieser**, PhD, former ITAA president, reports that the DCF (French Association of Business Leaders) has unanimously given the "Best Business Book Award 2007" to *Négociations Sensibles: Les Techniques de Négociation de Prises d'Otages Appliquées au Management* (Village Mondial, 2007), the French translation of his book *Hostage at the Table: How Leaders Can Overcome Conflict, Influence Others, and Raise Performance* (Jossey-Bass, 2006). The French Association of Business Leaders brings together leaders from the business sector, uniting and boosting its activities through a network of 90 local associations totaling more than 3,000 members with a strong local presence. Every year since 1979, the Local Association of DCF-Nice organizes the award for the best business book dealing with the dynamics of business activities. The award ceremony was held on 1 February 2008 at the National Assembly (Paris). *Action Commerciale*, a monthly widely distributed among French business leaders, awarded to George the equivalent of 3,000 Euros in editorial advertising, which will assure efficient promotion of the book among target groups. The award will also be circulated in the *Tribune*, the DCF journal. *Hostage at the Table* has now been translated into nine languages, including Chinese and Korean, and there was a major article about it in *La Figuro* newspaper.

**A relational transactional analysis conference** is planned for 5 July in London, England. It is being organized by the transactional analysis department at Metanoia Institute and will feature 2007 Eric Berne Memorial Award winners Charlotte Sills and Helena Hargaden as keynote speakers. The theme of the conference is "Exploring Themes of the Relational Unconscious." For details, visit the Metanoia Institute Web site at [www.metanoia.ac.uk](http://www.metanoia.ac.uk).

### ITAA WEBSITE: [www.ita-net.org](http://www.ita-net.org)

The ITAA website provides comprehensive information about every aspect of the ITAA. Recent additions to the site include links to upcoming international, national, and regional activities as well as membership criteria and an application form. If you want your website linked from the ITAA site, please forward the site address (URL) to [webmaster@ita-net.org](mailto:webmaster@ita-net.org). Please also forward any suggestions, feedback, and information for upcoming events.

**La Asociación de Profesionales de Psicología Humanista y Análisis Transaccional** (APPHAT) (the Spanish TA Association) held its scientific meeting in Santiago de Compostela and decided in its general assembly to renew its board of trustees until 1 November 2010. The new board is composed of Concepción de Diego Morales, president; José Manuel Martínez Rodríguez, vice president; Taly Sánchez Urrutia, secretary; Mayte Aurre Ormaetxea, Treasurer; and members Carlos Bouza-Brey Coronao, Milagros Goyanes Martínez, Carmen Torralba Novella, José María López Reyes, and Itziar Martínez Villate. They write, "We are interested in cooperating with the ITAA and other TA bodies to work together to spread the theory and practice of transactional analysis around the world, especially in Spain."

## Latin American Region

**La Asociación Latinoamericana de Análisis Transaccional** (ALAT) had a great week of activities, from 12-16 November 2007 on the outskirts of Guatemala City. At the pleasant forest setting of Casa Santander, San José Pinula, the program began with 2 days of reflection by a gathering of professionals on transactional analysis for an exchange of ideas and updates about research and new developments in Central and South America, including ideas about ways of renewing the organization. The last 3 days of the week, the 27th CONGLAT (Latin American Transactional Analysis and Behavioral Sciences Congress) took place, with the official sponsorship of the three main universities in the nation. It brought together presenters and attendants from 16 countries in the region for a total of 165 people. Thanks to the efforts of a strong group of college teachers and students led by Dr. Rolando Paredes, the conferences, workshops, cultural events, and celebrations went smoothly for a well-deserved success. In addition, ALAT had its annual meeting, at which new officers were elected, including President Dr. Antonio Pedreira (Brazil) and Secretary Lic. Edgar Ramírez (Guatemala) along with a select group of members. Another important decision was that the next CONGLAT will be in Venezuela or the Dominican Republic in 2008. The representative of Central and South America on the ITAA Board of Trustees, Joaquín Granados of Costa Rica, addressed the meeting on ways of developing mutual understanding and collaboration between associations for future possible joint activities, including the sharing of publications about fresh knowledge and new developments in transactional analysis worldwide.



The first international "Training Workshop for Excellence" for Provisional Teaching and Supervising Transactional Analysts (TSTAs) in the Australasian region was held in Sydney in February 2008. From left: Kaoru Mitsuyama (Japan), Kathy Laverty (Australia), Ryoko Shimada (Japan), Izumi Kadomoto (Japan), Mandy Lacy (New Zealand). At the back: Servaas van Beekum, TSTA, who directed the workshop with part-time support from Elana Leigh, TSTA, and Diana Shmukler, TSTA (neither are in the photo). The workshop rotates between Australia, New Zealand, and Japan.



## How to Be Happy

An International Psychology Seminar at:

Le Sarmant, Grand Robert, 47350 Escassefort,  
South West France

10th and 11th May 2008

Chaired by Joanna Beazley Richards, TSTA

International speakers from different psychology and psychotherapy backgrounds, live jazz, good food, and local organic wine...  
Plus a chance to relax in rural South West France...



Escassefort Village Centre

Photo: Michel Debortoli

Price: €250

To find out more or to make a booking contact:  
Joanna Beazley Richards, Wealden Psychology Institute,  
2 Quarry View, Whitehill Road, Crowborough, East Sussex, TN6 1JT  
Tel: +44 (0) 1892 655 195 or +44 (0) 7795 498 993 or  
E-mail: [info@wealdeninstitute.co.uk](mailto:info@wealdeninstitute.co.uk)  
[www.wealdeninstitute.co.uk](http://www.wealdeninstitute.co.uk)



Dr. Carvajal speaking at the November 2007 CONGLAT Conference near Guatemala City