

**Special 2008
Conference Insert
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Taking Transactional Analysis into the Islamic World

by P. K. Saru

The Islamic world is the least represented segment of the population among transactional analysis professionals and within the transactional analysis community. When I received my transactional analysis certification (CTA) and eventually my TSTA a few years back, I became the only Muslim TSTA among TA trainers across the globe (to the best of my knowledge). My vision was to take transactional analysis into the Islamic world gently and steadily. I had my own fears and trepidations about how transactional analysis would be received by Muslims and whether it would be considered dystonic to Islamic tenets. At the same time, I was also aware how Islam focuses on Adult thinking and taking responsibility in the here and now. I was keen to establish how universal the language of transactional analysis is and how it can cut across all barriers.

“A few years back I became the only Muslim TSTA among TA trainers across the globe. My vision was to take transactional analysis into the Islamic world gently and steadily.”

My first step was in my home country of India with an ongoing training group in Kozhikode, Kerala, quite a stronghold of Islamic faith and culture. The population there is 99.5% Muslim, and I often found that there was a subtle balancing act between Islamic tenets and the transactional analysis goal of autonomy. For example, being in the here and now looking at Adult options entails upgrading and rethinking belief systems, messages, and experiences to determine if they are relevant to today's reality. Often, concepts and interventions needed to be viewed from the Islamic perspective, and I was glad to find that there

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Our Story: Building Community, Making History

by Gianpiero Petriglieri

Nearly half a century ago, a groundbreaking group of professionals set out to make a difference in the lives of their clients and in the culture of their time. They met weekly, discussed their work, developed theory, and when the meeting was finished, they parted. Their friendships, flings, and rivalries, their collaborations and debates, their curiosity and willingness to engage with each other, and their commitment to demystify nebulous language and debunk rigid practices in psychology were generative, indeed. I am referring, of course, to Eric Berne and his colleagues at the San Francisco seminars. Since its inception, transactional analysis was more than theory and practice. It was community.

We have come a long way since those days. And yet the story of discovering or starting a transactional analysis group in a living room—and feeling tremendously captivated, supported, refreshed, and empowered by it—is the story of many an encounter with TA around the world.

It's our story. The welcoming, engaged (and fun) group of professionals—psychotherapists, educators, organizational practitioners—is the archetypal transactional analysis community. There is also something mischievous and constructively subversive about transactional analysts. Breaking free from (or working through) script

“Both homes—our local home and our global home—are important, essential. When we forget our local home, we lose our roots. When we forget our global home, we lose our reach.”

implies, after all, some degree of challenge to the status quo, and we're always psychological activists—and often social and political ones, as well. At heart, we are professional community and social movement.



It is impossible to underestimate the importance of our local communities. They are the spaces in which we live and work and play. But it would be dangerous to think of them as our only home, and to isolate ourselves there. These days—whether we realize it or not—we all have another home. This other home is a global home, a global community. While this may not have the familiar feel of our local spaces, it carries unique opportunities for engagement, dialogue, and learning. Many of us will never forget attending our first international transactional analysis conference. Many others will experience it soon. It is never too early in one's journey to enjoy the unique experience of working, learning, playing,

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Jan Morrison

When the Muse Calls

by Ann Heathcote

“As sad as we are to say good-bye to Jan, we are delighted to welcome and introduce Birgitta Heiller as the newest of our three volunteer coeditors.”

From 1 January 2008, *Transactional Analysis Journal* coeditor Jan Morrison stepped down after 4 years on the editorial team, and we welcomed Birgitta Heiller as she moved from the position of editorial board member to coeditor.

Speaking of her decision to resign her coeditor position in order to spend more of her free time on her creative pursuits, Jan said, “The muse calls and she must be answered!” Jan, an author in her own right, has already had some theatrical success and, with her coauthors, has had three plays produced: *Mrs. Finney's Hat*; *Death, the Musical*; and *Fields of Crimson*. These three musicals have all been produced more than once, and *Death, the Musical* has recently been produced in Montreal in French, which was very exciting for Jan and her fellow writers. Jan has also cowritten a musical for children and adults called *Shroom!*, which she says was a lot of fun. Jan has written one novel called *Feckless*, which she is currently looking for a home for, and has another in the pipeline entitled *True*. In addition, Jan has a company that writes the scripts for and produces murder mystery weekends in hotels; she has been “killing and sleuthing” now for over 20 years! There seems to be no end to Jan's creative talents.

Jan also has a busy family life: She has two sons, Jesse (37) and Calvin (35); two step-children, Jake (14) and Sarah (12), and three grandchildren, Riley (7), Hannah (6), and Sawyer (3). She has also had many grown-up and not so grown-up children with whom she has had at least a fairy-godmother role.

Professionally, Jan has had a private psychotherapy practice in Halifax, Nova Scotia, since the early 1990s. In 1989, and already well trained in gestalt, she became a student of Nancy Porter-Steele and Curtis Steele. A few years later, Nancy and Curtis asked Jan to teach alongside them, and later, with Mary and Peter Goodman, they all formed the EastWind Institute. This was a busy period for Jan; her work included teaching a master's cohort at St. Mary's University and working with young entrepreneurs on a program called Future Quest with the Centre for Entrepreneurship Education and Development in Nova Scotia. Recently, she has been one of the faculty providing basic transactional analysis training for the psychi-



Birgitta Heiller

atric residents at Dalhousie University Medical School in Halifax.

In 2003, Nancy Porter-Steele asked Jan if she would join Bill Cornell and herself as a coeditor of the *TAJ*. Jan remembers feeling both delighted and terrified: delighted to have an opportunity to “Learn the Tango with Master Teacher Nancy”—which Jan knew would be engaging, meaningful, challenging, and fun—and terrified knowing that the job was a big one, with many, many hours going into each issue. Jan has spent most of her time as coeditor in charge of and concentrating on the nonthemed issues of the *TAJ*; however, in October 2007, with Mary Goldman, she coedited a themed edition on “Transactional Analysis and the Body.” Here is what Jan had to say about her time as a coeditor:

My time as coeditor was extremely satisfying. My early collaborating with Nancy was wonderful and stimulating, and the relationships I developed with various writers through the years were fantastic. I enjoyed getting to know Ann and Bill through the ether and loved all our back and forths on how to support this project

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When the Muse Calls

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in the most positive ways. I learned so much and got to stay in touch with all that was happening. Robin was an invaluable support through the whole process, and I count her as a true companion. I cannot imagine where the ITAA would be without such a valuable and loving person. I know I wouldn't have stuck out some of the tougher times without her.

I also invited Nancy Porter-Steele to share her thoughts about Jan:

The creativity and energy Jan has displayed in her many ways of being in the world are a gift to us all. Along the way, Jan took a degree in writing. She always has projects on the go, and she is a published poet. Jan is brilliant, loving, kind, generous, creative, and lively. It has always been a pleasure to work with her. She has applied her many talents, her extensive knowledge, and her skills in a wide variety of ways, including working with would-be entrepreneurs, with ex-cons, with teenagers, and with practically anyone fortunate enough to catch her with some time available.

I would personally like to take this opportunity to thank Jan for her invaluable help and support, especially when I first became a coeditor and was on a very sharp learning curve. Jan unfailingly responded to my requests for help, and her tips and advice were always well grounded, fair, and intelligent. For example, she shared that she always used "SET" when she gave feedback to

writers: support; empathy; and truth. Jan, I have learned so much from you: thank you! I know TAJ coeditor Bill Cornell and managing editor Robin Fryer join me in saying a heartfelt thank you to Jan for all her hard work and help over the last 4 years. It has been fantastic working alongside her, and we will truly miss her compassion, spontaneity, humor, and energy.

As sad as we are to say good-bye to Jan, we are delighted to welcome and introduce Birgitta Heiller as the newest of our three volunteer coeditors. Birgitta joined the editorial board in 2007 and has already distinguished herself with the clarity and sophistication of her thinking. As a non-native-English speaker, she also brings a depth of understanding to the difficulties of an international publication like the TAJ.

Birgitta was born and raised in Vienna, Austria, and lived in five different countries over 13 years, eventually settling in the United Kingdom in 1993. Being part of the worldwide transactional analysis community provided Birgitta with a welcome and necessary sense of belonging during her years of travel. In fact, she views and values the international TA community as a kind of substitute family. She particularly enjoys the balance between its community spirit and academic excellence and is committed to promoting this powerful combination in the wider world of psychotherapy.

Birgitta is a Teaching and Supervising Transactional Analyst (psychotherapy), has a doctorate in psychology and general and comparative physiology, and a master's in psychotherapy. She maintains a private psychotherapy and supervision practice and co-runs a small clinical training program in the south of England, providing a self-directed "journeyman" style of training. Birgitta is also involved in a peripatetic

fashion in other training programs: For the past 4 years, she has also been delivering training in Romania to a vibrant and enthusiastic group of new students of transactional analysis. She is excited by models that aim to synthesize: for example, cocreative and relational transactional analysis, neuropsychology, and psychoanalytic energy psychotherapy.

Birgitta has been involved in writing for about 10 years. Initially, she attended creative writing classes and wrote conference papers in connection with workshops she offered. In 2004 she had an article entitled "Narcissism and TA" published in *Transactions*, the journal of the Institute of Transactional Analysis (UK). After joining the TAJ editorial board last year, Birgitta says there was a steep learning curve, but it has also resulted in a lowering of her anxiety around publishing on a global level.

Here is what Birgitta says about her role as TAJ coeditor:

I am hoping to bring to this job an appreciation of the difficulties that non-native-English speakers face when they want to publish in international journals. In recent times, especially, a lot of innovation in transactional analysis theory has originated in countries where English is not the first language. It is always a challenge for the coeditors to find a viable system that supports new thinking and writing in translation. I would welcome a system to be put in place that offers financial assistance from ITAA or EATA to authors who need to have their work professionally translated so that the TAJ remains a journal on par with other peer-reviewed journals in the English language yet provides the cultural diversity that I have come to

value in the TA community. I look forward to working with some of you who are reading this, whom I may possibly never meet but whose work I might be able to champion.

Birgitta clearly brings a wealth of knowledge and experience to her role as coeditor. We are excited to begin working with her and know that she, too, will make a significant contribution to the work of the editorial board.

And so we say farewell and good luck in your new endeavors to Jan and welcome aboard to Birgitta!

Ann Heathcote is a Certified Transactional Analyst (psychotherapy) who has a private psychotherapy practice in the northwest of England. She has been one of the coeditors of the Transactional Analysis Journal since October 2005. Ann can be reached at annheathcote@theworsleycentre.co.uk.

Examiners Needed in South Africa

Exams will be held before the 2008 South Africa conference, on Wednesday 6 August, with examiner and candidate meetings following the trainers' meeting on Tuesday afternoon. We already have six candidates for TSTA exams, and candidates are also expected for CTA exams. So please, if you are able to examine or to be a supervisee or audience member, send your name and qualification level to Trudi Newton, BOC cochair at trudi.newton@btinternet.com.

Nominations Sought for ITAA Board

The ITAA is seeking nominations for the following elected positions:

Officers (nominations allowed from any region and elected at large by all ITAA voting members)

President-Elect

Vice President of Development

Secretary

Regional Trustee (only voting members from a given region may be nominated and only voting members from a given region will vote for the trustee to represent that region)

Australia/New Zealand: 1 position

There are also two vacancies on the board that can be filled by board appointment for the remainder of the term of office: vice president of Internet and treasurer. If you are interested or wish to suggest someone else to fill this vacancy, please contact Lorna Johnston (see below).

Nominations require the name and consent signature of the nominee (it may be yourself), the name of the person making the nomination, and the name of the person seconding the nomination. To be eligible for nomination, trustees may not have already served two consecutive terms of office in any position on the board. Position statements (charters) that describe the function and selection criteria for each of the officer positions are available from the ITAA office or on the ITAA Web site in the Guidelines (part of the official documentation). Nominees are encouraged to read and understand these before accepting nomination.

Send nominations to the ITAA Secretary and Nominations Committee Chair Lorna Johnston at thechangeinstitute@shaw.ca or fax to her at

1-403-243-4209. **The deadline for nominations is 31 May 2008.**

Election Procedures: As per the ITAA bylaws (revised 1996), if there is no more than one candidate per position, there will be no ballot, and the results of the election will be announced in *The Script* newsletter. If there is more than one nominee for a position, a ballot will be mailed to all voting members within 60 days of the close of nominations. The deadline for return of ballots is 60 days from the date of mailing. The results of the election will be announced to the candidates within 30 days after the election results are determined and to the voting membership as soon as practical thereafter.

ITAA WEBSITE: www.ita-net.org

The ITAA website provides comprehensive information about every aspect of the ITAA. Recent additions to the site include links to upcoming international, national, and regional activities as well as membership criteria and an application form. If you want your website linked from the ITAA site, please forward the site address (URL) to webmaster@ita-net.org. Please also forward any suggestions, feedback, and information for upcoming events.

Committee Members Wanted

We are looking for individuals to join two of the ITAA's most important committees: the scholarship grant fund and the Eric Berne Fund for the Future. These committees are responsible for reviewing applications/proposals and determining disbursement of funds. If you are interested in volunteering on one of these committees, please contact ITAA Vice President of Operations C. Suriyapakash at suriya.sunshine@gmail.com by 1 April 2008.

TRANSACTIONAL ANALYSIS CONFERENCES WORLDWIDE

23 February 2008: University of Cumbria. 4th Annual Cumbrian Transactional Analysis Conference. Contact: Richard Mottram at 01946 823915.

27-30 March 2008: Keele, Staffordshire, UK. Institute of Transactional Analysis (ITA) Conference. Contact: www.ita.org.uk or Barbara Clarkson at conference@ita.org.uk.

7-10 August 2008: Johannesburg, South Africa. TA World Conference sponsored by ITAA/EATA/WPATA/SATAA. Contact: TA2008conference.org.

30 October - 2 November 2008: Australasian TA Conference. Rotorua, New Zealand. Contact: Mandy Lacy at starpotential@xtra.co.nz.

ITAA The Script

The Newsletter of the International Transactional Analysis Association
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Ad Size	Rate	Width	Height
1/16 pg	\$50	2" (5cm)	3" (7.6cm)
1/8 pg	\$90	4½" (11.5cm)	3" (7.6cm)
1/4 pg	\$170	4½" (11.5cm)	6" (15.2cm)
3/8 pg	\$250	4½" (11.5cm)	9½" (23.5cm)
1/2 pg H	\$330	9¼" (23.5cm)	6" (15.2cm)
1/2 pg V	\$330	4½" (11.5cm)	12¾" (32.4cm)
9/16 pg	\$370	6¾" (17.2cm)	9¼" (23.5cm)
Full pg	\$625	9¼" (23.5cm)	12¾" (32.4cm)

Deadlines for copy and advertising—first of the month prior to the month of publication. (*The Script* is not published in January, May, or September.) Deadline: 1 February for the March issue; 1 March for the April issue.

Note: Publication of advertising in *The Script* does not imply endorsement by the newsletter, the editor, or the ITAA.

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2008 WORLD TA CONFERENCE

Cradled by Culture: The Journey of Humankind

Johannesburg, South Africa ♦ 7-10 August 2008

WELCOME

The 2008 World TA Conference will be held at the lovely Indaba Hotel and Conference Centre, Four Ways, Gauteng, South Africa. Hosted by the South African TA Association together with ITAA, EATA, and WPATA, it will be attended by people from all the continents of the world, and we are hoping to have a large representation from Africa in particular. The theme, "Cradled by Culture: The Journey of Humankind," refers to the fact that all of us develop within a certain culture that shapes us. We become human through other people, and that cultural context influences our thoughts, feelings, and behaviors in complex and subtle ways. Becoming aware of this allows us to appreciate our differences but also to find those commonalities that point to our oneness as humans—our essential ubuntu spirit. The theme also highlights the significance of southern Africa as "the cradle of humankind," which makes this country a particularly fitting venue for this conference. Please join us to present, to take your exam, to learn, to experience our wonderful international transactional analysis community, and to be PRESENT at the first ever TA conference in AFRICA!

Conference Chair Sharon Kalinko & Conference Cochair Diane Salters

THE HISTORY OF TRANSACTIONAL ANALYSIS IN SOUTH AFRICA

South Africa has had a long, although interrupted, association with transactional analysis. Petruska Clarkson, Maria Gilbert, Diana Shmukler, and Merle Friedman were pioneers in South Africa. Many South African universities in the 1970s and 1980s offered at least a module on transactional analysis in their psychology courses, and many organizational people were introduced to it as well. However, the years of struggle and isolation during the era of apartheid caused people to leave and made it difficult for trainers to visit. Petruska, Maria, Brian Dobson, and Sue Fish became part of the United Kingdom TA scene, together with Gordon Law, who was already established there, and later Elana Leigh. Merle and Sharon Kalinko kept the flame alight in South Africa, assisted by visits from Richard Erskine, George Kohlrieser, and Valerie Batts. Later Mary Cox, Gordon Hewitt, Trudi Newton, and Colin Brett brought their skills to developing trainees. Diane Salters and Brendah Gaines eventually returned from long absences in the United Kingdom bringing their commitment to transactional analysis with them. Now we have a whole new crop of trainees, some of whom will be going for examination in 2008. We trust that the significant contribution made to transactional analysis by South Africans in the past will be reflected in what this conference in 2008 offers the TA community. We hope also to welcome friends, old and new, to join with us in building the future of transactional analysis in South Africa.

CONFERENCE AND HOTEL INFORMATION

Early-bird registration deadline:

1 May 2008

Web site: www.2008taconference.org

E-mail: info@ta2008conference.org

Telephone: +27 11 555-5555

Fax: +27 86 651 2621 (international)
086 651 2621 (inside South Africa)

Mobile: +27-82-773-4363



VENUE

The Indaba Hotel and Conference Centre is a premier venue, well serviced and secure, and we have arranged special rates that include bed and breakfast. The hotel is nestled beneath the magnificent Magaliesberg Mountains and offers a compelling blend of business-like convenience and efficiency with a relaxed and warm country atmosphere. Designed in keeping with the country-style character of the hotel, each of the 260 en-suite, air-conditioned bedrooms offers luxury accommodation with all the modern amenities. The dining facilities, renowned for their excellent cuisine, include Chiefs Boma, an African-themed restaurant with open breakfast, lunch, and dinner; the Epsom Terrace Restaurant, which offers an à la carte menu as well as an impressive buffet; and the Siphuzza cocktail bar. The hotel has convenient access to all main highways and to Tambo International Airport. Recreational facilities at the hotel include an outdoor, rim-flow, heated swimming pool; two flood-lit tennis courts; a 1.6km demarcated jogging track; a scenic walk within the premises displaying an abundance of flora, fauna, and bird life; and Innergize, a beauty and relaxation center. Nearby activities include golf, trout fishing, hot-air ballooning, biking, river rafting, and such natural attractions as safari parks, an elephant sanctuary, the De Wildt Cheetah and Wildlife Centre, Pilanesburg National Park, several zoos, botanical gardens, casinos, museums, theaters, and cities and villages such as Johannesburg, Pretoria, Soweto, Alexandra, Lesedi Cultural Village, and Magaliesburg. **For more information and to make a hotel reservation, see www.indabahotel.co.za.**

DISCOVER THE JOURNEY OF HUMANKIND

Scientific research has shown that modern human DNA lineages originally come out of Africa. We all share 99.9% of our DNA. Between 150,000 to 200,000 years ago, modern homo sapiens evolved in Africa. Johannesburg offers wonderful opportunities to learn more about the origins of our species.

Maropeng, which is a Setswana word meaning "returning to the place of our origins," takes visitors on a fun and informative journey of discovery using spectacular methods to tell stories of the evolution of life and the origins of humankind. It denotes the universal relevance of the Cradle of Humankind as the ancestral home of all. Maropeng is based in the Cradle of Humankind World Heritage Site (see www.maropeng.co.za).

The Origins Centre at Witswatersrand University has an outstanding and fascinating collection of rock paintings, engravings, and artifacts, but more importantly, the history of South Africa is told through the art of the San people. If we want to understand the culture, the spiritual beliefs, and the very essence of the Zulu and Xhosa people as they are today—and even the reasons for the development of Soweto and other townships—we need to take a step back a few hundred years and follow the path that the rock art stories can tell us. "We are who we are because of who we were" (see www.originscentre.co.za).



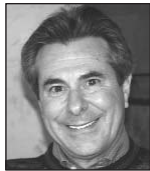
Johannesburg at night

KEYNOTES & INSTITUTES

KEYNOTE SPEAKERS

The Culture of Transactional Analysis: Theory, Methods, and Evolving Patterns

Richard G. Erskine, Ph.D., is a clinical psychologist and the training director at the Institute for Integrative Psychotherapy in New York City. He also conducts numerous training programs, seminars, and workshops in several countries. He has published over 35 articles in the *Transactional Analysis Journal* and was twice the corecipient of the Eric Berne Award. He is well known for his development of an integrative transactional analysis. Richard is the coauthor of *Integrative Psychotherapy: The Art and Science of Relationship* (2004) with Janet Moursund, *Beyond Empathy: A Therapy of Contact-in-Relationship* (1999) with Janet Moursund and Rebecca Trautmann, and *Integrative Psychotherapy in Action* (1988/1998) with Janet Moursund. A collection of his writings on transactional analysis are in the book *Theories and Methods of an Integrative Transactional Analysis* (TA Press, 1997).



Bonding the Ethnic Child with the Universal Parent in Love and Protection: The Strategies of a TA Eco-community Activist

Pearl Drego comes from Bombay, India, and received her MA in philosophy and her PhD in sociology from Bombay University. She holds a diploma in counseling and psychotherapy from the Christian Counselling Centre in Vellore and is a Teaching and Supervising Transactional Analyst (psychotherapy) of ITAA, WPATA, and TASI since 1981. She uses transactional analysis skills and strategies especially for children, families, and disadvantaged communities. Pearl has served as a member of the ITAA Board of Trustees, the Board of Certification, and as chairperson of the social action committee. She has continuously reworked the theories and concepts of transactional analysis so that they can be applied to justice issues such as marginalization, social exclusion, and psychosocial oppression. In April 1991 Pearl was one among the nine alumnae of Sophia College, Bombay, who received the Golden Jubilee Felicitation Award for achievements in professional and educational service. In 1993 Pearl received ITAA's Hedges Capers Humanitarian Award and in 2004 the Eric Berne Memorial Award. Her books for children, *Happy Family or Talk to Me Mum and Dad*, *The Illumined Child: An Indian Study of Ego States*, and *Building Family Unity through Permission Rituals* are popular in schools and counseling centers. Together with Oswald Summerton, Pearl cofounded TACET (the Transactional Analytic Centre for Education, Research and Training), which includes a distress center for people in need, especially women in crisis.



Leadership and Ego States: Prodigy or Pathology? A Cross-cultural Perspective

David Best, BSc, MSc, PhD, is a highly experienced senior manager and consultant with wide experience managing and advising on complex IT environments as well as in the areas of executive coaching and development. He has also trained as a gestalt therapist as well as in integrative psychotherapy and works with individual clients in therapeutic and coaching contexts. He brings these skills to bear in his work in organizations, working across the boundaries of strategy, IT, organizational effectiveness, and personal development. He was partner in Deloitte Consulting for almost 10 years and now works independently as a trusted adviser, program director, and expert witness. A specialist in knowledge and information management, David has written a number of publications, including *The Fourth Resource: Information and Its Management* (1997). He has a PhD in cybernetics, specializing in control and communication. David is known for his charismatic but forthright managerial style, which achieves results in highly complex organizational environments. He has worked in Europe, the Middle East, Africa, South America and North America, and is fluent in English and French. He lives in Paris and works in London and internationally.



INSTITUTES

TA 101 with Elana Leigh

Elana Leigh, TSTA (ITAA), MSC Integrative Psychotherapy (Middlesex University), BSocSci SW (UCT), works as a psychotherapist, trainer, and supervisor in Sydney, Australia. She is the director of the Australian Centre for Integrative Studies in Sydney. She has worked both nationally and internationally on boards and committees in the ongoing maintenance and development in the field of psychotherapy.



The Coach's Professional Framework: Where Does Transactional Analysis Fit? Colin Brett and Sandra Wilson

In this institute, participants will be introduced to the concept of the coach's professional framework and the facets of that framework from an ontological perspective. A number of questions will be posed, including: what is professional framework for coaching, how can transactional analysis help or hinder the coach's work, how effective can a coach be in working with one psychological model, what are the potential pitfalls/ethical dilemmas of offering professional coaching services without professional coaching training, and where does coaching fit in relation to the three waves of psychology—or is it the fourth wave? Participants will experience a



rich blend of theoretical input, analytical exploration, and practical application. They will have a chance to start building their own professional framework for coaching. The program will be highly interactive, and there will be time for reflection, questions, and consolidation of learning.

Colin Brett, *Teaching Transactional Analyst (organizational)*, and Sandra Wilson, *Provisional Teaching and Supervising Transactional Analyst (organizational)*, are both qualified accredited coaches. With a background in education and counseling, Colin trained as an NLP coach in 2002. Sandra originally trained as an inner game coach over 15 years ago. The diversity of their professional backgrounds and different coaching frameworks add to the dynamism of the work they do together.

Conflict Management Through Dialogue and Negotiation: Resolving Interpersonal, Professional, Organizational, International, and Cultural Differences

George Kohlrieser

Wars and peace both begin in the mind. While the root causes of conflict, aggression, and violence have never been better understood by practitioners and social scientists, conflicts continue to rage throughout the world at all levels—interpersonal, organizational, and cultural. At the same time, peacemakers are bringing once bitter enemies together through dialogue to build bridges toward cooperation and peace. This workshop will focus on the ideas, methods, processes, stories, experiences, successes, and failures in resolving hot and cold conflicts at personal, organizational, cultural, and international levels. The session will include short presentations of key concepts along with practical exercises and role-plays. We will emphasize the outstanding value that transactional analysis brings to the table of dialogue and peacemaking.



George Kohlrieser, PhD, *Teaching and Supervising Transactional Analyst*, is an organizational and clinical psychologist who has worked in over 100 countries on conflict resolution, dialogue, negotiation, and leadership development in such hot spots as Israel, the Palestinian territories, and the Balkans. He is a former president of the ITAA, a hostage negotiator, and professor of leadership at IMD, one of the world's leading business schools, where he designed and directs its High Performance Leadership Program for senior executives. He is author of *Hostage at the Table: How Leaders Can Overcome Conflict, Influence Others, and Raise Performance* (2006). The French translation of this book, *Négociations Sensibles*, was unanimously given the Best Business Book Award 2007 by DCF (French Association of Business Leaders). He recently delivered a keynote address to 1500 business leaders in Tehran, Iran.

Building Healthy Systems: Transactional Analysis, Education, and Positive Psychology

Trudi Newton and Giles Barrow

This institute will be an opportunity to further explore the themes of Newton's and Barrow's July 2007 *Transactional Analysis Journal* articles, which relate TA to recent developments in the field of positive psychology. ("Psychology is about building what is right . . . not just about illness or health; it is about work, education, insight, love, growth and play" [Seligman as cited in Snyder & Lopez, 2005]). With the "healthy system" as a backdrop, Newton and Barrow will examine the implications of the ego state metaphor, models of education, and transformational learning, looking at some emerging ideas in transactional analysis, revisiting the political radicalism of its early history, and encouraging optimism for taking TA into new places and times.



Trudi Newton is a Teaching and Supervising Transactional Analyst (educational), writer, researcher, and consultant. She works nationally and internationally with educators to facilitate radical learning and community development and is a contributor to the recently published book on transactional analysis with children and young people (*Tudor, 2007*). Trudi is currently involved in EATA-sponsored research on transactional analysis training and a collaborative research project into the effectiveness of TA as a tool for emotional development and communication in schools.

Giles Barrow is a Provisional Teaching and Supervising Transactional Analyst (education) and a qualified teacher. He has worked in mainstream and specialist contexts and has spent most of his career establishing and managing support services for schools and families. Giles has an MA, an MEd, and a postgraduate diploma in special educational needs. He has written widely on the theme of relationships in schools and specifically on using transactional analysis in schools, including *Delivering Effective Behaviour Support* and coauthoring *Improving Behaviour and Raising Self-Esteem*. He has recently coedited *Walking the Talk*. Giles is on the council of the Institute of Developmental TA and works all over the United Kingdom with children, parents, and professionals.

Living and Working in Groups: Do We Shape Them or Do They Shape Us?

Charlotte Sills

This workshop will start with a relational perspective to understanding groups, teams, organizations, and communities—seeing them not as entities but as "processes of communicative interaction." Drawing on focal conflict theory, transactional analysis,



continued on page 5

WORKSHOPS & PANELS

Tentative Program



The following is a tentative list of presentations for the South Africa Conference. If you have sent a proposal and your name does not appear here, please e-mail it immediately to Diane Salters at dsalters@iafrica.com.

- Joanna Beazley Richards and John Baxendale**—Allowing Despair, Fostering Hope
- Joachim Karnath**—Leadership: Your Personal Challenges Concerning Your Role and Type
- Bettina Demmer and Judith Haupt**—The Use of Transactional Analysis and Models of Culture in Coaching
- Marina Rajan Joseph**—Regeneration: The Adolescent Phenomenon in the Cyclical Journey of Humankind
- Gordon Law**—Understanding and Influencing the Culture of Groups and Organizations

- Gordon Law**—Physis: The Ultimate Space beyond Culture?
- Sari van Poelje**—A Hero's Journey: Script, Myth, and Culture
- Anita Mountain**—Putting the "Kind" Back into Humankind
- Maria Teresa Tosi and Sabine Klingenberg**—Cradled by Culture: Working with the Unspoken Stories of Groups and Organizations
- Natalie Tyler and John Tyler**—Peace, Forgiveness, and Reconciliation: The Journey of Marriage and Other Intimate Relationships
- Sandra Wilson and Jenny Bridge**—Emergence, Development, Culture, and Identity of EATA
- Josephine Lewis**—Cooperation and Power: Relationships, Choices, and Change
- William Cornell**—Breaking the Cradle: The Journey of Professional Challenge and Learning
- Kathy Laverty**—The Power of Vulnerability and the Vulnerability of Power
- C. Suriyaprakash and I. A. Mohan Raj**—Transactional Imago: A Tool to Study Workplace Communication as a Medium of Organizational Culture
- Vann Joines**—How to Work Effectively with Each Personality Adaptation
- Vann Joines and Josephine Lewis**—How to Conduct a Couples Marathon
- Bea Verzaal**—Imagination and Transactional Analysis in the Treatment of Trauma
- Susannah Temple**—Learning to Choose: My Journey to Personal Power
- Karen Pratt**—The Journey through the Spiral: Spiral Dynamics and Permissions
- Felipe Garcia and Julian Sonn**—Multiculturalism for Winning Together: A Personal Journey to Cultural and Institutional Change
- Ann Heathcote and Manon Plouffe**—When the Cradle and the Culture Hurts
- Robert Massey**—Social Psychological Processes in Culture and Transactional Analysis
- Sharon Davis Massey**—We're All Connected: Building and Reconstructing Empathic Connections
- Rosemary Napper**—The Impact of Context and Culture on the Individual
- Joaquín Granados-Rossi**—Culture and Organizational Transactional Analysis in Latin America: The Heavy Load of the Parent Ego State in Our Organizations
- Marguerite Turner-Sacco**—Transactional Analysis in a Post-Apartheid South Africa in a Military Environment: A Facilitator's Journey
- Brunetta Caprasecca and Rosina Bentivenga**—Injunction and Life Script on Life Inside Prison
- Lucy Freedman**—Creating Positive Organizational Cultures
- Anna Chandy**—To Redefine My Life Plan in a Cradle
- T. S. Radhakrishnan**—Organizational Culture and Transformation: Nestled in Values, Carried by Renewal
- T. S. Radhakrishnan**—"Ego-Lets": Our Micromomentary Ego States. Initiating Our Culture, Influencing Our Journey
- Beatrice Kidd**—Contemporary Tales as Metaphor for Script Dilemma: Journey Out of Script to Selfhood
- Beulah Levinson and Diane Salters**—Out of Africa, Back to Africa: Family Constellation Explores Its Roots and Finds Links with Transactional Analysis
- Diane Salters and Desirèe Lee**—Spiral Dynamics and Transactional Analysis: Understanding Social and Cultural Patterns

PANELS

- Challenges and Opportunities for the Integrative Transactional Analysis Therapist (psychotherapy field)—Charlotte Sills, chair
- Transactional Analysis and Community Development in Diverse Cultures (educational field)—Rosemary Napper, chair
- The Best of Both Worlds: Drawing on Traditional and Modern Approaches in Working with Groups (organizational field)—Diane Salters, chair

- Sharon Kalinko and Moniek Thunnissen**—Research Is Fun
- Brenda Gaine, Mandisa Magodla, and Lindiwe Mthembu-Salter**—Transactional Analysis in Translation: Using TA as Part of a Program for Culturally Diverse Community Care Workers
- Abe Wagner**—Breaking the Communication Barrier: TA + NLP = Synergism
- Jean Illsley Clarke**—This Is Not What I Expected! Using Berne's Imago Theory to Understand How We Adjust to a New Group
- Jean Illsley Clarke**—Whoever Tells the Stories Defines the Culture
- Annie Cariapa**—Rumblings of Genocide: The Prelude
- Annie Cariapa and M. O. Ezenwa**—Finding our Balance: An NLP and TA Perspective. Harmony Restoration Therapy

KID'S PROGRAM

The Children's Program will be facilitated by Sibikwa, a community arts center with a mission to promote theater and performance arts education. The trainers from the Sibikwa Saturday Arts Academy (ages 3-16) will offer the children workshops in drama, storytelling, African dance, and much more (see www.sibikwa.co.za).

continued from page 4

and theories of group dynamics, Sills will explore the tension between the individual in the group and the group-as-a-whole. She will offer models to help to identify how and why group members may get "stuck" in certain fixed roles in groups or teams and how group leaders can intervene productively.

The workshop will include didactic input as well as exercises and experiments to explore the material from the inside out, and Sills will invite participants to use the group itself to investigate the question "What can I learn about myself and groups by being in this group?"

Charlotte Sills, MA, MSc (Psychotherapy), Dip. Systemic Integrative Psychotherapy, UKCP-registered psychotherapist, is a visiting professor at Middlesex University. She is also a psychotherapist in private practice and a supervisor, trainer, and consultant in a variety of settings. She is a qualified transactional analysis clinician and a Teaching and Supervising Transactional Analyst (psychotherapy) and was for many years the head of Metanoia Institute's transactional analysis department. She is the author or coauthor of a number of publications on counselling and psychotherapy, including the EBMA-award winning Transactional Analysis: A Relational Perspective, which she coauthored with Helena Hargaden.

Introduction to CFQ Healing Qigong

Curtis Steele and Nancy Porter-Steele

With CFQ Healing Qigong, psychotherapy is extended beyond the verbal into non-verbal realms that include movements and meditation. In this introduction, participants will directly experience the effects of practicing CFQ movements for their own benefit and will also participate in healing done on behalf of others. Participants will learn the basic principles of CFQ Healing Qigong as established by Master Yap Soon-Yeong of Malaysia. They will learn several of the movements of the "Hexagram Dance" and will participate in a healing circle. If time permits, there will be an opportunity to experience and/or observe an individual healing session. Steele and Porter-Steele will also offer recommendations for going further in this area.

Curtis Steele is a psychiatrist and Nancy Porter-Steele is a psychotherapist. They have practiced transactional analysis since 1971 and are certified by Master Yap Soon Yeong to teach both level I and level II CFQ Healing Qigong. They find CFQ of great benefit to patients and want to help make it widely available. They live and work in Halifax, Nova Scotia, Canada.



TOURS & SCHEDULE

TOURS & TOURISM

Johannesburg and South Africa offer many wonderful tours and sightseeing opportunities. In Johannesburg tours are available to Soweto and Lesedi (an African village) as well as city tours that may include visits to the Museum Africa, the Apartheid Museum, Maropeng (the cradle of humankind), the exhibition at the University of the Witwatersrand (where genetic testing can be done to determine our genetic roots), and Constitution Hill. Johannesburg has one of the largest human-made forests in the world, where over the last 100 years residents have planted many trees in an area where there was mainly grass and small bushes.

We recommend the following tourism and travel sites:

- For bookings in the Kruger National Park as well as other national parks, see <http://www.sanparks.org>. If you are interested in going on a wilderness trail in the Kruger National Park (this involves hiking through the park with a tracker and a game ranger), it is necessary to book



Blyde River Canyon

- immediately to secure a place as these trails are very popular and August is high season for this type of holiday.
- For other tours (e.g., theme tours such as visits to rock paintings) see <http://www.wildlifesafari.co.za/>

- <http://www.safarinow.com>
- <http://www.satourism.net>
- For more information on the City of Johannesburg, including tourism information, statistics, and nightlife, information can be found at the city's Web site at <http://www.joburg.org.za>.

SOCIAL EVENTS

Thursday night opening event: cocktail party with entertainment by a marimba band (African band playing African music), a storyteller (an African custom), and opening addresses by representatives of the three transactional analysis bodies that are sponsoring the conference as well as a South African speaker

Friday night African evening: in a rustic setting with a marimba band in the background and a buffet of typical foods from Africa, including many types of venison and other game treats, such as crocodile, ostrich, and buck, and dishes from other African countries. The venue for this event can be viewed on the Indaba Web site.

Saturday night: gala dinner followed by a wonderful cabaret show and dancing

TRANSLATION

There will be Spanish translation if there are enough Spanish-speaking delegates at the conference.

CONFERENCE SCHEDULE

DATE	TIME	ACTIVITY	DETAILS
Sat 2 August	17.00-19.50	Informal meeting of ITAA board	
Sun 3 August	09.00-17.00	ITAA board meeting	
Mon 4 August	09.00-17.00	ITAA board meeting	
Tues 5 August	08.30-17.00	T&CC meeting followed by trainers' meeting	8.30 – 13.00 T&CC, 14.00 – 17.00 trainers' meeting
	18.00-20.00	Examiners' and candidates' meetings	One for CTA and one for TSTA followed by examiners' training
	20.00-22.00	Certifying examinations	(If required)
Wed 6 August	09.00-18.00	Certifying examinations	
	09.00-17.00	TA 101 (day 1)	Instructor: Elana Leigh, TSTA
	18.00-18.45	Debriefing of examiners	
	19.00-20.00	Candidates' and examiners' get-together and celebration	
Thurs 7 August	09.00-17.00	TA 101 (day 2)	Instructor: Elana Leigh, TSTA
	09.00-17.00	Preconference institutes covering various fields of TA	Trudi Newton & Giles Barrow, Colin Brett & Sandra Wilson, Charlotte Sills, George Kohlrieser, and Curtis Steele & Nancy Porter-Steele
	12.00-14.00	Lunch meetings	For TA presidents or other groups
	18.30-21.30	Opening ceremonies	Brief welcome from SATAA; welcome from presidents of ITAA, EATA, WPATA; guest speaker; social get-together
Fri 8 August	08.00-09.00	Regular group events each morning	Social dreaming: Servaas van Beekum, Kathy Laverty, Herbert Hahn Qigong: Curtis Steele and Nancy Porter-Steele Meditation group: Gordon Law First-timers' group: Process group for new conference attendees led by John Heath African drumming to start; keynote: Richard Erskine
	09.15-10.30	Plenary Session	Charlotte Sills, chair
	10.45-12.15	Panel discussion (psychotherapy)	
		Workshops in other fields	
	12.15-13.15	Buffet lunch	
	13.30-16.30	Workshops	
	17.00-19.00	ITAA general members' meeting	
		Social event	African theme evening in hotel, local food and marimba band
Sat 9 August	08.00-09.00	Early morning regular events	See Friday above
	09.15-10.30	Plenary	Announcements/notices, keynote: Pearl Drego
	10.45-12.15	Panel discussion (educational)	Rosemary Napper, chair
		Workshops in other fields	
	12.15-13.15	Buffet lunch	
	13.30-16.30	Workshops	
	17.00-18.00	Meetings as required	
	18.30-23.00	Reception and gala dinner	Time to celebrate the newly certified members, dinner/dance
Sun 10 August	08.00-09.00	Early morning regular events	See Friday above
	09.15-10.30	Plenary	Keynote: David Best
	10.45-12.15	Panel discussion (organizational)	Panel: Diane Salters, chair
		Other workshops	
	12.15-13.15	Closing event	
	13.30-14.30	Buffet lunch	
	14.30-18.00	TACC meeting	

were no major clashes. That was a challenge for me that, in turn, increased my enthusiasm for going into Islamic countries.

The second step was in Bangladesh. Since it is basically an extension of India, there was not that much difference culturally and socially. Bengalis are firstly Bengalis, then Bangladeshi citizens whose faith is Islam. It was a very fulfilling experience to have established ongoing training there that resulted in a CTA training group with 12 participants who took out T&C training contracts and became ITAA members.

The next step was to go to Iran, which was a dream come true. Iran is the cradle of world, the home of the oldest civilization and very different culturally, socially, economically, and even Islamically. I was fascinated and at the same time did not know what to expect. Ali Babai, a young enthusiastic Iranian whom I met during the 2006 international transactional analysis conference in Istanbul, Turkey, approached me with his desire to enter into a contract for his CTA training. He felt there would be cultural and social compatibility between us because we are both from the Asian continent and are of the Islamic faith. Since signing a contract with me, he has been working on organizing a TA 101 in Tehran. It was as a result of his efforts in conjunction with Avin Counselling Centre, the biggest and oldest counseling center in Iran, that I was invited to do the TA 101.

Avin Counselling and Psychology Centre ("Avin" means "love" in Farsi) was established in Tehran in March 1999 under the leadership of Mrs. Pernean Ehsani. Her social awareness and motivation to reach out to Iranians to empower and facilitate them to become socially aware and individually powerful were the driving forces behind the center's birth. She has an MA in psychology from Tehran University and was keen to impart what she had learned to others as well as to help them improve their emotional and spiritual well-being. Pernean, lovingly addressed as "Neena," is also assisted by her able husband, Akbar, and her daughter, Tara, in the day-to-day running of the center. They also run a preschool for small children in a very creative and fun way. The many psychologists and psychiatrists working in the Avin Centre are involved in a number of programs leading to personality development and empowerment of individuals across different dimensions. Ali is one of the facilitators handling transactional analysis concepts in a basic way, and he was keen to expose people to transactional analysis in a systematic, structured way in keeping with the standards of the ITAA. He also wanted to kindle enthusiasm among more Iranians to become transactional analysis professionals. Both goals have been fulfilled. Many who participated in the TA 101 are now eager to pursue certification.

There were 74 participants in the Tehran TA 101, which was conducted over 3 days. The group consisted of 52 women and 22 men, and it was especially heartening for me to see more women than men. Since many of them knew a smattering of transactional analysis and had a working knowledge of English, the process was smooth and energetic, despite the fact that I was teaching such a large group for the first time. I was also assisted by an able translator. The average age of the group was about 27-30 years. Most of them were MSWs, working as social workers and counselors, and MA psychology students.

The involvement of the group was very high. The questions were challenging and relevant to the participants' own unique contexts. Much clarification was sought, particularly about the Adult ego state and its behavioral manifestations. Active participation and role plays—especially when we dealt with the functional description of the ego states and psychological games

—added energy and excitement to the process. The concept of strokes and its application in an experiential way raised awareness of the power of strokes. Identifying each person's stroke economy was a great eye-opener and motivator for the participants. The session was characterized by a high degree of excitement, curiosity, and fulfillment. The feedback was extremely positive, and I also reveled in the many appreciative strokes I received. In the review and conclusion there were also questions about how the concepts could be viewed from an Islamic perspective. I gave some of my own ideas, and the participants added theirs as well, which was interesting and educational for me, too.

Iran is older than history. That being so, it was fascinating for me. There were cultural and intellectual nuances that reflected its ancient and rich heritage. Tehran is a very modern city, comparable to any in the world, with excellent infrastructure and cleanliness. A visit to Isphahan, where the historical monuments bear silent and powerful evidence of Iran's ancient culture and civilization, was enjoyable and educational for me. The landscape of Iran is unique, being surrounded as it is by mountains of various shades of brown, and the change in topography from Tehran to Isphahan was enchanting. A variety of luscious fruits and nuts and the wide selection of Iranian sweets were irresistible. I also found the Iranian music—played only by men in public—to be quite inspiring.

Keeping in abeyance all the political and religious bigotries and nuances that are happening around the world, the core of the people in Iran, just as their appearance, was innately beautiful and divine to me. If the CTA training group on which I am working can be started soon, I would consider it a great milestone in my training vision and objective. I hope one ripple will create more ripples leading to newer and more humane perspectives on relating and learning and growing as human beings.

P. K. Saru is a Teaching and Supervising Transactional Analyst (psychotherapy) who lives in Coimbatore, India. She can be reached at pksaru@vsnl.com.



P. K. Saru (front row, 7th from left) with TA 101 group in Tehran

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ERRATA

We regret that there were two incorrect captions in photos published in the November 2007 *Script*.

On page 7, the photo of the TEW participants incorrectly identified the woman fifth from the left: It is P. K. Saru (not Sashi Chandran).

On page 8, the photo with the story "Fifteen Years of TA Organizations Training in Budapest" was actually a photo taken during the XXI Congresso Brasileiro de Análise Transaccional sponsored by UNAT-BRASIL over 3 days in August 2007 and attended by 200 people. The individuals shown were part of a workshop on "Leadership and Followership" led by Sari van Poelje (kneeling in front) with 60 participants. Those in the photo were members of the group that constructed the tower and include (from left, standing): Laucemir Pessini (PTM), Isaura de Faria (CM), João Luiz Cortez (RM), Margarete de Boni (TM), Rita de Cássia Castro (RM), and an unknown woman.

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA EXAM	COC	27 Mar. 2008	Keele, England	1 Dec. 2007
	COC	3 July 2008	Slovenia	1 April 2008
	BOC	6 Aug. 2008	Johannesburg, S. Africa	6 May 2008
	BOC	30 Oct. 2008	Rotorua, New Zealand	30 July 2008
	COC	14 Nov. 2008	Neustadt, Germany	1 Aug. 2008
TSTA EXAM	COC	27 Mar. 2008	Keele, England	1 Sept. 2007
	COC	3 July 2008	Slovenia	1 Jan. 2008
	BOC	6 Aug. 2008	Johannesburg, S. Africa	6 Feb. 2008
	COC	14 Nov. 2008	Neustadt, Germany	1 May 2008
CTA Written	All Regions (Non-Europe)	Your choice	Submit to Regional Exam Coordinator after paying \$50 fee to T&C Council	Your choice
TEWs	BOC	August 2008	Johannesburg, S. Africa	April 2008
	BOC	Nov. 2-4, 2008	Rotorua, New Zealand	1 July 2008

* COC CTA exam candidates who are doing the COC written case study must submit it no later than six months before the oral exam date. Details/application available from the COC Language Group Coordinators.

Note: Exams subject to availability of examiners/exam supervisors. BOC not responsible for expenses incurred when unavailability of examiners/exam supervisors causes exams to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

To arrange to take a BOC exam, contact the T&C Council, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA. **Note:** COC people sitting for BOC exams must forward the equivalent of the EATA fee to the T & C Council office. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA Newsletter for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** \$450 ITAA members/\$600 non-ITAA members payable in US dollars to T&C Council, c/o the T & C Council office, 2186 Rheem Dr., #B-1, Pleasanton, CA 94588-2775, USA. **COCTraining Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

