

**New Books by Our Members**

**How Much is Enough? Everything You Need to Know to Steer Clear of Overindulgence and Raise Likeable, Responsible, and Respectful Children**  
by Jean Illsley Clarke, PhD, Connie Dawson, PhD, and David Bredehoft, PhD  
New York: Marlowe & Company, 2004

*How Much Is Enough?* offers an in-depth look at how damaging overindulgence is to children, affecting their ability to learn many of the important life skills they need to thrive as adults. The authors reveal the three different ways children are overindulged (giving too much, being overnurturing, and providing soft structure), guide parents in determining whether they are doing something over-indulgent, and show them how to do things differently. The authors suggest that over-indulgence is not the badge of a bad parent; it comes directly from having a good and generous heart. This book offers parents the insight and advice they need to parent in an effective and loving way and put their children on track for a happy and successful life.

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**Reconciling Relationships and Preserving the Family Business: Tools for Relationship Success**  
by Ruth McClendon, MSW, & Les Kadis, MD  
Binghamton, New York:  
The Haworth Press, 2004

The reconciliation model featured in this book is a direct outgrowth of McClendon and Kadis's previously described rededication relationship model (see the *Concise Guide to Marital and Family Therapy* from American Psychiatric Press), another way of applying rededication therapy to families and businesses. The relevance of this book is clear when one realizes that about 90 percent of businesses worldwide are essentially owned and often run by families. The book describes the basic principles underlying relationships in business-owning families, the reconciliation model, and a concluding chapter for advisors and families using advisors.

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**La Sindrome dell' Uomo Mascherato**  
[The Phantom Syndrome]  
by Michele Novellino, MD  
Milan: Franco Angeli, 2003

This book is about a typical male script based on the comic character "The Phantom"; the script involves a "Be strong" counterinjunction and a "Don't Be a Child" injunction. There is a cultural and family script process that pushes the child to have an aggression racket, repressing feelings of fear and sadness and also needs for belonging. Males are pushed to be competitive and "winners": They have to be strong and build up a sort of mask, just as "The Phantom" did in the comic. The book describes how this script is reinforced at school and provides some advice to free children and adult men from this kind of conditioning.

**Psicoanalisi Transazionale**  
[Transactional Psychoanalysis]  
by Michele Novellino, MD  
Milan: Franco Angeli, 2004

This book is about psychodynamic transactional analysis as it applies to individual psy-

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**We're Here and We Have A Lot to Offer**

by James Allen

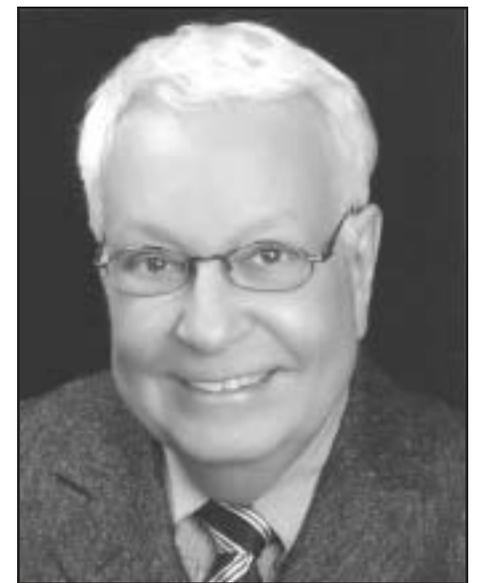
Just before Christmas I attended the Erickson Foundation Brief Therapy Conference in San Francisco. This is one of the most influential meetings in the United States for therapists and counselors of all persuasions. Mary Goulding and Vann Joines represented transactional analysis well on the program, presenting outstanding workshops on rededication therapy and personality adaptations, respectively.

What most impressed me about the meeting, however, were two other things. First, five of the other major presenters used basic transactional analysis concepts, such as Adult and script, but only one actually acknowledged them as coming from transactional analysis. Second, the majority of the presenters worked within a cognitive/behavioral framework—the most researched psychotherapeutic theory and practice and therefore the darling of evidence-based movements and third-party payers. It is by far the most widely employed therapeutic approach in the United States, yet there was very little they did that most of you would not also do within the framework of deconfusing the Child or decontaminating the Adult. It was also striking to me how much transactional

analysis can enrich this type of therapy. And it makes therapy so much more interesting and fun to do—at least for me. Indeed, there is an old study by the California Youth Authority that compared the therapeutic outcomes of behavioral therapy and transactional analysis head-on (McCormick, 1973). The therapeutic results were similar, but the behavior therapists later wanted to learn transactional analysis because it was more interesting!

All this brings me to two points. First, from a professional point of view, we transactional analysts need to make it clear that we exist. In reality today, there are probably somewhat more than 10,000 of us worldwide. Second, we need to emphasize what we have to offer. As I see it, this consists of at least nine major items.

**1. WE HAVE A THEORY OF MOTIVATION AND PERSONALITY THAT IS BOTH HIGHLY PRACTICAL AND NEUROLOGICALLY RELEVANT.** Later this year, Claude Steiner will be reporting in detail on the scientific bases for our work. There is considerable support for two of the most foundational concepts: stroking and the neural networks underlying ego states. The great popularity of



*Games People Play* (Berne, 1964) when it was first published 40 years ago showed that people could understand the transactional analysis approach and use it.

**2. WE HAVE A METHODOLOGY OF TREATMENT THAT HAS SUPPORT FROM EFFICACY STUDIES.** As long ago as 1973, Lieberman, Yalom, and Miles reported that the most successful group leader in terms of participant improvement and lack of casualties in their study of 17 groups was a transactional analyst (Bob Goulding). A

*continued on page 2*

**A Community for Thinking Together  
A Call for Authors and Reviewers for the TAJ**

by Bill Cornell

Thinking is neither coerced nor coercive. It is exploratory, suggestive; it does not prove anything, or finally arrive anywhere. Thus, to say people are thoughtful or thought provoking suggests that they are open-minded, reflective, challenging—that they are more likely to question than to assert, inclined to listen to many sides, capable of making sensitive distinctions that hold differences in play rather than dividing in order to exclude, and desirous of persuading others rather than reducing them to silence by refuting them. (Minnich, 2003, p. 20)

Last fall, as I was beginning to settle into my new role as a member of the expanded TAJ editorial team, I came across an essay by Elizabeth Minnich entitled "Teaching Thinking: Moral and Political Considerations," from which the epigraph above is taken. Elizabeth is a core professor at the Union Institute and University's Graduate School for Interdisciplinary Arts and Sciences, a program dedicated to independent and interdisciplinary learning. Her essay came at just the right time for me. Even with a TAJ editorial partnership with Jan Morrison and Nancy Porter-Steele, I was more than a little apprehensive about taking on this responsibility. Elizabeth's essay is centered on her development of a writing course to teach undergraduate students to think (in contrast to learning a body of knowledge), but I immediately responded to



its relevance for me as an editor and for the functions of an editorial board. I will draw heavily and appreciatively from Elizabeth's essay for this *Script* article.

As an editor of two ITAA publications, I think often about the functions of journals and newsletters within professional organizations. Elizabeth's essay gave me new insights and a great boost of enthusiasm and purpose, which is what I hope to convey here. The ITAA and transactional analysis associations worldwide now sustain three primary functions for our community: training and examination/certification, conferences, and publications. My primary personal investment is in our publications.

As an educator, Elizabeth makes an important distinction between the learning involved in the acquisition of knowledge, on the one hand, and the development of the capacity to think, on the other. Needless to say, there is a rather essential link between the two: Our knowledge is more useful when we can think effectively about it rather than simply acquiring and retaining it (so often the primary focus of our educational systems), and we can think better when we have something of interest and value about which to think.

Addressing the function of knowledge in a learning community, Minnich stresses,

We teach knowledge, as we teach language and socialize our children, to conserve our world by preparing newcomers to join and continually revitalize it.... Knowledge gives us something we share that matters enough to have opinions about; opinions give us differing perspectives about the meanings as distinct from truth claims of knowledge. This is why, as teachers, we try both to convey knowledge and to encourage students to develop worthy opinions about it—to think about it, without submitting to it. (p. 21)

It is through our training, examination, and certification processes that transactional analysis organizations convey and assess the knowledge

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# We're Here

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number of later studies also supported the effectiveness of this method (e.g., Bader, 1982; McNeel, 1982). With recent emphasis on research by several training institutes, we can expect more studies of this type in the near future. These are of the utmost importance if we are to make sure that transactional analysis is not pushed into the backwaters of mental health treatment practices.

**3. WE HAVE EVIDENCE OF CLIENT SATISFACTION WITH TRANSACTIONAL ANALYSIS AS A METHOD.** The most recent and most widely-known study of this aspect of transactional analysis is Novey's (2002) important international comparison, which used the Seligman *Consumer Reports* protocol.

*"Let me invite you to show the world that transactional analysis is not only still here, but that we are growing and maturing."*

**4. WE HAVE AN APPROACH THAT IS BOTH COGNITIVE/BEHAVIORAL AND PSYCHODYNAMIC—AND ACTUALLY MUCH MORE BECAUSE OF THEIR SYNERGY.** Transactional analysis has a strong cognitive/behavioral component (contracts, stroking, and the examination of cognitions and schemata) and a strong psychodynamic component that embraces object relations, self psychology, relational issues, narrative, family, and other dynamics. Unfortunately, all

this was often lost in the heyday of our media celebrity, so today it is important to highlight it. In some countries, psychoanalysis is very important, and in those countries we might well highlight the psychodynamic aspects of the theory, regardless of which version one prefers. In the United States, on the other hand, cognitive therapy is in ascendancy. It has been expanded to include schematherapy, an approach very similar to script work. Consequently, those of us in the United States might well emphasize the cognitive and script aspects of our approach.

**5. WE ARE IN A POSITION TO BE IN THE FOREFRONT OF IMPORTANT NEW DEVELOPMENTS IN MENTAL HEALTH.** Transactional analysis is well placed to be in the forefront of two emerging mental health movements: the positive psychology movement and the growing recognition of the importance of psychological mindedness/emotional intelligence. Recent studies of well-being have demonstrated the importance of positive emotions. Such emotions were a foundation of the humanistic psychology movement of the 1960s. For various reasons, its practitioners eschewed research, and it never was really accepted in academic psychology. Consequently, it faded from view. However, it has always been an aspect of "OKness," stroking, and autonomy, and more recently of such developments as Steiner's emotional literacy and Erskine's relational-integrative approach. Now a number of important long-term studies of groups such as nuns and Harvard undergraduates (Vaillant, 2002) have examined the effects of positive psychology, as it is now called; more importantly, a host of important prospective studies are now underway (Seligman, 2002; Snyder & Lopez, 2002). This is an area that one might expect to be of great interest to the people who have always been our base. It also promises to be a fruitful area for trainees looking for research projects.

Psychological mindedness, mentalization, a theory of the mind, or emotional intelligence, as it has variously been called, has become a major area of research at the Anna Freud Clinic in London and at the Menninger/Baylor complex in Houston. The latter group is now incorporating the neuroimaging and neuroscience resources of the Texas Medical Center. In the organizational area, the January 2004 issue of the *Harvard Business Review* devoted a large section on leadership to the topic. Transactional analysis is a framework for psychological mindedness, and one of Berne's major contributions was to help people make sense of themselves and others, thereby giving them a framework for change. This is another area that one might expect to appeal to the general public as well as to our researchers—and an area in which transactional analysts already have the framework and the experience to take a leadership role.

**6. WE HAVE A FRAMEWORK THAT CAN BE USED IN A VARIETY OF CONTEXTS.** Although it originated as a group treatment, today transactional analysis is used with individuals, families, and organizations as well as in education and child rearing across a variety of cultures.

**7. WE HAVE A SYSTEM OF COMPETENCY-BASED EXAMINATIONS IN FOUR FIELDS: PSYCHOTHERAPY, COUNSELING, EDUCATION, AND ORGANIZATION DEVELOPMENT.** Our training and certification processes assure potential clients that they are receiving the benefits of "real" transactional analysis. They also have the potential of being used as criteria for recognition and payment by governmental agencies and third-party payers. This opportunity was missed in the United States because the board at the time believed that the potential cost would be better spent on international issues. This made sense at the time, but in hindsight it has proved to have been a detrimental decision for North American members.

**8. WE HAVE AN INTERNATIONAL PEER-REVIEWED JOURNAL AND CONFERENCES TO SUPPORT AND DISSEMINATE NEW DEVELOPMENTS IN AND THE CREATIVE USES OF TRANSACTIONAL ANALYSIS THEORY AND METHODOLOGY.** It is a problem, however, that not all

potential readers in the international community read English.

**9. WE HAVE AN INTERNATIONAL NEWSLETTER THAT CONNECTS PEOPLE INTERESTED IN TRANSACTIONAL ANALYSIS.** The response last summer to a proposed reduction in the number of issues of *The Script* showed just what an important vehicle this is.

*"Transactional analysis is well placed to be in the forefront of two emerging mental health movements: the positive psychology movement and the growing recognition of the importance of psychological mindedness/emotional intelligence."*

Recently, a number of members have shared with me what they think we need to do to support the ITAA and to promote transactional analysis as a major mental health approach, whatever the field. While the priorities vary somewhat from country to country and even from region to region, the list generally includes: (1) to participate in the meetings and to write for the journals and newsletters of other mental health, educational, and developmental organizations; (2) to get ourselves invited to give lectures/seminars to young professionals and students in training; (3) to encourage the development of transactional analysis training as part of master's degree programs, as has already been done in England and Australia; (4) to encourage regional recognition of transactional analysis as a legitimate form of treatment reimbursed by governmental or other third-party payers (for this, the board of trustees set aside special funds at the Utrecht meeting); (5) to publicize the outcome studies we have and the scientific studies that support our basic concepts; and (6) to give greater emphasis to publicizing relevant videotapes and books.

We have four new videotapes of group treatment (Goulding, English, James, and Steiner working in English with the same group), a new tape on couples therapy by Bader and Pearson, a forthcoming tape of a group treatment by Moiso and discussed by Crespelle (in French with English subtitles), a new "101" with a variety of presenters (in Spanish with English translation), and a workshop on codependency with Noriega (also in Spanish with English translation). You might also want to use one of the recent textbooks that include material on transactional analysis, such as Kaslow's (2002) *Comprehensive Handbook of Psychotherapy* or Fehr's (2003) *Introduction to Group Therapy: A Practical Guide*.

It has now been 40 years since the publication of Berne's (1964) runaway best-seller, *Games People Play*. Let me invite you to show the world that transactional analysis is not only still here, but that we are growing and maturing. Let me also invite each of you to do one of the things I've just listed—present at the conference of a nontransactional-analysis group, write an article for their journal, give a lecture to a professional or lay group, or review a book for the book review section of your hometown newspaper—or something else that would intrigue and delight you and show people that transactional analysis is alive and well and has a lot to offer! Then, email us (either me or *The Script*) a brief note about what you've done.

So far, I have been writing about advancing transactional analysis and the ITAA in its more professional aspects. Now, let me turn to some of the things the ITAA has to offer at a more personal level.

- We have an organization with loyal members.
- We have an organization of members with strong emotional bonds to each other, the

organization, and to the approach and its underlying values, whatever their particular field.

- We have an organization whose members find support in each other and in a theory that they find empowering. *The Script*, the Internet Forum, and our conferences all attest to this.

Let me also invite you to do one thing to advance this aspect of our organization—and let me know about that too.

The ITAA has been highly successful in its original goal of spreading transactional analysis throughout the world. Because we now have one international, four multinational, and many regional organizations, it may be time to look anew at what our goals should be and what form the organization should best take to meet them—but that is a topic for careful thought and discussion and for articles to come.

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## Books Available

Are you interested in obtaining some classic books on transactional analysis and related subjects, many of which are no longer in print? The office has received a box of such books from a member who is retiring. If you are interested in the following books, let Ken Fogleman (ken@itaa-net.org) at the ITAA office know and he will ship them to you for the cost of postage.

*Raising Kids OK* by D. Babcock and T. Keepers; *In and Out of the Garbage Pail* by F. Perls; *What Do You Say After You Say Hello?* by E. Berne; *Transactional Analysis Revisited* by T. Kahler; *Transactional Analysis After Eric Berne* by G. Barnes; *Women as Winners* by D. Jongeward and D. Scott; *The Power Is in the Patient* by Goulding and Goulding; *Changing Lives Through Redecision Therapy* by Goulding and Goulding; *I'm OK, You're OK* by T. Harris; *Egograms* by J. Dusay; *The Heart of Friendship* by M. James; and *Winning with People* by D. Jongeward and M. James.

## ITAA The Script

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# Transactional Analysts Gather in Milan, Italy

by Susanna Ligabue

On 21 and 22 November 2003 in Milan a conference was held with the theme "Parlarsi Tra Analisti Transazionali: Radici Comuni, Prospettive Diverse" ("Transactional Analysts Get Together to Talk: Same Roots, Different Outlooks"). The meeting was jointly organized by the psychotherapy training school of Centro di Psicologia e Analisi Transazionale (CPAT) of Milan in conjunction with CPAT and the training school Seminari Romani di Analisi Transazionale of Rome in conjunction with the Società Italiana di Metodologic Psicoterapeutiche ed Analisi Transazionale (SIMPAT).

The conference was the result of the long-standing, fruitful, and friendly cooperation of the two schools and was attended by a large number of trainees, members of the Italian transactional analysis associations, and scholars (300 people total), all of whom convened in the ancient, historical building that houses the Stelline Convention Center.

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*"The conference was the result of the long-standing, fruitful, and friendly cooperation of the two schools and was attended by about 300 people."*

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Presentations addressed four main conceptual topics: ego states, script, counseling, and contracts. Contributors to the various roundtables and workshops presented a comprehensive overview of the thoughts and developments of transactional analysis and stimulated the debate. Transactional analysis, although based on Eric Berne's work, takes heuristically into account subsequent developments and contributions, such as those of Maria Teresa Romanini and widely accepted new information coming from interdisciplinary debate and the neurosciences.

Among the contributors and prominent guest speakers were James Allen, Professor of Psychiatry and Behavioral Sciences and Rainbolt Family Chair of Child Psychiatry, University of Oklahoma Health Sciences Center, Oklahoma City, USA, a Teaching and Supervising Transactional Analyst and the new president of the International Transactional Analysis Association. His lecture on "Neurological Bases of Ego States" opened the conference on Friday morning; he reviewed Berne's theories against the backdrop of new knowledge and assumptions offered by the neurosciences. The morning session proceeded with a roundtable on the same topic with James Allen, Evita Casson (PTSTA), Elisabetta Vella (PTSTA), and neurologist Luigi Manfredi (CTA) as discussants. In the plenary session, Antonella Fornaro presented an interesting talk on "Ego States and Psychic Functions."

The Friday afternoon session addressed the concept of script. The speakers were Silvia Attanasio Romanini (TSTA) on "Personality, Script, and the Person"; Carla Giovanoli Vercellino (TSTA) on "Script and the Need for Recognition"; and Dolores Munari Poda (PTSTA) on "Fables of Life." The roundtable that followed debated "Permissions of the Script." Discussants were James Allen, who has coauthored many articles on this topic with his late wife, Barbara; Susanna Ligabue (TSTA), director of the psychotherapy training school in Milan; and Alessandra Pierini (PTSTA) and Raffaella Sasso (PTSTA), both trainers at SIMPAT in Rome.

Also on Friday participants could choose among various workshops, including one on the morning's topic with James Allen and Evita Casson; "From Neurons to Ego States" with M.

D'Errico and P. Maggio; "From Ego States to Scripting" with Susanna Ligabue and Anna Rotondo; "Script Permissions" with James Allen and Marco Mazzetti; "Moving among the Notes of the Script" with A. Pierini and P. Romanelli; "Body and Script" with Susanna Ligabue; and Dolores Munari Poda on "Fables of Life."

Saturday's sessions were equally interesting, focusing as they did on counseling and its various domains and applications. Ferdinando Montuschi (TSTA), professor at the Third University of Rome, introduced the topic in his talk on "Counseling in Education." He was followed by Laura Pentimalli Vergerio (PTSTA in counseling in Bergamo), who spoke on "The First Interviews in Counseling," and by Vittorio Soana, a psychotherapist from Genoa, who spoke on "Counseling in Social Services." A roundtable followed on counseling and its applications, with Ferdinando Montuschi; Dela Ranci (PTSTA), psychologist and director of the Psychosocial Counseling School in Milan; Marco Mazzetti (PTSTA), physician and psychotherapist; and Milly De Micheli (PTSTA), a psychologist in the area of education.

Saturday's workshops offered interesting debate issues: "The Experience of Psychological Counseling Services for Immigrants" with Dela Ranci; "Counseling in Private Practice" with Milly De Micheli and Marina Farina Rossi; "Specific Issues in Educational Counseling" with Marco Mazzetti and G. Franco; "Counseling Instruments and Group Dynamics" with S. Cesarini and N. Murgioni.

The final session of the conference focused on contracts. Anna Rotondo (TSTA), founder of the Psychotherapy Training School in Milan, elaborated on the theme, which has been an ongoing interest of hers and about which she has written many articles. Dela Ranci considered "Contract and New Marginalizations," by which she meant the validity, modes, and use of contracts in situations of extreme difficulty, where the relationship between the professional and the client may be based on a "weak bond." The conclusion saw Ferdinando Montuschi, Silvia Attanasio Romanini, Anna Rotondo, and Susanna Ligabue stressing how the idea that gave life to the conference—how enriching it is for transactional analysts to talk together because of both their common roots and their dif-

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## New Books by Members

*continued from page 1*

chotherapy. Berne is extensively quoted with regard to his psychoanalytic roots, both in terms of theory and methodology. Transference and countertransference and interpretation technique are described along with many clinical examples.

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***Il Bambino Curzio*** [A Child Called Curzio]  
by Dolores Munari Poda, PhD  
Milan: Treni in Transito, 2003

This book is the story of a young boy named Curzio and how his life changed through analytical-transactional analysis treatment. This case study, which is also available in an unofficial English translation, is beautifully illustrated with full-color reproductions of some of Curzio's drawings.

***Piccole Persone, Piccoli Copioni***  
[Small People, Small Scripts]  
by Dolores Munari Poda  
Milan: Treni in Transito, 2003

A story of children, their lives, and their psychotherapeutic experiences with illustrations consisting of the children's drawings.

ferent outlooks—was its leitmotiv as well as its concluding wish.

On the occasion of the conference, two books by Dolores Munari Poda were reprinted in well-produced, refined new editions: *Piccole Persone, Piccoli Copioni* [Small People, Small Scripts] and *Il Bambino Curzio* [Little Curzio]. Both are stories of children, their lives, and their psychotherapeutic experiences with illustrations consisting of the children's drawings.

The Milan conference was preceded by another event: the EATA Exams Special Session in Milan on 19 and 20 November, held at the Centro di Psicologia e Analisi Transazionale for the trainees who completed their psychotherapy training and were seeking EATA Certified Transactional Analysis (CTA) certification. The

19 candidates, who were trained at the schools of Centro di Psicologia e Analisi Transazionale and Seminari Romani di Analisi Transazionale—both being among the first to be officially recognized by the Italian Ministry 10 years ago—all successfully passed their exams based on the international standards set by EATA and the ITAA. The pleasant atmosphere and the high quality achieved were made possible also by the good work of the 27 examiners under the coordination of Isabelle Cres-pelle (TSTA) as EATA moderator and by Silvia Attanasio Romanini (TSTA) and Susanna Ligabue (TSTA) as exam coordinators.

*Susanna Ligabue, TSTA, is the director of the psychotherapy training school in Milan. She can be reached at [at.mi@centropsi.it](mailto:at.mi@centropsi.it).*

## Help Needed to Answer Inquiries about Transactional Analysis

People from all over the world and from all walks of professional and everyday life continue to be interested in transactional analysis. We know because we frequently hear from them when they contact the ITAA office or staff via the website, email, fax, letter, or phone. In addition to requests for information about transactional analysts in their area, becoming an ITAA member, or purchasing ITAA books and videos, we also receive specific questions related to transactional analysis theory and practice. For example:

"I am a teacher trainer at the university level and would like to obtain information about transactional analysis and teacher training."

"Could you suggest someone who is using transactional analysis with teens who are aggressive and have abuse histories?"

"I am writing a paper on transactional analysis and the treatment of bulimia nervosa and would like to know where I can find information on TA and eating disorders."

"I want to do some reading about bodyscript/somatization for a year-end training presentation. Can you tell me where I could find any articles?"

"I am looking for any published material on social anxiety disorder and transactional analysis."

"I am writing my dissertation on narrative therapy and would like to contact someone who has combined this with transactional analysis."

"I am working on an assignment on transactional analysis in organizations for my graduate program. Do you know of someone who has expertise in this area with whom I might speak?"

"I am doing a paper on transactional analysis and I need quantitative data to support the theory. Any information you have would be helpful."

As you can see, many of these inquiries come from students or authors, both groups we need to reach out to as a way of raising awareness that transactional analysis is a viable theory and practice that has significant benefits to offer clinicians, educators, and organizational specialists today.

However, because our office staff is now so small, it is difficult and sometimes impossible for us to give these inquiries the attention they deserve. We are, therefore, putting together a group of members who are willing to answer such requests. We are interested in adding to this group people with expertise in clinical, educational, and organizational transactional analysis theory and practice as well as those who are versed in research in transactional analysis.

If you are willing to join this illustrious group, please send an email message indicating your area of expertise to *Script* Managing Editor Robin Fryer at [robinfryer@aol.com](mailto:robinfryer@aol.com). You will then be added to a list of individuals to whom the ITAA office may forward inquiries on a revolving basis.

After reading ITAA President Jim Allen's article on page 1 of this issue, we hope you are enthusiastic about finding specific ways that you can help to let others know about transactional analysis and the ITAA. Responding to inquiries received by the office is one way you can contribute. Each person who contacts us is not only a potential new member of the ITAA, but also a link to another community that can benefit from learning that transactional analysis is alive and well and has a lot to offer!

## Urgent Call for Members to Vote on Important Bylaw Change

Because of the growing importance of Internet services and the importance we expect our website to have in our future, the ITAA Board of Trustees voted in Oaxaca to create a new vice president: the vice president of Internet services. Already demands in this area make the job too time-consuming, specialized, and important to place under one of the current vice presidents. However, under our bylaws the creation of a new vice president requires a vote of the membership. Consequently, I strongly urge everyone to vote using the ballot below. Thank you. *Jim Allen, ITAA President*

### ITAA BALLOT FOR BYLAW CHANGE

**Deadline for Ballots to Reach the ITAA Office:  
1 April 2004**

I. It is moved that bylaw FI be amended to read:

The officers of the Association shall be elected by all the voting members of the association and shall be President, President-Elect, Past President, (4) Vice Presidents, Secretary, and Treasurer.

I vote for the motion  I vote against the motion

Name (please print) \_\_\_\_\_

Membership Status \_\_\_\_\_

Address \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please make sure to complete the information in the form above (or xerox a copy and fill out), sign your ballot, and return it to the ITAA office at 436 14th St., Suite 1301, Oakland, CA 94612-2710, USA, or by fax at 510-625-7725 no later than the close of business (2 pm) on 1 April 2004. Emailed ballots cannot be accepted.

## New Transactional Analysis Videotapes/DVDs in Spanish and English

We are delighted to announce that, thanks to Gloria Noriega, the ITAA is now offering two videotapes/DVDs that are in Spanish and English, including: (1) an entire TA 101 (4 tapes or 6 DVDs) and (2) a 90-minute videotape/DVDs of a workshop on codependency led by Gloria Noriega.

The TA 101 tapes/DVDs were made during the Oaxaca conference and feature Gloria Noriega Gayol on "TA Philosophy and Ego State Analysis," Claude Steiner on "Analysis of Transactions and Strokes," Fanita English on "Racket Analysis," Felipe Garcia on "Psychological Game Analysis," Concepción de Diego Morales on "Life Positions," and Octavio Rivas Solis on "Script Analysis."

The other tape/DVD is of a workshop entitled "Codependency: The Problem of Giving Too Much" presented by Gloria Noriega in Oaxaca. She describes how alcoholism, family abuse, and early childhood losses may produce codependent relationships. Drawing on her own research, Gloria introduces the theory of the codependent script and discusses the therapeutic tools for its treatment in psychotherapy. The tape contains a theoretical summary, a treatment demonstration, and an exercise in which viewers can participate.

### Order Form for Spanish/English TA 101 and Noriega Workshop Videos/DVDs

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State \_\_\_\_\_  
Country/Postal Code \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_

#### TA 101 (check which you want)

Videotapes in Spanish (set of 4) \$65 US  Videotapes in English (set of 4) \$65 US  
 DVDs (set of 6, includes menu option of Spanish or English) \$90 US **TA 101 = \$ \_\_\_\_\_**

#### Noriega Codependency Presentation

Videotape in Spanish \$30 US  Videotape in English \$30 US  
 DVDs (2 disks included, 1 in Spanish, 1 in English) \$40 US **Noriega = \$ \_\_\_\_\_**

**Nonmembers add \$10 US/set = \$ \_\_\_\_\_**

**COSTS** include air mail shipping and are for members. **PAL, add \$5 US/set = \$ \_\_\_\_\_**

Nonmembers add \$10 per set. All tapes/DVDs are VHS; for PAL, add \$5 US extra for each set ordered. **Total Order = \$ \_\_\_\_\_**

#### Payment

Check (US currency)  VISA  MasterCard  American Express  JCB  
Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_  
Signature \_\_\_\_\_

#### Order by Mail, Fax, or Online

Send or fax order form to the ITAA office at 436 14th St., Suite 1301, Oakland, CA 94612-2710, USA; fax: 510-625-7725; phone: 510-625-7720; or order online at [www.itaanet.org](http://www.itaanet.org)

## Nominations Sought for ITAA Officer and Trustee Positions

The ITAA nominating committee is seeking nominations for the following elected positions:

**OFFICERS** (nominations allowed from any region and elected at large by all ITAA voting members)

■ **VICE PRESIDENT OF INTERNET** (assuming passage of bylaws amendment creating this position; see elsewhere this page for details on the bylaws ballot)

**REGIONAL TRUSTEES:** Term of Office 2005-2007 (only voting members from a given region may be nominated and only voting members from a given region will vote for the trustee to represent that region)

■ **1 FROM EUROPE**

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. To be eligible for nomination, trustees may not have already served two consecutive terms of office in any position on the board. Position statements (charters) that describe the function and selection criteria for each of the officer positions are available from the ITAA office. Nominees are encouraged to read and understand these before accepting nomination.

Nominations are also sought to fill, by board appointment (not election by members), the two board positions not filled in the 2003 election: one as an ITAA officer and one as a trustee. The two positions are:

■ Vice President of Research and Innovation (term of office until 2006)

■ 1 Trustee from Central/South America (term of office until 2006; nominations accepted only from this region)

**SEND NOMINATIONS TO** the Nominations Committee Chair, c/o ITAA, 436 14th St., Suite 1301, Oakland, CA 94612-2710, USA; fax: 510-625-7725; email: [itaanet.org](mailto:itaanet.org). The deadline for nominations is 31 May 2004.

**ELECTION PROCEDURES:** As per the ITAA bylaws (revised 1996), if there is no more than one candidate per position, there will be no ballot, and the results of the election will be announced in *The Script* newsletter. If there is more than one nominee for a position, a ballot will be mailed to all voting members within 60 days of the close of nominations. The deadline for return of ballots is 60 days from the date of mailing. The results of the election will be announced to the candidates within 30 days after the election results are determined and to the voting membership as soon as practical thereafter.

### Upcoming TA/Theme Issues

#### "TRANSACTIONAL ANALYSIS IN LATIN AMERICA"

Coeditors: Bill Cornell and Gloria Noriega

Deadline for manuscripts: 1 June 2004



#### "TRANSACTIONAL ANALYSIS & PSYCHOANALYSIS"

Guest Editor: Helena Hargaden

Deadline for manuscripts: 1 October 2004



#### "TRANSACTIONAL ANALYSIS & ORGANIZATIONS"

Guest Editor: Sari van Poelje

Deadline for manuscripts: 1 April 2005



Please follow the instructions to authors on the inside front cover of any recent issue of the *TAJ*. Email manuscripts to *TAJ* Managing Editor, Robin Fryer, MSW, at [robinfryer@aol.com](mailto:robinfryer@aol.com) or send to her at 1700 Ganges Avenue, El Cerrito, CA 94530-1938, USA.

## Welcome to New Members

NEW MEMBERS	MEMBERSHIP SPONSOR
<b>January 2004</b>	
Holly Bailey, USA	—
Marney W. DeFoore, USA	—
Acs Eva, Hungary	—
Kathy Finkel, United Kingdom	—
Donna Maxfield Allen, USA	—
Keith Montgomery, USA	Vann Joines
Ashraf S. Morcos Hanna, Canada	—
Wendy Nuttall, Canada	—
Chitra Ravi, India	P.K. Saru
Sigrun Ritzenfeldt-Turner, Germany	—
Muftawu Saeed, USA	—
Caroline Yeeles, United Kingdom	—

### ITAA WEBSITE [www.itaanet.org](http://www.itaanet.org)

The ITAA website provides comprehensive information about every aspect of the ITAA. Recent additions to the site include links to upcoming international, national, and regional activities as well as membership criteria and an application form. If you want your website linked from the ITAA site, please forward the site address (URL) to [webmaster@itaanet.org](mailto:webmaster@itaanet.org). Please also forward any suggestions, feedback, and information for upcoming events.

# Legends of Transactional Analysis Featured on Bangalore Conference Program

On Saturday 31 July, at the 2004 International Transactional Analysis Conference in Bangalore, India, there will be a series of special speakers, all of whom are legends in the world of transactional analysis: Mary Goulding, Claude Steiner, Fanita English, Fr. George Kandathil, and Carlos and Saroj Welch. The last three are especially well-known and respected for their work to spread the theory and practice of transactional analysis in India.



Fr. George Kandathil



Saroj Welch



Carlos Welch

There will be five parallel one-hour sessions held in the afternoon:

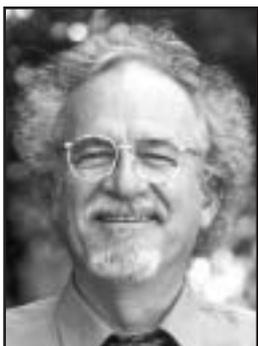
- Mary Goulding on "Transactional Analysis: Past, Present, and Possible Future"
- Claude Steiner on "A Stroke-Centered Theory of Transactional Analysis"
- Fanita English on "Celebrating How My Experience at the 1972 India Conference Affected My Work with Scripts"
- Fr. George Kandathil on "Triology and the GK [George Kandathil] Frame"
- Saroj and Carlos Welch on "Rationale and Methods for Using Specific Issue Script Material"

After the parallel sessions, conference participants will all gather together in a plenary to interact with these legendary transactional analysts for a half hour.

We hope you will join us for this exceptional opportunity to hear from and interact with some of the legendary proponents of transactional analysis in India and the world.



Mary Goulding



Claude Steiner



Fanita English

## UPDATED BANGALORE CONFERENCE BOARD AND BUSINESS MEETING SCHEDULE

- Board Discussion  
Tuesday morning, 27 July, 8:30 a.m. to 12 p.m.
- Board Meeting  
Tuesday afternoon, 27 July, 2:00 p.m. to 5:30 p.m.
- President's Reception  
Tuesday evening, 27 July, 7:00 p.m. to 8:30 p.m.
- Board Meeting  
Wednesday all day, 28 July, 8:30 a.m. to 5:30 p.m.
- ITAA Membership/Business Meeting  
Friday afternoon, 30 July, 4:00 p.m. to 5:30 p.m.



## 2004 Bangalore Conference Registration

Register online at [www.taconference2004.net](http://www.taconference2004.net) or send this form to the Conference Secretariat at Asha Counselling and Training Services, 29, II Floor, C R Sundaram Layout, Ramanathapuram, Coimbatore 641045, INDIA; phone/fax: +91-422-2310520; email: [asha\\_child@vsnl.net](mailto:asha_child@vsnl.net)

Name \_\_\_\_\_

Street/Area \_\_\_\_\_

City/State \_\_\_\_\_

Country/Postal Code \_\_\_\_\_

Have you submitted a program proposal?  Yes  No If yes, title of presentation \_\_\_\_\_

### I wish to register for:

- Conference and an institute (5 days)  
(indicate institute: \_\_\_\_\_) US\$350 \_\_\_\_\_
- Conference only (3 days) US\$300 \_\_\_\_\_
- Institute only (2 days)  
(indicate institute: \_\_\_\_\_) US\$250 \_\_\_\_\_

### Payment options:

1. Demand Draft favoring "International TA Conference, 2004" payable at Coimbatore, India, and sent to Conference Secretariat at Asha Counselling and Training Services, 29, II Floor, C R Sundaram Layout, Ramanathapuram, Coimbatore 641045, INDIA
2. Send credit card details by email to [asha\\_child@vsnl.net](mailto:asha_child@vsnl.net) or by fax to +91-422-2310520
3. Indian delegates who wish to pay the Rupee fees, please email the conference secretariat at [asha\\_child@vsnl.net](mailto:asha_child@vsnl.net) for details

### Payment details:

Draft No. \_\_\_\_\_ Date \_\_\_\_\_  
Bank of Origin \_\_\_\_\_

### I need accommodation at The Atria

(prices include breakfast, taxes extra, 24-hr. check-in)  
No. of persons \_\_\_\_\_  
Type/no. of rooms:  Single, US\$55  Double, US\$65  Suite, US\$95  
Arrival Date \_\_\_\_\_ Dep. Date \_\_\_\_\_

I plan to register (indicate number \_\_\_\_\_) children  
(indicate ages \_\_\_\_\_) in the Children's Program.

### Conference Organizers and Whom to Contact

**Conference Sponsors:** International Transactional Analysis Association (ITAA), 436, 14th St., Suite 1301, Oakland, CA 94612-2710, USA; phone: +1-510-625-7720; fax: +1-510-625-7725; email: [itaa@itaa-net.org](mailto:itaa@itaa-net.org); website: [www.itaa-net.org](http://www.itaa-net.org); and the Centre for Holistic Integrated Learning and Development (CHILD), 22A, C R Sundaram Layout, Ramanathapuram, Coimbatore 641045, India; phone: +91-422-2313353. It is also supported by members of the Indian TA Community, including the Institute for Counselling and Transactional Analysis (ICTA), Parivartan, Sparsh, Relations, and Poornam.

**Conference Secretariat:** Asha Counselling and Training Services, 29, II Floor, C R Sundaram Layout, Ramanathapuram, Coimbatore 641045, India; phone/fax: +91-422-2310520; email: [asha\\_child@vsnl.net](mailto:asha_child@vsnl.net); website: [http://business.vsnl.com/asha\\_child](http://business.vsnl.com/asha_child)

**For information:** In Coimbatore: Asha at 2310520, 2313353, 2398742, 2520718. In Bangalore: PARIVARTHAN Counselling, Training and Research Centre, 3310, 8th Cross, 13th Main, HAL II Stage, Bangalore 560008; phone: 527 3462 / 529 8686; email: [parivarthan@eth.net](mailto:parivarthan@eth.net); website: [www.parivarthan.org](http://www.parivarthan.org); Sparsh Foundation, Sunandini Nilayam, 79/15, 2nd Cross, G. Ramaiah Reddy Layout, Off Nandidurg Road, Benson Town, Bangalore 560 047; phone: 3544515; Coordinator: [hurshidkhoree@hotmail.com](mailto:hurshidkhoree@hotmail.com); phone: 2261155. In Chennai: Poornam—26262197 and 24950398. In Mumbai: Srilatha—25567927, ext. 161

and skill bases of our members, establishing the core competencies essential for both our professional identities and for the service and protection of our clients. It is an essential function, the foundation really, of our professional organizations.

Conferences and publications provide different functions for our members—those of continuing education and revitalization of our community and the challenging and evolving of theory and technique among colleagues. Conferences and publications are essential vehicles for a learning community. Conferences provide us with times to socialize, to create and renew friendships, and to engage in “LIVE!!!” (as they would shout in a US TV news report), face-to-face education and exchange of ideas. Conferences convey information and thinking among members, but ultimately they represent an ephemeral process. In contrast, our journals and newsletters provide the permanent record of our professional discourse, the lasting archives of our efforts to think together, to convey new thinking and possibilities that in time become incorporated in our body of technical knowledge and recognized theory. Our publications are a primary means of sustaining a community for professional learning and development.

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*“By joining the journal learning community, you have a wonderful opportunity to provide a valuable service to the transactional analysis community and to enlarge your own capacity to think and write.”*

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It is from this perspective that I want to extend an enthusiastic invitation to potential new (and continuing) authors and reviewers for the *TAJ*. As editors, authors, and reviewers, we have a rich opportunity not only to contribute to the evolving fund of knowledge through the transactional analysis literature, but also to think together and learn from one another. There are certainly responsibilities that come with being a writer and/or a reviewer, but here I want to stress the excitement that participation in the journal process can offer.

I turn again to Minnich and her way of evaluating “thinking papers” in contrast to “reports” of funds of knowledge. I found this part of her essay immensely stimulating and deeply instructive as a member of an editorial board. I think an essential aspect of serving on an editorial board is not simply evaluating manuscripts for content, but also promoting thinking and mutual learning among authors and reviewers. I know how much I have learned as a writer, teacher, and therapist from serving as an editor and reviewer. In her essay, Minnich (2003, pp. 23-24) delineates ten criteria she uses to evaluate a paper as a thinking paper, which I have summarized here:

Remember that you can purchase additional copies of the **special January 2003 issue of the TAJ “For Our Clients”** to sell or give to clients, trainees, workshop participants, and/or colleagues who are interested in learning more about transactional analysis. The cost is \$10 each or \$8 each for 10 or more copies (postage included). To order, please contact the ITAA office or visit our website at [www.itaa-net.org](http://www.itaa-net.org).

**1. FREEDOM OF MIND:** I want to see the activity of an individual mind, to see the effects of moments of confusion from which fresh insights arose.

**2. INCLUSIVENESS:** A thinking paper also shows the effects of the author’s having anticipated possible other perspectives (not just objections), taken them into account, and been enriched by them. It may then reach a conclusion, but it may simply leave the reader with a more complex picture.

**3. RHETORIC:** The work reaches out to speak with many people, engaging them through understanding of their languages, their ways of thinking, their knowledge, and their emotions.

**4. BEAUTY:** Sentences (even imperfect ones) flow, words and phrases are both apt and evocative.

**5. PLAY:** Throughout the paper I watch for markers that indicate that the writer was caught up in imaginative moments, not tied down to or locked within what he or she already knew.... Such play is not always fun: It can take us to scary places. But it also unclenches, releases.

**6. EMOTION:** The author is present to the reader as a full person—one who cares, gets frustrated, feels anger, remembers hurt, becomes excited in ways that press thinking further and deeper.

**7. ORIGINALITY:** These papers, when they are good, are never interchangeable in voice, logic, or language. They are the author’s own work, recounting a story of an intellectual, emotional, imaginative experience.

**8. REFLEXIVITY:** One can see the author thinking about his/her thinking as it unfolds.

**9. REVELATION:** The author says, “Now I understand,” or “A better question emerged,” or “I recognized that....” There is a sense of illumination.

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*“Our knowledge is more useful when we can think effectively about it rather than simply acquiring and retaining it, and we can think better when we have something of interest and value about which to think.”*

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**10. CONNECTIONS:** With and through all the other qualities, such papers track the often odd affiliations among ideas and feelings, other perspectives, audiences, and purposes. This is an independent mind, open and communicating in a way that respects and enjoys differences and wanders across and around them without anxious desire to reduce them to sameness.

With these words, Minnich has articulated a kind of gold standard for a learning community and for the process of writing and publishing. It is in this spirit that I invite you to join in the *Journal* learning community, under our new editorship, as writers and reviewers. You have a wonderful opportunity both to provide a valu-

able service to the transactional analysis community and to enlarge your own capacity to think and write.

We, as editors, will make every effort to create the kind of excitement about writing and thinking together that Minnich describes so beautifully in her essay. I am well aware that writing for professional colleagues can be an intimidating experience. As an editorial board, it is not simply our job to rule on whether a manuscript in good or not, although some manuscripts are turned down and many are returned for revision. However, every step of the editorial process—from reviewer/editor feedback through Robin Fryer’s exquisitely competent final editing—is designed to support authors in communicating their ideas effectively. From start to finish, we make every effort to ensure a collaborative effort rather than a judgmental process. My own experience as a writer for the *TAJ* and feedback from authors when I have served as guest editor reflects a process that provides support, respect, and appreciation.

Before concluding, I want to put on my other publication hat as newsletter editor and invite essays, news reports, and letters for *The Script*. One of the things I have been proudest of as *Script* editor is that it has become not only a primary means of organizational news for transactional analysts worldwide but also an important vehicle for the debate and evolution of TA theory. It gives me great pleasure to see articles from *The Script* now quoted and referenced in *TAJ* articles. *The Script* provides another important forum for the exchange of ideas and experiences. For those of you who are perhaps not yet ready to tackle a full-fledged journal article, the newsletter can be a forum in which to present your thinking, in shorter form, to the transactional analysis community. We are also actively soliciting articles that have been published in other transactional analysis newsletters around the world for republication in *The Script* so as to maintain dialogue among various transactional analysis organizations and to sustain an international perspective among regional organizations.

As Jim Allen writes in his article in this issue, we in the transactional analysis community have a great deal to offer, not the least of which is a place where we can really think with each other about things that matter. I hope you will join us as an author, an editorial board member, a resource reviewer, or a translator. We need your voice.

Bill Cornell can be reached at  
36 Corbriwood Ln.,  
Gibsonia, PA 15044, USA,  
or at [bcornell@nauticom.net](mailto:bcornell@nauticom.net)

#### REFERENCE

Minnich, E. K. (2003, September-October). Teaching thinking: Moral and political considerations. *Change*, 35(5), 18-24.

## Integrative Psychotherapy Residential Workshop Summer 2004

**Richard Erskine, Ph.D.**

**Friday, August 6 to Sunday, August 15, 2004**

This residential ten-day workshop will focus on the theory and clinical practice of Integrative Psychotherapy. Topics that may be taught include: shame and self-righteousness; cumulative and acute traumatic reactions; the schizoid process; and the psychotherapy of dissociation, desensitization, and disavowal. Various methods of working within the therapeutic relationship will be demonstrated and may include contact, inquiry, affective attunement, involvement, and modes of empathy in individual and group psychotherapy.

This workshop is for mental health professionals who want to apply theory in clinical practice and to enhance their effectiveness through identifying aspects of contact interruption, life script, and countertransference. There will be opportunities for case consultation. I will teach, demonstrate, and elaborate on the concepts in *Beyond Empathy: A Therapy of Contact-in-Relationship* by Richard Erskine, Janet Moursund, and Rebecca Trautmann (1999, Brunner/Mazel, ISBN 0-87630-963-5).

**Cost:** \$2495 for tuition, room, meals; reservation fee: \$695 nonrefundable

**Location:** Kent, Connecticut (near New York City) at the Old Chestnut Inn, with spacious grounds, gardens, and swimming

**For information and to register, call or write:** Institute for Integrative Psychotherapy, 500 East 85th St., New York, NY 10028, U.S.A. 212-734-5291 (phone); 212-879-6618 (fax). Visit our website at [Integrativetherapy.com](http://Integrativetherapy.com)

*The Institute for Integrative Psychotherapy is approved by the American Psychological Association to offer continuing education for psychologists and by the National Board of Certified Counselors for counselors. Other professional CE credits are also available. The Institute for Integrative Psychotherapy maintains responsibility for the program.*

### Make Sure Your Payment to ITAA is Properly Credited!

We have recently received several bank transfers without any identifying information that would allow us to credit them to the correct person for the correct reason. When making bank transfers into the ITAA bank account, please make sure to include your full name, the ITAA account number (obtain from Ken Fogelman at the ITAA office), and what the payment is for (membership dues, books or videos, etc.). In addition, please email or fax the ITAA office with the same information (your full name, the amount you transferred, account number, reason for payment) in case it is not included with the information forwarded to us from the bank. Send questions to Ken Fogelman at [ken@itaa-net.org](mailto:ken@itaa-net.org).

# Congratulations to Successful Examinees

## 14 November 2004, Kappel am Albis, Switzerland

At the 14 November 2003 COC exams there were 35 Certified Transactional Analyst (CTA) candidates, all of whom passed their exams: 10 in counseling, 10 in education, 4 in organizational work, and 11 in psychotherapy. Of those, 27 were from Germany, 4 from Switzerland, 2 from Great Britain, 1 from Austria, and 1 from Italy.

### NEW CTAs IN COUNSELING

Silvia Ganser, Joao A. Link, Isabelle Mühlum, Rebekka Müller, Margund Ruoss, Bea Schild, Ursula Schlagenhauff-Kunrath, Susanne Steiner Kramer, Elisabeth Wanner Hashemi, Thomas Wojciechowski

### NEW CTAs IN EDUCATION

Ingrid Asche, Giles Barrow, Dorothea Bodach, Astrid Egle, Dr. Klaus Heidler, Dorothea Holm, Barbara Maria Krimm, Cornelia Müller, Angelika-Beate Röver, Prof. Dr. Bernd Seibel

### NEW CTAs IN ORGANIZATIONAL WORK

Peter Eichenauer, Thorsten Geck, Klaus Holetz, Michael Kossmann

### NEW CTAs IN PSYCHOTHERAPY

Ruth Bodis-Wyss, Gudrun Hielscher, Katharina Imgraben, Beate Jantzer, Helga Krause, Ina Pernice, Beth Smeton, Giulia Volken, Irmgard Voshaar, Elisabeth Waschk, Andrea Wiedemann

EXAM SUPERVISOR: Dr. Anne Kohlhaas-Reith

LANGUAGE COORDINATOR: Dr. Gudrun Hennig

### EXAMINERS:

Bernhard Adam, Walter Allinger, Hilde Anderegg, Rolf Balling, Maya Bentele, Margaretha Bichsel, Helmut Bickel, Hans-Christoph Bischoff, Annegret Bleser, Hedi Bretscher-Zeier, Titus Bürgisser, Doris Burke, Charlotte Christoph-Lemke, Barbara Classen Meier, Wilhelm Cohrs, Jacqueline Dossenbach-Schuler, Ulrich Elbing, Bruno Engeler, Liselotte Fassbind-Kech, Lisbeth Fischer, Käthe Frank, Gabriele Frohme, Toni Fuchs, Angelika Glöckner, Birger Gooss, Sabine Gössmann, Benno Greter, Jürg Grundlehner, Jürgen Gündel, Heinrich Hagehülsmann, Günter Hallstein, Peter Held, Uli Helm, Jan Hennig, Uta Höhl, Susanne Hofmeier, Karin Horn-Heine, Hansruedi Hunter, Monika Hunziker-Hansen, Ursula Iskenius-Schuppert, Hans Jellouschek, Hans Joss, Richard Jucker, Jürgen Gündel, Christine Kahle, Theresia Kalkan, Vito Kamphaus, Bertine Kessel, Angela Klöcker, Anette Koppe, Jutta Kreyenberg, Christa Krzyszczko, Dörte Landmann, Franz Liechti-Genge, Toni Lipp, Luise Lohkamp, Peter Lüthi, Claudia Marker, Ulrike Marwedel, Patricia Matt, Fritz Mautsch, Brigitte Menrad-Killet, Günther Mohr, Ulrike Müller, Norbert Nagel, Petra Noelle, Georg Pelz, Heidrun Peters, Margaretha Podlesch, Ingeborg Pütz, Hanne Raeck, Richard R. Reith, Sigrun Ritzenfeldt-Turner, Margot Ruprecht Hagmann, Almut Schmale-Riedel, Karl-Heinz Schuldt, Henning Schulze, Uwe Schulz-Wallenwein, Christoph Seidenfus, Ang Lee Seifert, Ulrike Sell, Sandro Simonett, Ulrike Steiner, Anita Steiner, Ulrike Stier, Bruno Stocker, Bernd Taglieber, Harry Tyranigel, Dörthe Verres, Werner Vogelauer, Sigrid Wagner, Bertram Weber-Hagedorn.

## 17th Australasian Transactional Analysis Conference

Te Papa, Wellington, New Zealand

11–14 November 2004

### “Standing Together — Diversity and Connection”

The National Museum, Te Papa, is our “turangawaewae”—our place to stand, a space where all New Zealanders can make a claim of belonging no matter where we may have come from.

This is also the theme of the 17th Australasian Transactional Analysis Conference, creating a space where participants can stand together, in all our wonderful diversity, and acknowledge our commonalities. We come from different places, have different cultures, ideas, opinions and practices; we are unique in many ways. All around us are opportunities and invitations to see difference, often in ways that are discounting of ourselves and others.

We plan to use this conference space to focus on aspects of transactional analysis theory that help us manage the tensions of difference—whether they be related to gender, sexuality, religion, politics, ethnicity, age, color, education, or ideology—and to acknowledge the things that help us create a sense of community.

Let us explore standing in the winner’s triangle and use our compassion to build more points of connection.

**Register your interest in this conference or submit program proposals (before the end of April 2004) to:**

New Zealand Transactional Analysis Association  
Conference Committee  
PO Box 15148, Wellington, New Zealand  
australasianta2004@paradise.net.nz

# An Open Letter to Gordon Hewitt

DEAR GORDON:

We write on behalf of EATA (European Association for Transactional Analysis) and especially the executive committee and members of the Transactional Analysis Certification Council (TACC), whose members have had the opportunity to work with you over many years.

We want to thank you for the good cooperation we have had during your years first as chair of the Training and Certification Council (T&CC) and then as president of the ITAA. With your friendly, gentle, and humorous style (a true gentleman!), you have invited us all to a lot of interesting and visionary discussions about future cooperative ideas and projects for the ITAA and EATA. Your work has contributed to many steps of development in our collaboration, from the work with the ITAA to the new ideas about a global transactional analysis body. Your involvement and interest in EATA work has appealed to many people serving in EATA.

It has been an enormous pleasure to work with you. You are skilled at both strategy and facilitation, and you are also a “really nice bloke” who has managed both the exciting and the difficult patches of the ITAA’s journey with constant good humor and respect for all. It has not always been an easy time in the ITAA’s journey, and you have been a constant and steady presence.

We look forward to working with your very worthy successor (Jim Allen) and hope that you will continue to be involved in our lives at EATA.

Roland Johnsson, President of EATA, and Charlotte Sills, Chair of the EATA Professional Training and Standards Committee

## TRANSACTIONAL ANALYSIS CONFERENCES WORLDWIDE

**JULY 15-18, 2004:** Timisoara, Romania. EATA Conference. Contact: Ibolya Daroczi, Str. Textilistilor nr.1 Bl. MY I, Sc.A, Ap.23, 76633-Bucharest sect 3, Romania; +40 256 220 357 (phone/fax); email: office@businesslike.ro

**JULY 30-AUGUST 1, 2004:** Bangalore, India. International Transactional Analysis Conference (designated ITAA conference). Contact: C. Suriyaprakash at iitac2004@hotmail.com or child\_asha@hotmail.com

**OCTOBER 13-17, 2004:** Calgary, Canada. Americas Transactional Analysis Association (ATAA) Conference. Contact: Lorna Johnston, 25 Somme Blvd., SW, Calgary, Alberta, Canada T2T 6K7; +1 403 243 4208 (phone); +1 403 243 4209 (fax); email: lornajohnston@shaw.ca .

**NOVEMBER 11-14, 2004:** Wellington, New Zealand. 17th Annual Australasian Transactional Analysis Conference. Contact: Conference Committee, PO Box 15148, Wellington, New Zealand; australasianta2004@paradise.net.nz

**JULY 7-10, 2005:** Edinburgh, Scotland. World TA Conference sponsored by ITAA/EATA/ITA. Contact: Richard Reynolds, exec@ita.org.uk

## EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
<b>CTA Oral</b>	COC	April 15, 2004	Reading, England	Jan. 1, 2004
	COC	July 14, 2004	Timisoara, Romania	April 1, 2004
	BOC	July 29, 2004	Bangalore, India	April 1, 2004
	BOC	Oct. 13, 2004	Calgary, Canada	July 1, 2004
	BOC	Nov. 10, 2004	Wellington, NZ	Aug. 1, 2004
	COC	Nov. 19, 2004	Neustadt, Germany	Aug. 1, 2004
<b>TSTA Oral</b>	COC	April 15, 2004	Reading, England	Oct. 1, 2003
	COC	July 14, 2004	Timisoara, Romania	Jan. 1, 2004
	BOC	July 29, 2004	Bangalore, India	April 1, 2004
	COC	Nov. 19, 2004	Neustadt, Germany	May 1, 2004
	COC	Dec. 5, 2004	Rome, Italy	June 1, 2004
	COC	July 7, 2005	Edinburgh, Scotland	Jan. 1, 2005
<b>CTA Written</b>	All Regions (Non-Europe)	Your choice	Submit to Regional Exam Coordinator after paying \$50 fee to T&C Council	Your choice
<b>TEWs</b>	PTSC	July 11-13, 2004	Timisoara, Romania	March 11, 2004
	TSC	August 2-4, 2004	Bangalore, India	April 2004
	TSC	Oct. 18-20, 2004	Calgary, Canada	June 2004
	PTSC	Dec. 2-4, 2004	Rome, Italy	Aug. 2, 2004
	PTSC	July 10-12, 2005	Edinburgh, Scotland	March 10, 2005

\* COC CTA exam candidates who are doing the COC written case study must submit it no later than six months before the oral exam date. Details/application available from the COC Language Group Coordinators.

**Note: Exams subject to availability of examiners/exam supervisors.** BOC not responsible for expenses incurred when unavailability of examiners/exam supervisors causes exams to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

**To arrange to take a BOC exam,** contact the T&C Council, 436 14th St., Ste. 1301, Oakland, CA 94612-2710, USA. **Note:** COC people sitting for BOC exams must forward the equivalent of the EATA fee to the T & C Council office. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** \$450 ITAA members/\$600 non-ITAA members payable in US dollars to T&C Council, c/o the T & C Council office, 436 14th St., Ste. 1301, Oakland, CA 94612-2710, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

# Transactional Analysis in Canada

by Lorna Johnston

With this article we are pleased to continue our series on the "state of transactional analysis" in various countries and regions of the world. Our thanks to Lorna Johnston for contributing it.

Canada is geographically the largest country in the world with 30+ million people spread across 5000 miles. That alone presents some unique challenges for transactional analysis here. Nevertheless, in spite of the distances and relatively small population base, transactional analysis is indeed alive and well in Canada, as it should be. We Canadians are not known for our charisma, but we did offer the world a charismatic leader in Eric Berne, who as most of you know, was born and raised in Montreal. It would seem particularly disappointing for transactional analysis not to flourish in the country of his roots.

To begin, there is much good news and growth of transactional analysis on the East Coast—Atlantic Canada. Curtis Steele and Nancy

but that is because they are physicians, not because they are transactional analysts. Perhaps if we certify enough physicians as transactional analysts it will help give transactional analysis the credibility it needs in Canada for full recognition of its value.

The Ottawa training program is based on a prototype offered in Jamaica over the last few years. Generous Teaching and Supervising Transactional Analysts (TSTAs) from Canada and the United States donate their time, which makes the program financially accessible. There is hope that once the modules are done, the seeds will have been sown to sustain the program so that it eventually leads to the certification of CTAs, perhaps even TSTAs, who will then offer transactional analysis training to medical and other helping professionals.

West from Ottawa and just east of the Rocky Mountains lies Calgary, Alberta, and south of Calgary is Lethbridge, home of the Reverend



Alberta Transactional Analysis Group (ATAG) participants at a workshop presented by Vann Joines on "Redecision Therapy and Energy Psychology" in Calgary, Canada, 31 October-2 November 2003

Porter-Steele, two transplanted Americans, have devoted years to the development of transactional analysis in the Halifax area. They run four ongoing groups, have trained over 50 people, and have guided four people to the level of PTSTA (psychotherapy). They also spearheaded the development of a master's program in collaboration with Mount St. Vincent University, which, unfortunately, recently ended. Still, in a community of 300,000 people, it is a remarkable achievement to train so many in transactional analysis. In addition, a group of trained transactional analysts joined together to establish an Atlantic Canada Transactional Analysis and Psychotherapeutic Association. Such an association may go a long way in establishing transactional analysis as a therapy for change recognized by organizations and insurance companies in their reimbursement schemes.

In Ottawa—central Canada by geography—a small, committed group of people is participating in a modularized transactional analysis training program coordinated by Val Chang. Two Ottawa participants I met in Jamaica are medical doctors with partners involved in clinics doing psychotherapy and addictions counseling. Doctors using transactional analysis therapy are reimbursed from provincial health insurance plans (with mandatory and sometimes subsidized membership for every citizen),

Dr. Alex Lawson. He was part of a dedicated group of people who hosted the International Transactional Analysis Conference here in 1996, a meeting that spawned many good things for our transactional analysis community. Since that conference, three people have been certified as transactional analysts (there were none before). One has gone on to become a PTSTA and a second is doing that this summer. Two transactional analysis training programs will be available in Calgary—one clinical and one organizational.

With profit from the 1996 conference, our local organization—Alberta Transactional Analysis Group (ATAG)—sponsors TSTAs to deliver training workshops. So far we have trained with Curtis Steele, Nancy Porter-Steele, Vann Joines, Mary Goulding, Vince Gilpin, and Denton Roberts. Vann Joines, whose Southeast Institute offers the only ongoing English-language training program in North America, has been to Calgary three times with an agreement to come several more times to develop some consistency and depth of theory for transactional analysis enthusiasts here.

On the Pacific coast of Canada, Janice Dowson will soon be joined by a CTA (psychotherapy) from England who plans to return to his Canadian roots. We welcome the energy of another PTSTA to our part of the world.



Calgary/Canmore Conference organizing committee (from left, back row first): Sharon Ashton, treasurer; Bev Berenson, marketing; Lorna Johnston, conference chair and program; Donna Marie Perry, registration; Brian Way, registration; Dena Dixon, hotel and hospitality; and Alex Lawson, program

Reading this article about transactional analysis in Canada, I wonder what readers think if they are from an area where there is an active, vibrant TA community. For example, I am on the waiting list for the Training Endorsement Workshop (TEW) in Romania; they only accept 20 people at a time, which means there will be 20 more people committed to offering training in transactional analysis in Europe after that workshop! How is it that transactional analysis seems to be thriving in Europe while there is such slow growth in Canada?

The answer to that question quickly reveals some of the challenges we face in developing the use of transactional analysis in Canada today. Clearly, one of the major problems limiting the future of transactional analysis in North America is the lack of earning power that follows certification; there is no obvious financial gain to being a CTA or a TSTA. A second obstacle is the lack of a licensing body recognizing transactional analysis as a mainstream therapy. Even though Canadians can practice psychotherapy without such a license, people in the United States cannot. A third problem is the lack of ongoing training programs that provide the means by which people can become competent in transactional analysis and certified if they wish.

In the face of these many challenges, those of us committed to developing transactional analysis

in Canada are eager to find ways to do that. We know from our 1996 experience that one way of energizing a region is to host a conference. Therefore, from 13 - 17 October 2004, ATAG is hosting in Calgary/Canmore the first conference of the newly formed Americas Transactional Analysis Association (ATAA). Canmore is a mountain town an hour west of Calgary and was the location for Nordic events of the 1988 Winter Olympics. This is going to be a wonderful conference, and we urge you to book your flights now for the best rates. Attending this meeting is a way to further both your own development and the development of transactional analysis in this region. "Liberating the Human Spirit" is our conference theme, and what better way to do that than to spend a few days in the Rocky Mountains with a group of people committed to developing transactional analysis?

Lorna Johnston, BMusEd, MBA, CTA (organizational), is the conference chair for the upcoming Calgary/Canmore Conference. She adds, "I wrote this article just after returning from the USATAA gathering in Jamaica, where one of the gifts for me was meeting author and presenter Angela Berquist. I asked her for help in writing this article, fantasizing that I'd talk and she'd write. What happened instead was a dialogue about the process of writing that will serve me for a lifetime. Thank you Angela!" Lorna can be reached at [lornajohnston@shaw.ca](mailto:lornajohnston@shaw.ca).

## FIRST CONFERENCE OF THE AMERICAS TRANSACTIONAL ANALYSIS ASSOCIATION (ATAA)

Decisions Then  
Choices Now  
Liberating the Human Spirit

Calgary/Canmore, Canada  
13 (evening) to 17 (noon) October 2004

**EXAMS:** If you are interested in taking BOC exams or a TEW (training endorsement workshop), contact Lorna Johnston immediately: [thechangeinstitute@shaw.ca](mailto:thechangeinstitute@shaw.ca) or 403-243-4208

**REGISTRATION:** To register, visit [www.decisionsthenchoicesnow.ca](http://www.decisionsthenchoicesnow.ca); early-bird registration of \$375 Canadian until 1 July 2004; student registration \$200 until 1 October 2004. Registration inquiries to Donna Maria Perry at 403-210-0334 or [donna\\_marie@chinooktai.org](mailto:donna_marie@chinooktai.org)

**ACCOMMODATIONS:** Delegates make their own reservations by contacting the Radisson Hotel & Conference Center, 511 Bow Valley Trail, Canmore, Alberta T1W 1N7, Canada; phone: 403-678-3625 or toll free at 800-333-3333; fax: 403-678-3765; website: [www.radisson.com/canmoreca](http://www.radisson.com/canmoreca)