

**VOL. 44 NO. 6
JUNE 2014**

IN THIS ISSUE

New Trustees to Join Board
2

TA Coaching for All Facets
of Life
3

Conference Educational
Symposium Schedule
4

Gloria Noriega Presents on
Codependence in Italy
5

I Write for the Love of It
7

Elders of the TA Tribe
Reflect
9

In Memoriam: Robert Drye
11

ITAA General Meeting
& Proxy Form
12

ITAA NEWS

C. Suriyaprakash to Become ITAA President-Elect

We are pleased to announce that C. Suriyaprakash will become the next ITAA President-Elect. Since he was nominated unopposed, there will be no election, and he will take office following the Annual General Membership (AGM) meeting during the 2014 World TA Conference this August in San Francisco.

Suriya, BE, MBA, PhD, is a Teaching and Supervising Transactional Analyst (organizational) and professor of human resource at the Jansons School of Business in Coimbatore, India. He is also cofounder and facilitator of Relations Institute of Development, a faculty member of Asha Counselling and Training Services, and secretary of the South Asian Association of Transactional Analysts (SAATA).

Current ITAA President John Heath wrote the following in his nominating statement:

Suriya is already well known and trusted in the ITAA and among existing trustees. He has carried various posts of responsibility in the organization and is extremely well acquainted with the working of the ITAA as well as the new IBOC [International Board of Certification]. He has shown himself to be a person of utmost integrity, and I can think of no one more suited to take over from me as the president of the ITAA at the end



“My strategy for the ITAA to realize its vision over the coming years is threefold: continue the reform initiatives undertaken over the past few years, consolidate the benefits of these reforms for our membership, and constellate young energy into transactional analysis and the ITAA.”

of my term of office. His election to this post will also serve as an inspiration to the TA community in India, where great things are happening and there is growing regional leadership being offered to neighboring countries. This is a timely shift in the context of the wider mission of the ITAA and will be beneficial to the organization.

For his part, Suriya wrote this in his nomination acceptance statement:

I have served in several roles in the boards and committees of the ITAA and the erstwhile Training and Certification Council over the past decade (Suriyaprakash, 2012). I was lucky to have been part of the ITAA Board of Trustees when it undertook a major transformational exercise of few years ago. In my terms as vice president of operations and vice president of research and innovation, I was closely associated with several major transformational initiatives, including digitization of *The Script*, publishing the *TAJ* through SAGE, creation of our new website, automating our back-end office functions, and a major revamp of our bylaws.

My strategy for the ITAA to realize its vision over the com-

ing years is threefold: continue the reform initiatives undertaken over the past few years, consolidate the benefits of these reforms for our membership, and constellate young energy into transactional analysis and the ITAA. As an organization, we need to assert the values we stand for and embody the same in our operations and systems to collaborate with regional TA associations and build a constellation of people and institutions interested in transactional analysis because the future of the ITAA depends on the future of TA in the communities we serve.

Professionally, I am a teacher, trainer, facilitator, coach, counselor, and organizational consultant. I was honored by the ITAA with the Muriel James Living Principles Award in 2013. My varied professional interests include the study of

personality, leadership, and Indian philosophy. I live with my wife in Coimbatore in southern India. During my leisure time, I enjoy reading nonfiction, traveling, trekking, and cooking.

If you wish to contact Suriya, he can be reached via email at suriya.sunshine@gmail.com.

Reference

Suriyaprakash C. (2012, November). Connecting the dots: Two decades of active membership. *The Script*, 42(11), 1-3. 📄

Photographers Needed

We are looking for people who are willing to use their photography skills to help take pictures at the 2014 World TA Conference in San Francisco in August. If you can help, please contact us at 2014worldtaconference@usa-taa.org.

the SCRIPT

Newsletter of the International Transactional Analysis Association
2843 Hopyard Rd., Suite 155
Pleasanton, CA 94588, USA
Fax: 925-600-8112
Email: info@itaaworld.org
Website: www.itaaworld.org

Editor: Laurie Hawkes, MA
Managing Editor: Robin Fryer, MSW
Desktop Publishing: lockwood design

Deadlines—12th of the month prior to the month of publication (e.g., 12 June for the July issue).

Advertising: Twelfth page: \$50; sixth page: \$100; third page: \$200; half page: \$300; full page: \$400. Publication of advertising in *The Script* does not imply endorsement by the newsletter, the editor, or the ITAA.

The Script (ISSN 0164-7393) is published monthly by the International Transactional Analysis Association. For information on membership, visit www.itaaworld.org or contact the ITAA at the above address. © 2014 International Transactional Analysis Association, Inc.

New Trustees Announced

We are pleased to announce the following individuals have been nominated to positions on the ITAA Board of Trustees:

President-Elect - C. Suriyaprakash

VP Development - I. A. Mohanraj

Secretary - Mandy Lacy

India/Asia Representative - Chitra Ravi

Australasia Representative - Charlotte McLachlan

Since there was only one nomination for each position, there will not be an election, and these five individuals will join the board following the ITAA General Membership Meeting on 7 August in San Francisco. All of their terms will run from 2015-2017 except for Suriya as President-Elect, who will serve for one year and then become president in August 2015.

We thank everyone who participated in the nominations process, especially Sumithra Sharatkumar, who did a splendid job as chair of the nominating committee. We look forward to welcoming these five new trustees to the board and thank them for their willingness to serve the ITAA in this capacity.

See page 1 of this issue for more information about Suriya and watch upcoming *Scripts* for details about the other incoming trustees.



2014 WORLD TA CONFERENCE
SAN FRANCISCO, CA AUGUST 6-9, 2014

TA NOW!
a game changer

6-9 August ❖ San Francisco

San Francisco Airport Marriot Waterfront

CTA/TSTA Exams: 5-6 August

Transactional Analysis Coaching for All Facets of Life: Changing the Game

by *Caroline Fissing Pedersen*

History has proven that people will fight to the death over land and religion. In the southeast United States, the state of North Carolina is one of the fastest and largest growing areas for research, spurring the growth of pharmaceutical and technology companies. Along with that growth, land litigation has been, and continues to be, a frequent third-degree game played out daily.

Late one night, as I was conducting legal research to prepare for a high-stakes land dispute in which a family was battling over hundreds of acres worth millions of dollars, I realized this family was not OK. Eager for strategies to help, I entered the search term “not-OK family dynamic HELP!” into one of the largest secured information search networks. That is when I discovered transactional analysis, which sent me on a safari of clarity and transformed my land litigation practice—and even my life.

Immediately drawn in by the commonsense approach and basic language of transactional analysis, I started drawing circles and arrows the very next day. Results were apparent, as daily implementation of the theory in client



interactions, confrontations, and negotiations became easier and easier to manage. Gradually, as our clients felt heard, validated, and secure in our common goal and advocacy, they fought and acted out less.

While this efficacy was financially rewarding for me as a responsible workaholic and sole provider for my household, the true reward was the thinking process and support the theory provided me as a single parent to three sons. As I began addressing the stroke economy and using TA talk and tools in my home, I was able to build bridges of clear communication and trust. These bridges greatly assisted me as I—grossly outnumbered by my children—navigated the teenage years.

Many high-functioning parents struggle just as I have. They are frustrated by the current mental health system and the disease approach. I cannot understand why transactional analysis is not taught in schools and made accessible to the world as Eric Berne intended it would be when he developed it. And based it on simplicity.

Fast forward to today. After a decade of life experiences and years and years of training with Vann Joines—including earning the designation of TA Advanced Practitioner—I took transactional analysis on the road. I started Productivity Consulting, which provides executive and life coaching to individuals and families as well as consulting services to companies and law firms. I help them use TA to change the game in their lives.

R. Buckminster Fuller (2014) said, “You never change things by fighting the existing reality. To change something, build a new model that makes the existing model

For more information and to register:
www.2014worldtaconference.org
or contact Conference Chair Lucy Freedman at
2014worldtaconference@usataa.org

obsolete.” Mary Goulding (1979/1997) wrote, “Redecision is a beginning. A person discovers her ability to be autonomous and experiences her new, free self with excitement, and energy. She goes out into her world to practice changing and the practice is a continuous process. She looks upon the world through a different pair of glasses, a different pair of eyes” (p. 264).

To create lasting change, a new model—a new thinking structure—is built that makes the existing structure obsolete. Eric Berne brought us a new model. He was one of the first proponents of positive psychology and the myth of mental illness with his proposition that all people are OK and have worth, value, and dignity. He stressed, at the expense of his reputation, the commonsense TA language for clear understanding of human behavior.


A part of the 2014 World TA Conference in San Francisco is the “Working with Children” educational symposium, which will focus on some of the current fun and dynamic approaches used around the world to reach young and old as we all strive to continue to meet the challenge set

by Eric Berne. As a coach who is dedicated to turning information into transformation, getting transactional analysis education into work, home, and school is my goal. Education and coaching transactional analysis tools for the Child in all of us is the game changer.

I will be presenting at the symposium and hope to see you there. Check your Critical Parent at the door and come play with us as we demonstrate many creative ways to hook adults and children alike into productive, positive awareness and growth.

Caroline Fissinger Pedersen is a Transactional Analysis Advanced Practitioner and rededecision counselor. She can be reached at coachcpedersen@gmail.com.

References


- Fuller, R. B. (2014). Quote. Retrieved from <http://www.goodreads.com/author/quotes/165737.Richard.Buckminster.Fuller>
- Goulding, M. M., & Goulding, R. L. (1997). *Changing lives through rededecision therapy* (First ed. rev.). New York, NY: Grove Press. (Original work published 1979) 

“Working with Children” Symposium

Friday 8 August - 2014 World TA Conference

- 9:00-9:15: Introduction by Kim McClelland
- 9:15-10:30: Keynote Speaker Jean Clarke on “How Much is Too Much? The Overlooked Influence of Overindulgence in the Consultation Room, the Family, and the Community”
- 10:30-10:45: Break
- 10:45-12:15: Breakout Sessions
1. Jean Clarke on “The Gingerbread Man Tells a Story”
 2. Marina Rajan Joseph on “Game-Free Educational Environment”
 3. Eleanor Avinor and Joanne Silman on “Children’s Demonstration of Scripts via KEG (Keys to Emotional Growth) Cards”
- 12:15-2:00: Lunch
- 2:00-3:30: Breakout Sessions
1. Kim McClelland and Caroline Pedersen on “TA Now: Reaching the Next Generation”
 2. Alessandra Pierini on “Working With Children: Prevention Work to Change the Game”
- 3:30-3:45: Break
- 3:45-4:20: Keynote Speaker Julie Hay on “The TAPACY Program”
- 4:20-4:30: Closing Remarks: Kim McClelland

Julie Hay to Present

Julie Hay will be presenting a workshop entitled “Game Changing From Psychotherapeutic TA to Developmental TA and Back Again” at the August 2014 World TA Conference. Having recently passed her exam as a Certified Transactional Analyst in psychotherapy 30 years after becoming a CTA in the organizational field, Julie, a long-time Teaching and Supervising Transactional Analyst in both the organizational and educational fields, will reflect on her multifold TA journey and review what the various schools/approaches to transactional analysis can contribute to each other. She will consider how the practices and competencies are the same and yet different, what the impact is of our training on how we make meaning, and how we can better game change across the fields. Practical ideas will include extending the transactional analysis model of life positions plus other positive psychology versus pathology “conversions” such as script into the autonomy matrix, cathexis treatment levels into problem solving, and a revised model of ego states. 



Julie Hay enjoys passing her CTA exam in psychotherapy 30 years after becoming a CTA in the organizational field

Gloria Noriega Presents on Codependence at EleutheriAT Conference in Rome

by Antonella Fornaro

On 30 November and 1 December 2013 at the Hotel dei Congressi in Rome, Italy, Gloria Noriega Gayol presented a workshop entitled “The Codependence Script and the Couple Relationship: Diagnosis and Treatment.” Gloria is a Teaching and Supervising Transactional Analyst (psychotherapy), a past president of the ITAA, and the winner of the 2008 Eric Berne Memorial Award for her work in the area of TA and codependency. The workshop was for psychologists, psychotherapists, medical doctors, and trainees and focused on the interpersonal and intrapsychic processes in the couple relationship as well as on different styles of connection within the couple and between each person and his or her immediate family.

The workshop followed the first conference organized

by EleutheriAT on “The Invaded Self: When Emotions Become Violent.” During the conference, Gloria presented for the first time in Italy the ICOD, an instrument for assessing codependence. She stressed the urgent need to modify the culture of “being a slave of” and not only of one’s own partner. After explaining the meaning of codependence, Gloria described an advanced methodology for confronting the pain of codependence at both intrapsychic and interpersonal levels.

During the conference there was a panel discussion on “The Different Aspects of Violence” in which the transactional analysis perspective

and the bipersonal psychoanalytic perspective were contrasted. Sylvie Rossi, TSTA-P (IAT), and Elsa Maria Allocco, a psychoanalytic psychotherapist (APA), discussed with Gloria clinical cases, hypotheses, and intervention strategies for guiding victims of abuse to discover their own resources and potential. During the meeting, chaired by EleutheriAT President Antonella Fornaro, many questions were raised, such as: What do we feel, think, and do when we express impulsively or in a planned way a violent behavior in various relationships? Which are the emotional eruptions that accompany the unknown and the known courses of



the mind when we act out violence? In what way is the suffering caused by codependence connected to violent acts? Is there a common, recognizable sign of this through different psychopathologies? What kind of ethics might become the compass for therapeutic rapport centralized on the human being as “to be connected to”?

The thread running through the conference was how to prevent emotional cues from evolving into violent acts if we feel, recognize, integrate, communicate, and represent them as symbols. The event was an occasion for transactional analysis therapists to compare with each other ideas about clinical and research issues related to these subjects. Results of a small sample on which the ICOD questionnaire was tested were shared and various research hypotheses discussed. EleutheriAT, an institute for transactional analysis research and training, and IMAT, the Mexican Institute of TA directed by Gloria, have developed a research plan oriented toward the theme of codependency and attachment styles at both social and clinical levels using the ICOD and the AAI.

EleutheriAT was founded in 2012 in Rome by eight EATA members who worked in different TA fields (clinical, educational, social, and organizational) but shared the desire to do transactional analysis research and training. The name, EleutheriAT,

Antonella Fornaro is a clinical psychologist, a Teaching and Supervising Transactional Analyst (psychotherapy), and president of EleutheriAT. She can be reached at dott.antonellafornero@gmail.com.

comes from the Greek *eleutherios*, which means “free to move.” It was used as an epithet for Dionysus, who was able to free people using emotional and sensual experiences to retrieve the real meaning of their lives. EleutheriAT plans to continue Berne’s thinking, moving inside the relationship with freedom and

After explaining the meaning of codependence, Gloria described an advanced methodology for confronting the pain of codependence at both intrapsychic and interpersonal levels.

respect for one another. In a short time, the group grew to 24 members. EleutheriAT is a nonprofit organization because it believes in the need to promote social well-being, especially in these difficult historical and economic times. EleutheriAT is following and promoting research on subjects such as the integration of transactional analysis and hypnosis, the codependent script, art therapy, working with organizations, and so on. In 2013, in addition to its first conference, EleutheriAT organized three meetings about forensic psychopathology and transactional analysis and culture and TA. In 2014 EleutheriAT is planning two meetings about advanced TA theory and an event to introduce Gloria Noriega Gayol’s book, which we are translating into Italian and republishing. This year EleutheriAT also hopes to start some practical projects, such as meeting with students in school to promote cultural integration and helping families with adopted children.

For more information about EleutheriAT, please see our website at www.eleutheriat.org.

Script Archive Now Available Online

We are pleased to announce that most of the past issues of *The Script* back to September 2002 are now available on the ITAA website at <https://www.itaa-world.org/current-back-issues-script>. Look back and see news and photos from past conferences, interesting interviews and articles, and organizational news from the past 12 years. We often receive requests for past *Script* material and are delighted that so much will now be easily accessible to everyone. We hope you enjoy it and would love to hear your comments.

Welcome to New Members

JANUARY 2014

Kanako Akamatsu, Japan
 Anne Brinkman, New Zealand
 Nancy Burn, UK
 Michela Carmignani, Italy
 Jianqiao Chen, China
 Chai Lin Cheung, UK
 Vanessa Crockford, UK
 Chandra DeRamus, USA
 Susan Diemer, USA
 Ioana Duma, Romania
 Nick Goss, UK
 Rob Hardy, UK
 Jill Hunt, UK
 Lila Khodja, UK
 Benita Lawrence, New Zealand
 K. Maheswari, India
 Hanna Parkhodko, Ukraine
 Debbie Reed, UK
 Elaine Robb, UK
 Wilhelmina Van Der Aa, New Zealand
 Weihua Wang, China
 Marina Vasile, Romania

I Write for the Love of It

by Ken Mellor

I love writing. A deeply meditative experience for me, all aspects of it nourish my soul. When without the opportunity to write, I am increasingly filled with empty yearning, a craving for the fulfilment that lies hidden beyond the density and confinement of my everyday perceptions. When writing, my day-to-day consciousness thrives because I see beyond the immediate and feel liberated from my limitations.

This may seem exaggerated, even fanciful, yet others—such as painters, dancers, musicians, athletes, inventors, and so on—have similar passions. And perhaps many of them also have experiences similar to the way writing opens my awareness to inner being and the way this then nourishes and expands my sense of self to include a natural spaciousness, awakening, fulfilment, and fundamental aliveness. Perhaps these others also yearn to express their passion when blocked from doing so for any length of time.

As a teenager, while feeling driven to write, I did not find it easy, mainly because I was devoid of ideas

about “my last vacation” or “my favorite pet.” What was interesting about these topics? I felt jammed between the set task and not knowing how to avoid the inevitable criticism from my teachers in an educational system in which fault finding, not encouragement, was the primary teaching mode. How things have changed!

“When without the opportunity to write, I am increasingly filled with empty yearning, a craving for the fulfilment that lies hidden beyond the density and confinement of my everyday perceptions. When writing, my day-to-day consciousness thrives because I see beyond the immediate and feel liberated from my limitations.”

I did, even so, substantially fill two school exercise books with notes. One contained jottings on horse anatomy and riding skills, which I recorded in preparation for end-of-year tests at the pony club I used to attend with my three brothers. The other contained yacht anatomy



(bow, stern, port, starboard, mast, jib, etc.)—diagrams of new fittings I helped invent to make my twin brother and me go faster in the races we were determined to win—and accounts of race tactics and races won and lost.

Describing my beginning efforts like this, however, could hide how hard won my learning the craft and the tricks of the writing trade actually was. Decades passed before the process involved had a familiar easy flow, a far cry from where I started.

Perfectionism was the problem back then. There were no cut-copy-paste functions with pen and ink, and there were many smudges, spelling errors, and poorly constructed sentences. All of them were unacceptable. Every mistake required starting the whole page again, even if it were in the very last word. Not surprisingly, many crunched up paper balls would litter the floor at the end of the process.

Of course, this approach was an expression of a mindless compulsion

for which no one ever suggested the simple remedy I finally discovered for myself: Write for yourself in the first instance, without trying to satisfy the critics in your head or elsewhere, and make the first effort only a draft, filled with mistakes if that's what happens. The time to cater perfectly to other people's demands only comes after multiple drafts "for you" have honed your own understanding enough to go public with it.

The complete solution also came when I realized that creative writing is an organic process, one that has its own timing, periods of insight, productive and nonproductive stages, and output schedules. This awareness arose in me as I was increasingly called on by others or my inner prompting to write long articles or books on, for example, parenting and child rearing, spiritual development, therapeutic approaches, and the like.

I was deeply relieved when I realized that, for me at least, writing is like giving birth to a child and that the birth only comes at the end of the process. It starts with conception (the initial idea or suggestion), moves on to implantation in the womb (deciding where to write, making notes, talking about it as an idea, etc.), then there is the gestation period (research, collecting ideas, jottings, writing the occasional paragraph, taking time for the "fetus" to grow), next comes prelabor (forced attempts to write too

Ken Mellor joined the ITAA in 1970 after reading Games People Play in Australia. He received his CTA in 1974 and his TSTA (psychotherapy) in 1975. He has been an active contributor to transactional analysis theory and practice ever since. Ken can be reached via email at contact@awakenw.net.

"Write for yourself in the first instance, without trying to satisfy the critics in your head or elsewhere, and make the first effort only a draft, filled with mistakes if that's what happens. The time to cater perfectly to other people's demands only comes after multiple drafts 'for you' have honed your own understanding enough to go public with it."

soon that just don't last), and finally full labor (when a natural internal pressure to produce prompts easy-flowing productivity that carries us within its own momentum when it arrives). This labor includes transition ("It's all too much," "I can't do this," "Someone else should do it for me," wanting to give up), and then the huge satisfaction and relief as the delivery occurs (the project is completed, we hold the product in our hands), and finally, and necessarily, the bonding (we embrace and tenderly hold the "baby" to ourselves and show it off to others: friends, editors, publishers, etc.).

Once I recognized the way each of these stages was saturated with its own distinctive creative processes and that it unfolds in its own time, I was released from trying to hurry. I had learned patience. Also, when the "Braxton Hicks" contractions of prelabor occur, I learned to relax into them, to be satisfied with their short duration and not to try to do more with them than was available at the time. A healthy "fetus" develops and arrives at its own pace, regardless of what the "mother" may do to try to hurry things up, and the growing "prenatal child" needs its own time to grow, without our prematurely trying to push it out into the world.

Released by all of this, I found profound, unexpected joy in the process of writing and how deeply nourishing the experience of being "pregnant" and giving birth is. I was released into a direct experience of living, integrative processes—into the direct experience of generativity.

What a transformation this has been! And now, often with several projects on the go at once, like kangaroos in Australia I carry more than one joey (project) in my pouch at a time, simultaneously supplying each one with the unique nourishment it needs and nurturing it through its implantation, gestation, labor, delivery, and bonding. 🍓

TAJ Theme Issues

"Games and Enactments" Deadline for Manuscripts:

Editors:

Jo Stuthridge and Diana Deaconu
1 September 2014

"Conflict: Intrapsychic, Interpersonal, and Societal"

Deadline for Manuscripts:

Editors:

Bill Cornell and Sylvie Monin
1 January 2015

"The Practitioner's Vulnerability: Professionalism and Protection"

Guest Editors:

Steff Oates and Ann Heathcote
Deadline: 1 January 2016

Please make sure to follow the submission requirements posted [here](#).

Email manuscripts to TAJ Managing Editor Robin Fryer, MSW, at robinfryer@aol.com

A Personal and Professional Journey

by Diane Salters

With this article we inaugurate a new column in *The Script*, one devoted to reflections from senior transactional analysis practitioners or, as we are fond of calling them, “elders of the TA tribe.” Our hope is that through writing about their long and varied experience with transactional analysis, the rest of our community can learn from their wisdom. We would love to hear from others of you who are elders, so please send your reflections to *Script* Managing Editor Robin Fryer at robinfryer@aol.com.

Agreeing to write a piece for the new “Elders of the Tribe” column of *The Script* took me on a journey of reflection that spans nearly 40 years of association with transactional analysis. My introduction to TA occurred when I went into therapy with Mavis Klein in the early 1970s, but it was not long before I was using it in my work as a teacher. Transactional analysis drew me in for several reasons: It helped me to make sense of myself and the world around me in a way that was at once simple and profound, the approach of sharing theory and skills with clients was both respectful and empowering, and Berne’s exhortation to “pull out the splinter” struck me as effective and humane. Although I have, over the

years, incorporated many other approaches into my work, transactional analysis remains my core theory, philosophy, and diagnostic tool. But even within the TA frame, my emphasis has changed over time.

Before examining how and why my practice of transactional analysis has evolved, I want to reflect on training. It seems to me that far greater than any changes that have been made in TA theory and application over the years are changes in the nature and method of training. It is both shocking and amusing to reflect on my own beginning as a therapist. In 1980, having moved from London to the Gloucestershire countryside,

“TA helped me to make sense of myself and the world around me in a way that was at once simple and profound, the approach of sharing theory and skills with clients was both respectful and empowering, and Berne’s exhortation to ‘pull out the splinter’ struck me as effective and humane.”

I began working as a part-time tutor in a children’s home. In a staff meeting, I used a TA term, and the person running the home immediately pounced on me and asked



what training I had done. At that point, my only training was having been a client in Mavis’s group for about 4 years and reading a lot. Nevertheless, he immediately asked me to co-lead the TA group for adults that he ran privately. He had done some training in the United States and had recently entered a training program with Gordon Law. I began training with Gordon myself and attended the Institute of Transactional Analysis (ITA) conference and a TA 101. But within a few months, the man vanished without a word, leaving a trail of debts and problems. I found myself the sole (and very beginning) therapist holding an angry group of abandoned clients. I rang Gordon in a panic, and

with his characteristic calmness and clarity, he said, “I will come and take over the group if they are willing and you can work with me.” One or two group members left in high indignation (and who could blame them?), but most stayed. And so began my hands-on apprenticeship, which was the most valuable training I’ve had in both transactional analysis and group process.

My other training consisted of workshops run by various people in the UK as well as by others from the United States who visited. I completed the theoretical component of my contractual training with Gordon Law, and when I learned that Petruska Clarkson was setting up a more structured, exam-oriented training program in London, I was keen to join. Although it was very much her program and she was a brilliant trainer, she invited many people to teach in it so we were introduced to a wide range of transactional analysis approaches. After becoming certified, many of us wanted to continue, and the first UK integrative TA course was established. This became Metanoia, the first training program to seek the academic status and standing that several trainings now offer.

Looking back, I am amazed at our rather haphazard approach to training. It certainly would not wash today! Yet, while appreciating the levels of professionalism required of training institutes and trainees now, I think it may be worth reflecting on the value of the kind of apprenticeship experience and the exposure to

Diane Salters is a Teaching and Supervising Transactional Analyst (psychotherapy) and ITAA Vice President of Research and Innovation. She can be reached at dsalters@iafrica.com.

“While appreciating the levels of professionalism required of training institutes and trainees now, I think it may be worth reflecting on the value of the kind of apprenticeship experience and the exposure to a wide variety of trainers and therapy styles that I and others of my TA generation were privileged to have.”

a wide variety of trainers and therapy styles that I and others of my TA generation were privileged to have. Another advantage, in my view, was that we all had ITAA training contracts right from the start (EATA was not yet offering independent exams then), not just toward the end of our training.

Early on, even though I was a classical transactional analysis group therapist in the Berne tradition, I was eagerly learning other approaches. I recall how after returning from another conference, one of my more sophisticated groups speculated about what I would expect of them and what new experiments I was going to run on them! I have found it difficult to establish group therapy in South Africa for a variety of reasons, but I still do group work of a healing nature whenever the opportunity arises—usually with community groups in the NGO sector. I have also watched the decline of group therapy in the UK over the last 20 years. Increasingly, TA therapists have been focusing on individual work, which I am rather sorry to see because I think group therapy has a lot to offer. I am excited by the October 2013 *TAJ* on groups, which I hope signals a revival of interest in that area of practice.

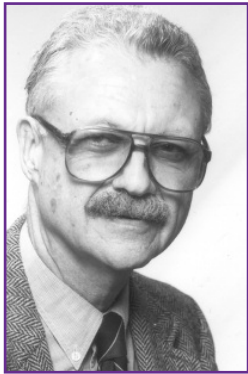
On my return to South Africa in 1993, I took several years off as a

therapist, choosing instead to do political and community development work to help heal and build the new South Africa. This tapped into my own deep commitment to issues of social justice and equity, which I also see as part of the philosophy and ethos of transactional analysis. TA’s radical origins and radical TA practitioners had long influenced me, and I felt a need to expand my understanding of transactional analysis as a social psychology both in terms of what it offered and what it lacked. Spiral Dynamics offered me a way of exploring this that was compatible with a transactional analysis developmental approach.

“Even with these ‘add ons,’ transactional analysis remains my foundational approach to diagnosis and treatment planning, and it still provides the most useful education I can offer my clients. The add ons provide doorways that allow me to approach different clients in ways that are best suited to their personality, stage of life, or psychological journey.”

The integrative TA training with Petruska left me with an abiding interest in Jung, particularly the concepts of archetypes and the collective unconscious. When I discovered sandplay, it offered me the dimension that I felt I needed to deepen both my own therapeutic journey and my work with clients. In developing transactional analysis, Berne had, in a sense, left the exploration of more unconscious processes to psychoanalysis and focused instead on what psychoanalysis failed to offer. The development of relational

continued on page 11



Robert Drye

We recently received word that Robert Drye, MD, died of natural causes on 28 April 2014 at the age of 86. He was a long-time member of

the TA community and known for his contributions to TA theory and practice.

Trained in psychoanalysis in Chicago, Bob moved to Carmel, California, in 1970 to work with Eric Berne in private practice. After Berne left Carmel, Bob stayed on and continued to study and practice transactional analysis. He was a staff member at the Western Institute for Group and Family Therapy for many years as a colleague of Bob and Mary Goulding and worked with Gene Kerfoot in Carmel. Vann Joines describes him as “a brilliant man and an excellent therapist.”

Bob was a member of the ITAA Board of Trustees for most of the 1970s and early 1980s. However, he was perhaps best known for his 1974 *Transactional Analysis Journal* article on “Stroking the Rebellious Child” and his work with the Gouldings on no-suicide decisions. His August 2006 *Script* article entitled “The No-Suicide Decision: Then and Now” engendered a lively debate, and we still receive requests for copies of it.

Bill Cornell offered the following comments on learning of Bob’s death:

I didn’t know Bob personally, but I knew him through his frequent presence and contributions at ITAA conferences. I remember well his bright and dry wit. A close colleague of Bob and Mary Goulding, Bob maintained an abiding interest in both psychoanalysis and transactional analysis. He allowed each to inform the other and maintained a very independent mind. So far as I know, he didn’t write very much, but he did write a brilliant, provocative article titled “Stroking the Rebellious Child: An Aspect of Managing Resistance” in the July 1974 *Transac-*

tional Analysis Journal. That article was the basis of my prepared theory teach for my Teaching Member (as it was called then) exam, which provided great fun and a spirited conversation with the exam board. I’ve always been grateful to Bob for that wonderful article.

Condolences can be sent to Bob’s daughter Caroline Drye Taylor at 3718 Grand Ave. Suite 15, Oakland, CA 94610, USA. He requested that memorial donations be made to Doctors Without Borders, The United Farm Workers, or a charity of your choice. [S](#)

A Personal and Professional Journey

continued from page 10

transactional analysis has encouraged a return to appreciating the importance of the psychoanalytic origins of TA.

The most recent addition to the methodologies that I usefully integrate into my TA frame of reference has been the family constellation work of Bert Hellinger. This was a particularly joyful discovery as it also embraced my interest in traditional South African culture.

Even with these “add ons,” transactional analysis remains my foundational approach to diagnosis and treatment planning, and it still provides the most useful education I can offer my clients. The add ons provide doorways that allow me to approach different clients in ways that are best suited to their personality, stage of life, or psychological journey. They also keep my interest in my work lively and expanding.

I don’t feel that my exploration of transactional analysis has run its course yet. I am interested in the area of intuition, which I am confident Berne would have returned to had he lived longer. I have promised myself a close reread of his early book and other references to the Little Professor, which Berne used to such good effect and which TA gave me the permission and practice to use adroitly in my own work. The journey continues. [S](#)

ITAA Membership Meeting and Proxy Form

Members are urged to attend the 7 August 2014 membership meeting from 17:30-19:00 in Burlingame, California. If you cannot attend, please fill out the proxy form below. The ITAA Bylaws state that the quorum for conducting business at the membership meeting is 50 voting members or 5% of the qualified voting membership, whichever is smaller. Please sign and send the form to the ITAA Secretary Steff Oates at lcfan@me.com by 1 August 2014 or file it with her at least 30 minutes before the scheduled time of the meeting. This general proxy will only be used to establish a quorum.

Proxy Vote Form

I (please print) _____ herewith assign my proxy vote to the secretary of the ITAA or to (print name) _____ to be used only to establish a quorum at the membership meeting of the International Transactional Analysis Association, convening on 7 August 2014 at 17:30 in Burlingame, California.

Signature: _____ Date: _____

Student Membership Expanded to Include TA Trainees

The ITAA board of Trustees recently passed a motion to alter the guidelines to extend the scope of the category of student membership to include students of transactional analysis with pre-certified transactional analyst trainee status and to set the fee for this at \$90. Applicants will be required to provide proof of an ITAA or EATA training contract or endorsement by a Provisional Teaching and Supervising Transactional Analyst, a Teaching and Supervising Transactional Analyst, or a university. Work to set up the administrative operations required for this is currently underway, and we hope to make an announcement that these are up and running within the next 2 months.

Access to the TAJ Online

Members have recently had to change their ID numbers to log into the SAGE website to access the *Transactional Analysis Journal* online as well as the *TAJ* archive. Many have reported the ease of doing this following the instructions sent in an email to all members on 14 May. If you have any questions or need help to complete the process of reactivating your SAGE account, please contact Janet Chin at janet@itaaworld.org or Steff Oates at lcfan@me.com.

IBOC News

Membership in the ITAA Now Required for Trainees and Trainers Who Initiate IBOC Contracts

The ITAA Board of Trustees has approved the following statement proposed by the International Board of Certification to include in IBOC training contracts for both trainees and trainers to agree to: "I am a member of the ITAA and, without prejudice to my right to resign, I agree to renew my membership annually for the duration of this contract."

This means that trainees and trainers must be members of the ITAA and agree to remain members for the duration of the contract. The IBOC is a separate limited liability corporation with ITAA as its only member.

Vann Joines, VP of Professional Standards