

Election Results

The results of the recent ITAA election are in, and we are pleased to announce that C. Suriyaprakash of Coimbatore, India, was elected to become vice president of research and innovation. His 3-year term, 2010-2012, will commence on 1 January. Suriya served as vice president of operations from 2007-2009, so he will be rejoining the board of trustees to start his new position. Our thanks to Biljana van Rijn, who also ran for the position of vice president of research and innovation and who has agreed to provide active support, with Suriya, in the area of research. Members will be able to read more about Suriya and his ideas for the future of the ITAA in the January-February issue of *The Script*.

Berne Books and Artifacts Going Up for Auction

As many of you know, the Berne family has sold the family home in Carmel where Eric lived during the years he wrote many of his most important books. The family has decided to make some items available for sale to the transactional analysis community through a silent auction system. They have generously offered to donate the proceeds to the ITAA, perhaps for the establishment of an online Eric Berne archive Web site.

The items that will be available include a collection of books found in his study, artifacts he collected on his travels, an antique record player, and other personal items.

If you are interested in being notified when these items are ready for auction, please e-mail Dr. Carol Solomon at drcsol@pacbell.net so that she can send you the link when it becomes available. Of course, the auction will also be announced in *The Script*, but those who are seriously interested will benefit from e-mail notification rather than waiting for the newsletter to arrive.

by Diane Salters

In August 2009, Joanna Beazley Richards came to run a workshop for the Cape Town College of TA on "Trauma and Transactional Analysis." She was accompanied by her husband, John Baxendale.

Joanna, who is a chartered psychologist in the United Kingdom as well as a Teaching and Supervising Transactional Analyst, runs a training program and heads up the Wealden Trauma Clinic. She gave an excellent workshop on the nature of trauma, neurological responses to trauma, and treatment strategies in working with people who are experiencing posttraumatic stress. The emphasis throughout was to help people integrate the experience without further re-traumatization. Joanna bases her work largely on the writings of Bessel van der Kolk and Babette Rothschild but brings to it her own lively intelligence as a therapist, a wealth of experience, and a fund of fascinating stories. At all stages she related her posttrauma work to her underlying theoretical transactional analysis framework and managed the sublime task of explaining Berne's

theory of bound, unbound, and free energy without bewildering people—something I have rarely seen done!

The workshop participants were a mixed group, some psychologists and some counselors trained in victim support for trauma rooms at police stations. Some work for nongovernmental organizations (NGOs) dealing with HIV/AIDS workers. Others were there because, although they do not specifically do posttrauma work, the high levels of past and recent violence in South Africa means that even if clients come to therapy for some other reason (e.g., career guidance or couples therapy), they might well exhibit signs of posttraumatic stress. Indeed, most of us realized that we are dealing with posttraumatic stress far more than we may have recognized, not only in our work but in every area of our society. Thanks to Joanna and John's generosity, many of the people in the group of 18 were able to receive a scholarship.

Joanna also presented a 2-hour lecture to the staff of the Trauma Centre in Cape Town. The staff members of this NGO have, in the past, worked particularly with those who experienced political



From left: Diane Salters, trauma workshop participant Lindiwe Mthembu-Salter, and Joanna Beazley Richards in Cape Town



Staff at the Trauma Centre in Cape Town

torture and imprisonment or were involved in the border war. They have recently worked with refugees from other parts of Africa and the xenophobic violence directed toward them in South Africa. They also do ongoing work with adults and children who have experienced abuse, rape, and domestic violence. They are delighted that they now have a link set up with Wealden Trauma Clinic and anticipate useful exchanges of information and opportunities for learning on both sides.

These events and others in the Cape Town College of TA program (described by Karen Pratt in the July 2009 issue of *The Script*) grew out of the international transactional analysis conference in Johannesburg in August 2008. Finances from that conference have also enabled the South Africa TA Association (SATAA) to set up a Web site. To see what else is planned for this year and next year, visit our site at www.sataa.org.za.

Diane Salters is the representative of the Asia/Africa region on the ITAA Board of Trustees. She can be reached at dsalters@iafrica.com.

Transactional Analysis and Peaceful Living

By Matthias Sell

In 6-7 February 2009, a symposium entitled "TA and Peaceful Living: TA against Violence" took place in Wolfensbüttel, Germany. This event was significant in several ways. First, it was the first time that the Deutsche Gesellschaft für Transaktionsanalyse (DGTA) (the German TA association) and the European Association for Transactional Analysis (EATA) met with delegates from a memorial to honor victims of national socialist terror. Second, it was the first time that such a meeting took place in an active high-security prison, with the prison board participating. Third, the transactional analysts who participated spoke up actively against violence.

Forty-five individuals participated in the event, including officials from the city administration

of Wolfensbüttel as well as officials from Lower Saxony. Speakers from several countries took part, among them Stefan Sandström from Sweden, Udi Levi from Israel/Switzerland, Dr. Nada Jabandzic from Austria/Serbia, and Peter Eichauer, Dieter Münzebrock, Wilfried Knauer, Verena Quiel, Bernd Kreuzburg, and Betram Weber-Hagedorn from Germany.

On the second day, participants visited the jail and the memorial in small groups. The mutual value of the work of the memorial and the jail—especially related to coping with violence and transactional analytic work—was in the foreground. Just as the professionals at the prison were curious about transactional analytic approaches, so the staff of the memorial was glad to learn know transactional analytic concepts relate to coping with grief.

All participants thought that the event had been successful, especially in terms of the experience of being oneself in an active prison for 2 days. The jail setting—with its memorial to those who suffered there when it was a place of terror, on the one hand, and a place that required the power necessary to secure the delinquents who are held there now, on the other—gave the experience an almost paradoxical quality.

We heartily thank all the staff of the prison as well as the prison board and the manager of the memorial for their help in bringing this event to fruition. We also want to thank DGTA and EATA, because without their support on content and finances, this impressive and long-lasting experience would not have been possible.

Matthias Sell, TSTA, can be reached at sell@mmt-sell.de.

A WORD FROM THE PRESIDENT

What Can the ITAA Uniquely Do that the World of Tomorrow Needs?

By Rosemary Napper

What is the future of the ITAA? It is clear that if we, as an organization, carry on doing what we have always done, there is only funding for 5 more years or so. This is because currently we depend on membership fees, and we spend more than this income on our publications, infrastructure, certification services, and conferences. As a result, we are eating into our capital from the 1994 sale of the ITAA property in San Francisco.

Doubtless more cost cutting can and will be done. Nonetheless, the reality is that membership is declining. This is not surprising: Transactional analysis continues to gain strength in many parts of the world, then local TA organizations develop and grow, and then they provide immediate benefits in a familiar language and cultural style. For many, belonging to the ITAA is a second membership, one that, given the current global financial crisis, may be particularly difficult to afford.

And people may not immediately see the added value of belonging to the ITAA because our purpose is insufficiently clear and differentiated. Part of the reason for this is that our organization has developed over time by trying hard to meet

enormously diverse wants and needs and becoming overloaded with what are now sometimes out-of-date offerings to members.

So, what is the purpose of the ITAA? I invite each of you to put together a scenario describing the ideal future organization and send it to me. I and a small group will then hone these so that they can be presented to those who attend the Montreal conference. There we will use a "world café" method for working with large groups to involve everyone in debate via small group discussions and carefully structured forums in which each person can have a voice. Immediately after the conference, the ITAA board will meet to review the outcomes of these processes. From these we can then put forward in *The Script* concrete proposals for the future while there is still time to think effectively.

We are beginning to collect these scenarios now. Do you have ideas about how the ITAA can best serve you and others around the world? If so, please send them to me as descriptions of an ideal future for our organization, including answers to the following questions:

- What is the purpose of this future ITAA?
- What are the specific functions and tasks of this ITAA?
- What benefits does this ITAA provide and to whom?
- Who are the members (include any categories of membership)?
- Who are the leaders (e.g., an executive board or some other form? elected?)?
- How is effective communication conducted internally within the organization? Externally?
- What organizational apparatus ideally services this organization (e.g., staff, volunteers, Web sites, etc.)?
- How is this future ITAA financed?
- What is meant by international (literally and philosophically)?

Be bold with your imagination!

How does the ITAA involve members? At present we are a membership organization, a not-for-profit heavily reliant on volunteers. I have spent much of my professional life working with such organizations, using transactional analysis to consider organizational behavior. Typically, membership is passive until, as Berne suggests, there is significant pressure on the external boundary of the organization. Then, either agitation or cohesion is likely to occur. Currently, the global economy and the growth of other transactional analysis organizations impacting on ITAA membership numbers provide some pressure, although not yet enough for a pulling together. The irony is that if we wait until membership gets activated by such pressures, there may be too few members!

Thus, I offer this invitation to participation. The only communication that reaches all members is *The Script*; it is our organization's only vehicle not only for information sharing among members but also for opinion exchange. We need members to be active with ideas and practical help if we are to be a truly membership organization. The last two elections have been well contested, and there is currently an almost entirely fresh board of trustees, all of whom are volunteers. We are beginning to find that there are many changes that need to take place for the ITAA to contribute in the twenty-first century—everyone's ideas and hands-on support are welcome.

Here are some suggestions on how to be an active member with practical help now:

- Someone with real expertise in online communications, including design, to research what are the most effective ways to e-mail information to members
- Facilitators experienced in open forum work to join a team to debate the future of the ITAA at the Montreal conference
- Donating spare air miles to a pool that can be used to support people who cannot afford airfare to the Montreal conference

What do members want and need to know? Talking to individual members in different parts of the world over the last few months, I have come to realize that what people imagine about ITAA's leadership, membership, purpose, and tasks is often very different from the way our organization is actually structured. Many myths and legends abound about the ITAA, perhaps not surprising after more than 40 years!

In a future column, I will briefly outline the current structures and purpose of the ITAA and how the Training and Certification Council is a separate organization (all this information is on the ITAA Web site). In addition, future *Scripts* will feature articles written by members of the board of trustees describing key work relating to their roles and indicating how members can be supportive and



"I invite each of you to put together a scenario describing the ideal future organization of the ITAA."

active. Meanwhile, dare to dream and to design an International Transactional Analysis Association that will flourish and thus nourish your personal, professional, local, and global needs and wants in relation to transactional analysis.

What do you want to feel, think, do, and say about the ITAA of tomorrow?

Rosemary Napper is ITAA President. She can be reached at rosemary.napper@tamatters.com.

ITAA *The Script*

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2186 Rheem Dr., #B-1
Pleasanton, CA 94588-2775, USA
Phone: 925-600-8110
Fax: 925-600-8112
E-mail: itaa@itaa-net.org
Web site: <http://www.itaa-net.org>

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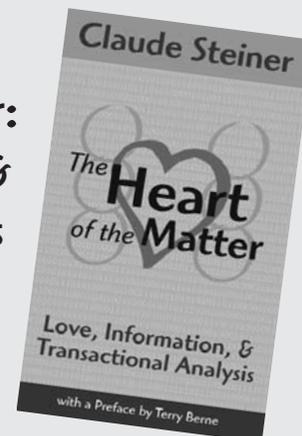
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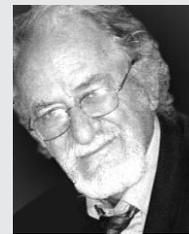
Published on recycled paper

Newest Release from TA Press

The Heart of the Matter: Love, Information, & Transactional Analysis by Claude Steiner



This 280-page book was written from the perspective of a writer who has participated in the development of transactional analysis from its earliest days to the present and has witnessed TA's evolution from a weekly gathering of a dozen of Eric Berne's admirers half a century ago to a worldwide movement of deeply egalitarian and democratic principles involving thousands of adherents. *The Heart of the Matter* is dedicated to all the people who are fascinated by transactional analysis and want to understand the heart-centered, information-based perspective developed by the author. Love, strokes, the stroke economy, cooperation, power abuse, and an anthropological analysis of how our hierarchical power system evolved are explored in depth. The crucial roles of the Child, the Adult, and the two Parents—Nurturing



and Critical—are illuminated. Steiner synthesizes in one brief and readable text his extensive elaborations on the theory of scripts, games, and strokes, while maintaining faith with Berne's core concepts: contracts; the universal OK existential position; crisp, understandable theory and rhetoric; effective, information-based practice; and the analysis of transactions between ego states. (ISBN: 978-0-89489-008-6)

Cost: \$14.95 plus shipping

Shipping/handling: US surface: \$4; US air: \$5; International (air only): \$12

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Humane and Healing

By Susannah Temple

Eric Berne said some really important things to me. I heard him say, "It's OK to be curious and to make sense of what goes on. Notice what people do and how they do it. Have ideas, try them out, keep it simple."

I also heard him offering a language for thinking and talking about what goes on between people. I accepted his invitation to use it.

It is now 30 years since I first experienced transactional analysis. A close colleague and I had felt in need of some professional input to help us with our community and adult education work with families in a mostly rural county in England. She booked us for a one-day workshop entitled "Introduction to TA" at the university. This had me puzzled until she explained that it would not be about the Territorial Army but about transactional analysis, which was some sort of practical human psychology. That sounded better!

It was a lively and enjoyable day, full of interest. I felt quite bowled over and realized immediately that this was powerful stuff. Studying it, I guessed, would have huge implications for my life. I needed to retreat a bit, wanting to explore the shallows before venturing into deeper water. However, I thought that if my experiences in life could be named, described, and explained so accurately with this new transactional analysis language, maybe there was a chance that I was not nuts after all!

"Eric was telling me that it was OK to take my own inner sense of things into account, that, indeed, it was vital to do so."

I had always had trouble with the word "relationship" and with talking about a relationship as if it were an entity in itself. I had sensed that what really mattered were the dynamics between the people concerned. Suddenly I had come across an approach designed to illuminate just that—the dynamics of relationships—and that offered a language with which to talk about them.

A great appeal for me of transactional analysis, from early on, was this matter of assuming that some aspects of relationship dynamics are observable and some are not—but there are clues to the latter if you know where to find them and how to look. Berne's declared four ways for diagnosing ego states captured this for me neatly: behavioral, social, and then historical and phenomenological. Though it took me a long time to be able to pronounce the last term quickly and easily, "phenomenological" was an important word for me. It conveyed a respect for my inner experience that was supportive and encouraging. Eric was telling me that it was OK to take my own inner sense of things into account, that, indeed, it was vital to do so.

The term "transactional analysis" is very precise. I remember learning that the meaning of the word "analysis," from the Greek, is to "examine something in detail to discover its meaning or essential features." This transactional analysis gentle and delicate way of exploring the human condition, in order to demystify and normalize it, seemed so humane and healing in itself. Crazy-ness can often involve struggle with the incomprehensible. This creates fear that increases the craziness. The questions that Eric seemed to me

to be asking were simple ones. What is going on? Who is doing what? For what reason? For which purpose? Comprehension begins to set in with this sort of detective work. People can learn how to make sense of their experience and then how to take charge of it, which is the pathway to sanity. I thought this was really exciting, and I found the process was as relevant to education as it was to psychotherapy.

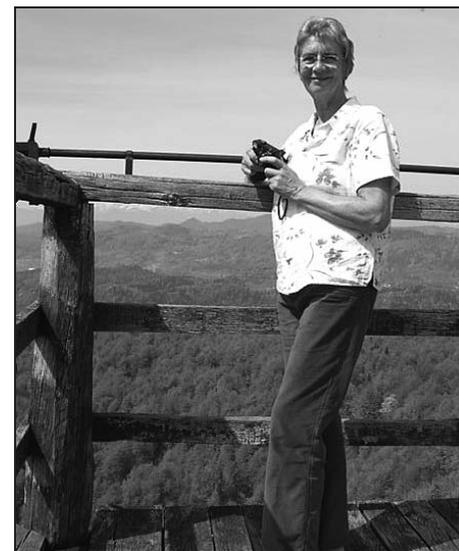
I identified strongly with Eric's way of learning from the patient/client. This rang bells for me as an educator. It reminded me that Friedrich Fröbel (1826), the famous German educator who started the whole Kindergarten movement, used to advise teachers of very young children to watch the child: he or she will tell you what to do. Eric's example, as a doctor with his patients, reinforced for me, as an educator, my sense of partnership with learners. My experience was that the deepest learning happens within a trusting relationship, when "teacher" and "learner" are both learning from each other.

Eric did not actually say much new to me about teaching and education as such. What he said challenged and encouraged me as an educator, giving me a language and means to examine and refine my practice. After all, when I am being a teacher, I am the tool of my trade. I used to run a workshop for teachers entitled "When I Am Being a Teacher, What Are the Children Learning from Me?" and

another entitled "Finding a Way through the Blackboard Jungle." These were always tailor-made for the people present, and I used many valuable transactional analysis concepts in these mutual explorations.

Teachers, educators, trainers—whatever context participants came from—all found that transactional analysis concepts helped them understand the dynamics of teacher-learner relationships better and gave them options for improving their practice. In many cases, the sharing of the ideas was replicated as the participants went off to pass them on to their pupils, trainees, students, and so on. The empowerment was catching! Most exciting was when a whole school took transactional analysis concepts on board as a basis for how teachers and pupils would relate to each other. New teachers and pupils learned about transactional analysis when they arrived so that the cooperative dynamic grew. In these situations, basic "hungers" were met, and everyone learned ways to solve the inevitable problems of how to get along together.

Eventually, responding to demand, and feeling supported by what Eric said to me, I created an educational transactional analysis master's degree within a university modular program so that educators could build the TA concepts into their academic professional development pathway.



I am hoping that I have passed on much of what I heard from Eric, and that others will benefit from it as I have and will continue passing it on.

Susannah Temple lives in Bristol, England, and can be reached by e-mail at susannahtemple@googlemail.com.

REFERENCE

Fröbel, F. (1826). *On the education of man*. Keilhau/Leipzig, Germany: Wienbrach.

Transactional Analysis Publications

Gloria Noriega is the editor of *Desarrollo y Evolución del Análisis Transaccional: Premios Eric Berne 1971-2008* [Evolution and Development of Transactional Analysis: Eric Berne Awards 1971-2008]. It presents most of the Eric Berne Award-winning articles in Spanish and is available through the ITAA and IMAT.

Mark Widdowson is the author of *Transactional Analysis: 100 Key Points and Techniques*, published in 2009 by Routledge as part of its "100 Key Points" series edited by Windy Dryden. The book synthesizes developments in the field, making complex material accessible and offering practical guidance on how to apply the theory and refine transactional analysis psychotherapy skills in practice. It is designed to be useful to trainees and those preparing for certification exams as well as to experienced practitioners.

Laurie Hawkes has a new book out entitled *50 Exercices d'Estime de Soi* [50 Exercises for Self-esteem] published in 2009 by Eyrolles in Paris. This small book (126 pages) is part of a series of self-help books put out by Eyrolles. Laurie writes that she and France Brécard have been asked to write for the series because the publisher thinks transactional analysis is a good framework.

Michele Novellino has written his eighteenth book. *L'arco e la freccia. Origini, crisi e sviluppo del rapporto tra padre e figlio* [The Arch and the Arrow: Roots, Crisis and Development of the Father-and-Son Relationship]. It was published in 2009 by Franco Angeli Editore in Milan. Michele's interest in male psychology led him to explore the complex, deep interaction that is characteristic of the father-and-son psychological bond. Anthropology, sociology, and psychology helped him to describe what happened yesterday and what is happening today. The book shows how the father-and-son relationship can grow in a healthy way when it is an occasion for mutual recognition and reciprocal learning.

Kuni Ogawa (2009) recently published an article entitled "TA and Mental Health Counseling in the Workplace" (pp. 206-217) in a special issue of the magazine *Modern Esprit* on "A New

Movement in Transactional Analysis: Development after Eric Berne" edited by S. Eban and published by Gyosei in Tokyo. *Modern Esprit* is a traditional, well-known magazine in Japan. Each issue has a special psychological theme. Kuni is working with the publisher to see if an English version can be made available.

Ken Mellor announces the release of his new book, *Urban Mystic: Discovering the Transcendent Through Everyday Life*, published by Strategic Book Publishing in the United States in 2009. The book is an account of how he developed the frame of reference he uses. There is a significant segment on his time in the United States, both with Jacqui Schiff and others, and on the rigors of the therapeutic and training work he did using transactional analysis when he was back in Australia. It also describes how meditation practice helped him shift his frame of reference from the disease/problem-solving model to a life-oriented/life-enhancing one. The last part of the book grapples with how we can use the events in our lives to take the next steps in our spiritual unfolding and how to face and deal with third-degree impasses in nontherapeutic settings.

Ken and Elizabeth Mellor's book *Teen Stages: The Breakthrough Year-by-year Approach to Understanding Your Ever-changing Teen* has been republished in 2009 by Source Books in the United States. Originally published by Finch Publishing in Sydney, Australia, the book is a major expansion of the Cathexis approach to teenage development and relates to Pam Levin's work on recycling stages. While it is not written specifically in transactional analysis terms, it is relevant to people working developmentally with their clients/patients and to anyone with teenage children.

Moniek Thunnissen (with her colleagues) published a report on her research on a TA-based clinical psychotherapy program in the October 2008 issue of the *Journal of Personality Disorders*, 22 (5), 487-495. The title of her article is "A Randomized Clinical Trial on the Effectiveness of a Reintegration Training Program versus Booster Sessions after Short-term Inpatient Psychothera-

py." She also has just published a small (100 pages) book entitled *Personality Disorders: Why Are You Like That?* for patients and their families. It offers information about diagnosis, treatment, prognosis, and so on, and contains quite a bit of transactional analysis.

Tomoko Abe published a book entitled *Transactional Analysis: Psychology to Help Your Human Relationships* in the fall of 2008. It was published by Nishinonshuppan in Osaka, Japan and is 226 pages long. It is about the TA 101 Tomoko has presented over 50 times since 1999 and includes the definitions of theories together with their applications plus illustrations. It is designed to be used by participants to review after they take a TA 101 or to read beforehand.

Tony White recently contributed a chapter to the book *Dynamics of Ego Management* published by Icfai University Press in Chennai, India. He was invited to write a chapter on the "Two Ego State Model." This publishing house produces books that are designed to meet the requirements of working executives, research scholars, academicians, and students of professional programs in India and abroad in areas such as management and marketing. In the chapter, Tony outlined the basic principles of the two ego state model in ego state structure terms and the implications that has for functional ego states and the transmission of life scripts.

Richard John Stapleton's book *Business Voyages: Mental Maps, Scripts, Schemata, and Tools for Discovering and Co-constructing Your Own Business Worlds* was featured at the 2009 American Association of Retired Persons (AARP) national event and expo in Las Vegas, Nevada, in October 2009. In the book Richard presents cases, problems, and opportunities he and others have encountered and explains economic tools and processes that anyone can use to analyze unavoidable business and economic dilemmas. The book discusses research findings that offer basic, useful results for anyone managing a family business, starting a small business, or teaching business.

Bylaws Amendments Passed

Three important bylaws amendments related to ITAA elections were approved by the membership last June.

The first stipulates that ITAA officers (except president and past president) will begin their 3-year terms at the end of the annual general meeting or January 1 of the year immediately following their election, whichever comes first. They will not be allowed to hold the same office for more than two consecutive terms.

The second stipulates that the president-elect will also take office at the end of the annual general meeting or January 1 of the following year, whichever comes first. The president-elect serves for 1 year and succeeds to the office of president beginning at the end of the annual general meeting or January 1 of the following year, whichever comes first.

The third stipulates that when there is more than one nominee for a position, a ballot will be sent to all voting members within 60 days of the close of nominations. Elections, and other matters that require a membership vote, can be conducted via paper ballots or electronic means (such as e-mail or secure Internet voting). If paper ballots are used, in order to be counted, ballots will be returned to reach the association's principal office, or other location designated by the nominating committee, within 60 days following the mailing of ballots. In case of electronic voting, in order to be counted, votes will be cast through the designated media within 60 days following the e-mailing of ballots.

These bylaws amendments will help the board of trustees function more effectively and will allow for the possibility of electronic ballots, potentially a big advantage in an international membership such as ours.

Welcome to New Members

NEW MEMBERS MEMBERSHIP SPONSOR

June 2009

June-Wei Chen, Taiwan	—
Badarinath Cheruvu, India	—
Young Tae Lee, Korea	—
Francesca Nuzzo, Italy	Eva Sylvie Rossi
Ian Tomlinson, Great Britain	—
Vicky Towler, Great Britain	—

July 2009

Irina Arkhipova, Russia	—
Ruth Birkebaek, Great Britain	—
Jacqueline Brett, Great Britain	—
Karl Desousa, India	—
Svetlana Eremija, Serbia	Zoran Milvojevic
Pamela Fowler, USA	—
Jonathon Goodwin, New Zealand	—
Emma Hathaway Haynes, Great Britain	—
Ursula Iskenius-Schuppert, Germany	—
Mahmoud Reza Javadpour, Iran	—
Jan Karabina, Czech Republic	—
John Kenyon, Great Britain	—
Danijela Kindernaj, Serbia	Zoran Milvojevic
Irina Letova, Russia	—
Sasa Ljaskevic, Serbia	Zoran Milvojevic
Tanja Marovic, Serbia	Zoran Milvojevic

Evelyne Papaux, Switzerland	—
Mi Hyun Park, Canada	—
C. S. Peverelli, The Netherlands	—
Anna Christine Richmond, Australia	—
Jonathon Schaeffer, Australia	—
Ellen Steele, USA	—
Dijana Živanovic, Serbia	—

August 2009

Bernard Gentelet, France	—
Amy Marco, Canada	—
Ketil Oeysvold Melhus, Norway	—
Renato Morandi, Brazil	—
Sandra Van De Pas, New Zealand	—
Bryon White, Canada	—

September 2009

Tina Balachandran, Qatar	—
Claudia Fountain, Germany	—
Hugh Mason, Singapore	—
Pam Morrison, New Zealand	—
Terrie Mortimer, Australia	—
Geraldine Osowska, England	—
Etienne Philipp, France	—
Michita Champathes Rodsutti, Thailand	—
David Rojas, Peru	—
Hisayo Satake, Japan	—
Kirsten Wilmeth, USA	—
Sally Witemberg, Mexico	—

Air Miles for Montreal

If you have airline miles that you are not using, we would appreciate it if you would consider donating them to someone who might not otherwise be able to attend the Eric Berne Centenary Conference in Montreal, Canada, 11-14 August 2009.

If you are willing to help, please contact Ken Fogleman at the ITAA office (ken@itaa-net.org) with the following information: name of donor, which airlines would be served, estimate of number of miles available, and any particular criteria regarding who you would be willing to donate to.

ITAA WEBSITE:
www.itaa-net.org

Award Nominations Sought

Eric Berne Memorial Award

Nominations Deadline:

1 December 2009

Hedges Capers Humanitarian Award Muriel James Living Principles Award

Goulding Social Justice Award

Nominations Deadline:

1 January 2010

See the ITAA Web site at www.itaa-net.org or contact the ITAA office for details on making nominations for these awards.



CALL FOR PROPOSALS

Eric Berne Centenary Conference

11-14 August 2010 ♦ Montreal, Canada

"Transactional Analysis in Action: Celebrating 100 Years of Eric Berne's Influence in Psychotherapy, Counseling, Organizations, and Education"

Deadline: 31 March 2010

Preconference Institutes: 9-10 August

T&CC Examinations: 11 August ♦ TA 101: 10-11 August

The program committee encourages proposals about innovative as well as proven applications of transactional analysis. Please design your presentations in keeping with the conference theme: "Transactional Analysis in Action: Celebrating 100 Years of Eric Berne's Influence in Psychotherapy, Counseling, Organizations, and Education." Please provide all information requested below using this form and e-mail it to: Alison Ayres at alisonayres@ndirect.co.uk and request a "Read Receipt" when you send it. All proposals will be acknowledged within a week of receipt. For further details visit www.itaa-net.org.

Title _____
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Phone _____ Mobile _____
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Members in training are required to have their proposal endorsed by a (P)TSTA
Endorsed by _____

ABSTRACT:

50 words describing your presentation (to be used in conference publicity)

OBJECTIVES: Give three learning objectives for your presentation _____

FORMAT: Lecture, discussion, panel, workshop, experiential, etc. _____

DURATION (check one): 2 hrs 3 hrs

PRESENTATION LEVEL (check one):

Beginner Intermediate Advanced

AREA: Clinical Counseling Organizational Educational
 Coaching

SIZE LIMIT OF GROUP: 10 20 30 50 Unlimited

LANGUAGE: The main language will be English. If you wish to present in another language, please discuss your requirements with us.

EQUIPMENT: Conference rooms have movable chairs and flip charts. Presenters are responsible for providing any additional equipment.

BIOGRAPHICAL SKETCH:

Provide a 20-word description and a recent photograph.

FEES: Presenters attending the full conference will pay the full conference fee. Presenters attending only to present will pay a one-day fee.

HOST HOTEL:

Hotel Delta, Centre Ville, 777 University, Montreal, Quebec, Canada

AUDIOTAPING: Some presentations may be audiotaped. Please indicate the following: I DO / I DO NOT wish to give the conference permission to audiotape my work and for the ITAA to sell the tapes.

FOR FURTHER INFORMATION: Contact Alison Ayres at alisonayres@ndirect.co.uk; +44 131 466 0579 (phone); +44 7748711769 (mobile)

Research is Fun!

By Moniek Thunnissen

The following is an edited version of the keynote speech presented by Moniek Thunnissen at the 2009 International Transactional Analysis Conference in Lima, Peru.

Research: Not My Cup of Tea?

Maybe some of you think that research is not your job or that you are not doing research at all. But, how many of you have had a question that you didn't have an answer for, so you looked in a book or on the Internet for information? How many of you have thought "I don't know" while working with a client, a team, or an organization, hypothesized what could be going on, and then began checking that hypothesis either in contact with the client, in the literature, or in discussions with colleagues? So, thinking about it this way, now how many of you are doing research in one form or another?

Useless or Useful Research

Research can also be useless, as in the following example. A helicopter was flying above Seattle when suddenly all its electronic navigation and communication devices broke down. Because of clouds and fog, the pilot couldn't determine the helicopter's position or how to get to the airport. The pilot saw a big building, flew to it, circled around, and wrote something on a big sheet of paper and held it up to the window. WHERE AM I? The people in the building quickly wrote on a large sheet of paper and held it up to their window: YOU ARE IN A HELICOPTER!

The pilot grinned, waved, looked at his map, determined the course to the Seattle airport, and made a safe landing.

Afterward, his copilot asked him how he knew where to go. "Easy," said the pilot. "I realized the building I was circling had to be the Microsoft headquarters because they gave me a technically correct but completely useless answer."

This can also happen with research: It can be technically correct but completely useless. What I want to discuss with you here is how we can set up research within transactional analysis that is useful and helpful.

Two Myths within Transactional Analysis

I think we suffer from two myths about research in the transactional analysis community. The first is that we are not doing research in transactional analysis. As you noticed from my opening, however, every interested, curious, and thinking professional is doing research, because with every new client or new situation, she or he wonders what the hell is going on with this patient/client/student/team and how can I help?

On the other hand, there is some truth to this myth, because we are not doing research in ways that are accepted in the scientific world: research initiated preferably by universities, with large numbers of clients, and costing a lot of money. Nor are we doing research with the gold standard in psychiatry, psychotherapy, and medicine: the randomized controlled trial, with many subjects and comparing different treatment modalities. This is one reason why, in my field of psychiatry and psychotherapy, transactional analysis is not mentioned in most textbooks and/or taught in most university/college programs on psychology, psychotherapy, management, and education theories (see Batista, 2009). This leads to the conclusion that, if transactional analysis wants to be more accepted in the scientific world of psychotherapy and counseling, it needs connections with universities and research. I will come back to this later.

The second myth is that doing research is hard and difficult and we don't need research within transactional analysis anyway! Again, yes and no.

Gloria Noriega can tell you about her dissertation, and I can tell the same story about my doctorate: 10 years of suffering and working long hours in addition to a full-time job. It helps when you are doing research to be persistent and a bit obsessive-compulsive, something like Vann Joines's "responsible workaholic" personality adaptation (Joines & Stewart, 2002).

But the answer is also "no" because the myth is partly based on a contamination. And, as we know, often contaminations consist of a double contamination: Parent-Adult and Child-Adult. So in this case, underneath the Parent-Adult contamination that "research is too difficult" is another, maybe even more stubborn Child-Adult contamination that says, "We transactional analysts are so good, we don't need research, and if 'they' don't see how good we are, that's their problem; we don't need them."

The World Has Changed

This is not true. The world has changed since the 1960s, since Berne (1964) published *Games People Play* and transactional analysis had its boom years. In the 1960s, research in psychotherapy was still in an embryonic stage. Cognitive-behavioral therapy was just beginning what evolved into its dominance of the cognitive model today. English (2007) described three giant figures in the psychology field during the 1990s: Aaron Beck of cognitive-behavioral therapy (CBT), Albert Ellis of rational emotive therapy (RET), and Eric Berne. While Berne died when he was only 60, Ellis lived into his nineties, and Beck is still alive. Ellis and Beck both did major development on their theories after Berne had already died, and they supported research projects that contributed hugely to the popularity of CBT.

One popular model nowadays is schema focused therapy (SFT), which was developed by Jeffrey Young (2003), one of Beck's pupils. It is a mixture of CBT, psychodynamic theory, and gestalt-experiential theory, with a main focus on the therapeutic relationship. There has been quite a bit of research comparing SFT with other models, with favorable results for SFT. However, let's look at some of the terminology of SFT: Vulnerable Child, Angry Child, Impulsive Child, and Happy Child; Critical Parent and Punitive and Demanding Parent (even written with capitals!); and reparenting. Where have we heard these terms before?! At a conference last year I asked Jeffrey Young whether he knew about transactional analysis, and he admitted that he had some familiarity with it, something he never refers to in his books.

What Are We Doing Already within Transactional Analysis?

It is clear that writing about the effectiveness and applicability of transactional analysis is crucial. Evidence based—which means using explicitly, judiciously, and conscientiously the best available evidence in the choice of a certain treatment—is nowadays a requirement for every professional behavior. In many countries, insurance companies only finance evidence-based treatments.

In the last few years we have seen promising developments within transactional analysis:

- The *Transactional Analysis Journal* is now listed with two major Internet databases, EBSCO and ProQuest (it was already listed with PsychInfo), which means that it is possible to search for articles or specific concepts within transactional analysis and access them from the *TAJ*.
- Thanks to Graeme Summers, we have the *TAJdisk*, which contains most *TAJ* articles from 1971-2006 on a searchable CD-ROM (see www.tajdisk.co.uk).
- In various areas we see initiatives regarding research, such as Liz Kahlil's (2008) project on



During her keynote in Lima, Peru, Moniek Thunnissen uses PowerPoint to emphasize that research has an important place in transactional analysis.

research within transactional analysis (see www.nottingham.ac.uk/nmp/research/mental-health/completed/berne.php).

- EATA has started an online journal devoted to research; the first issue of the *IJTAR* is due out in summer 2010.
- Matthias Sell and Stefan Sandstrom are organizing a conference on research in Germany in December.
- In England, transactional analysis is the focus of a master's program at Metanoia in London and at the Berne Institute through the Universities of Middlesex and Nottingham.
- In Switzerland efforts are underway to get transactional analysis accredited within a university program.
- In the United States, USATAA is working to reintroduce transactional analysis in universities and to obtain continuing education credits for TA training.

So, we are on our way! And we can do more. We need to be publishing more articles in non-TA journals and presenting workshops on TA at more non-TA conferences. It is a pity that good *TAJ* articles are not more widely disseminated outside the transactional analysis community. Books such as Cornell's (2008) *Explorations in Transactional Analysis* and Hargaden and Sills's (2002) *Relational Transactional Analysis* need to reach a wider readership. We need to get transactional analysis taught in psychology, management, and counseling programs.

What Kind of Research Does Transactional Analysis Need?

In the field of psychotherapy, the well-researched opinion nowadays is that most models of psychotherapy are effective if (1) they have a consistent theory, (2) they operate with a clear model, and

(3) therapists are consistent and active in applying the model. I think transactional analysis meets these three criteria. A small piece of evidence is my own PhD research (Thunnissen et al., 2008), in which transactional analysis was the method of psychotherapy in a 3-month inpatient program for patients with personality disorders. The inpatient program was followed by aftercare consisting of booster sessions (the same program and therapist as in the inpatient program, aimed at giving patients a booster of transactional analysis) and reintegration training with a cognitive-behavioral approach (aimed at integrating what patients learned in the inpatient program into their work and relationships outside the clinic). Figure 1 shows the symptomatic recovery of patients: the symptoms (measured with the Symptom Checklist or SCL) decreased from around 200 at admission, which is rather high, to 130 at follow-up 2 years later, which is nearly normal. As shown, there was not much difference between the two forms of aftercare (booster sessions and reintegration training). The greatest change was achieved during the 3-month inpatient transactional analysis program.

Current psychotherapy research is more about the psychotherapeutic process, especially the therapeutic relationship. It is increasingly clear that the professional relationship is more important than the model and theory of psychotherapy (Lambert & Ogles, 2004).

Research on the Therapeutic Relationship

To illustrate this, I offer Figure 2, which is based on a study comparing the effects of imipramine, an antidepressant, with a placebo (McKay & Wampold, 2006). Some patients received

continued on page 6

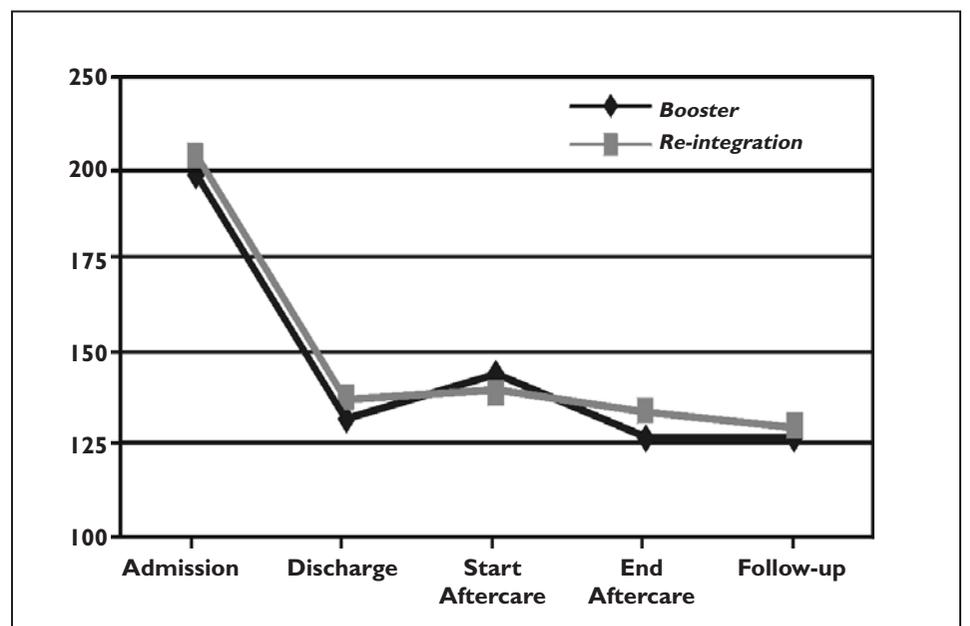


Figure 1
Symptomatic Change (Y axis = symptoms) from Admission to Follow-Up 2 Years Later

Research is fun

continued from page 5

imipramine, others placebo, and neither doctor nor patient knew who had taken which. The outcomes were compared, and here we see the results of 9 psychiatrists, each of whom treated 10-15 patients. Figure 2 shows recovery, which means fewer points on the Hamilton Depression Scale. It shows how much less depressed (below zero) the patients became.

And what do we see? With psychiatrists 1 to 7, patients recovered when they used imipramine. But psychiatrists 8 and 9 succeeded in making their patients worse, even with antidepressants! No wonder that their patients also deteriorated with a placebo, just like the patients of psychiatrists 3, 4, 6, and 7. But with psychiatrists 1, 2, and 5, the patients recovered, even with the placebo. And who is surprised that the patients of psychiatrists 1 and 2 also had the best results with the imipramine? With psychiatrists 8 and 9, nearly every patient got worse, and with psychiatrists 1 and 2, nearly every patient recovered!

In my view, this study shows that something else, besides the medication, cured these patients. And this is something we as transactional analysis

“We suffer from two myths about research in TA: The first is that we are not doing research, the second is that doing research is hard and we don’t need it anyway.”

professionals know a good deal about: the professional relationship, the relationship between therapist, coach, consultant, or teacher and the client. So if we must research something within transactional analysis, it is this: the professional relationship! The interpersonal focus of transactional analysis means that we have a wealth of knowledge to offer in the area of the therapeutic relationship.

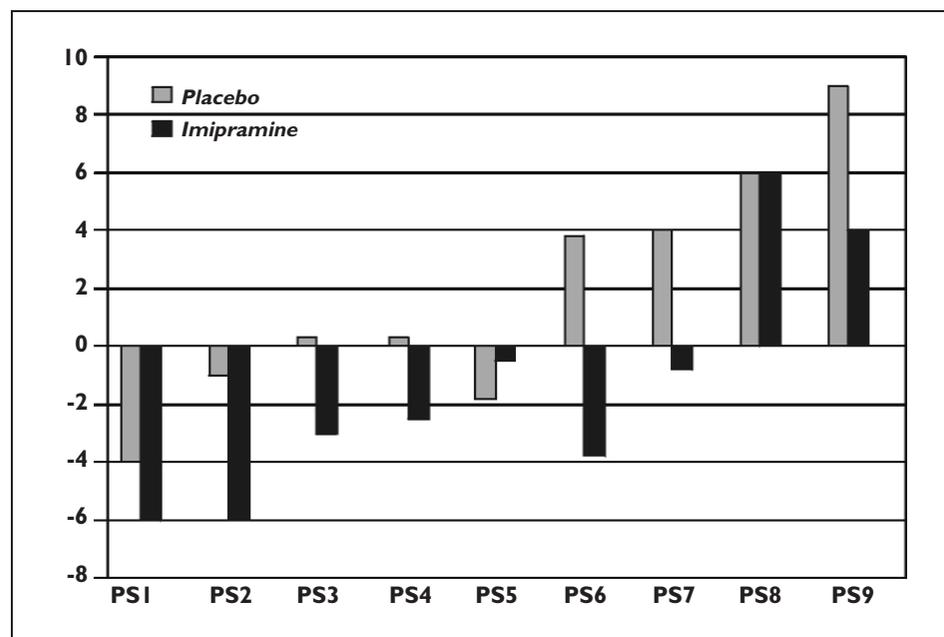


Figure 2
Improvement with Imipramine or Placebo

I will give you two examples of possible research. The first is research on the therapeutic or professional relationship using tools developed by Scott Miller, an American psychologist and researcher (www.TalkingCure.com). He emphasizes the importance of the therapeutic relationship and developed two simple research instruments to use in the consulting room with clients: the session rating scale and the outcome rating scale. After every session, the client rates: (1) the session: how do I experience the contact in the session, were my goals met, did we do useful work, and how did I experience the session in general? and (2) the outcome: how do I feel individually, interpersonally, in the larger community, and in general? With these tools we could begin some interesting projects, especially in connection with people who work in universities and students who are looking for subjects for their theses.

The second example is mentioned by Mark Widdowson in the July 2009 issue of *The Script*. He is working on a PhD in transactional analysis psychotherapy process and outcome and is looking at the results and change process of psychotherapy. He will use detailed case studies of time-

limited psychotherapy and do a quantitative and a qualitative study. His suggestion is to change the CTA written exam just a bit to make the case study material available for research like this. A very interesting proposal!

Conclusion

So what do we need to do? First, we need to shake off the contaminations that research is too difficult for us and that we in transactional analysis don't need research. Second, we need to look for opportunities to align with recent developments around questions such as what makes a relationship therapeutic, and how can we use the concepts of transactional analysis in this? An example is the research developed by Miller and his colleagues. It is gratifying to know that in

these last few years there are several initiatives to stimulate research within transactional analysis. Let's join our forces!

Moniek Thunnissen is ITAA Vice President of Research and Innovation. She can be reached by e-mail at m.thunn.@xs4all.nl.

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—William Cornell, Editor

Life Scripts: Unconscious Relational Patterns and Psychotherapeutic Involvement

Richard G. Erskine, Ph.D.

Just before the
ITAA Montreal
Conference

Integrative Psychotherapy Residential Workshop Sunday, August 1 to Saturday, August 7, 2010

This residential one-week workshop will present the theory and clinical practice of Integrative Psychotherapy. The workshop will focus on life scripts, unconscious relational patterns, unconscious prereflective patterns, nonverbal communication, introjection, and physiological survival reactions. Various methods of working within a supportive regression, involved therapeutic relationship and/or a caring body therapy will be taught/demonstrated. This workshop is for mental health professionals who want to apply theory in clinical practice and to enhance their effectiveness through identifying aspects of contact interruption, life script, and countertransference. There will be opportunities for case consultation. Richard will teach, demonstrate, and elaborate on the concepts in *Beyond Empathy: A Therapy of Contact-in-Relationship* by Richard Erskine, Janet Moursund, and Rebecca Trautmann (1999, Brunner/Mazel, ISBN 0-87630-963-5).

COST:

\$2,450.00 for tuition, room, meals; reservation fee: \$950.00 nonrefundable

LOCATION:

Kent, Connecticut (near New York City) at the Old Chestnut Inn, with spacious grounds, gardens, and swimming.

FOR INFORMATION AND TO REGISTER, CALL OR WRITE:

Institute for Integrative Psychotherapy, 500 East 85th Street, New York, NY 10028, USA; 212-734-5291 (phone); 212-879-6618 (fax); e-mail: IntegPsych@earthlink.net; Visit our Web site at: www.Integrativetherapy.com

The Institute for Integrative Psychotherapy is approved by the American Psychological Association to sponsor continuing education for psychologists and by the National Board for Certified Counselors. Other professional CE credits are also available. The Institute for Integrative Psychotherapy maintains responsibility for this program and its content.

Training Evaluation Workshop (TEvW): A New Way to Become a CTA Trainer?

By Sabine Klingenberg and Nicole Pierre

The pilot study for a new way to become a Certified Transactional Analysis (CTA) trainer has been completed.

It is good to know that all the work that has been done will be valued in several ways:

■ First, the focus was on the process for becoming a Teaching and Supervising Transactional Analyst (TSTA): training, evaluation, exams, and research. The original idea for a new way to TSTA qualification process was proposed in an article entitled "The Revolution in TSTA Qualification" in the June 2004 *EATA Newsletter*. It was born out of a German-speaking group some years ago and aroused interest in Malmoë at the first Trainers' Meeting in 2002. This gave rise to debates between members of a Transactional Analysis Certification Commission (TACC) committee. The proposal was presented by Ute Hagelhülsmann and Werner Vogelauer at the Trainers' Meeting in Edinburgh in 2005.

In 2006-2007, EATA Professional Training and Certification Committee (PTSC) chair Resi Tosi organized the pilot project and associated research studies. In June 2007 in the *EATA Newsletter* an article described "The Pilot of a New Route to TSTA Training and Qualification and the Research Project."

The "new route" of the pilot project consisted of:

- An ongoing training that would result in "credit points" allocated to the activities required to become, first, CTA trainers and then TSTAs (teaching, supervision, conferences, lectures, publications of articles, etc.)
- International yearly workshops (similar to the Training Endorsement Workshop) to assess the competencies of the trainers in training and to obtain continuous evaluation

After 3 years, the participants would have been accredited as CTA trainers through interviews and colloquia, without examination, because they had been regularly assessed.

For the research, three randomly selected, different groups of eight participants each, were planned:

- Group 1 (five from the UK, two from Italy, one from Germany) had to train according to "the new route," answer questionnaires (at the start and end of training), and take part in research interviews throughout the training. Seven of them belonged to the psychotherapy field and one to the organizational field.
- Group 2 (three from the UK, one from Italy, one from Germany, one from Switzerland, one from Netherlands, one from France) had to train in the "old" way, answer questionnaires (at the start and end of training), and take part in research interviews throughout training. Five of them belonged to the psychotherapy field, one to the organizational field, one to the counseling field, and one to the educational field.
- A third group followed the "old" route and only had to answer the 'before and after' questionnaires.

The researchers were Charlotte Sills and Trudi Newton for the qualitative research (based on both individual and group inquiry interviews), Pio Scilligo for the quantitative research (based on questionnaires), and the German-speaking group, who had prepared the work and had created a questionnaire about competencies.

At the beginning of 2008, four of the eight people in Group 1 dropped out of the new route because they found it to be restrictive in a number of ways. The first international Continuous Evaluation Workshop (CEW), which was due to take place in July 2008, was cancelled. Numbers continued to decrease, and the PTSC decided, in March 2009, to stop the experiment and to start another project, having learned from this unsuccessful attempt.

The research on the process of becoming a TSTA, which was created and led by Charlotte Sills and Trudi Newton, continues, and we are looking forward to the results.

As a result of the learning from this pilot study, the PTSC considered other ways of enabling PTSTAs to be qualified as CTA trainers. We decided to run a pilot workshop—a Training Evaluation Workshop (TEvW)—to assess experienced trainers to become CTA trainers. This workshop will be held 2-4 December 2009 in Budapest. The requirements and the details have



Successful candidates from the Calicut exams with exam supervisor P. K. Saru (from left): Maya Jayapal, P. K. Saru, Seema Pradhan, and Sudha Thimmiah.

Congratulations to Successful Examinees

24 September 2009—Calicut, India

Maya Jayapal, CTA (counseling), India; Seema Pradhan, CTA (psychotherapy), India; Sudha Thimmiah, CTA (counseling), India

Exam Supervisor: P. K. Saru, TSTA (P)

Process Facilitator: Susan George, PTSTA (P)

Examiners: I. A. Mohanraj, PTSTA (O), T. S. Radhakrishnan, PTSTA (P), Ragini Rao, PTSTA (P), Annie Cariapa, PTSTA (P), Sr. Candida Kandathil, PTSTA (P), Anna Chandy, PTSTA (C), Karen Pratt, CTA (E), Marina Rajan Joseph, CTA (E)

been developed by the task force and were published after the PTSC meeting in Rome in July 2009 (see www.eatanews.org .) There will also be an evaluation process of the pilot workshop. Trainers who are interested in the workshop should contact Matthias Sell, the Training Endorsement Workshop (TEW) coordinator, to register (sell.matthias@inita.de). Matthias created the new format and did a brilliant job. Many thanks!

In July at the TACC meeting, the PTSC proposed the new status and presented the Training Evaluation Workshop concept. It was discussed further in Lima. We invite trainers from outside Europe to take part in this new pilot.

The PTSC thanks everyone who was involved in this project and who contributed so much energy, time, ideas, and enthusiasm: the participants and their trainers; the German working group, chaired by Ute Hagelhülsmann and Werner Vogelauer; Charlotte Sills and Trudi Newton, Pio Scilligo, and Resi Tosi; the Training and Certification Council (T&CC); and Nicole Pierre.

Sabine Klingenberg is from Hamburg, Germany, and is chair of the PTSC. She can be reached at sabine.klingenberg@abakushad.de .

Nicole Pierre is a member of the PTSC and coordinator of the pilot study. She can be reached at nicoljuliapierre@free.fr .

Transactional Analysis Workshop on DVD Emotional Literacy

Claude Steiner, PhD

This two disc boxed set focuses on a weekend workshop held in Berkeley, California, when fourteen people worked "live" in Emotional Literacy.

Disc 1: tutorials that explain and explore Steiner's Emotional Literacy model. **Disc 2:** a four-hour DVD offering an opportunity to observe the practice and process.

Go to www.amazon.co.uk. (DVD, search Claude Steiner). Or email your order to: dvd@visionsofpsychotherapy.com

Price: \$59.50 inc p&p

TA CONFERENCES WORLDWIDE

5-8 NOVEMBER 2009: New Orleans, USA. Mary Goulding Memorial Redecision/TA Conference. Contact: www.redecisionconference.org .

28 NOVEMBER 2009: Scottish Transactional Analysis Conference. Contact: enquiries@stac.org.uk or phone 0131 466 0579.

9-10 JULY 2010: Prague, Czech Republic. EATA Conference. Contact: Blanka Cepicka at info@eataprague.cz .

11-14 AUGUST 2010: Montreal, Canada. Eric Berne Centenary Conference (ITAA). Contact: www.itaa-net.org .

EXAM CALENDAR

Exam	Exam Adm.	Exam Date	Location	App. Deadline
CTA Exams	COC	13 Nov 2009	Germany	1 Aug 2009
	COC	13 Nov 2009	Paris, France.	1 Aug 2009
	BOC	21 Nov 2009	Sydney, Australia	21 Aug 2009
	COC	7-8 Apr 2010	United Kingdom	1 Jan 2010
	COC	8-9 Jul 2010	Prague, Czech Republic.	1 Mar 2010
	BOC	11 Aug 2010	Montreal, Canada	10 May 2010
TSTA Exams	COC	13 Nov 2009	Germany	1 May 2009
	COC	13 Nov 2009	Paris, France.	1 May 2009
	COC	7-8 Apr 2010	United Kingdom	1 Oct 2009
	COC	8-9 Jul 2010	Prague, Czech Republic.	1 Jan 2010
	BOC	11 Aug 2010	Montreal, Canada	10 Feb 2010
CTA Written	All Regions	Your choice	Submit to Regional Exam	Your choice Coordinator after paying \$50 fee to T&C Council
TEW	BOC	15-17 Aug 2010	Montreal, Canada	15 Apr 2010

*COC CTA exam candidates who are doing the COC written case study must submit it no later than six months before the oral exam date. Details/application available from the COC Language Group Coordinators.

NOTE: Exams subject to availability of examiners/exam supervisors. BOC not responsible for expenses incurred when unavailability of examiners/exam supervisors causes exams to be canceled or postponed. To be an examiner for an ITAA/BOC exam, examiners must be at least a CTA for a CTA exam or a TSTA for a TSTA exam.

To arrange to take a BOC exam, contact the T&C Council, 2186 Rheem Dr., #B-1, Pleasanton, CA 94558-2775, USA. Note: COC people sitting for BOC exams must forward the equivalent of the EATA fee to the T & C Council office. **To arrange to take a COC exam,** contact your EATA Language Coordinator. Check with the EATA office or the EATA News for the name of the appropriate Language Group Coordinator. **TSC Training Endorsement Workshop fee:** \$450 ITAA members/\$600 non-ITAA members payable in US dollars to T&C Council, c/o the T & C Council office, 2186 Rheem Dr., #B-1, Pleasanton, CA 94558-2775, USA. **COC Training Endorsement Workshop:** to take a COC TEW, contact the European TEW Coordinator, c/o the EATA office.

KEEPING IN TOUCH

AUSTRALASIAN REGION

Tony White conducted a two-day transactional analysis training course on 26-27 February 2009 on the southern most corner of Australia, in Hobart, Tasmania. It was for counselors from that area. Many of them were experienced therapists and had heard of transactional analysis but never received any significant training in using it in the counseling setting. The following report appeared afterward in a local newsletter: "The Supporting Children After Separation Program (SCAS) conducted training last week in transactional analysis. The two days of training saw some very interesting and thought-provoking material presented. In addition to the value of the new knowledge and skills people were able to develop through the training, it was a great opportunity for 17 staff members from across the state to come together and share their ideas, knowledge and humour. Feedback associated with the training has been very positive."

EUROPEAN REGION

The Scottish Transactional Analysis Conference will be held 28 November 2009 at Pollock Halls in Edinburgh. The theme is "How Does the Relationship Matter?" and the opening address will be given by **John McLeod**, Professor of Counselling at Abertay University, Dundee. The closing address will be given by **Steff Oates**, TSTA. For more information, e-

mail enquiries@stac.org.uk or phone 0131 466 0579.

NORTH AMERICA REGION

The USATAA has been very successful in kick-starting transactional analysis training in the United States again. In the Fort Worth-Dallas, Texas, area there are at least 20 new Transactional Analysis Practitioner (TAP) certificate holders, and all are interested in learning more. Jim Allen, MD, TSTA, sent several Oklahoma University psychiatrists to train in the program. The psychiatrists once again believe that psychotherapy is as important as pharmacology. Two of them received their TAP certificates and a few others have it within reach. **Chuck Holland** is coordinating the TAP basic course on 5 November at the Mary Goulding Memorial Redecision/TA Conference in New Orleans; the teachers for that course are **Marian Weisberg** and **Valerie Lankford**. Chuck writes, "Recently I began a TA/redecision/gestalt therapy group meeting twice most months. On 12 September I began a TA 202 that will meet this fall." **Vann Joines, Jo Lewis, Felipe Garcia, Pam Levin, Maryln Crossen, Jean Illsley Clarke, and Richard Erskine** have training programs going in the United States now. In addition, USATAA is sponsoring a TA 101 on 14-15 November 2009 in San Mateo, California, with faculty including **Carol Solomon, Lucie King, Fanita English, John McNeel, and Lucy Freedman**. For more information, see www.usataa.org.



Tony White (far right) with Hobart training group

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