

Keynote Speakers



Richard F. Mollica

DAY 1 - 14:15

**TOPIC: Moving Beyond the Enormity Problem;
Tackling the Global Refugee Crisis**

ABSTRACT

The world is wounded. We are facing global catastrophes of enormous proportions: climate change, degradation of the natural world and ecocide, and the COVID-19 pandemic. These crises are resulting in historic levels of mass migration and displacement. This lecture focuses on the care and recovery of climate change refugees by reviewing:

- ▶ The magnitude of the problem
- ▶ The integration of Maslow's Hierarchy of Needs and the new H5 Model
- ▶ Healing and recovery by addressing environment/nature-related:
 - environmental justice
 - healing power of nature
 - healing (built) environment

Because the causes of forced displacement and migration are due to climate change and the destruction of the environment, recovery must occur by engaging the natural world. Suffering caused by violence to nature must be healed through nature. This approach, called by a new term *medicus naturae*, or doctor of nature, is presented.

Richard F. Mollica is Professor of Psychiatry at Harvard Medical School (HMS) and Director of the Harvard Program in Refugee Trauma (HPRT) at Massachusetts General Hospital. Since 1981, Dr. Mollica and HPRT have pioneered the medical and mental health care of survivors of mass violence and torture in the U.S. and abroad. Under his direction, the HPRT conducts clinical, training, policy, and research activities for populations affected by mass violence around the world. He is currently active in clinical work, research, and the development of a Global Mental Health curriculum, focusing on trauma and recovery. The Global Mental Health: Trauma and Recovery certificate program at HMS, now in its 16th year, is the first of its kind in global mental health and post-conflict/disaster care. The program now has 1000 alumni working in over 85 countries. Dr. Mollica also co-founded with his Italian colleagues the Italian National Trauma Center (INTC). The INTC focuses on recovery in the central Italian earthquake zone (Norcia) and on care of COVID-19 survivors (Rome). Dr. Mollica has published over 160 scientific manuscripts. His first book was Healing Invisible Wounds: Paths to Hope and Recovery in a Violent World (2006), and his most recent book is A Manifesto: Healing a Violent World (2018).



Izumi Kadamoto

DAY 2 - 01:15

TOPIC: The Flow of the River is Incessant

ABSTRACT

Human beings may be animals that hate unintended change. To achieve permanence and stability, we try to conquer the threat of nature, oppress others, and sometimes persist to live unhappy lives. In this context, continuance and avoiding change seem to be right and justified.

However, is unintended change the opposite of peace and safety? Is there anything that never changes at all? Or can we only say that there is nothing that doesn't change? The speaker will share some ideas with the audience on complicated feelings about impermanence and their relationship to physics and courage in ourselves.

Izumi Kadamoto, TSTA(P), PhD, is a clinical psychologist and psychotherapist in Tokyo. She has 30 years of experience as a government professional in the judicial system in Japan. She has been working with delinquents and prisoners using Transactional Analysis.



Sue Eusden

DAY 2 - 17:45

TOPIC: Ordinary Acts in Extraordinary Times

ABSTRACT

In these challenging times, we rightly applaud those who step up with extraordinary responsiveness. Health care workers across the world have exemplified this since the start of the pandemic and have been hailed as heroes. For many, the cloak of the superhero is experienced as an oppressive demand to keep going at all costs.

In contrast to such heroics, I will bring our attention to small but significant acts of courage. Drawing on my doctoral research, I will explore the experiences of helping professionals' ordinary acts of courage in daring to ask for help with assertiveness and vulnerability in the hope of being met with dignity.

Sue Eusden, TSTA (P), is a UKCP-registered psychotherapist, supervisor, and trainer. She completed her doctorate on the experience of therapists asking for help and is currently writing a book following her research. She received the EATA Gold medal in 2019 and is the author of several articles and book chapters with a particular interest in ethics in clinical practice. Sue lives in Gloucestershire in the UK.



Dr. Sylvia Schachner

DAY 3 - 11:00

TOPIC: We Do Not Ask Life – Life Asks Us (Viktor Frankl): Living and Growing Up in an Increasingly Complex World

ABSTRACT

During the last months, we have been confronted with situations we would have never predicted or expected before. Through the health crises of COVID-19 and the climate change crisis, we can no longer avoid confronting ourselves with some existential questions and decisions.

Coming from the educational field, the main point of my lecture will be directed to the consequences for development, training, and education. Learning and teaching concern all of us, independent of our age or profession.

We must deal with the following questions:

- ▶ What do people, especially grown ups, need to develop and to build resilience in this world that steadily becomes more and more complex?
- ▶ How can we develop respect and humility for our environment and the planet?
- ▶ How and in what ways can the philosophy and the models of TA support and stimulate these processes?

I will not give answers to these questions – my aim is to stimulate questions, thinking, and discussions. If we use the synergy of our competencies, experiences, and knowledge, we will manage the challenges of today to build the best conditions for tomorrow.

Dr. Sylvia Schachner, TSTA (E), lives and works in Vienna, Austria. She has a Ph.D. in Psychology from the University of Vienna and a professional degree from the Pedagogical University of Vienna in Education for Primary School. She holds a TSTA in the field of education since 2018. Sylvia has taught children in primary school for more than 20 years and has worked as a psychologist at the same time. She has coached children with learning disabilities and advised their parents. Currently, Sylvia works as an Educational Manager and has developed different educational projects with teachers and pupils in their classrooms. She is also a school development counselor and lecturer at the Pedagogical University of Vienna. In her private practice, Sylvia offers TA trainings and supervision on national and international levels. Her favorite topics are diversity and cultural differences and how to include and use TA models for learning and teaching processes. On these topics, she has published articles in German and English in various journals. At the moment, Sylvia is president-elect for EATA.