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On Becoming ITAA President

by Diane Salters

On 8 February 2017, C. Suriyaprakash announced that he had resigned from the presidency of the ITAA due to personal reasons. The ITAA Board of Trustees accepted his resignation with regret and appointed Vice President of Research and Innovation Diane Salters as president for the rest of his term. We are sorry to see Suriya go, but we are grateful and pleased that Diane has agreed to step up in this way. Below are her first remarks as president, and on page 3 are excerpts of Suriya's farewell message.

In agreeing to fill the position of president following Suriya's resignation, I am conscious of the honor of being asked to serve the ITAA in this way. I am even more conscious of the scale and complexity of the work involved. In over 50 years of adult life, I have served on many committees and boards of non-profit organizations and also in local government. In the process I have learned several things that I hope will serve me in my new role in the ITAA.

First, most board work is quite humdrum, mainly housekeeping and administration. Neither housekeeping nor admin are my vocation, but I see their value in maintaining a home or workplace as an orderly and pleasant space in which to



function. Living in such a space frees us up to be creative and innovative. I hope, with the help of our dedicated executive officers, to hold such a space for the members of the ITAA.

Second, as a leader, you can only be as effective as the team you have on the board. I would not have even considered accepting this role at this time if it were not for the fact that we currently have the most committed, competent, and hardworking trustees and members of

various committees that I have seen in many a long year of voluntary public service. I salute them all and look forward to working with them in my new role.

Third, you can't please everyone. So, while attending to the details, you need to keep a steady eye on long-term goals and a vision that inspires. My long-term goal and vision is for the ITAA to be a rallying point for transactional analysis and transactional analysts worldwide, both theoretically through the *Transactional Analysis Journal*, the Eric Berne Memorial Award, and the ITAA Research Award and also in terms of organizational links and support for the TA community in whatever field of practice or geography. This is consistent with current policy and will build on the partnership model started by John Heath and recently evidenced in our agreements with the Institute for Developmental Transactional Analysis (IDTA) and the South African Transactional Analysis Association (SATAA).

Fourth, even the everyday tasks of housekeeping and administration need to be infused with meaning and love. This is the heart of the matter. What kind of organization does the ITAA hope to be? What kind of relatedness do we desire? We are all in this together because of our love of TA with its "I'm OK, You're OK, We're OK" philosophy and its vision of a more healed world. We also know how to nurture and inspire, how to have fun together, how to problem solve, and how to set and maintain boundaries when needed. This is love in action.

"I feel I must speak about the particular times we are living in. . . . The ITAA is not an island and may not be sheltered from these harsh, confusing winds that require the solid sheltering structures of truth telling, reality testing, and good governance."

During my time as Vice President of Research and Innovation, I saw the ITAA go from barely surviving to beginning to thrive as a result of the leadership of first John Heath and then Suriya. Our previously falling membership has shown signs of growth, particularly in the student/trainee membership category. This is particularly important as we are an aging group. The *Transactional Analysis Journal* has gone from being a small in-house publication to one that is now subscribed to by universities and libraries throughout the world. Last year our treasurer was able to report a small profit for the first time in many years. Our thanks are due to all involved in this, particularly Robin Fryer and the editorial team of the *TAJ*, the hardworking membership and communication committees, and our ever vigilant

treasurer Geethan. This work will continue and develop.

Although we have modernized and simplified our bylaws, there is still work to be done in bringing our guidelines into accord with them. This work has commenced and will continue.

Finally, I feel I must speak about the particular times we are living in. I am being asked to lead this organization at the same time that many nations' systems of governance are being thrown into turmoil. A common denominator appears to be frustration among people who experience themselves as outside their systems of governance and are readily persuaded that those systems can and should now be bypassed or even disabled completely. The ITAA is not an island and may not be sheltered from these harsh, confusing winds that require the solid sheltering structures of truth telling, reality testing, and good governance.

I fully expect that our board of trustees, like many institutions at this time, will need to look carefully at how power is channeled for the good of our membership and of transactional analysis in its widest sense. Knowing this community as I have over the past 37 years, I trust that we in the ITAA will rise to the challenge and demonstrate through experiment and collaboration what the next emerging patterns of sound governance might look and feel like. I accordingly set out optimistically on this journey of discovery and creation. Thank you for entrusting me with the role of president. 📍

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C. Suriyaprakash Resigns as ITAA President

Below are excerpts from the email message that was sent to members on 8 February 2017 announcing Suriya's resignation.

Dear Members:

I am writing to let you know that I resigned from the role of ITAA President as of 8 February 2017. I reached this decision after lengthy deliberation and entirely for personal reasons. I remain loyal to the ITAA and its mission. I am, of course, deeply sorry for the work of reorganization that my resignation will require, and I have done all I can to ensure a smooth transfer of responsibilities.

The ITAA has played a vital role in my growth and evolution as a human being and a transactional analyst over the past 2 decades. I have been closely involved in many of the ups and downs it has survived over this period (for nearly 9 of those years I was on the board of trustees), and every time the ITAA emerged stronger.

I had a vision of continuation, consolidation, and constellation when I took over this office. Even though I'm sad that I am not staying to see the actualization of those goals and to complete my term, I am happy that we have made significant progress in some areas, even while other things remain in process.

As I say good-bye to you as president, I'm extremely happy to be handing leadership responsibility to Diane Salters, an able colleague, a good friend, and an experienced member of the ITAA Board of Trustees. She is already well known to many of you, and her credentials as a transactional analyst, an ITAA



member, and a trustee are matched by few others. She brings with her decades of experience, considerable wisdom, and clear vision. I have every reason to believe that, under Diane's leadership, members' interests will not be compromised by my departure. Please give her your support.

I thank my colleagues on the board and various committees, present and past, and our staff for their continued support and cooperation during my long years of engagement with the ITAA. I thank you—our membership—from the bottom of my heart for giving me this opportunity to serve.

Despite the obvious regrets that accompany my departure from office, I leave you with warm regards, many happy memories, and a confident trust in the future of the ITAA.

Farewell, C. Suriyaprakash

Berlin Conference Notes

Workshops Announced: The exciting list of dozens of presentations scheduled for the Berlin Conference is now available online. There are workshops from all continents (except Antarctica), many countries, in many different languages (often with translation), and from all fields. To see the tentative list, visit <https://tawc2017.berlin/en/program/workshops/>

Exam Venue: The exams held just prior to the Berlin Conference will take place at Lycee Francais, Derfflingerstraße 7, 10785 Berlin. It is two underground stations away from the conference venue at the Technische Universität Berlin (TU). [Google maps link](#)



Lycee Francais, venue for Berlin exams

Conference Registration is Open! Go to <http://www.tawc2017.berlin> to register. At the same time, you will be able to sign up for special events, such as the festive evening, the boat trip, and various tours.

Website Constantly Updated: Those planning to attend the 2017 World TA Conference in Berlin 27-29 July should visit the conference website often because it is frequently updated with new information. Visit <http://www.tawc2017.berlin>.

World Conference for Transactional Analysis

BOUNDARIES – A PLACE ... TO MEET ... TO DEVELOP ... TO DEFINE IDENTITY



Steff Oates Honored with the 2017 ITAA Service Award

We are delighted to announce that former ITAA Secretary and current *Script* Coeditor Steff Oates will receive the 2017 ITAA Service Award for her contributions to the association over many years.



The group nominating her included John Heath (coordinator), Bill Cornell, Diana Deaconu, Laurie Hawkes, Lis Heath, Ann Heathcote, Mandy Lacy, Ed Novak, and Carol Solomon.

The guidelines for the ITAA Service Award describe that it was established “to recognize members of the ITAA who have made a significant contribution to the advancement of the ITAA and to its development as an organization that promotes transactional analysis internationally, supports its members, and offers a social benefit to the public. Honorees will be recognized for their commitment, the nature of their service, and the ‘I’m OK, You’re OK’ manner in which they conducted themselves in the process. The nominee will have demonstrated a generous spirit of service, responsibility, and effectiveness in their contribution to the life of the ITAA.”

In his nomination statement, John Heath wrote, “It is my great delight to propose that the ITAA Service Award for 2017 should go to Steff Oates. She is a much loved, active, and widely respected person in the ITAA. Her reputation has been built through a combination of hard work, dedication to the organization, a wide range of professional interests, and a seemingly endless supply of energy and goodwill.

“Steff is one of those people that every organization needs, especially if it relies heavily on voluntary effort. She has not only shouldered great responsibility in the ITAA, she has also been a major motivator of other people. She is persistent, charming, and always respectful. Two qualities in combination are the key to her huge con-

continued on page 5

Adrienne Lee Receives the 2017 Muriel James Living Principles Award

We are pleased to announce that Adrienne Lee, TSTA-P and director and principal trainer of The Berne Institute, is being honored with the 2017 ITAA Muriel James Living Principles Award. In nominating Adrienne for the award, Ken Mellor (coordinator) and other supporters (Charlotte Sills, Anne de Graaf, and Keith Tudor) remarked on all the ways that she exemplifies the qualities on which the award is based:



The Muriel James Living Principles was established to recognize members of the ITAA who have advanced the growth of transactional analysis by personal example as well as by contributions of an exceptional and lasting nature. Personal example involves consistently living the principles of transactional analysis, which includes but is not limited to clear Adult thinking, joyful creativity, compassionate ethics, and a lack of gaminess in transactions with others. Such a person models egalitarian relationships and promotes an “I’m OK, You’re OK” atmosphere in both professional and personal arenas. The nominee will have demonstrated commitment, concern, and caring for both individuals and the world community and will be active in the international advancement of the principles of transactional analysis either professionally or personally.

In his nominations statement, Ken Mellor noted that Adrienne Lee is “exceptionally well qualified for this honor, demonstrating in exemplary fashion how to live the principles of transactional analysis in all that she is and does. Adrienne has made an extraordinarily generous contribution to transactional analysis for more than 4 decades. She has steadfastly spread the word about TA, and her efforts have been highly significant in stim-

continued on page 6

Steff Oates from page 4

tribution to the ITAA: her keen eye for ethical purpose and her excellent people skills.

“For me, Steff’s most profound contribution was in her work as secretary when I took over the presidency in 2010. It is no exaggeration to say that the organization was, at that time, in dire straits. Thanks in no small measure to Steff’s constant collegueship, there was never a moment when, from the inside, the organization felt as if it might collapse, though from the outside that may not always have been apparent. We were in constant contact: Steff and I cheered each other up, kept each other going, supported each other to find the courage of our convictions, and helped establish a new interactive, cooperative style on the board that has persisted ever since. I can say with no hesitation and no doubt that the ITAA would not be the organization it is today without Steff’s selfless loyalty and contribution in those crucial years.”

Several others from the nominating group echoed John’s comments. Lis Heath said, “Steff brought an attitude of responsibility, commitment, and decency to her job as secretary, whether it was to a serious crisis or a minor inquiry from a potential member.” Carol Solomon offered, “I am grateful that Steff stepped in to work closely with John at the most pivotal and crucial point in the history of our organization. Together they brought us through a difficult crisis and into an era of greater stability, productivity, and OKness for all involved. I have always appreciated Steff’s integrity and straightforwardness, and I am always impressed with her good nature, sense of humor, and genuine friendliness at every turn.” Mandy Lacy, who followed Steff as ITAA Secre-

tary, says, “Steff gives tirelessly to the ITAA and the TA community as a TA practitioner, trainer, supervisor, educator, theorist, governance and committee member, and author. I experience Steff as a warm, authentic, caring, academic, and committed woman who personifies a passionate vision for TA and the ITAA. As ITAA Secretary, she left a legacy of the highest standard of dedication and commitment.”

Since leaving the board, Steff has continued to contribute to the association by taking up the role as one of the coeditors of *The Script*. Her coeditor, Laurie Hawkes has this to say: “Every sentence of the description of this award applies to Steff so well. I have often marveled at how much she carries TA and the ITAA in her thoughts, always concerned with what is ethical and proper procedure for the organization. Steff is an excellent example of someone who is committed to dealing with different people in an ‘I’m OK, You’re OK’ manner. I cannot imagine anyone contributing to our organization with more generosity, responsibility, and effectiveness.”

Steff has also contributed to the *Transactional Analysis Journal* in several key ways: as an author, an editorial board member, a guest editor, and a liaison with the board of trustees. Ann Heathcote, who has worked with Steff on *TAJ* and other issues, writes, “Steff and I have twice guest edited *TAJ* theme issues, and she always works quickly and efficiently, does what she says she will within the allotted time, and is bright and intelligent with a broad and deep knowledge of TA theory and application. Steff has also written a number of important *TAJ* and *Script* articles, presented stimulating keynote speeches, and run workshops at national and

international TA conferences.” *TAJ* Book Review Editor Ed Novak adds, “When I became book review editor, Steff both offered her assistance and helped define the parameters and criteria for published book reviews and has generously provided review assistance.” *TAJ* Coeditor Diana Deaconu offers, “As a member of the Romanian TA community, I have seen the way Steff shows respectful curiosity in knowing other minds and a genuine way of supporting people in having a mind of their own when thinking about TA theory and practice. I have found her commitment, effectiveness, and obvious pleasure and interest in doing editorial work to be a source of inspiration.”

In concluding the nominators’ statements, Bill Cornell wrote, “Years ago, there was a famous phrase used to advertise a particular brand of gasoline in the United States: PUT A TIGER IN YOUR TANK. When I thought about what I wanted to say regarding Steff for this award, that phrase leaped to my mind. As ITAA Secretary at a crucial time for the ITAA, she served with extraordinary devotion and competence for 5 years. If ever this organization needed a tiger in its tank, it was then, and Steff was that tiger. I think the image of ‘in the tank’ is especially appropriate because so much of what she did was out of public view and yet provided the drive, fuel, energy, and glue of the work of the ITAA Executive Committee and Board of Trustees. Steff’s services to the ITAA have been, and continue to be, exemplary. She well deserves the recognition and appreciation of the ITAA through the granting of this award.”

If you would like to congratulate Steff on this award, she can be reached at lcfan@me.com . 📧

Adrienne Lee from page 4

ulating the public and professional recognition of TA in both the United Kingdom and many parts of Europe. There is no one who has done more in her part of the world to foster the availability of TA, its recognition in powerful mainstream institutions such as universities and colleges, and to help create a large pool of highly competent and well-trained TA practitioners and teachers.

“Adrienne is a person of high integrity, profound commitment to the well-being of others and to making available as many opportunities as she can to that end. She is highly intelligent, compassionate, and always serving others. She applies a profoundly integrative understanding to what she teaches and uses in her therapeutic practice and draws ideas, techniques, and people together. The breadth of her integrative capacity is exceptional, involving, as it does, her activities and achievements in many fields of endeavor, countries, frames of therapeutic reference, and lived experiences. Both a highly skilled therapist and a talented teacher, the materials she has created over the years for her trainees are innovative and exciting.

“Adrienne also continually looks for new ways to expand her understanding of life and her work. She has touched the lives of thousands of people in many countries throughout her region and beyond. In fact, we in the worldwide TA community are greatly in her debt for all she has made possible for so many people, for all she exemplifies as a person, and for her commitment to TA values and perceptions. Her ethics are manifestly present in all she does, all she teaches, and the way she lives a truly principled TA life.”

In her support statement, Charlotte Sills remembered a moment at the 2010 World TA Conference in Montreal when, among many people gathered for a large plenary, someone called out, “Adrienne?” Charlotte writes, “Adrienne’s face broke into a huge smile and she sprang to her feet with a single word, ‘Yes?’ She didn’t say, ‘Yes, what is it?’ or ‘Yes, I answer when I am spoken to’ or just a rote ‘Yes, here I am.’

“Adrienne is a person of high integrity, profound commitment to the well-being of others and to making available as many opportunities as she can to that end. She is highly intelligent, compassionate, and always serving others.”

Instead, it was a sort of explosion of delight, welcome, affirmation, and celebration of life and relationship, of being asked for something. I thought then, as I think now, that it captured the most important and life-nourishing essence of Adrienne—her love of life and relationships.”

For his part, Anne de Graaf remarked that Adrienne has a powerful presence, which she uses but never to overpower. He recalled that when she was president of the European TA Association and as director of the Berne Institute, “She was always reaching out, always looking for solutions that included as many people as possible. Adrienne looks for opportunities to cooperate with others.”

In his support letter, Keith Tudor described Adrienne’s creative endeavors beyond her work in psychotherapy and training. This includes four television and radio plays/programs; six short films,

including a comic video film on TA theory; and eight original play scripts. He added, “For me the key aspect of this award is that the recipient lives the principles of transactional analysis, including clear contracting, open communication, and respect for self and others (OKness). Clearly, Adrienne has done this for many years: from the time she read *What Do You Say After You Say Hello?* through her staunch advocacy of TA within academia and her work with national and international TA associations to now being a respected elder of our community. I am honored to be part of supporting this nomination and speaking up for a significant colleague and a loving, strong, and inspiring woman.”

Those who would like to congratulate Adrienne on her award can reach her at Adrienne@theberne.com . 5

Welcome to New Members

DECEMBER 2016

Fiona Brien, UK
 Beth Carroll, Australia
 Smita Chimmanda, India
 Lina Ferrante, Australia
 Eileen Fisher, UK
 Mirela Ghindea, Romania
 Theadora Mavrokokki, Australia
 Stuart Officen, Australia
 Claire Ratcliffe, UK
 Amanda Reddington, UK
 Jan Sansom, Australia
 Alison Schiller, Australia
 Natesh Selvaraj, India
 Kartik Rajesh Shah, India
 Svetlana Slepcev, Serbia
 Karen Spilsbury, Australia
 Arvid Strand, Norway
 Tony Stuart, Australia
 Jakob Tamše, Slovenia
 Jane Vassallo, Australia
 Joanne Wilkins, Australia
 Nicky Worrall, UK
 Takafumi Yoneyama, Japan

William Krieger

William Krieger, EdD, a long-time ITAA member (since 1975) and former *Script* editor, died on 8 February 2017 from complications related to cancer surgery.

His close friend and colleague Abe Wagner writes, “It is with a sense of sadness that I write about Bill Krieger’s passing. He was an exceptional human being who spoke his mind with sincerity and assertiveness whenever it was important to do so. He was a great contributor to the mental health profession and will be greatly missed.”

Abe also recalls, “I hired Bill to be on my staff at a Colorado resident summer camp in the late 1950s. This was the start of a life-long friendship. Bill created an large cadre of TA followers in New Mexico and often recruited good numbers for workshops done by me and other TA presenters. We laughed a lot. He loved to create humorous situations, including by singing at our camp off key.”

Bill was a counselor and educator, a scholar and voracious reader. He loved to debate and did it very well. He also had a passion for Torah learning and taught many classes in it over the years.

Bill was well-known and highly regarded throughout the United States, especially in the counseling field, which he championed for much of his professional career. His accomplishments included:

- An award-winning dissertation on the positive effects of summer camp
- President of the American Mental Health Counselors Association from 1991-1992
- National board member of the American Counseling Association
- Chair of the National Academy of Clinical Counselors
- National Mental Health Counselor of the Year Award from the American Mental Health Counselors Association
- Founder of the Enhancement Network and Enhancement Theory

Best known to ITAA members as *Script* editor for 5 years (1986-1990), Bill faithfully wrote a thoughtful, challenging, endearing column for each issue during that time. In his November 1987 column he wrote these words, especially poignant as we mourn his passing:

“Life is a shopping spree in which every day we get to spend the seconds of our lives. Time is a finite commodity, yet we often value it less than money, an infinite commodity. How many of us ponder what we have bought with our time?”

“Because there is death, we each have a finite number of seconds and minutes to spend. Although in the end some of us will have ended up having more time than others, the rules of life make it mandatory that



we each go off on our shopping spree every day and spend 24 hours—no more, no less. No one has more time or less time to spend each day than anyone else.

“Being a winner involves the wise expenditure of the seconds of our lives. Eric Berne said winners are people who fulfill their contracts with themselves and the world—people who accomplish their declared purposes. I believe a winner puts as much thought into the purpose as into the ‘how.’ TA can give us little insight as to purpose; it can only give us some tools with which to accomplish this purpose. . . .

“Winners have clearly defined goals and purposes for their lives (i.e., they know what they are going shopping for). . . . Being a winner isn’t a one-time decision or a one-time event. It is a continuous struggle to be effective in accomplishing your goal—to wisely spend the seconds of your life.”

Those who knew Bill have no doubt that he was a winner through and through and that he spent the seconds and minutes and days and years of his life making the world a better place, with intelligence, commitment, dignity, and humor. He will be long remembered and sorely missed.

Bill was laid to rest on Sunday 13 February in Albuquerque, New Mexico. 5

A Tribute to Fanita English on Her 100th Birthday

by PK Saru's TATG Group, Compiled by Lalana Zaveri

On 17-18 December 2016 in Bangalore, India, the members of PK Saru's Transactional Analysis Training Group (TATG) held a 2-day gathering in honor of Fanita English's 100th birthday and her many contributions to transactional analysis.

Saru kicked off the event by reading an enthralling account written by Fanita about her experiences in World War II. Saru also talked about how Fanita had inspired her and appreciated her for who she was, which made her a powerful role model. The morning continued with Supriya presenting "Heroine's Progress," during which we got to know Spunky, Spooky, Sleepy, and, of course, Merlin the therapist. We could see Fanita's concept of Passia appearing in all of her work alongside her highly functioning Adult. Joy then introduced the topic of the "hot-potato game" with an interesting example from Bangalore's traffic-clogged roads. This helped us



The event organizers (from left): Joy, Prathitha, Deepti, and Prachi. Haseena (the fifth organizer) was ill and could not attend.

grasp the meaning of the term, which in India we call "passing the parcel."

In her presentation on shame and social control, Vrinda illustrated these topics in an Indian context by recounting her interaction with a young mother at a railway station. In discussing the three-cornered contract, Lalana brought in examples from her training experience, and then Prachi presented on the qualities of a good, effective therapist, throwing light on potential differences between male and female therapists. While talking about ego states and inner motivators, Deepti encouraged us to consider our dominant motivator, which led to a lively discussion on how motivators have changed for some of us while exploring ourselves through TA. This was followed by

Sharmila's educational presentation on rackets and racketeering.

In the afternoon of the first day, we departed slightly from the agenda to celebrate a baby shower. In India, we call it a Seemantham. One of our group members, Lakshmi, is pregnant, and we celebrated in true TA style, showering her with flowers, bangles, songs, and good wishes for her baby, thereby creating a prenatal stroke bank.

The next day, three interactive presentations by Prathitha, Pratima, and Anusha dealt with Fanita's departure from traditional TA theory as developed by Eric Berne. These presentations were on existential pattern therapy, the contrast between Berne's theory of games and scripts and Fanita's theory of racketeering, and the fifth life position of the



PK Saru



Muriel with balloons (she always did love bright colors!) at her 100th birthday party

Fanita from page 8

Adult “I’m OK, You’re OK.” Our key inspiration was Fanita’s idea that it is good to critique traditional TA concepts with the objective of deepening our own knowledge, which is not “blasphemy” but courageous and useful.

The day ended with Natesh’s presentation on the stroke bank, which served as a reminder for all of us to check our own stroke bank account and be thankful for the credit we find. Finally, at the tea break, we cut a ceremonial birthday cake and sang “Happy Birthday” to Fanita! 🎂

Lalana Zaveri can be reached at lalanaz@gmail.com.

Muriel James Celebrates Her 100th Birthday!

by Ian James

On 14 February 2017, Muriel James celebrated her 100th birthday. Her son, grandchildren, and other relatives were there to mark the milestone with a party at the facility where she lives in Pleasant Hill, California.

Later that week, I (another one of her grandsons) visited Grandma Muriel with my sister and my wife and two children for a second birthday party for her. As we arrived, we greeted her with big hugs and then wheeled her down the hall for a visit with her younger sister, Shirley, who also lives in the same facility. Grandma smiled and held Shirley’s hand during the visit, after which we returned to the community room for the birthday party.

My daughter played “Do-Re-Mi” on the piano, and my son played clarinet. As they ended the performance, other residents in the community room broke into applause.

We sat down to enjoy a lemon chiffon cake and lit the “100” candles. Then we sang to Muriel. She smiled and said, “How about that!” As we were eating cake, I read her several of the messages that friends had emailed

to me. Listening intently, she seemed moved by the messages and said, “Wow!”

Muriel’s communication abilities have deteriorated with age, but she still has the same warm smile and bright, affectionate spirit. As we were preparing to leave, I gave her another hug and she spoke a few words, which I felt were intended both for me and for many other people who have sent birthday wishes: “Thank you very much.”

Cards and letters can be sent by post to Muriel James, Carlton Senior Living, 175 Cleaveland Rd., Pleasant Hill, CA 94523; messages by email can be sent in care of Ian James at ianmjames@gmail.com. 📧



From left: Gabriella Schlesinger James (granddaughter), Naomi James (great-granddaughter), Kaelan James (great-grandson), and Ian James (grandson) with Muriel at her 100th birthday party

New ITAA Officers and Trustees

We are pleased to announce that the following individuals have been nominated for the ITAA Board of Trustees and will take up their positions following the 2017 annual general meeting in Berlin for terms running 2017-2019, except president-elect, which will run for one year from 2017-2018.

President-Elect: Lynda Tongue

I am a Teaching and Supervising Transactional Analyst in the organizational field and have been an ITAA member since 2004. During that time, I have seen it evolve into the outward-looking organization it is today. I have also been an active member of the Institute of Developmental TA (IDTA) since its formation and am currently chair of its Training Standards Committee. I am excited that the IDTA is now ITAA's second partnership organization and am pleased at the connection this initiative offers. I have always enjoyed the international aspect of transactional analysis and am proud to have helped to promote it through webinars, running workshops and programs worldwide, and supporting IDTA social action initiatives such as the TA Proficiency Awards. These are especially dear to my heart because they make TA accessible to children, parents, and teachers worldwide. I enjoy being part of the TA tapestry and am currently the United Kingdom delegate to the European Association for Transactional Analysis (EATA). The international nature of TA is one of its strengths because we benefit from our different frames of reference. As president-elect and then president, I will work hard to continue to connect with other TA organizations and to seek ways to increase the profile of TA in the wider world. With our four fields of practice, transactional analysis has a great deal to offer individuals in so many different work and life contexts, and I think it is important to raise our profile wherever possible. The ITAA was the first TA association: I respect its history and will also be future-focused in serving the TA community worldwide.



Vice President, Development: Izumi Kadomoto

In August 2014, I agreed to become the ITAA Vice President, Development. The encouragement to take up this position was sudden and unexpected, but after 3 years of my first term, I continue to be interested in working for the ITAA in this capacity. I have been an ITAA member since 1994 and for 20 years have felt I was receiving a great deal from being a member, including knowledge, friendship, and a sense of responsibility. It is both nice and important for me, in turn, to serve the organization by doing what I can to pay back for what I have been given. Working with the board of trustees and committees brings me joy, which is my motive for continuing in this post. I have been involved in activating web communication in the organization, and there is much yet to do. In my next term, I want to (1) deliver news, announcements, and facts to members promptly via the website; (2) arrange the online renewal page for students; (3) update the Talent list for both the ITAA and the IBOC; (4) monitor the website and online exchanges with members; and (5) accomplish these tasks without straining ITAA's budget. I pledge to work in harmony with ITAA's committees and staff to realize these goals.



Secretary:
Sumithra Sharatkumar

It is a great honor and privilege for me to be nominated to the post of ITAA Secretary. I started my TA journey 15 years ago in Bangalore, India, where I received all of my training. After moving to Singapore, I joined the regional TA association (TAAS) and served as secretary on their executive committee for 5 years. My career in counseling has included both individual clients and group workshops on the use of TA in parenting. I was fortunate to cofound the Social Psychology Meet-Up Group of Singapore, where I had opportunities to organize group sessions on a variety of topics for young adults—from dating and office politics to advertising and more, all within a TA framework. I deeply treasure this multicultural experience because it taught me to think on my feet about the different ways TA concepts can be used effectively in real-life situations. I now live in Malaysia, and my work centers on parents, students, and teachers within a school community. I have served as the chair of the ITAA Nominations Committee since



2011 and have learned an immense amount about the workings, goals, and aspirations of the association. As secretary to the ITAA Board of Trustees, I hope to continue the good work done by my predecessors in spreading TA awareness to larger, more diverse audiences. Having already practiced counseling in different countries, I look forward to working with the various international organizations in the field using TA as a global language to connect countries and cultures.

Australasian Regional Trustee:
Christine Kalin

I completed my CTA-P registration in 1999 in New Zealand and a TEW workshop in Sydney in 2015. I am currently in training as a PTSTA-P and am a member of the board of the Aotearoa New Zealand Transactional Analysis Association (ANZTAA). I operate a private psychotherapy practice in Auckland, New Zealand, and am registered in New Zealand as a nurse, a drug and alcohol treatment practitioner, and a psychotherapist. In addition to my clinical qualifications, I have a master's degree in business and administration and a certificate in company direction (governance). I have enjoyed a successful 30-year career in the health sciences, which has included senior clinical and management roles in child, youth, and adult mental health and addiction services. Eleven of these years were in the capacity of CEO. I have always been passionate about TA, which has significantly informed my practice. As a member of the ITAA Board, I will bring a strong commitment to the purpose for which the



association was established: to promote awareness and understanding of transactional analysis. I strive to work from a philosophical base of "I'm OK, You're OK," which supports me in working constructively within a team environment. I have a robust understanding of ethical, professional, and safe practice coupled with qualifications and experience in supporting this from a governance perspective.

India/Asia Regional Trustee:
Prathitha Gangadharan

I have been a member of the ITAA for more than 6 years and in advanced TA training for 10 years. ITAA so far has been about the *TAJ* and *The Script*, which have helped me to understand TA theory and facilitated my work as a psychotherapist. I have benefited from being a part of the community in both a personal and a professional capacity.



I am glad to extend my role by becoming a regional representative member of the ITAA Board so that I can directly contribute to the community here. I hope to be a bridge between the ITAA and regional members, facilitating communications between the two and promoting effectiveness, cohesion, and recognition in the TA community. As a regional representative, I want to play a key role in addressing queries, issues, and suggestions that emerge in this region. TA is a simple framework that, combined with local philosophies on health, can be propagated to promote wholeness and wellness. I want to spread the message in our region so that it benefits the community, and I hope to learn and grow in the process. ⑤

TA Conferences

21-22 April 2017:
Brighton, United Kingdom.
2017 UKATA Conference.
Contact: uktaconference

27-29 July 2017:
Berlin, Germany.
World TA Conference.
Contact: info@tawc2017.berlin
or www.tawc2017.berlin

Donated Supervision Project Offers Low-Cost Training Opportunity

The donated supervision project was created to provide an exchange of professional expertise between ITAA members, thereby tapping into the professional wisdom within the ITAA as well as creating a new income stream for the association.

We are a community of learners at differing levels of expertise, and it is important that we keep talking with each other. This project opens up a new way for that to happen and for our organization to become an active learning community. ITAA members who are qualified at the level of PTSTA and TSTA have agreed to donate some of their time to the ITAA as supervisors so that trainee members can access supervision from them at a discounted rate. The fees are subject to Talent rates and so are affordable in all parts of the world. The consultations will be entirely private and subject to the ITAA Code of Ethical Conduct.

Benefits of the program include:

- Trainees may access trainers across the world and obtain supervision at possibly a lower rate than if they paid the trainer directly.
- Trainers may work with trainees across international regions, thus enriching their own learning and supervision experience.
- The ITAA will generate revenue through this learning exchange.

Former ITAA President Suriyaprakash writes, “The ITAA is unique in being the single truly international TA association in the world. We in the ITAA have been

learning and adapting to changing times. One such change is adapting to technology and harnessing its advantages for our growth. The supervision project is one such initiative and will mutually benefit members and the organization. Physical distance and financial affordability need not be constraints that deprive trainees and trainers of receiving supervision from different supervisors. I encourage all of our members to avail themselves of this opportunity to benefit themselves while also supporting the ITAA.”

To register for this outstanding program, visit <https://goo.gl/cVp8Fy>.

Book Reviews and Reviewers Wanted

The *Transactional Analysis Journal* is looking for book review submissions. Books published within the past 3 years are preferred, and reviews are limited to 1,000 words. We are looking for reviews that offer readers a solid critique that reflects substantially on the book rather than one that is primarily an endorsement. For more details or to discuss a possible book review, please contact *TAJ* Book Review Editor Ed Novak at edtnovak@gmail.com.

EXAM CALENDAR

Exam Date	Exam	Cert. Body	Location	Application Deadline
16-17 Jun 2017	CTA	COC	United Kingdom	*
25-26 Jul 2017	CTA	COC	Berlin, Germany	*
9-10 Nov 2017	CTA	COC	Koln-Rösrath, Germany	*
16-17 Nov 2017	CTA	COC	Switzerland (Fr. speaking)	*
23-24 Nov 2017	CTA	COC	Milan, Italy	*
3-4 May 2018	CTA	COC	Padua, Italy	*
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16-17 Jun 2017	TSTA	COC	United Kingdom	*
25-26 Jul 2017	TSTA	COC	Berlin, Germany	*
9-10 Nov 2017	TSTA	COC	Koln-Rösrath, Germany	*
16-17 Nov 2017	TSTA	COC	Switzerland (Fr. speaking)	*
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31 Jul-2 Aug 2017	TEW	COC	Berlin, Germany	*
2-4 Dec 2017	TEW	COC	Lisbon, Spain	*
8-9 Jan 2018	TEW	IBOC	Bangalore, India	8 Sep 2017
24-26 Mar 2018	TEW	COC	Amsterdam, Netherlands	*
1-3 Dec 2018	TEW	COC	Zagreb, Croatia	*

*For CTA and TEW deadlines see the EATA Handbook or contact the EATA Supervising Examiner.

For more information about IBOC exams, see www.itaaworld.org.

For further information on COC exams, see www.eatanews.org/examinations/.