

Rosa Krausz and Marco Mazzetti Honored with 2012 Eric Berne Awards



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We are pleased to announce that 2012 is a very good year for the Eric Berne Memorial Award. We have two winners: Rosa Krausz and Marco Mazzetti. They will be receiving their awards at the August conference in Chennai, India, and we offer a brief summary here describing the work for which they are being honored. We hope you will join us in congratulating them both: Rosa can be reached at rokra@terra.com.br and Marco can be reached at marcomazzetti.at@libero.it.

Rosa Krausz, PhD, is being recognized for her work as represented by two of her articles: “Power and Leadership in Organizations” (*Transactional Analysis Journal*, April 1986) and “Organizational Scripts” (*Transactional Analysis Journal*, April 1993). Erich Kosloski, who nominated Rosa, noted that the first of these was a pioneer-



ing article for organizational applications of transactional analysis because it considered the relationship between power and leadership styles within organizations as well as between members of organizations and leadership styles and the degree of effectiveness of each style and its possible outcomes. Rosa described four leadership styles in terms of transactional analysis concepts, including the use of predomi-

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Marco Mazzetti, MD, is being honored for his practice-anchored theory of transactional analysis supervision as represented by his article “Supervision in Transactional Analysis: An Operational Model” (*Transactional Analysis Journal*, April 2007). His nominators included Jim Allen, Isabelle Crespelle, Milly De Micheli, Fanita English, Ann Heathcote, Dolores Munari Poda, Alessandra Pierini, Nancy Porter-Steele, Charlotte Sills, and Curtis Steele. In their nomination statement, they described how Marco’s operational model represents an original, innovative, and significant advancement in the theory and practice of transactional analysis supervision. It aimed to develop a specific theory of transactional analysis supervision and its consequent



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Rosa Krausz

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nant ego states, transaction types, frequent stroke patterns, predominant life position, time structure, games, discounts, and their impact on productivity and organizational climate. The article shows it is possible to diagnose organizational climate and develop interventions to facilitate behavioral change for the members of the organization as well as to identify and stimulate options for membership participation through empowerment that profits the organization as a whole. The article has been well used and often cited in later publications, especially in the organizational field of TA.

The second article discusses, for the first time, the application of script theory in organizations as well as the relevance of taking into account nonconscious individual and group processes that can negatively impact organizational efficacy. The article proposes a set of beliefs as a tool for analyzing the external adaptation process and the internal integration of organizations using a classic definition of scripts presented by Berne. It is supported by works on organizational culture and organizational ideology in order to show the behavioral patterns that are the archetypes of each organizational script. Four ideologies were stressed: work, time, people, and money. Rosa showed how these concepts, which had previously been used only in the clinical field, could be applied in nonclinical fields. This article has become a classic in the organizational field of transactional analysis,

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Marco Mazzetti

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practice and is significant because it systematizes and integrates previous models of supervision, especially the work of Erskine, Clarkson, and Tudor, and enhances and extends them with new and innovative concepts.

Specifically, Marco's model integrates Erskine's concept of supervisees' stages of development and specific learning needs with Clarkson's approach to evaluating the quality of supervision and Tudor's goal of supporting clear and coherent transactional analysis theorizing. Marco's nominators noted that his work systematizes transactional analysis supervision into a comprehensive, consistent model and adds and develops new concepts that enrich and enhance the model both theoretically and methodologically. Marco's seven-point operational model changes the emphasis of transactional analysis supervision from focusing mainly on the client's well-being to the well-being of both client and practitioner/supervisee. In doing so he moves supervision from a one-person to a two-person relational frame. New concepts addressing a transactional analysis theory of supervision include the ideas of emotional contact with the supervisee and the use of parallel process. Transactional analysis literature and central concepts are widely referenced, with relevant attention to Berne, Holloway, Steiner, James, Goulding, and Allen and Allen, and the classic concepts of the discount matrix, the episcript, and the concept of OKness.

The significance and impact of these ideas has become manifest in the translation of the article into other languages and how it is quoted by Provisional Teaching and Supervising Transactional Analyst candidates in their TSTA examinations. For these future supervisors, Marco's ideas clearly have become a significant frame of reference.

Marco Mazzetti, MD, born in 1958, is specialized in pediatrics and psychiatry. He is a Teaching and Supervising Transactional Analyst (psychotherapy), a member of EATA and the ITAA (since 1988), a university lecturer at the Faculty of Medicine, University of Brescia, Italy, and the author of several books and scientific articles on transactional analysis and cross-cultural psychiatry. He worked in several health cooperation projects in Africa, Asia, and South America, and from those experiences he derived a deep interest in the cultural implications of human relationships and specifically of psychotherapy. In his country of Italy he started to work with immigrants in Rome, at the Caritas Health Service, in 1990, where he is at present the head of "Invisible Wounds," the

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the SCRIPT

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Rosa Krausz

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amplifying the application of TA and enhancing the reach and potency of interventions so that they are no longer only individual and healing but also become strategic, preventive, predictable, and able to impact organizations as a whole.

Rosa Krausz is a Brazilian sociologist and former university professor as well as a Teaching and Supervising Transactional Analyst (organizational and educational) certified by the ITAA and UNAT-BRAZIL (the Brazilian TA Association). She is a full member of the Worldwide Association of Business Coaches (WABC), a former ITAA Secretary and member of the board of trustees, the author of several articles published in the Transactional Analysis Journal, editor of REBAT (the Brazilian Journal of TA), translator of *What Do You Say After You Say Hello?* and other transactional analysis books, and an active trainer and supervisor of the majority of organizational Certified Transactional Analysts in Brazil. Rosa also authored two books on transactional analysis in organizations and has participated in national and international conferences. Several of her articles have been translated into French, German, and Italian. She enjoys gardening, cooking, reading, and spending time with her family, which includes her two children and four grandchildren. 📍

Marco Mazzetti

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rehabilitation service for torture victims. Marco also works as a psychotherapist and psychiatrist in private practice in Milan, Italy, where he founded and runs the Milan Institute for Transactional Analysis. His main pleasure is raising his three children with his wife, Ulrika, and traveling, skiing, mountain climbing, and biking with them. He is also a passionate cook. 📍



Marco Mazzetti was on a holiday cruise with his family when the announcement was made that he had won the 2012 Eric Berne Memorial Award. When he learned the good news several days later, he and his family celebrated together: (from left) wife Ulrika Widén, daughters Sofia (standing) and Alice (seated), Marco, and son Niccolò.

Upcoming TAJ Theme Issues

“Counseling and Transactional Analysis”

Editors: Sylvie Monin and William Cornell
Deadline for Manuscripts: 1 July 2012

“Transactional Analysis and Groups”

Editor: Jo Stuthridge
Deadline for Manuscripts: 1 January 2013

“Transactional Analysis, Childhood, and Adolescence”

Editors: Marco Mazzetti, Gudrun Jecht-Hennig, Dolores Munari Poda, and Ann Heathcote
Deadline for Manuscripts: 1 July 2013

“Loss, Death, and Dying”

Editor: Ann Heathcote and Steff Oates
Deadline for Manuscripts: 1 January 2014

Please follow the submission requirements posted at <http://itaaworld.org/index.php/transactional-analysis-journal/taj-submission-requirements>. Email manuscripts to TAJ Managing Editor Robin Fryer, MSW, at robinfryer@aol.com.

Call for Volunteers

We need your help to breathe new life into the following ITAA committees:

The conference committee has the inspiring task of organizing the 2012 Chennai Conference together with our colleagues from the South Asian Association of Transactional Analysts (SAATA). The conferences for 2013 and 2014 are also coming up, and initial preparations will begin once sites have been selected.

The membership coordinating committee has an important task, especially now that the ITAA office has closed. Help our members to feel connected.

The scholarship grant fund committee has not been active in the last few years. We need to reinvigorate it because our members need this kind of help.

Your fresh ideas and energy are urgently needed. For all offers and questions, please contact ITAA Vice President of Operations Vladimir Gousakovski at v.gusakovski@gmail.com.

2011 ITACA Conference on “Meeting the Child Through Play”

by Stefano Morena

The 4th Seminar of International Transactional Analysts for Childhood and Adolescence (ITACA), with the theme of “Meeting the Child Through Play,” took place in Lavarone, Italy, from 26–28 August 2011. A group of transactional analysts—including educators, teachers, neuropsychiatrists, pediatricians, psychiatrists, psychologists, psychomotor therapists, and psychotherapists—chose this place in the Italian Alps, where Sigmund Freud spent some summers, to meet with others who share an interest in working with children and adolescents.



Panel at the 2011 ITACA Conference (from left): Rossella Pedone, CTA-C; Ariela Casartelli, PTSTA-C; Maurizio Martucci, TSTA-P; Stefano Morena, PTSTA-P; Dolores Munari Poda, TSTA-P; Cristina Capoferri, PTSTA-P (and President of ITACA); and Rosangela Pesenti, CTA-E.

Dolores Munari Poda, winner of the 2009 Eric Berne Memorial Award, opened the seminar by introducing

Stefano Morena is a Provisional Teaching and Supervising Transactional Analyst (psychotherapy) and a psychotherapist who works with children and adolescents. He is also the scientific coordinator of the master's for children and adolescents psychotherapy at Istituto Torinese di AT (Turin Institute of TA), in Turin, Italy. He can be reached at stefanmorena@tin.it.

three artists who have in common a technical ability and creativity that is inspired by childhood and becomes the inspiration for masterpieces that stand the test of time. We saw the mobiles and stables of Alexander Calder, who combined his engineering skills with the creative ability of producing “toys” that are works of art using simple materials. The second artist was Bruno Munari, whose eyes are those of an adult who has not forgotten the Child inside him and who makes us look at things with new eyes, reinvent everyday objects, and play with books and stories to rediscover the small but precious gifts of nature. Third, we

met Friedensreich Hundertwasser, with his personal desire to find his own autonomy by crossing cultures and religions in order to renovate both architecture and living spaces with new languages and symbols.

The contributions of the other presenters at the conference touched on many different subjects, from prevention in schools to interventions in hospitals, from counseling to clinical work in the consulting room either individually or in groups. There were considerations of theory and technique as well as experiential stories. The main theme was contact with children and adolescents through play.

Ariela Casartelli and Rossella

Pedone presented their work on “care,” which takes place in a laboratory of psychomotoricity in a nursery and is used as a space dedicated to play and parent-child counseling. This project was created to offer different options within a social context in which children are hardly “seen” and where there seems to be a lack of time and desire to be with them, except to stimulate their learning and efficiency.

The speakers also made connections between some game types and the concepts of script, protocol, and intimacy as articulated by Eric Berne and Bill Cornell.

Sometimes the child arrives in the consulting room with a burden of undifferentiated anguish and destructive fantasies. **Cristina Capoferri** showed how playing can turn this emotional jumble into constructive fantasies and related her clinical work to the contributions of Winnicott, Bion, Ferro, Cornell, and Romanini.

Rosangela Pesenti, in her presentation on “The Places Inhabited by Children,” reminded us that some places can speak to us and tell our stories; they can accept or reject us through the language of spaces and objects. Home, in particular, is the place where babies are kept safe. Taking into account the contributions of the social theorist Pierre Bourdieu, the anthropologist Michel de Certeau, and the artist Niki de



Lavarone, site of the ITACA conference in the Italian Alps, where Sigmund Freud spent some summers

Saint Phalle, Rosangela proposed a counseling intervention for a little girl using the game of house in an original way.

Stefano Morena illustrated how it is possible to meet the child’s “monsters” during the therapy process. Through clinical histories he articulated how it is possible to approach these monsters and to know and domesticate them using self-reparenting techniques and/or through coping strategies and a pleasant, seriously playful narration.

In “Children’s Play and Transactional Analysis,” **Güdrun Jecht-Henning** traced the foundations of play: assumptions, meanings, gratuity, and functionality. She talked about the work of Pauline Kernberg, who has been a point of reference for considerations of play linked to different psychopathological situations and for analyzing whether a play activity is age appropriate and healthy. The presentation then focused on some specific transac-

tional analysis contributions and on the therapeutic function of play. Its development, from a sensorimotor stage to a more elaborate one with social rules was translated into an evolutionary perspective following Pam Levin’s development cycle. A connection was noted between play and script in its diagnostic and therapeutic use.

Annacarla Arlunno presented the characteris-

tics of maternal-like interventions with adolescents hospitalized in a neuropsychiatric department. **Sara Filanti** spoke about her work in a transactional analysis psychotherapy group for children in which the therapist and her young patients meet, build a contract, feel emotions, search for solutions, and test different ways of living together.

“The Dimension of Play and Amusement in Working with Adolescents” by **Barbara Giacobbe**, “The Metaphor of Play” by **Cetta Berardo**, and “The Emotional Musical” by **Ulrika Widén** all considered the versatility and competence needed in the delicate contact with the adolescent world. The approach of these practitioners involves music, play, metaphors, and technology used in a poetic and creative way.

Tiziana Bullano described children’s play in the context of a primary school. **Barbara Jabbroni** presented her views on a phenomenological approach to the analysis of

the path that from the therapist's Child arrives first to the child's Child and then to the parent's Child. **Silvia Grassi** pointed out the typical characteristics of those who use the Little Professor in teaching and learning transactional analysis. This is possible in a dynamic setting in which the "force of presence" in the relationship is central. Her closing words summed up one of the inspiring principles of ITACA: "We don't own knowledge, we create it together." This is the driving force that moved us in the beginning and that is still moving us: the importance of our attention to children, adolescents, and the adults who live and work with them, a love of research, and the desire to share our work and ideas.

The 2012 5th ITACA Seminar, also in Lavarone and entitled "New Experiences with Children and Adolescents in Therapy, Counseling, and Education," will focus on "Working Experiences with Children and Adolescents" (24 August) and on "Fanita English and Children: Her Theoretical Contribution" (25 August). ITACA will propose a review of Fanita's rich and composite work from the beginning to now, in order to offer her views to professionals who work with children and as a resource for therapy, psychopedagogy and counseling with children.

Everyone who works with children, adolescents, and families, in educational, health, scholastic, and therapeutic fields, is welcome at the 2012 meeting. The seminar will be in Italian with English translation. For more information, visit www.versoitaca.org. 

Call for Papers: "Transactional Analysis, Childhood, & Adolescence"

by *Güdrun Jecht-Hennig, Marco Mazzetti, Dolores Munari Poda, and Ann Heathcote*

Although many transactional analysts work with adults and children, there is a paucity of publications on work with children and adolescents in the transactional analytic literature. In recognition of this deficiency, the editors of the *Transactional Analysis Journal* have decided to devote an entire issue to articles concerned with counseling, treatment, and the pedagogics of children and adolescents. We are honored to serve as guest editors for this issue.

cate by facial expressions and gestures and in their play, body expressions, and art work (e.g., see Poda, 2004). Adolescence is a special, fascinating time in the life of youngsters, an exciting and sometimes troubled migration from childhood to adult life. It is a natural and important part of any *TAJ* issue devoted to children. This dynamic age appears to be a chance for changing and developing life perspectives and horizons. We hope authors for this spe-



Ann Heathcote



Dolores Munari Poda



Güdrun Jecht-Hennig and Marco Mazzetti

Work with children is a central part of our professional life. Using transactional analysis in this task helps us to develop a picture of the child's outer and inner situations. The theoretical background of script gives us the opportunity to (1) analyze script and (2) influence script development. The language of children is not only verbal; they also communi-

cial journal will consider what our role is as parents, educators, counselors, therapists, and experts in the lives and psyches of children and teenagers.

The cultural differences in dealing with children, adolescents, and their parents are amazing, and we also hope for a fruitful exchange on these issues from our international com-

munity. How are youngsters facing and dealing with globalization and the new media and new technologies that are making our children so similar all around the world? How are they dealing with phenomena like migration? We hope to highlight some of the differences as well as the mutuality of experiences working as transactional analysts with children and their environments.

Join us in creating an important collection of articles on using transactional analysis with children. We are eager to see what you will contribute! The deadline for submitting articles is 1 July 2013, although we would appreciate it if potential contributors would send us a provisional title for their intended contribution at their earliest convenience. And remember to consult the *TAJ* submission requirements at <http://itaa-world.org/index.php/transactional-analysis-journal/taj-submission-requirements>. We look forward to hearing from you.

REFERENCE

Poda, Dolores Munari. (2004). Every child is a group: The girl of the snakes. *Transactional Analysis Journal*, 34, 52-68.



Güdrun Jecht-Hennig, MD (Germany), Marco Mazzetti, MD (Italy), Dolores Munari Poda (Italy), and Ann Heathcote (UK) are the guest editors for this TAJ. Send inquiries to Marco Mazzetti at marcomazzetti.at@libero.it.

2012 International Transactional Analysis Conference



**CHENNAI, INDIA
9 TO 11 AUGUST 2012
HOTEL GRT GRAND**

Organizers: ITAA and SAATA

Host: Poornam – Institute for Holistic Development

Second early-bird registration deadline: 8 May 2012

www.itaaconference.com

The 2012 ITAA Conference in Chennai, India, from 9-12 August, is shaping up with a large variety of workshops by presenters from around the world (for a partial listing, see the March 2012 *Script*). We hope if you haven't already, you will register now and make your travel plans!

EARLY-BIRD REGISTRATION AND TALENT RATES: The deadline for the 10% early-bird registration is 8 May. Residents of Talent countries have the option to register for only 50% of the full rates. We hope this will encourage participation from many countries. We are also offering special rates for local participants because the spread of transactional analysis among those who have not yet been exposed to it is one of the objectives of the conference.

ADVERTISING: To support these efforts, please consider placing an advertisement in the conference souvenir/program, which will be distributed to all conference participants. Ad rates: back outside cover: 15,000 (INR); front/back inside cover: 10,000 (INR); full page: 5,000 (INR); half page: 3,000 (INR). For further details or to reserve an ad, please email susangeorge51@gmail.com.

On Books and the Fast Pace of Modern Life

by Laurie Hawkes

I was at a book salon recently, the Salon du Livre, which is held every March in Paris near the Porte de Versailles. I had the honor of being invited to the preopening night for professionals only. You may be imagining, as I did, a quiet evening, muted, with deeply reflective authors talking gently with other authors and with publishers. Instead, I found myself quite overwhelmed by the tight, noisy crowds milling around. So many people! So many authors! So many books! And, as an editor told me dispiritedly, fewer and fewer readers (and buyers) of books.

“Clearly, TA still sells books, even in our modern age. I am sure there are other TA and TA-related books coming out in other countries and languages, and we encourage you to let us know about them.”

In our world, books seem to have become a perishable commodity, produced in quantities week after week. After a year or two, many of them wind up in the shredder and recycling bin. (I wonder whether e-formats will stay around longer. . . .) This can be seen as just another facet of our fast-moving society, of course. Few things last.

Nevertheless, many of us transactional analysts still have well-worn, beloved copies of books by Berne and others who have added their voices to the transactional analysis literature over the last 6 decades. And I am happy to report that the contributions continue, with TA books being published regularly around the world. In my role as editor of *The Script*, I occasionally learn of new transactional analysis books and decided it might be interesting and helpful to our readers to offer a little summary of those I have heard about recently. I hope you will enjoy learning about what your colleagues have been writing.

Starting with what I know best, transactional analysis is still a hot topic for French publishers. Eyrolles, “my publisher” (doesn’t that sound impressive?), wants me to turn out books regularly. They don’t publish all of my books under the heading of transactional analysis, but there is TA in all of them. And publishers here like TA because people can grasp and use it easily. They first invited **France Brécard** and **me** to write *Le grand livre de l’analyse transactionnelle* [The Big Book of Transactional Analysis] a few years ago and then asked me (**Laurie Hawkes**) to do one last year on using transactional analysis concepts to under-



stand and work with social anxiety, *La peur de l’autre* [Fearing the Other]. They also recently asked me to write an exercise booklet about TA (50 exercises to master TA), which two younger colleagues, **Hélène Dejean** and **Catherine Frugier**, will finish soon.

In the general transactional analysis area, **Agnès Le Guernic** produced a small but very clear introductory book last year entitled *L’analyse transactionnelle: pour mieux se connaître et améliorer ses relations* [To Better Know Yourself and Improve Your Relationships] (Ixelles Editions, 2009). Les Editions d’Analyse Transactionnelle, the transactional analysis publisher that puts out the French-language journal *Actualités en Analyse Transactionnelle*, has published a new book entitled *Psychothérapies d’enfants* [Child Psychotherapies] by

Elisabeth Kleinewiese (April 2012). In it the author shows how she uses functional ego states in her transactional analysis with children. One part was translated (by **Milena Borsotti**) from a book in German, the other from a book in English (by **Elyane Alleysson**). One of our Teaching and Supervising Transactional Analyst colleagues from southern France, **Michèle Benoît-Couturier**, has just written *Des images pour soigner* [Images for Healing] (De Boeck-Estem, 2012) about using visualization and guided imagery with transactional analysis.

Early this year, another French publisher, InterEditions, published a new book about kids in school by three educational transactional analysts. **Françoise Hénaff**, **Agnès Le Guernic**, and **Christiane Salon** wrote *Un élève est aussi un enfant* [A Pupil Is Also a Child], which is an original offering about the relationships between parents, teachers, and children and how to create a high-quality educational relationship by raising awareness of each person's situation, mission, expectations, and emotions. The same publisher just had another **Eric Berne** book, *Intuition and Ego States*, translated into French.

In the United Kingdom, recent years have also been productive with regard to transactional analysis books. In 2010 Karnac published *Life Scripts: A Transactional Analysis of Unconscious Relational Patterns*, edited by **Richard Erskine**, which offers the views of 14 transactional analysts on their contemporary ideas about script. **Mark Widdowson**'s book *Transactional Analysis: 100 Key Points and Techniques* (Routledge, 2010) takes on the challenging task of presenting the central

ideas of transactional analysis theory and practice in 100 sections as an entry in a series published by Routledge that has so far covered cognitive therapy, rational emotive therapy, and family therapy. Mark does a commendable job and has written a well-organized, useful work.

It says a lot about transactional analysis being a "saleable" topic that Sage published in 2011 *An Introduction to Transactional Analysis* by **Phil Lapworth** and **Charlotte Sills**, which is based on their 1993 book *Transactional Analysis Counseling*. Also in 2011 there was the wonderful collection of articles entitled *Relational Transactional Analysis: Principles in Practice*, which was edited by **Heather Fowlie** and **Charlotte Sills** and offers the contributions of many illustrious TA authors. In the education field, **Hilary Cochrane** and **Trudi Newton** authored a book called *Supervision for Coaches: A Guide to Thoughtful Work* (TA Resources, 2011). This workbook combines practical guidance for supervision with reflections on the roots of supervision, including recent theories of adult learning. In addition, **Susannah Temple** has just published *Maximizing Interpersonal Effectiveness*, a short introduction to the functional fluency model that explains how to use our energy effectively on behalf of ourselves and others.

Also in the United Kingdom but in the organizational field, **Anita Mountain** and **Chris Davidson** published *Working Together: Organizational Transactional Analysis and Business Performance* in 2011 (Gower Publishing). In it they aim to build an organizational transactional analysis instead of applying TA as a theoretical framework to understand the dynamics of organizational functioning and as a method for designing change interventions.

In Sweden, **Roland Johnsson** has just self-published *Transactional Analysis Psychotherapy: Three Methods Describing a Transactional Analysis Group Therapy* (2011, roland@livsterapi.se). It is an excellent presentation of his doctoral research for the Department of Psychology, Lund University.

And in Australia, **Tony White** was short-listed for a literary prize established by his publisher for his book *Working with Suicidal Individuals: A Guide to Providing Understanding, Assessment and Support* (Jessica Kingsley, 2010). In it he uses basic transactional analysis principles to provide a framework for understanding how suicidal decisions are made and how the practitioner can relate effectively with suicidal individuals.

So, that is quite a number of new publications on transactional analysis. Clearly, TA still sells books, even in our modern age. I am sure there are other TA and TA-related books coming out in other countries and languages, and we encourage you to let us know about them (and translations of previously published works) so our network of ITAA members can rejoice about the liveliness of our theory! ☺

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Berne's Influence on My Work

by Margaret Bowater

I was introduced to transactional analysis in 1976 when I attended a TA 101 in Hamilton, New Zealand, taught by Evan Sherrard. I was already a trained teacher, but this started me on a new path in my life and gave me insight into my own mind. Evan himself had just returned from several years in the United States, where he had trained in both chaplaincy and transactional analysis, the latter with Bob and Mary Goulding. He was now setting up a highly innovative human development team under the auspices of Presbyterian Social Services in Auckland.

"I think Berne may well have paid more attention to dreams in his practice than his writing indicated."

I liked the transactional analysis philosophy immediately, especially that we are all essentially OK in our being, even though our doing may be full of mistakes. It fit with my theology as an open-minded Christian and my search for ways of con-

flict resolution. I liked the clear diagrams that set out basic patterns of relating, in plain language, and the observability of ego states in action. I began to understand that I am not just a sole agent in leading my life according to my genes and values but deeply shaped by my parental models and my experience as the first-born of six children, which taught me early to be self-reliant and responsible. Games were difficult to see, but the idea of script messages was intriguing, especially that whatever decisions I had made for survival could be redecided. Here was a new awareness opening up! I bought James and Jongeward's (1971) *Born to Win* and read it, working through all the exercises. And my sons soon picked up the basics and made sure I applied them!

Groundwork

The following year, in my enthusiasm, I started offering night-class courses on "Understanding Yourself with TA," which filled easily and led to great sharing in my groups. I did a course of assertiveness training, which fit well with transactional analysis, and some extramural university papers in psychology, which I loved. (My master's degree was in English language and literature.) When Evan Sherrard began to offer

TA 202 courses in Auckland, I enrolled, traveling every week to attend them and steadily deepening my understanding. I began attending psychodrama workshops and discovered the fascinating power of dreamwork (mainly Jungian and gestalt) in a fortnightly practice group. When the human development team offered New Zealand's first internship in counseling in 1984, part-time, I was in, boots and all, and joined the team as a tutor myself in 1988. After that, full-time work and family tragedies took all my energy for the next few years.

TA Exams

In the 1990s I refocused on transactional analysis, studying for the Certified Transactional Analysis exam and reading a lot of Muriel James and Eric Berne. I passed my CTA exam at the San Francisco Conference in 1995 and then attended a week-long workshop with Muriel and John James on "Integrating Spirituality and Psychology." I have a delightful memory of sitting on a wharf on Lake Tahoe, enjoying the sunshine and chatting with Muriel about my life goals. The following year I did the Training Endorsement Workshop in Sydney and expanded into formal teaching of transactional analysis.

Dreamwork and Spirituality

After this I began to think about integrating dreamwork with transactional analysis, which seemed to have paid little attention to dreams. Yet I knew from my own experience that dreams reflect the core concerns in our lives. As I continued to study the transactional analysis literature for my Teaching and Supervising Transactional Analyst exams, I read more of Berne, including his first book, revised and republished as *A Layman's Guide to Psychiatry and Psychoanalysis* (1957/1971). I now discovered not only a chapter on dreams, written from a Freudian perspective, but also Berne's writing about physis. I realized it was a key connection, one he had not followed up because he classified physis as a "fourth force of personality" outside of his "scientific" study of behavior (p. 98). Muriel James had renamed this spiritual energy source the *inner core* (James & James, 1991), and Petruska Clarkson (1992) had connected it with Berne's "arrow of aspiration." But I think it was Evan Sherrard and I who linked physis clearly with the creativity in dreams and nightmares (Bowater & Sherrard, 1999).

I found that in his last book Berne (1972, Ch. 9) also mentioned using dreams as diagnostic indicators of script, so I think he may well have paid more attention to dreams in his practice than his writing indicated. I

Margaret Bowater, MA, is a Teaching and Supervising Transactional Analyst (psychotherapy). She can be reached at mbowater@clear.net.nz. We would like to hear how Eric Berne has impacted you and your work. Send your contributions to Pam Levin at perfectbones@pacific.net.

felt sorry that in his drive to obtain academic recognition for transactional analysis he had largely ignored the spiritual side of personality. This did not apply to Muriel James, who told me that she had only accepted the role of ITAA President on the condition that she would continue to include spirituality in her teaching. She and the Gouldings incorporated dreams into their transactional analysis therapy using a gestalt process. Since passing the TSTA exams in Sydney in 2001, I have continued to deepen my work with dreams by using a transactional analysis rededication process to create new endings for unfinished dreams, especially nightmares.

Berne Biography

I read the Jorgensen's (1984) biography of Berne with interest, admiring the way he turned his adolescent gaucheness into close observation of other people's behavior. I always like to read biographies of people whose work I am studying to see how their ideas arose out of their early experience and how those ideas affected their later life. It seems, however, that Berne did not quite overcome his own workaholic script.

Eric Berne's writing has always appealed to me for its economy of language and sardonic wit, though I think he must have been depressed while writing his last book. It was, therefore a great pleasure for me to read *A Montreal Childhood* (Berne, 2010) recently and to enjoy his engaging style, its lively sensory descriptions, and the easy flow of language. I was also touched to gain a greater sense of the influence of his beloved father on his growing mind.

I am glad to take this opportunity to express my thanks for Eric Berne's

great contribution to the humanistic understanding of relationships.

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Make Sure Your Online Listing Is Correct

The ITAA membership database is now kept online. Over the last several months, Niraj Singh, Ken Fogleman, and Janet Chin have been working to migrate information from the old membership database to the website. Please log onto the ITAA website at www.itaaworld.org. More specifically, for those who have not yet logged onto the directory section of the website, go to <http://itaaworld.org/index.php/membership-registration>. Those who have already been on can go to <http://itaaworld.org/index.php/membership-a-services/members-zone>.

Once there you can easily renew your membership and check your mailing address and/or billing address. Please check the other contact information too: email address and phone and fax numbers.

Your copies of the *Transactional Analysis Journal* will be sent to the mailing address. We have had numerous reports of *TAJs* not being received, so it is important that we have your mailing address entirely correct. Please check your street address, city, state, postal code, and country.

If you have any questions, please contact membership@itaaworld.org.

Call for ITAA Board Nominations

The following positions are open for nominations.

Deadline: 31 May 2012

Officers (nominations allowed from any region and elected at large by all ITAA voting members)

- President-Elect (2013)
- Vice President Operations (2013-2015)
- Vice President Research & Innovation (2013-2015)
- Treasurer (2013-2015)

Regional Trustees (nomination and election only by members of the region)

- North America (2013-2015)
- Africa (2013-2015)
- Latin America (2013-2015)

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. To be eligible for nomination, trustees may not have already served two consecutive terms of office in any position on the board. Position statements (charters) that describe the function and selection criteria for each of the officer positions are available from the ITAA or in the Guidelines (part of the official documentation) on the ITAA website at www.itaaworld.org. Nominees are encouraged to read and understand these before accepting nomination.

Send nominations to ITAA Nominations Chair Sumithra Sharatkumar at sumithrask@gmail.com.

Those who accept nomination to the above positions must email a written statement and digital photo to the nominations chair as soon as possible and no later than the 31 May deadline. Statements should be a maximum of 250 words.

Election Procedures: As per the ITAA bylaws (revised 1996), if there is no more than one candidate per position, there will be no ballot, and the results of the election will be announced in *The Script* newsletter. Unopposed candidates will take up their positions following the annual general meeting (AGM) in August 2012. If there is more than one nominee for a position, a ballot will be sent to all voting members within 60 days of the close of nominations. The deadline for return of ballots is 60 days from the date of mailing.

The results of the election will be announced to the candidates within 30 days after the election results are determined and to the voting membership as soon as practical thereafter. The winning candidate(s) will take up his or her (their) position(s) on 1 January 2013. 📍

If you have not already submitted a **Consent to Use of Electronic Transmissions** so that you are eligible to vote electronically in the case of a ballot, we urge you to do so right away by visiting <http://itaaworld.org/index.php/about-the-itaag/consent-form-electronic-transmission>.